

NEW



GEN



They're young, feisty, fearless. Meet the next generation of Canadian creatives—artists, stylists, photographers and more—who are smashing boundaries on their way to the top PAGE 4

Photography by Claudine Baltazar

On the cover, from top row, left to right: Alanna Fennell, Mirian Njoh, Mei Pang, Mari-Ève, Ara Coutts, David Cash, Lian Benoit, Serena Mola, Lisa Kolmokova, Santanée Luzige, Kirk Lisaj, Amika Cooper



# make merry



Leslie Odom Jr. with children Lucille Ruby and Able Phineas.

# NORDSTROM

The best gifts for everyone you love, all in one place.

Plus free standard shipping, gift help, curbside pickup and more—in stores and at Nordstrom.ca.



## The Distillery Winter Village

The seasonal Toronto institution will be returning this year after a modified 2021 season. Visit the historic neighbourhood to grab a hot chocolate, see the 50-foot-tall tree, this year decorated by Dior, and to shop from 65+ local artisans. *November 17 to December 31, entry \$11*

## To market, to market

Nothing inspires a festive mood like strolling an open-air holiday market. Here are a few classics

### Vancouver Christmas Market

Inspired by the centuries-old German tradition of Christkindlmarks, the Vancouver Christmas Market brings together 80 artisans, a selection of German and Austrian beer makers and a variety of entertainers. *November 12 to December 24, entry \$17*

### Quebec City German Christmas Market

The old world atmosphere of this traditional European-style market is enhanced by the architecture of the city itself. Wooden stands sell German treats like bratwurst, gingerbread and mulled wine, as well as locally made Christmas gifts and decorations. *November 24 to December 23, entry is free*

## Kick off

It's party shoe season!



You have your black pumps because you need your black pumps. But over the next six weeks, when you're stepping out of a taxi in your very best dress, you want your footwear to be as festive as the rest of you. Pro tip: Invest in a well-made pair that won't let you down on the dance floor. Below, five favourites, arranged in order of how easy they are to wear.

—Evan Gravelle



The height of luxury, without sacrificing comfort, these Vivier mules bring sparkle to a new level.

ROGER VIVIER SHOES, \$2,525. ROGERVIVIER.COM



Yes, it's neon leather and a crystal embellished bow, but the kitten heel lowers the bar to entry—you could even wear them with jeans.

MACH & MACH SHOES, \$1,410. FARFETCH.COM



The sculptural heel, made from rhinestone baubles, adds extra fashion dimension to an elegant silver sandal.

CULT GAIA SHOES, \$870. CULTGAIA.COM



This inventive heel, dubbed the "martini spoon" by the brand, mixes fashion and function. Consider us stirred, not shaken.

AMINA MUADDI SHOES, \$1,405. THEBAY.COM



Glittery emerald leather meets a pyramid block heel—it's a lot of shoe. Step up to the challenge.

ATTICO SHOES, \$1,200. NET-A-PORTER.COM

## Power suit

*Three Pines* star Elle-Máijá Tailfeathers on her big new show and the pride of wearing Indigenous adornment

By Rani Sheen

Elle-Máijá Tailfeathers is no stranger to small-town crime drama, a genre she's set to inhabit when *Three Pines*, a series based on Louise Penny's bestselling novels, hits Prime Video on December 2. "I grew up watching *North of 60*, so I've always had a soft spot for shows like this," says the actor and filmmaker. "Watching Tina Keeper play a small-town Indigenous cop planted an early seed for me and made me believe that it was possible to find my way to the screen one day."

A member of the Kainai First Nation and Sámi from Norway, Tailfeathers has brought Indigenous stories to screens herself with the award-winning *The Body Remembers When the World Broke Open* and *Kímmapiiipitssini: The Meaning of Empathy*, and starred in the compelling films *Night Raiders* and *Stellar*. She's also brought Indigenous fashion designers' work to the spotlight, wearing spectacular, meaning-filled pieces for red carpet premieres and photo shoots. We asked her about her newest project and the pieces she's wearing to celebrate.

### What drew you to *Three Pines*?

"During my call-back, I was told that Tracey Deer would be directing two episodes, and so I jumped at the opportunity to work with her. She's a phenomenally talented Mohawk filmmaker whose work has influenced mine as a filmmaker. I also binged *The Crown* during the early pandemic days and was eager to work with Left Bank and [director] Sam Donovan."

### What was your experience working on the *Three Pines* set like?

"My experience as an actor and filmmaker is largely informed by the independent film world, so to be thrust into a project of this scale was quite surreal. Six days after my call-back, I hit the ground running in Montreal. Never in my wildest dreams, did I imagine I'd be working with the likes of both Alfred Molina and Tantoo Cardinal in a show like this. It was an incredible opportunity to learn and grow as both an actor and a filmmaker."

### What was your wardrobe like on this show?

"A whole lot of turtle necks, power suits, thermal underwear and really warm jackets. I have so much love and gratitude to our wardrobe department for keeping us warm."

### You've worn some wonderful looks by Indigenous designers. How does it feel to wear Indigenous fashion in the public sphere?

"Indigenous people around the globe come from millennia of adornment and pride in who we are and where we come from. I feel my strongest when I'm able to outwardly express that pride in who I am and where I come from. I didn't grow up with a lot of money. Most of my clothing as a kid was either second-hand or from Walmart, but I distinctly remember the feeling of stepping into

my pow wow regalia or my gákti. It was transformative and deeply empowering. To wear the work of Indigenous designers in the public sphere is a celebration of all of that."

### Who are some of your favourite Indigenous designers?

"There are too many to name them all, but I love Tania Larsson, Caroline Monnet, Korina Emmerich, Lesley Hampton, Erica Huuva, Graveniind of Sápmi and Bethany Yellowtail. What I love most about all of these designers is their commitment to expanding the ideas of Indigenous fashion and also their commitment to ethical design and manufacturing."

### What have been some standout premiere looks you've loved wearing?

"I revelled in the joy of being able to wear a gákti made by Inger Anita Smuk from my father's home village in Unjárga, Sápmi, and a beautiful Pendleton jacket made by my aunt Geraldine Many Fingers to the Berlinale premiere of *The Body Remembers When the World Broke Open*."

### At this time of year there are more galas, events and reasons to dress up. What's your go to party look or dressing strategy?

"I used to dread gala events because of the pressure to look a certain way, but I've learned to embrace the qualities of expression that feel authentic to me. I also see these events as opportunities to highlight the work of BIPOC designers so I've learned to have fun with it. I tend to pair vintage pieces with new designs—particularly jewellery. I'm also much more comfortable wearing gender non-conforming ensembles; I like to dig into pieces that offer unique collisions of the masculine and feminine. I also need to know that I can dance in whatever I'm wearing."

## One and done

Chic gifts under \$50



This lotion from Canadian brand CÉLA is infused with rosewater and Canadian botanicals.

CÉLA CRÈME ROSE LOTION, \$39. THISISCÉLA.COM



Stacked or single statement, this band of sterling silver bubbles from homegrown brand Mejuri is timeless.

MEJURI RING, \$48. MEJURI.COM



Designed in Vancouver and handcrafted in Portugal, this vase has a rim inside to keep flowers upright.

FABLE VASE, \$38. FABLE.COM



Taylor Swift's latest, *Midnights*, in moonstone blue marbled vinyl = the coolest gift under the tree.

MIDNIGHTS BY TAYLOR SWIFT VINYL, \$40. AMAZON.CA



Weather-resistant on one side, fleece-lined on the other, this puffer scarf packs neatly into its own pouch.

UNIQLO SCARF, \$30. UNIQLO.CA



This ceremonial-grade matcha powder is hand-selected in Japan from the annual first tea harvest.

MATCHA DIVE MATCHA, \$36. MATCHADIVE.COM

## SHOP SMART

Everyone needs a perfect nude lipstick. Alison McGill selects five of the best



This iconic lipstick delivers a perfect barely there shade with a moisture-rich matte finish.

CHARLOTTE TILBURY LIPSTICK IN PILLLOW TALK ORIGINAL, \$40. CHARLOTTE TILBURY.COM



Highly pigmented matte colour without dryness? Great. Incredibly attainable price point? Amazing.

MAYBELLINE NEW YORK COLOR SENSATIONAL IN MORE BLONDE, \$15. SHOPPERSDRUGMART.CA



Inside a colour-block piece of modern art lives long-lasting colour and a satin finish that looks naturally radiant.

HERMÈS ROUGE HERMÈS SATIN LIPSTICK IN BEIGE KALAHARI, \$87. HERMÈS.COM



This satin formula slides on like butter, and the shade is warm, earthy and subtle but incredibly striking.

GUCCI LONG LASTING SATIN LIPSTICK IN THE PAINTED VEIL, \$58. SEPHORA.COM



Delivering just a hint of colour, this stay-all-day formula complements every skin tone.

STILA ALL DAY LIQUID LIPSTICK IN CARMELLO, \$29. STILA.CA





# The future is here—and it’s amazing

In conversation with the honourees of the New Gen list, a group of 25 Canadian creatives taking the country by storm

Photography by Claudine Baltazar

Tomorrow, they’ll have their moment on stage at the Canadian Arts & Fashion Awards, an A-list affair that manages to be both the year’s best party and a heart-warming celebration of the country’s top fashion and beauty talent. There will be a roar of applause as the crowd salutes this group of 25—the honourees of CAFA’s inaugural New Gen List—who are poised to lead the industry into the future. But today, at a special CAFA panel discussion on creativity, co-hosted by The Bay and *The Kit*, there is reflection, some nerves, the fizz of possibility.

At the Atrium at The Bay in Toronto, the honourees arrive, a procession of head-turning style: There are hats, bejewelled eyebrows and a pair of thigh-high vinyl boots (sadly, not pictured). The creatives stop to be photographed by Claudine Baltazar for *The Kit*, and chat in line. There are squeals of hello—some of this group know each other well, or from Instagram—while others are meeting for the first time.

Vicky Milner, the president of CAFA, watches with a smile. She created the New Gen list with this scene in mind, a community pulsing with talent. Milner also recognizes that lists—and events—like this, can help emerging talent break down the barriers with established gatekeepers. “There is a lot of inspiring and innovative young talent in our country that need extra support,” says Milner. “The New Gen List is a way for them to not only get recognized for their work but it also creates a moment to be discovered which can ultimately open new doors for new opportunities in the future.”

Here, the honourees talk inspiration, their generation and their dreams for the future.

ON INSPIRATION

**Amika Cooper (blackpowerbarbie), artist:** “I’m inspired by my community—the people that make it up and the environments we live in. I think there’s so much beauty and richness in everyday life that sparks my imagination. Recently I’ve been inspired by photography and using that medium to enhance my relationship to the other visual art that I’m known for.”

**Ara Coutts, photographer:** “My point of view when it comes to photography and art is heavily influenced by my childhood. My family immigrated to Canada when I was 8 years old, and I grew up in a strict religious and often violent environment where self-expression was discouraged. I often found myself as a spectator, quietly observing from the sidelines. I became obsessed with the power that the camera offers me to create the world that I always wanted to live in. Whenever possible, I prefer to shoot on location as I feel it is an important anchor to the stories I tell. I shoot fashion because I acutely remember that the way kids at my school dressed gave them this strange freedom to create an identity, and even evolve and change it; [that was] something I deeply longed for. I love that fashion photography is a medium to explore fantasies and aspirations.”

**Elyse Saunders, artist and model:** “I’ve been many different things, but I have been creative my whole life, as a child, traveller, model, visual artist etc. I’ve learned to trust myself when I try something new. There’s a desire to grow and a belief that I always will. I’m inspired by the countless people before me who have created their own unexpected paths and I plan to do the same.”

**Lindsay Anne Delaney, creative/artistic director:** “I pull inspiration from different places every day. It could be a textured wall, an abandoned building, or a song an artist sends me. I just start seeing visions in my head to the point where I either start putting the project together or I have to write them down or storyboard them up. Sometimes, these visions don’t come to life until many years later. You can’t rush art; timing is everything. Once it’s out there, it’s out there.”

**Kirk Lisaj, photographer:** “I find myself trying to translate the euphoria I feel from a night out dancing or listening to a good dance track into a visual language through my photography. Reconnecting with the joy I used to feel pre-lockdown has been a dominant theme in my work lately, and I find myself reconnecting with that joy the most when I’m out dancing the night away in a dingy club, surrounded by people that I love. Queer nightlife has always been the domain through which I create community and draw inspiration, so it’s been pivotal for me to be able to re-enter these spaces after being unable to do so for the past couple of years.”

**Rahnell Branton, makeup and hair artist:** “I get inspired by things like the lines that I see in a plant or a flower or sometimes by a messy liner I see on someone in public. I try to look for inspiration in everything I look at. What I find most inspirational, though, is the trends of makeup within a specific demographic of people. It’s really lovely to see things like women from a specific culture young and old rocking the same kinds of eyeliner or lipstick.”

**Mari-Ève (Three Dimensional), creative/artistic director:** “There’s a scene in *The September Issue* documentary where Grace Coddington, whilst in a cab in Paris, mentions that she always keeps her eyes open and stays awake during car rides. This way, she makes sure to always be inspired by everything around her. That was years ago, and it stuck with me. I try not to close my eyes to absorb what the present moment is giving me.”

**Yaw Tony, creative/artistic director:** “I’m inspired by storytelling, colour, and their impact on our emotions, but, most importantly, there are five questions that inspire all my works. Who am I? This is a question of identity. Where am I from? This question has nothing to do with ethnicity. Why I am here? This is a question of purpose. What can I do? This is a question of potential. Where am I going? This is a question of destination, of finality. I believe that trapped in every follower there is a hidden leader, there are potentials and gifts/talents. The amazing phenomenon is that we don’t give ourselves the gifts/talents we possess, so it’s highly important to understand and know why we possess them, so we can contribute dearly to humanity.”



ON THE NEW GEN

**Lisa Kolmakova, hair & makeup artist:** “We have become the generation that builds community and raises awareness of what is wrong and how things should be. We are not afraid to have conversations and be open to advice from new generations of artists.”

**Mirian Njoh, digital fashion creator:** “Being in the age of social media, we have way more freedom and access than previous generations. It’s harder than ever to gatekeep because knowledge and information flow freely, which we take full advantage of. We don’t feel as much pressure to be homogenous, so we value authenticity and diversity. Mass media doesn’t have the same hold as it once did, and the opportunity for success is more democratic than ever, which is really empowering for people like me who are immigrants, minorities or who would otherwise be marginalized.”

**Lateisha Grant, makeup artist:** “I think it is vital to find a core group of artists that become true friends who support you and your work no matter what. I am *very* thankful to have close artist friends from my current *and* previous generations who have made me the artist I am today and who are helping me continue to grow into the artist I aspire to be.”

**Othello Grey, photographer:** “Simply put, we all realize that the world desperately needs an overhaul. The old ways of functioning are built on a flawed foundation and all of us want to change it.”

ON FUTURE DREAMS

**Basia Wyszynski, stylist:** “I really want to excel to my fullest potential. Sometimes I feel like living in a city or having a certain job you can reach the highest potential possible, and that’s great but then what? I want to reach beyond my highest potential. Move to a new city, push myself further, fulfill the creative drive that I have and be the best version of myself.”

**Serena Mola, creative/artistic director:** “I’m interested in shooting cool projects and jobs because that’s how I get challenged to dive into the unknown. I want to expand my expertise beyond fashion photography and work with more musicians, actors and film projects. In the past, I’ve done EP covers and a couple movie posters, and the experience was exhilarating. I love that I can combine the creativity and storytelling of fashion with explorative art forms like music and film. It also encourages me to take on my dream of directing and to learn cinematography, which is a path I know I will take one day.”

**Alanna Fennell, makeup & hair artist:** “I dream of a future where we all get to work exciting, creative, well-paid and well-resourced jobs. Where the norm isn’t so much of a hustle but more of a flow. Where the roots of creative work are about possibility and not probability. Where people with diverse and intersectional identities are hired all year to make all kinds of things, not just during a certain month about a certain topic. And, where we all get to have expansive experiences of beauty and being.”

*These interviews have been edited and condensed.*

THE KIT X SLEEP COUNTRY

## HOLIDAY REFRESH

Get your guest rooms ready for holiday company with a quick and easy refresh

With the holidays coming up, chances are you’ll be doing plenty of entertaining and hosting friends and family for overnight stays. That makes it the perfect time to refresh your guest bedroom to make sure it’s as cozy and inviting as possible. Sleep Country has teamed up with interior designer and HGTV Canada staple Debra Salmoni to share some of her expert tips to help you transform your guest rooms in a stylish, affordable and efficient way—before visitors arrive, of course. Read on to discover how.



**Sleep is personal**  
“You have to make sure your guests have what they need to be comfortable, whether they run hot or cold,” says Salmoni. Make sure they have access to everything they may need to customize their sleep, like a temperature-regulating sheet, an all-season duvet or a weighted blanket—they may never want to leave.

**BLANKET** BASIC WEIGHTED BLANKET, \$169, [SLEEP.COUNTRY.CA](#)



**Don’t skimp on sheets**  
There’s no need to spend a fortune on bedding, but at the same time, there’s nothing worse than sleeping on rough sheets. To maximize your guests’ comfort, you’re going to want to make sure that you opt for sheets that are “soft and soothing against the skin,” says Salmoni. “Organic cotton is my favourite place to start.”

**IF ONLY HOME** ORGANIC COTTON SHEET SET, FROM \$169, [SLEEP.COUNTRY.CA](#)



**Choose your pillows wisely**  
Comfy pillows can make or break someone’s sleep—but there’s no one-size-fits-all approach when it comes to matching the perfect pillow to your guests. “If multiple options aren’t in the budget, I suggest taking the Goldilocks approach: Not too hard, and not too soft,” says Salmoni. You can also consider customizable pillows with removable filling that lets sleepers adjust the level of support to their needs.

**THE SIMBA** PILLOW, \$189, [SLEEP.COUNTRY.CA](#)



**Presentation is important**  
“When your guests walk into the bedroom, they should instantly feel at ease,” says Salmoni. The best way to do that? By decorating in an inherently calming neutral palette, starting with the comforter or duvet, before adding pops of colour via throw blankets and pillows to set the tone.

**KINGSDOWN** CHUNKY CHENILLE THROW, \$279, [SLEEP.COUNTRY.CA](#)

*This content was created by The Kit. Sleep Country funded and approved it.*



For the full story, scan to visit [thekit.ca](#)

There’s so much beauty and richness in everyday life that sparks my imagination.



# N°5





JUDITH AND CHARLES BLAZER, \$575, JUDITHANDCHARLES.COM

OLAEDA EARRINGS, \$65, SHOPOLAEDA.COM

CITIZENS OF HUMANITY SHIRT, \$299, REVOLVE.COM

MANGO SKIRT, \$90, SHOPMANGO.COM

OLAEDA ZODIAC MEDALLION, \$140, SHOPOLAEDA.COM

MEJURI BRACELET, \$248, MEJURI.COM

PRADA SHOES, \$1,520, PRADA.COM

INDIGO BAG, \$55, CHAPTERS.INDIGO.CA

LISE WATIER OMBRE SOUFFLÉ SUPRÊME EYESHADOW, \$29, SHOPPERS DRUG MART

**SEQUIN SEASON**

"Build your holiday look around a silver midi skirt," says Julianne Costigan, *The Kit*'s stylist-at-large. "It's piece I look forward to wearing all year round: Try it with a bright red knit and matching heel for winter, a crisp white button down and tall boots for the fall and with a leather jacket and sneakers for the spring."

**STYLING TIPS**

Define your waist by pairing a midi skirt with a cropped blazer. This helps create a 2/3 body ratio, lengthening the look of your legs and giving the illusion of height.

Want to look even longer? Add a shoe in the same colour—even better if you opt for a pointy toe.

Add a touch of glamour with jewellery. A statement bracelet or pair of earrings elevates a holiday outfit, but are versatile enough to dress up all manner of outfits, from weddings to birthday soirées.

# BUNDLE UP

These cozy-chic and adventure-ready gifts are made for everyone on your list

## OUTERWEAR ESSENTIALS

1. **ATHLETA CASCADE DOWN VEST**, \$269, [ATHLETA.CA](#)

This oversized vest somehow has it all: it's flattering, thanks to the external drawcord that cinches at the waist, uses responsible down insulation for effective warmth and won't weigh you down.

2. **ATHLETA COZY SHERPA COAT**, \$209, [ATHLETA.CA](#)

It will be hard to tear yourself off the couch while wearing something as cozy as this sherpa coat, but the lightweight insulation—and compliments—will guarantee you won't regret the decision.

3. **ATHLETA WHISPER FEATHERLESS PARKA**, \$235, [ATHLETA.CA](#)

This sleek quilted parka is made with recycled Thinsulate, which promises all the warmth of a good coat without any of the bulk. Plus, it's finished with a durable water repellent to fight off the elements.

**BONUS COAT PICK**

**ATHLETA GIRL SO SNUG SHERPA JACKET**, \$99, [ATHLETA.CA](#)

We love nothing more than a matching mini moment and we can't help but gush over this option from Athleta Girl. Go for the Candy Red colourway for all the seasonal vibes.

## THE KIT X ATHLETA

Finding the perfect gift—one that is unique, thoughtful and feels just right—is never an easy task. Or, at least it wasn't until Athleta came around. The lifestyle performance brand's latest winter collection for women and girls is full of covetable pieces that welcome movement, rest, recovery and connection—exactly what we need during the festive season. And lucky for us, all the feel-good styles are also easily available to shop online 24/7 and in-store, with brand new locations at CF Sherway Gardens in Ontario and West Edmonton Mall and CF Chinook Centre in Alberta—just in time for the holidays. Read on to discover some of the top cold-weather fashion gifts to add to your (now) effortless and stress-free list.

## SWEATER WEATHER

1. **ATHLETA ALPINE TURTLENECK SWEATER**, \$269, [ATHLETA.CA](#)

Can you ever have enough turtlenecks? This version is made from a breathable wool-cashmere blend that pulls sweat away from your body. It's the ideal layering sweater.

2. **ATHLETA SPIRIT REFINED WOOL CASHMERE WRAP**, \$309, [ATHLETA.CA](#)

This wool-cashmere blend wrap is so luxurious! Use it as an elegant top off for the day's look, or as an extra layer to and from your workout.

3. **ATHLETA FELICITY COZY V-NECK SWEATER**, \$149, AND PANT, \$175, [ATHLETA.CA](#)

Nothing says "put together" like a stylish matching set. This one manages to feel both cozily rustic and elevated at once.

## BOTTOMS UP

1. **ATHLETA RAINIER TIGHT**, \$139, [ATHLETA.CA](#)

Hikes, climbs and other outdoor activities are no match for Athleta's #1 cold-weather tights. Featuring a plush Super-Sonic interior, these tights will keep you cozy on all your winter adventures.

2. **ATHLETA PEAK HYBRID FLEECE PANT**, \$129, [ATHLETA.CA](#)

Sure, these stretch fleece, wide-legged pants are excellent for outdoor winter sports, but the plush brushed interior also makes them a dream for warming up inside after a day out hitting the slopes.

3. **ATHLETA GLACIER SNOW SKINNY PANT II**, \$189, [ATHLETA.CA](#)

Made from a durable, water-repellent nylon blend, these training-ready slim-fitting pants also boast a fleece lining for extra warmth while you're working up a sweat.

# Glow limits

Studies show that women look five years older during the winter (the indignity). We asked a makeup artist how to banish winter skin blahs for good

By Katherine Lalancette

As soon as the leaves turn, I seem to age by a decade," a friend recently declared. I knew exactly what she meant. My fall wardrobe may make my heart flutter, but my fall face does not. I am dry, I am dull and no amount of cute knits or fetching boots can distract from this fact.

Such is our fate as Canadians. From October to May, the elements are working against us, cold air sucking the moisture out of our skin, harsh winds irritating our cheeks. It's brutal out there, and the indoors aren't much better, with cranked up thermostats only making matters worse.

Dry, flaky skin doesn't bounce off light the way a plump epidermis does, so radiance is out the window. Then, there are those charming things known as dehydration wrinkles, lines that creep up on our faces as a result of dryness. Dark circles also worsen, leading one study to conclude that women on average look five years older during the colder months. Fun, right?

As a makeup artist based in frigid Montreal, David Vincent sees it all the time. "I usually notice a lot more dry skin in my clients as soon as we start turning on the heat in our homes," says Vincent, a Lise Watier expert. The drop in humidity in the air both outside and indoors is the major culprit, but there are also lifestyle factors at play, he says. "We're hotter in the summer months, so we tend to drink more water and stay better hydrated. We also tend to eat more fruits and vegetables in the summer and move around and go outside more, all while keeping our skin protected, of course. All of that can have an impact on our radiance."

Here, Vincent shares how to maintain your glow right through Easter.

The elements work against us, sucking moisture out of our skin.

**LANEIGE GLOWY MAKEUP SERUM**, \$43, [SEPHORA.CA](#)

**PAMPER YOUR FACE** Before we can even start thinking about makeup, a little skin prep is essential, says Vincent. He recommends gently exfoliating once or twice a week to rid the skin of any dead cells. "Not only will this help boost luminosity, but it will also increase the absorption of any serums or creams you use afterwards," he says. Vincent is also a big fan of hydrating masks, particularly Lise Watier's rose petal and hyaluronic acid formula, to deeply replenish moisture.

**LISE WATIER HYDRATING MASK**, \$38, [SEPHORA.CA](#)

**ADD HYDRATION AT EVERY STEP** Makeup often doesn't go on as smoothly in the colder months because our skin tends to be tighter or drier. In turn, that can translate to a cakier or grittier finish, that doesn't appear as natural. "If you feel like your products aren't melting into your skin the way you'd like them to, regardless of the serums or creams you may have used right before, it might be a good idea to try a hydrating, radiance-boosting primer," says Vincent. He also recommends trading powders for cream textures as the former are inherently drier, while the latter will provide a dewier look. You might want to steer clear of anything mattifying, too. While you may have enjoyed a little oil control when it was hot out, you likely don't need it now that it's colder, so opt for a foundation or concealer with a more luminous finish.

**MAKE UP FOR EVER COLOR CORRECTING PRIMER**, \$50, [SEPHORA.CA](#)

**UTILIZE COLOUR THEORY** Having studied fine arts, Vincent is a big proponent of colour theory, cleverly camouflaging or highlighting areas of the face with carefully chosen hues. It's all about opposites attracting. For example, if you're on the fair side and tend to experience more redness in the fall and winter, go for a green-tinted corrector. If you have a medium or olive complexion and feel like your skin is looking a little sallow, brighten it up with lilac. If you have dark to deep skin, nix any ashiness or gray tones with orange.

**ANNABELLE PERFECT CREAM BLUSH IN SUBTLE CORAL**, \$7, [AMAZON.CA](#)

**WARM THINGS UP** "One of my favourite tricks is to incorporate a little coral in the makeup," says Vincent, who swears by the colour to liven up any complexion. "It can be a blush, an eyeshadow or a lipstick, and it doesn't have to be the dominating colour, but rather a subtle undertone." He'll sometimes even dab on a little coral cream blush under foundation to create a glow that shines through the makeup. "In summer, we tend to have a natural flush from being outside or being more active and having more blood flow in our cheeks, so you can bring that back with blush." He likes to think of the product as an all-around complexion enhancer, rather than something that only goes on cheeks. That's why he also applies it to the bridge of the nose, the temples and the top of the hairline. "I recommend doing this all year round—it really mimics the natural effects of the sun."

**TARTE FAKE AWAKE EYE HIGHLIGHTER**, \$27, [SEPHORA.CA](#)

**BRIGHTEN YOUR EYES** That study that stated that women look five years older in the winter? It found this was due to a decrease in vitamins D and K, along with more translucent skin. Whereas only 38 per cent of subjects suffered from dark circles in the summer, a whopping 82 per cent of them experienced them in the winter. A good concealer can definitely help with this, as can smoothing on a little peach-toned corrector beforehand to neutralize the blue veins in under-eye circles. Vincent's other favourite trick? A stroke of ivory or cream pencil on the waterlines. As he explains, "It makes the eyes look bigger and brighter, but it also, by contrast, makes the skin look warmer."

## THE KIT X GARDEIN & EARTH BALANCE

# TASTY HOLIDAY HEROES FOR ANY GUEST

Vegan friendly dishes that will please everyone this holiday season

If you've ever been responsible for cooking a meal for a large group of people during the holidays, you know how challenging the task can be. Between various dietary needs and preferences, not to mention vastly differing palates, whipping up a dish to please everyone's tastebuds can feel impossible.

But you can forget about that stress during your holiday festivities this season thanks to the dream duo of Gardein and Earth Balance. Available at your regular grocery store in the natural frozen and cold sections respectively, the popular vegan-friendly brands are easy to incorporate into your cooking routine, especially for larger feasts because everyone at your table—whether they're a flexitarian or someone who just loves delicious food—will be eager to devour.

**earth balance**

Make these products the stars of your holiday meals, starting with Gardein's Plant-Based Stuffed Turkey, which is packed with 20 g of protein, filled with cranberries and sage and pairs perfectly with other classic sides (with a twist) like Pressure Cooker Cauliflower Mashed Potatoes. Gardein makes going meatless easy and delicious. Whatever your needs this holiday, it's easy to skip the meat without skipping your favourite foods with this plant-based option that is also Non-GMO Project Verified, Kosher, and Prepared in Canada.

With Earth Balance's traditional spreads, you can make little changes to your favourite meals while maintaining the flavour. The brand's Original Traditional Spread does it all—it can spread, fry, sauté, and bake—and won't make you miss dairy at all. Meanwhile, the Earth Balance Vegan Sticks are essential for all your holiday baking needs, especially when used in gathering-worthy sweet treats, like peanut butter sugar cookies.

**gardein**

**GARDEIN.CA**

**LEARN MORE ABOUT GARDEIN AND THEIR PRODUCTS**

Find more holiday-inspired plant-based recipe ideas on [READYSETEAT.CA](#)



# WHAT'S YOUR SIGNATURE?

Looking for your next go-to fragrance?  
Let experts at Hudson's Bay lead the way

"The best way to sample a fragrance is to take time to explore," says prestige fragrance buyer at Hudson's Bay Heather Josey. "Don't rush, and go in the morning, if possible, when your senses are sharpest." Spritz a little on your wrist or your inner arm—no rubbing them together!—and don't always judge a fragrance at first sniff, she says. "Sometimes you may need 20 minutes till the scent dries down a bit. If it's pleasing to you then, try it again to be sure."

In the end, Josey says, it comes down to trial-and-error. "Fragrance is specific to the wearer, and everyone has their own unique chemistry," she says, pointing out that several factors can change how a scent smells on the skin, even what you're eating! "The more you test, the more you learn," she says.

And while you'll have plenty of chances to fragrance sample at Hudson's Bay, we thought you might also appreciate a little guidance. Read on to find your perfect fragrance, based on your personality.



## IF YOU ANSWERED MOSTLY A: THE CLASSIC ONE

Why attempt to reinvent perfection? You're a classic, through and through, which is why you deserve a signature scent that's stood the test of time. You don't get much more classic than Chanel No 5, a bright, heady floral—think ylang-ylang, neroli, jasmine—fan favourite since 1921.



## IF YOU ANSWERED MOSTLY C: THE COOL ONE

You're too cool for school, and so is this new Prada perfume. (Even its bottle rejects tradition! Standing upright on a base is so square.) Prada Paradoxe is an ultra-modern fragrance that blends sensual amber and intense musk with bright fruity notes, including tangerine and pear. It's also made with an eye to sustainability—refillable bottles etc.—which make it even more of the moment.



## IF YOU ANSWERED MOSTLY D: THE ULTRA-SOPHISTICATED ONE

If you look up "quiet luxury" in the dictionary, you'll find your face there—alongside Tom Ford's iconic Black Orchid fragrance. Elusively elegant and devastatingly understated—just like you—this scent is darkly mysterious, with notes of black plum, black truffle and, of course, black orchid.



## IF YOU ANSWERED MOSTLY E: THE BOUNDARY-PUSHING ONE

Gender-bending and convention-busting, you've never met a convention you didn't want to bust. This unisex fragrance, created by indie brand MINE Lab, speaks your language with a boundary-pushing mix of fresh spearmint, bitter almond and cedarwood. It's one of those scents you just can't quite put your finger on—exactly like you.



## TAKE OUR QUIZ

### Where is your perfect vacation destination?

- A. Paris, because it's always a good idea
- B. Scotland, to live out those Outlander fantasies
- C. Melbourne, Australia, for its cool graffiti-ed alleyways
- D. Maldives, for the 6-star luxury beach experience
- E. Norway, because Copenhagen is so 2019

### What's your go-to ice cream flavour?

- A. Classic chocolate
- B. Bubblegum
- C. Ube, charcoal (or whatever is the latest trending flavour)
- D. Vanilla, but only if it's made with the very finest artisanal beans
- E. You never pick the same one twice

### If you were a shoe, you would be:

- A. A ballet flat
- B. A sparkly heel
- C. A sneaker from the latest drop
- D. A minimalist sandal
- E. A loafer from the men's section

### What kind of books will we find on your shelves?

- A. The classics
- B. Spicy romances
- C. Emerging authors
- D. Anything long-listed for a literary prize
- E. A little bit of every genre

### What would we usually find on your nails?

- A. A timeless French manicure
- B. Fun nail art
- C. A trend-forward colour
- D. Nothing (although your cuticle game is impeccable)
- E. It changes every week and it's never the same



# Briony Douglas embraces happiness

The Toronto artist chooses gifts that inspire joy and creativity

There was a piece in Briony Douglas's latest art show that she noticed people gravitated toward: a massive plush teddy bear, whose charming mien made it impossible not to smile back. "People were loving the teddy bear," says Douglas, a multidisciplinary creative who's as well known for her exuberant photography as she is for her large-scale sculptures.

"I do use a lot of my art to make statements," she says, nodding to her work as a mental health advocate. "But with the giant teddy bear I just wanted to make it," explains Douglas. "When I first started creating and shooting, I thought I had to create my art through sadness. Then as I grew older and more into myself, my art became happier. A lot of my art is very childlike. As an adult you think you have to do very 'adult' things, but you don't. It was just so much better to create art through happiness." This capacity for joy makes Douglas the perfect person to ask for dopamine-boosting present ideas. —Sarah Laing



"This is a piece you can wear every day. Plus it just makes you smile!"  
LISA GOZLAN BRACELET, \$88, LISAGOZLAN.COM



"Checking out art whenever you want sounds like the coolest present to me! Also, the membership allows you early access to all the new shows."  
AGO MEMBERSHIP, \$110, AGO.CA



"Being an illustrator, I know what an amazing tool this is, for everyone from beginners to advanced users. Being able to draw on the iPad is so much fun and an essential part of my day."  
APPLE IPAD PRO (11 INCH), \$999, AMAZON.CA



"These are great for every artist in your life."  
JORDAN 5 RETRO SNEAKERS, \$175, SIMILAR STYLES AT SHOPMAKEWAY.CO



"Be fashionable while you work on your art!"  
ARITZIA OVERALLS, \$128, ARITZIA.COM



"Any pair of sneakers from Makeway is a winner. It's the best store in Canada, in my opinion, to get sneakers."  
JORDAN 5 RETRO SNEAKERS, \$175, SIMILAR STYLES AT SHOPMAKEWAY.CO

# Brad Goreski wants you to have fun

The celeb stylist says go bold with your gift picks

Brad Goreski is big into holiday dressing. Sparkles, plaid, velvet—every material is fair game as soon as "All I Want For Christmas Is You" hits the charts. His joyful approach to clothing is what made Goreski—best known for his roles in *Canada's Drag Race* and *The Rachel Zoe Project*—a fixture in the fashion world.

Goreski's latest adventure is hosting the Amazon Canada Fashion Video Series, which spotlights emerging Canadian designers. "It's so great to be able to highlight all of the incredibly diverse talent we have in Canada—everyone from L'Uomo Strano, who focuses on affirming wardrobes for gender nonconforming people, to Hilary MacMillan, who has a size-inclusive clothing brand with a focus on colour and gorgeous prints," he says. "I think designers now—especially this group in the Amazon Designer Spotlight—are mindful of the fact that we don't have to be boring. We can wear a gold vegan leather trench coat!" he says.

That same spirit of adventure goes for gift-giving. "A lot of the time people are willing to incorporate something new and exciting in their wardrobe. Holiday gift giving is a great opportunity to do that," he says. "Buy things for your partner that they wouldn't necessarily wear. Brighten it up! If you present it by saying, 'I thought you would look amazing in this,' you're set up for success." Here are Goreski's top gift picks for the men on your list. —Melissa Fejtek

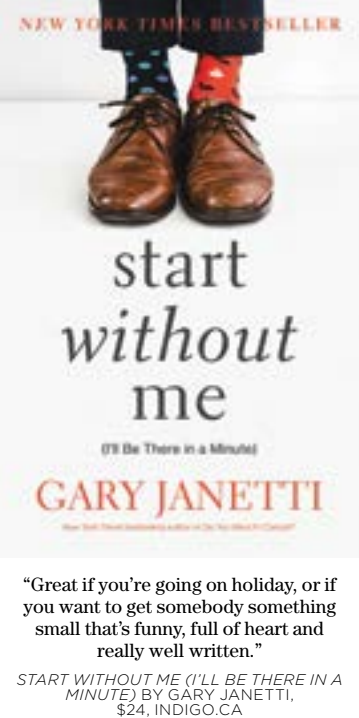


Buy things that they wouldn't necessarily wear. Brighten it up!

"Pair this floral letterman jacket with dress pants or dark denim with a black sweater or a turtleneck—It's one of those pieces that will do all the thinking for you."



L'UOMO STRANO JACKET, \$349, AMAZON.CA



"Great if you're going on holiday, or if you want to get somebody something small that's funny, full of heart and really well written."  
START WITHOUT ME (IT'S BE THERE IN A MINUTE) BY GARY JANETTI, \$24, INDIGO.CA



"The Google Pixel watch does all the great things. It's got a Fitbit, a sleep tracker (I'm obsessed with tracking my sleep), and it has a really chic design with cool bands you can switch out, like a leather band for dressing up."  
GOOGLE PIXEL WATCH, \$450, BESTBUY.CA



"It's the perfect mixture of glamour and comfort."  
CELINE HOODIE, \$9.053, MRPORTER.COM

## THE KIT

Editor-in-Chief  
Laura deCarufel  
Creative Director  
Elena Vitkovskaya  
Executive Editor  
Rani Sheen

Beauty & Lifestyle Director  
Katherine Lalancette  
Managing Editor  
Eden Boileau  
Shopping Editor  
Renée Tse  
Associate Editor  
Melissa Fejtek  
Intermediate Art Director  
Oana Cazan

Assistant Art Director  
Briannah Daniel  
Direct advertising inquiries to:  
Interim Associate Publisher  
Eve Bisy  
eb@thekit.ca  
Operations Director,  
Digital Media  
Kelly Matthews  
Collab Specialist  
Madeline Sarrafini

Marketing Specialist  
& Project Manager  
Courtney Palmer  
Collab Coordinator  
Millicent Hofung  
TORSTAR

(c) 2022, The Kit,  
a division of Toronto Star  
Newspapers Limited  
Co-Proprietor & Publisher,  
Toronto Star  
Jordan Bilove  
Chair & Co-Proprietor, Torstar  
Paul Hewitt  
Vice-Chair, Torstar  
Hon. David Peterson





# H24

A FRAGRANCE  
BEYOND THE LINES



EAU DE PARFUM  
A NEW INTENSITY