



Motherhood is joy, beauty, hope—and the constant terror of not doing it right. Melissa Grelo and her daughter, Marquesa, open up about how they're navigating social media, girl drama and finding a place in the world

Photography by Jenna Marie Wakani

HardWear by Tiffany

A design from 1962 inspired by New York, a city in flux.

An expression of love’s transformative strength.



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With love, Since 1837 **TIFFANY & CO.**



CHANEL CHANCE EAU SPLENDEIDE, \$166 (50 -ML), CHANEL.COM

There's a reason that a breakup and a pint of ice cream is an enduring duo. During difficult times, we cling to what comforts us.

There's something to be said for an olfactive uplifting, too. Bright, fresh, optimistic—these were the notions Chanel's perfumer, Olivier Polge, had in mind as he set out to create Chance Eau Splendide, the fifth addition to the energetic Chance family.

It's been more than 20 years since Polge's father, Jacques, developed the first Chance, considered the lively younger cousin to No. 5's glam lady. "What is very important in Chance are the top notes, and this is where I started," Polge junior told me, revealing the then-still-secret fragrance when we met a floor above the boutiques on Paris's iconic Champs-Élysées.

Raspberry offered that first-sniff appeal Polge was after, but he didn't stop there. "I was quite surprised, because I thought that raspberry could be a hook to grasp your attention right away, but in the end, it turned out to be the signature ingredient," he says. The final purple juice in Chanel's signature circular bottle features the berry note as its star—a first for Chanel.

The French fashion house is famously not one to follow trends (ahem, Coco's oft-quoted "fashion changes but style endures"), but Chance Eau Splendide nevertheless comes at a time when fruity florals and gourmands are once again taking over the fragrance world. "When I smell perfumes that are coming out, one out of two is very gourmand, ambery, sugary," says Polge.

Edible notes are rising in popularity, according to a recent report by trend forecaster Spate: Google searches for caramel, brown sugar, matcha and watermelon each at least doubled from June 2023 to June 2024. Last fall, we saw decadent launches from TikTok's fave perfume brands, including Phlur's Strawberry Letter and Glossier's You Rêve, starring pie-worthy plum, buttercream and toasted almond. And this spring, bestsellers are getting a fruity infusion: There's cherry in the new Carolina Herrera Good Girl scent and apricot in Jean Paul Gaultier La Belle.

Freshly squeezed

Fruity perfumes are back to delight us in chaotic times

By Caitlin Kenny

Polge characterizes such gourmand-leaning scents as "comfortable" and "reassuring." And at a time when news headlines feel like a prank at best and terrifying at worst, it's no wonder we're spritzing on the fragrance version of nostalgic comfort food.

Back when the internet dawned, the Spice Girls high-kicked and the stock market boomed, fruity florals emerged to match the effervescent vibe. Lancôme Trésor's peach-rose accord launched the trend at the start of the '90s, making way for Clinique Happy's grapefruit and apple, Tommy Girl's blackcurrant and apple blossom, and a fruit salad of others.

Today's fruity florals tend to be far less cloying, veering away from vanilla or amber, which would bring out the notes' saccharine side. There were other notes that Polge steered clear of to ensure that Chance Eau Splendide felt both fresh and modern. No spices or warm woods, anything "too serious or dark." The cedarwood in the perfume's base—typically a warm, spicy note—went through a second distillation to strip it of its darker aspects. "It gives it a layer of abstraction and makes the cedarwood less recognizable," says Polge. "Those little things are, for me, typical Chanel twists."

Though raspberry isn't your typical Chanel note, here its multi-

It's no wonder we're spritzing on the fragrance version of nostalgic comfort food.

faceted nature made it right at home. "Raspberry is an effect; we don't have it as a raw material," Polge explains. "It's made of a combination of synthetic and natural materials, and they are materials that exist in rosy notes. There's a little bit of iris also, a little violet."

Given those floral hints within the raspberry accord, it would have been an obvious choice to pair the fruit with rose, iris or violet, but instead Polge chose geranium, which Chanel grows itself in the South of France. "In perfume, when you choose geranium, it's another way to choose rosy notes," he says. "In geranium, there is something a bit greener that I think makes the raspberry more interesting."

Overall, the fragrance is vibrant but subtle, crisp with a little warmth, and fruity without smelling like a smoothie. Not a hint of berry-blast body mist—but just as uplifting.

THE KIT X SUNWING



Dreams Sapphire Resort and Spa



Jessi Cruickshank with family at Nickelodeon Hotels and Resorts Riviera Maya By Karisma



Riu Palace Baja California

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Make like Canada's favourite comedy mom and book an all-inclusive with Sunwing for your next getaway

Looking to make the most out of your hard-earned vacation dollars? Look no further than Sunwing Vacations, the favourite travel choice of Canada's comedy sweetheart Jessi Cruickshank, and the perfect option for all inclusive travel that hits all the right notes, especially when it comes to value.

"Like many working parents, I just don't have the time to plan a trip, so I love that Sunwing essentially does it for me," Jessi says. That peace of mind goes a long way. "We've made some of our most cherished memories together on Sunwing vacations. We've taken grandparents, we've had time to connect, we've done things we'd never do anywhere else, and we've enjoyed every moment together."

Sunwing takes the guesswork out of travel. Its wide variety of all-inclusive vacation packages to some of the most sought-after destinations in Mexico, the Caribbean and Central America include one simple upfront price and are inclusive of flights, hotels (including food and beverages on site) and in-destination airport transfers with NexusTours. With no hidden costs, Canadians can free up extra room in their budget to do more in paradise, whether that's a spa treatment, room upgrade, a NexusTours excursion and more. Simply book – and enjoy!

Major vacation value can also be seen and felt through access to exclusive collections like Sunwing's family-friendly Smile Resorts™ where kids can stay, play and eat for free (some restrictions apply), and added values exclusive to the Sunwing vacationer. Be sure to check out Sunwing's Lowest Price Calendar to help you find the best travel deals throughout the year. Hot tip: vacationing in

the off-season is typically more affordable, and June and September are some of the cheapest times to travel!

These savvy features are why Jessi turns to Sunwing first when she's planning a trip. Whether it's travelling with the girls for some fun in the sun, escaping with her husband for a romantic retreat or bringing the whole fam to a kid-friendly resort, Jessi's done it all with Sunwing and is living proof that Sunwing offers something for every style of traveller. One of Jessi's top destinations is Mexico, a beautiful country filled with endless variety that she's experienced in all kinds of ways on four different visits over the past few years. "The weather, the food, the beaches are all fantastic," Jessi says. "I had the time of my life with my three best girlfriends in Los Cabos and Cancun is my family's favourite destination."

Unmatched value and even better itineraries that have included everything from chill afternoons on the beach and indulging in the hotels' incredible dining options to getting slimed, days at the kids club, snorkelling in a cenote, romantic catamaran sails and even ziplining in the jungle with the kids are just some of the reasons why Jessi loves experiencing all the benefits of an all inclusive vacation with Sunwing. Plus, with more than 700 hotels to choose from, there's truly something for every type of traveller.

Ready for your own getaway? This spring, Jessi is presenting her all-new comedy show, "Now That's What I Call Live Tour." Attend her show and you can enter to win a trip for two with Sunwing Vacations.

The Mother Load

Cell phones, social media and screen time have changed adolescence in immeasurable ways. Media personality Melissa Grelo and stylist Christal Williams share how they're mothering their teen daughters in a world that's starkly different from the one they grew up in

By Jennifer Berry

It feels like there's never been a more challenging time to be the mom of an adolescent.

We've all seen a lot of scary statistics. Rates of teenage mental illness rose sharply in the 2010s, and have been steadily increasing ever since. Emergency room visits for self-harm rose by 188 per cent among teen girls in the U.S. and 48 per cent among boys. The pandemic exacerbated this by significantly decreasing physical activity and socialization, not to mention adding a healthy helping of anxiety about climate change and the world (*gestures wildly*) in general. Around one in four young people in Canada have had thoughts of suicide, which is now the second leading cause of death among young Canadians. The kids, it's clear, are not alright.

The Anxious Generation by social psychologist Jonathan Haidt became required reading among parents of chronically online Gen Zs when it was published in 2024. Haidt argued that smartphones, social media and online gaming—which he calls “the great rewiring of childhood”—are to blame for the youth mental health crisis.

There's a reason Netflix's wildly popular series *Adolescence* has gripped the zeitgeist with its chilling portrayal of young male rage borne of a childhood spent indoors, with too much unsupervised access to developmentally inappropriate content. For many parents, it hit a little too close to home.

Around the world, schools and youth advocates are trying to combat this phenomenon by limiting cell phone and social media usage. In Ontario, for example, students from kindergarten to grade 6 must now keep their phones on silent and out of sight for the entire day, unless permitted by an educator; students in grades 7 through 12 can only use cell-phones on school property outside of class time.

But there's a first line of defence, before educators, lawmakers and intellectuals, that still has an enormous influence on children: their parents. Parenting philosophies and rules may vary, but some themes endure: In-person interaction with friends (without phones) and open lines of communication with your kids are crucial.

In honour of Mother's Day, we spoke to two Toronto moms of adolescent daughters about how they manage cell phones and screen time, what they're doing differently from their own parents and what makes their mother-daughter relationships so precious.

Melissa Grelo, 47, and Marquesa, 11



Melissa Grelo's parenting north star is radical honesty and openness.

“For my parents, who were both immigrants, the struggle was very different for them, raising kids,” says Grelo, host of *The Social* on CTV and the podcast *Aging Powerfully*, of her Portuguese-Filipino upbringing. “I was very mindful, having my own daughter, that I was going to do things quite differently...and in a way that I perhaps wish that I had growing up.”

Grelo, who lives in Toronto with her husband, Ryan, and daughter Marquesa, describes her pre-teen as assertive, confident and mature for her age. She says they talk openly about everything from body positivity and sex ed to gender identity and politics—to the shock of her own parents. “There's nothing that she can say that's going to upset me,” says Grelo.

Boundaries are important (“There's a life that she has with her friends outside of me”) but the goal is clear: Show your daughter she can talk to you about anything, so one day, when it really matters, she will.

Grelo, a former teacher with a psychology degree, has read *The Anxious Generation* and has thought a lot about raising her daughter in a world that's increasingly, overwhelmingly online. “The biggest challenge is how do you push up against a tsunami of what is now undebatable, indisputable data on what [technology and social media] is doing to our children?” She takes a

relatively hard line: only supervised, short-interval iPad access and no smartphone until Marquesa's at least 16; a “dumbphone” (without internet, that can only be used for calling or texting) or smartwatch is under consideration.

Grelo recognizes these rules risk being perceived as hypocritical—Marquesa has watched her mom grow a following online—but says the risks of cyberbullying are just too high. “Social media is so much of my life: I have a business through monetizing Instagram. So Marquesa sees me online a lot,” Grelo says. “She has seen me go through a lot of craziness through social media. And I said to her, ‘If Mommy, as a full-grown woman, has a very hard time navigating this thing, there's absolutely no way that I'm going to open up the floodgates to let the internet have at my daughter.’”

The best way to combat the rewiring of childhood, according to Grelo, is to push kids back outside—sometimes literally. “What I'm trying to do now, in cahoots with all her friends' moms, is get the kids back to the way we were raised, which is in real life, playing face-to-face, getting outside, sleepovers,” she says. “It sounds so simple and yet it's so insidious how online life has created what has been dubbed the ‘indoors generation.’ We grew up outside!”

Ultimately Grelo delights in watching her daughter grow up. “I love this age. They're finding their own identity, they're starting to grasp concepts of the world around them and figure out their place,” she says. “It tickles all of my intellectual parts to be able to look at her and be like, ‘Oh my God, this is like a real-life case study.’ Also, she's mine and I see how much of my influence is there. And I see how much of her is just her all on her own. I've been having such a blast.”



The most special part about my relationship with my mom is how accepting she is. Whenever there's girl drama, I can always tell my mom about it.



All photos shot on location at the St. Regis Toronto.

Christal Williams, 39, Jayda, 19, and Amya, 13

You have to be able to communicate with your mother,” says fashion stylist Christal Williams. It's a lesson she learned when her eldest daughter, Jayda, turned 14 and stopped talking to her as much. Williams, who grew up in a more traditional household, changed her parenting style, talking to her kids openly and reinforcing the notion that they can talk to her about anything. Now, Williams describes her relationship with her daughters as very close. Williams is proud that her daughters are good communicators—and critical thinkers. “They question everything. They're very logical. It's honestly like dealing with a bunch of little adults,” she says with a laugh.

This comes in handy as the teens navigate the world. “Amya has always been a defender. If somebody is bullying her, Amya is very open and quick to report it. And if that's happening to somebody else, she's quick to report it as well.”

Amya's strong moral compass gives Williams some peace of mind when it comes to technology and social media. While Amya has had a phone since she was 10, her mom is in control of her access. “We've been working on managing it more. It's like, ‘You come through the door, I need your phone in hand and you need to focus on your schoolwork,’” she says, adding that internet use should be reserved for school projects. “It is a distraction and I find that their attention span changes.” She feels the unrealistic beauty standards perpetuated by social media is one of its biggest risks. “I've been focusing on keeping her off of some sites, like Instagram and TikTok, because social media can be a dangerous place.”

Williams feels nostalgic for a simpler time. “Growing up as a child, we spent more time outdoors. And now everyone's on their phones,”



My mom inspires and motivates me to push harder.

—Jayda

She listens and takes her time when speaking with me and seeing my point of view.

—Amya

says Williams. “Even in my adult life, it's like friends are hanging out, but everyone is on the phone. No one's really talking to each other.”

She credits sports for helping keep Amya engaged in life outside her phone, as well as giving her confidence and determination. A few years back, Amya didn't make the volleyball team, but instead of sitting in her disappointment, she stayed every day after school to practise with her friends. Now, she's on the team.

Determination runs in the family. Jayda, a first-year business student, watched her mom take a leap of faith to become an entrepreneur five years ago and has now started her own thriving hairstyling operation. “She had no fear to open a business; she didn't think she would fail. She just knew that she was going to be able to do it,” says Williams, brimming with pride.

Their close connection is obvious—so much so that this tight trio is often mistaken for three sisters. “You can tell these are my girls.”



Memory lane

What did your mother smell like when you were a child? When the association is that profound, a single whiff of perfume can stir up such strong memories. The Kit team remembers



YVES SAINT LAURENT RIVE GAUCHE EAU DE TOILETTE, \$102 (100 ML), FRAGRANCENET.COM

I have a strong memory of sitting in a bubble bath in the mid-'80s and gazing upon a blue, silver and black striped cylindrical bottle on the bathroom counter, marvelling at its sophistication. It was Yves Saint Laurent Rive Gauche, named for the bohemian side of the Seine in Paris, and it was the most glamorous thing in our house. I don't remember watching my mum put on makeup or skincare, or doing her hair, but I knew that bottle connected her to a world that was French and fashionable. Created in 1971 (though it's been reformulated since, and isn't widely available now), it was a floral aldehyde—fresh and green and not at all sweet, with flowery notes of honeysuckle and lily of the valley, citrusy lemon and bergamot and earthy geranium and vetiver. To me, it smelled like a side of my mum I didn't usually get to see, one that belonged not to our cozy home but to a wider world she'd explored without me, and that one day I'd set off and see myself. It was a thrill. —Rani Sheen, features director



ISSEY MIYAKE L'EAU D'ISSEY EAU DE TOILETTE, \$122 (50 ML), SHOPPERSDRUGMART.CA

My mom's display of fragrances is one of my earliest memories of beauty. I used to tiptoe to catch a glimpse of all the bottles (gifts from my dad's travels) lined up on the bathroom counter. She rarely puts on perfume unless it's a special occasion, but she'd always reach for the distinctive tall and slender bottle of L'Eau d'Issey. It was a unique scent compared to her other bolder fragrances. Light and powdery, it smelled like her favourite flowers: lotus, rose and white lilies. As a little girl at family functions, I'd often get tired of the adults talking, and when she told me to lay my head on her lap, I'd find comfort in that fresh scent. —Renée Tse, shopping editor



ESTÉE LAUDER CINNABAR EAU DE PARFUM, \$94 (50 ML), ESTÉE.LAUDER.CA

When I was kid, I thought my mother was the epitome of glamour. Dark eye makeup, glossy lips, big earrings—and always perfume. The fragrance bottles on her dresser were magical to me: special potions that, one day, I would be lucky enough to be allowed to buy, too. One was Cinnabar by Estée Lauder, which I haven't seen on anyone's dresser since the '70s, but it's still on the market. And a spicy-amber '70s fragrance it was, with heady clove, patchouli and sandalwood anchoring floral notes. It was named after a toxic mineral prized for its rusty red colour and used in many decorative applications thousands of years ago. Beauty and danger, a classic pair. —Eden Boileau, production director

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EAU SPLENDIDE
THE NEW CHANEL FRAGRANCE



THE BEAUTIFUL BAR CART
She'll love hosting cocktail hour with this mid-century-inspired bar cart that can live indoors or out. Bonus: It includes a removable top tray, so she can take her spread anywhere.
SUNDAYS BAR CART, \$790, SUNDAYS-COMPANY.CA



THE MOVING READ
This poignant book of essays weaves together reflections on motherhood with the author's childhood stories as the daughter of Mexican and Indian immigrants—a perfect contender for a TBR pile or book club.
STORY OF YOUR MOTHER BY CHANTAL BRAGANZA, \$30, INDIGO.CA



THE SCULPTURAL EARRINGS
These triple-hoop pavé huggies will bring elegance and sparkle to her everyday jewellery rotation—because basics should never be boring.
DEAN DAVIDSON EARRINGS, \$195, DEANDAVIDSON.CA



THE EVERYDAY SUNGLASSES
One can never have too many pairs of sunglasses. This timeless rectangular pair is crafted from lightweight recycled plastic. They're effortlessly chic and will be worn on repeat all sunny season long.
MAGUIRE SUNGLASSES, \$110, MAGUIRESHOES.COM



THE SUMMER CANDLE
This beach-inspired candle's blend of salty cedar, piney palo santo and aromatic copal will transform her space into a coastal retreat straight from a Nancy Meyers movie.
LOHN CANDLE, \$48, SHOPLOHN.COM



THE PERFECT SHIRT
This shirt is destined to be a beloved staple with its classic navy-and-white stripes and effortless menswear-inspired silhouette. Add a personalized monogram on the sleeve for a special touch.
T.LINE SHIRT, \$295, SHOPTLINE.COM



THE BOLD PLACEMATs
For the mom whose tablescape is always on point, these patchwork linen placemats in striking colours bring a bold, Bauhaus-inspired touch to any setting.
MISETTE PLACEMATs, \$382 (SET OF 4), MISETTETABLE.COM



THE CREAMY BLUSH
There's a reason 19/99 is an editor favourite: It's designed for all (yes, including women over 60) who want no-fuss makeup but still love to play. This ultra-creamy and blendable stick adds a vibrant flush to both cheeks and lips.
19/99 BEAUTY CREAM BLUSH STICK, \$36, 1999BEAUTY.COM



THE ARTISANAL CHOCOLATES
Skip the cake and surprise Mom with these confections inspired by iconic desserts (Open! Pineapple Upside Down! Black Forest!). The two-bite treats are packaged in a limited-edition box designed by Canadian illustrator Emily Taylor.
CHOCOLAT DE KAT MOTHER'S DAY BOX, \$33, CHOCOLATDERAT.COM



THE STATEMENT RING
The vibrant gemstones on this gold dome ring aren't only a stylish statement, they represent the six boroughs of Toronto in a sweet homage to this Canadian brand's hometown.
MEJURI RING, \$848, MEJURI.COM



THE LOW-MAINTENANCE LIP TINT
This lip tint is enriched with hyaluronic acid, vitamin E and tsubaki oil, and the buildable gel formula glides on like a dream, delivering long-lasting colour and hydration.
LISE WATIER LOVE MY LIPS FRESH TINTED LIP GEL IN PINK LEMONADE, \$35, WATIER.COM



THE HOSTING ESSENTIAL
This sleek, white-pebbled serving platter (complete with four coordinating mini bowls) will make every meal pop, whether it's a bagel brunch spread or takeout night.
FABLE SERVING PLATTER SET, \$109, FABLE.COM



THE NOURISHING HAND CREAM
Infused with probiotics and plant-based emollients, this chic little tube of cream from an editor-adored beauty brand is one she'll keep close at hand.
PAUME PROBIOTIC HAND CREAM, \$30, MYPAUME.CA



THE STYLISH LOAFERS
Take her footwear game to street-style-star status with these metallic crinkled leather flats from Montreal. On trend and statement-making, they'll add an instant lift to any look.
BLACK SUEDE STUDIO SHOES, \$368, BLACKSUEDESTUDIO.COM



THE ELEGANT SCARF
A silk scarf will never go out of style, and that's why it makes it the perfect gift. This one features an artful print and can be worn countless ways: knotted at the neck, wrapped as a headscarf, tied to a handbag and beyond.
SILK LAUNDRY SCARF, \$160, SILKLAUNDRY.CA



THE RECIPE REFRESH
Whether she's a fan of *The Bear* or a regular at one of Matty Matheson's acclaimed restaurants, this cookbook is a wonderful addition to her collection. His takes on soup, salad and sandwiches provide inspo to refresh the daily menu.
MATTY MATHESON: SOUPS, SALADS, SANDWICHES: A COOK-BOOK, \$48, INDIGO.CA



THE SLEEK CARRYALL
Every mom knows the struggle of finding the perfect travel-friendly bag. Enter this minimalist canvas tote: Its spacious interior will carry all the essentials, plus the knick knacks only moms seem to have on hand.
MONOS BAG, \$150, MONOS.COM

THE KIT X GUERLAIN

THIS HONEY-POWERED SERUM REDUCES THE LOOK OF WRINKLES IN JUST ONE HOUR

It's all about reviving skin's built-in fixer cells



Abeille Royale Youth Watery Oil Serum, \$139 (30 ml)

Sweetening your tea, caramelizing veggies, soothing a sore throat — honey is one of those pantry staples that many of us reach for without much thought. But in skincare, it's a seriously powerful ingredient, and one that scientists have recently discovered can re-awaken zombie-like cells for major repair.

Knowing that skin that can't repair itself ages faster, Guerlain teamed up with Toulouse, France-based lab Restore to study skin's built-in fixer cells, called mesenchymal stromal cells (MSCs). These special cells zip around to damaged areas and pump out signals, proteins, and molecules needed for repair. Unfortunately, as we age, MSCs start to lose their abilities to mobilize and mend, the researchers found.

So, they set out to blind-test different ingredients to see how they affect those sleepy cells. And one combo proved to revitalize underperforming MSCs by a whopping 339 per cent: sustainably sourced

honey from resilient black bees that live in remote ecosystems in France's Ouessant Island, Ireland and Norway, plus royal jelly (what larvae and queen bees feed on). Bonus: the cocktail also boosts production of collagen, elastin, hyaluronic acid, and important proteins—all key for a youthful complexion.

Now, Guerlain has bottled that winning blend in its new Abeille Royale Youth Watery Oil Serum, the latest in its best-selling line devoted to all things bees. By using these three unique, complex honeys, the serum is loaded with a variety of polyphenols, amino acids, vitamins and trace elements. Equally impressive is the texture of the formula, made with 99.9-per cent naturally derived ingredients and suitable for all skin types. The lightweight serum contains small oil-filled beads that burst as you massage, all quickly absorbing to leave you glowy but not greasy. Not only does it feel lovely to apply, but the unique texture allows for deeper penetration into the epidermis—another parameter carefully measured by Guerlain's researchers.

The next thing to test? Actual results, of course. Along with strengthening the skin barrier right away, after an hour, wrinkles measured 25 per cent shorter and hydration went up by 124 per cent. After a month, subjects noted increases in both firmness (by 53 per cent) and radiance (by 60 per cent). Then, after a week without using Abeille Royale Youth Watery Oil Serum, the benefits held.

Of course, the French beauty house is no newbie in honey research, having formulated with the liquid gold for 15 years. Recently, the company even opened a honey museum at its head office in Paris, showing off the 300 samples from different environments around the world that its scientists have analyzed and categorized by molecular make-up. That commitment is mirrored on the conservation side too. Guerlain For Bees Conservation Programme is a global initiative to protect pollinators, something that's crucial given that we owe bees for over a third of our food production—and now, our glowing skin.

This content was created by The Kit; Guerlain funded and approved it.

TRENDING TWIST ON THE MARGARITA

Celebrate spring with this fresh and flavourful Cocktail of the Month from *Food & Drink*

Dark and dreary winter is officially over, and what better way to toast the brighter days ahead than with a suitably fresh and vibrant cocktail? Instead of your usual classic Margarita, it's easy to reinvent the recipe with a splash of playful pink colour and juicy tropical flavours.

For a sweet and tart sipper, shake up the Hibiscus Margarita — ideal for a Cinco de Mayo gathering, or any occasion you'd like to enjoy it. "A Margarita-style cocktail made perfect sense for the time of year, and for those who celebrate Cinco de Mayo — and the hibiscus twist is a trending flavour we are seeing across both food and drinks," explains Jody Dunn, editor of *Food & Drink* magazine.

"And for that extra *Food & Drink* touch, we always suggest an easy food pairing, making cocktail hour with friends a breeze," adds Dunn. Mix up the Hibiscus Margarita with the how-to below, and then sip it alongside a zesty, smoky Mexican Street Corn Salad.

For more expertly curated recipes from *Food & Drink* magazine visit LCBO.com.

FOOD & DRINK COCKTAIL OF THE MONTH

Recipe by Charlene Rooke, Drinks Editor, LCBO Food & Drink

HIBISCUS MARGARITA

Inject tart flavour and vibrant colour into a favourite cocktail. You can use any tequila you have on hand, be it blanco or reposado. Great options include Don Julio Reposado Tequila, \$99.95, and Casamigos Tequila Blanco, \$85.20, both available at LCBO.



Scan the QR code with your phone for these recipes and more

Makes 2 drinks

- Flaky or hibiscus salt, for glass rim
- 1 cup (250 mL) brewed hibiscus tea
- 1 oz agave nectar or classic simple syrup, or more to taste
- 2 oz fresh-squeezed pink grapefruit juice
- 1 oz triple sec
- 2 oz blanco or reposado tequila
- Pink grapefruit wedges for garnish

- Dip rims of 2 tumblers into a shallow saucer of water, then in salt. Set aside.
 - In a cocktail shaker filled with ice, combine tea, sweetener of choice, juice, triple sec and tequila. Shake until thoroughly chilled, at least 15 seconds. Taste and adjust sweetness, if desired.
 - Fill prepared glasses with ice. Strain equal amounts of cocktail through a cone-shaped cocktail strainer into each glass. Garnish with grapefruit wedges.
- Tip:** You can find hibiscus salt and flowers at Mexican grocers or natural food shops, or purchase hibiscus-flavoured prepared tea, or tea bags such as Tazo Passion. If using prepared tea that contains sugar, omit the sweetener in the recipe.



Don Julio Reposado Tequila LCBO 173559 | \$99.95

Casamigos Tequila Blanco LCBO 386789 | \$85.20 (Save \$4.00 from April 28 to May 25)

Please drink responsibly. Featured products are available at select LCBO stores. Prices subject to change without notice.

This content was created by The Kit; LCBO funded and approved it.



A fresh cut

There's nothing like a new hairstyle to greet the season of renewal. Jump in with one of spring's top four trending looks

By Jillian Vieira

THE ITALIAN BOB

What it is: A romantic, shoulder-length cut that highlights your natural texture and leaves you looking like you spent the day yachting. Like so many effortless-looking styles, the reality is that this one requires a deft hand to bring to fruition through meticulously cut layers in the interior to give you that gorgeous, all-around lift.

Who it works for: Anyone who desires true versatility in a cut. If cut right, this hard-working shape can be worn both bouncy and full or super sleek and blown out. Celebs like Zendaya and Selena Gomez (above) have pushed this crop in an Old Hollywood direction for the red carpet.

How to wear it: For an easy everyday style, a round-brush blow-dry will yield the most effortless outcome. "If you already have texture, I tell clients to blow-dry 50 per cent of your hair—the top section and fringe, if you have one—and let the rest air dry," says Kelly Araujo, a Toronto-based hairstylist who counts Nelly Furtado and Tessa Virtue as clients. Turn to a straight iron for a glam look: The plates help smooth out the lengths and offer more control in creating those alluring bends.



T3 MICRO AIRE IQ INTELLIGENT HAIR DRYER, \$540, SEPHORA.COM



ORIBE HAIR ALCHEMY HEATLESS STYLING BALM, \$60, AMAZON.CA



DRYBAR HIGH TOPS SELF-GRIP ROLLERS, \$17, SEPHORA.COM



TRESEMME CREAM SERUM LAMELLAR GLOSS, \$11, SHOPPERSDRUGMART.CA

PHOTOGRAPHY: GETTY IMAGES



AIR CANADA VACATIONS



ENTER FOR A CHANCE TO WIN AN EXCLUSIVE DREAM ESCAPE!



A glimpse into paradise! Enter for a chance to win a trip for two to *Princess Senses The Mangrove Green Island* in Jamaica.

The prize* includes a complimentary 7-night stay in a Platinum Junior Suite at this all-inclusive resort, plus round-trip flights for two with Air Canada Vacations from the closest major Canadian airport.



Scan this barcode or go to thekit.ca/contests/air-canada-vacations-contest/ to submit your contest entry.

*Conditions apply. See contest rules and regulations for details.

THE KIT X BAYVIEW VILLAGE

WHY YOU'LL FIND US AT BAYVIEW VILLAGE THIS MOTHER'S DAY

And a guide to what we're getting for every mother figure in our life

Filled with your favourite stores, restaurants and experiences in a gorgeous, elevated environment, Bayview Village is the place to find the perfect gifts for any occasion – especially Mother's Day. From a classic Cartier watch from Berani Jewellery Design and a bottle of bubbly at the LCBO to a decadent brunch at Pür & Simple or a day of pampering at Hammam Spa by Cêla, the luxurious gifts that show your love and appreciation are all at Bayview Village.

With a focus on quality over quantity, everything at Bayview Village has been curated by their in-house team, experts on the latest trends and high-end experiences who will never steer you wrong – no matter what their style is. Whether they're into the latest runway collections, luxurious morning routines or tablescaping the next dinner party, here are our top picks for every vibe this Mother's Day. And what better way to celebrate Mom than by giving the gift of quality time and spending the day together at Bayview Village?



FOR THE BEAUTY BUFF

Show her you j'adore her with new favourites and classics by Dior, from the maison's top skincare products and lippies in tried-and-true colours to the limited-edition J'adore Eau de Parfum Mother's Day gift set. Hot tip: These stunning Alessi baskets from Menu make the chicest home for beauty products.

FROM TOP: DIOR CAPTURE TOTALE LOTION ESSENCE (INCLUDED IN THE DIOR CAPTURE 4-PIECE ANTI-AGING SKINCARE SET), DIOR FOREVER SKIN PERFECT MULTI-USE FOUNDATION STICK, DIOR ADDICT LIP MAXIMIZER GLOSS, DIOR ADDICT LIP GLOW OIL, ALESSI SMALL BASKET AND LARGE BASKET, MENU, DIOR J'ADORE EAU DE PARFUM (INCLUDED WITH TRAVEL SPRAY IN THE J'ADORE EAU DE PARFUM MOTHER'S DAY GIFT SET), DIOR FOREVER NUDE BRONZE BRONZING POWDER. FIND DIOR BEAUTY AT **SEPHORA** AND **SHOPPERS DRUG MART**.



FOR THE EARLY RISER

Deliver breakfast in bed with a side of bedside table must-haves. With beverage accessories from Menu and Le Creuset, an aromatic tea from Hammam Spa by Cêla and a vintage-inspired alarm clock from Spadana Smart Living, they'll never wake up on the wrong side of the bed again.

ALESSI ESPRESSO COFFEE MAKER, **MENU**, CLASSIC MUG, **LE CREUSET**, SLOAN TEA, **HAMMAM SPA BY CÊLA**, ALESSI COFFEE SPOON, **MENU**, KIKKER-LAND ALARM CLOCK, **SPADANA SMART LIVING**, LOUIS VUITTON SCARF, **SECOND NATURE BOUTIQUE**, ALESSI SPOON REST, **MENU**



FOR THE STYLE MAVEN

Being fashionable isn't just about your wardrobe – it's a life-style. Bayview has endless options with an eye for style, from statement-making sunnies at Squint Eyewear, luxe baubles at Berani and iconic *it bags* at Second Nature Boutique to fashion-inspired items for the home that showcase their special vibe.

CLOCKWISE FROM TOP: LOUIS VUITTON PURSE, **SECOND NATURE BOUTIQUE**, PRESS EYEWEAR SUNGLASSES, **SQUINT EYEWEAR**, JONATHAN ADLER JAR, **DANA JORDAN**, FASHION BOOKS, **BELLE DE PROVENCE**, CARTIER PANTHÈRE WATCH, **BERANI JEWELLERY DESIGN**, NECKLACE, **SWAROVSKI**, CREED ELADARIA FRAGRANCE, **NICHE ESSENCE**



FOR THE DECOR DARLING

Whether it's about getting the living-room vignette just right or curating a fresh vibe for spring, the gorgeous decor gifting possibilities at Bayview are endless. Brighten any space with bold candle holders, vases and dinnerware from Dana Jordan, plus must-have coffee table books and more from Belle de Provence and Andrews.

MACKENZIE-CHILDS LARGE AND SMALL CANDLE HOLDERS, **DANA JORDAN**, TWIG NEW YORK VASE, **BELLE DE PROVENCE**, JONATHAN ADLER VASE, **DANA JORDAN**, VOGUE PARIS 100 YEARS BOOK, **BELLE DE PROVENCE**, MYKONOS MUSE BY ASSOULINE BOOK, **ANDREWS**, BAQBAR COLLECTION CANDLE, **BELLE DE PROVENCE**, JONATHAN ADLER PLATE, **DANA JORDAN**, SANTA BARBARA DESIGN STUDIO CANDLE SNUFFER, **BELLE DE PROVENCE**



FOR THE SELF-CARE SAVVY

There's no shortage of little luxuries to elevate any wellness routine at Bayview. Book a spa day at Hammam Spa by Cêla – including a gift set of the yummiest products – followed by the gift of decadent dental care from Hazelway, luxe linens at David's Fine Linens, French soap at Belle de Provence and high-end haircare at Petros Hair Design, plus the latest launches at Sephora and Shoppers Drug Mart.

CLOCKWISE FROM TOP LEFT: ACCA KAPPA TOOTHBRUSHES, **HAZELWAY**, ST. PIERRE TOOTHBRUSH HOLDER, **DAVID'S FINE LINENS**, CÊLA CRÈME VIOLETTE HAND AND BODY BUTTER (INCLUDED IN THE CÊLA SEED TO SKIN COLLECTION), **HAMMAM SPA BY CÊLA**, LOTHANTIQUE MARSEILLES SOAPS, **BELLE DE PROVENCE**, SEPHORA COLLECTION GUA SHA, **SEPHORA**, MISSONI HAND TOWEL, **DAVID'S FINE LINENS**, VEGAMOUR REVITALIZING MASSAGER, **SEPHORA**, ORIBE TREATMENT MASQUE, **PETROS HAIR DESIGN**, LANEIGE BOUNCY & FIRM SERUM, **SEPHORA**, NUXE HUILE PRODIGIEUSE NÉROLI MULTI-PURPOSE OIL, **SHOPPERS DRUG MART**



FOR THE HAUTE HOSTESS

When their entertaining skills are second to none, they need stylish accoutrements to match that flawless approach. Accentuate their hosting flair with luxe kitchen accessories from Spadana Smart Living, Menu, Dana Jordan, Le Creuset and Hazelway, a bottle of champagne from the LCBO and an inspirational cookbook from Menu.

CLOCKWISE FROM TOP LEFT: STAUB MINI COCOTTES, **MENU**, MOËT & CHANDON BRUT IMPERIAL, **LCBO**, TORRE & TAGUS CHAMPAGNE FLUTES, **SPADANA SMART LIVING**, ALESSI CORKSCREW, **MENU**, IN LOVE WITH PARIS COOKBOOK, **MENU**, SHALLOW ROUND DUTCH OVEN, **LE CREUSET**, LA LA TEA TOWEL, **DANA JORDAN**, SABRE PARIS BISTROT CUTLERY SET, **HAZELWAY**

For more style and gifting inspo, visit Bayview Village at 2901 Bayview Ave. in Toronto or online at bayviewvillageshops.com, and follow on Facebook, Instagram and Pinterest at @bvshops.



MILLION GOLD

PURE JASMINE



THE NEW FRAGRANCE

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