## THE KIT IN PARTNERSHIP WITH NORDSTROM SHERWAY GARDENS



reveal what they love most about their cities and get decked out in the latest looks from Nordstrom, which—exciting!—is opening its brand-new location tomorrow at CF Sherway Gardens.

PHOTO: MARIE H. RAINVILLE

Sirene Quach, a stylish schoolteacher in Etobicoke, strolls by the lake in a modern mix of patterns.

A.L.C. TOP, \$389. REBECCA TAYLOR DRESS, \$635. SHELLYS LONDON SHOES, \$155.





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DIRECTOR CLARA CULLEN & FAMILY

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## NOW OPEN AT CF SHERWAY GARDENS

# WE'RE HERE FOR YOU, TORONTO!

## A fashionable life

Former downtowner Sirene Quach may have changed her address to Etobicoke, but she's keeping her big city style.



Six months ago, Sirene Quach traded hectic downtown Toronto for quieter Etobicoke. The stylish schoolteacher still splits her time between the two, commuting to Toronto for work and exploring her new city on weekends. Changing locales didn't mean having to change her style, though, as Sirene masterfully navigates a wardrobe that is feminine and fashion-forward but casual enough to survive a day spent around firstgraders. Despite the occupational hazard, she's not afraid to splurge on a designer bag or two, from classic black Chanel 2.55 to Louis Vuitton's Twist in red leather, her current bag of choice.

SIRENE'S ETOBICOKE BLACK BOOK

"There's a botanical garden called James Gardens. It's beautiful there: lots of flowers, lots of trees, a great place to go for a walk. I usually go for a run by the Humber River. It's a very peaceful and quiet place. On weekends, you see lots of people walking, hiking or cycling there."

The best way to spend a Saturday: "Shopping at Sherway Gardens and unwinding at James Gardens with a picnic from Cheese Boutique."

"PurEnergy Wellness Lofts is intimate and small, and they offer fun classes like barre, boxing and Pilates. The staff is really friendly, and I like how clean the studio is. I'm really into boxing right now. It's circuit style, lots of moving around-such a great workout:

"The Fix and Co. is my go-to spot in Etobicoke for organic cold-pressed juices and smoothie bowls. My

favourite is their green juice called the Antidote. I go after a workout and get one of their superfood smoothies."

## Favourite restaurant

"Sushi Kaji is an unpretentious Japanese restaurant. When you walk in, it's a little unremarkable, but the food is memorable. They only offer tasting menus, which I think is great because I love the surprise when the food choices are left to the chef's discretion. It's a special occasion kind of a place."





## Favourite bakery

"I love Sanremo Bakery because they make delicious bread. I love the combination of their bread's crispy crust and soft, chewy interior, and I love their long French breadsticks. Sanremo also has pastries, a hot table and on top of that, they make a great espresso!"

### Favourite gourmet shop

"Cheese Boutique has an incredible assortment of world class cheeses, cured meats and other products. If I were hosting a wine party at home, this is the place I would visit. I'd pick up some

prosciutto, spicy soppressata, Sicilian olives and a mixture of soft and hard cheeses."

## Favourite burger

"Apache Burger is an institution in Etobicoke. It's located on Dundas West just west of Kipling and it's been in existence for decades. It has a diner feel to it, and the burgers are fantastic."

## Best way to spend a Saturday

"Shopping at Sherway Gardens and unwinding at James Gardens with a picnic from Cheese Boutique.'

The best thing about living in Etobicoke "I like living in Etobicoke because it's safe, quiet and there's a lot of green space. I also like and appreciate the suburban lifestyle and the fact that it's still close to downtown Toronto."

CLOCKWISE, FROM TOP LEFT: CHELSEA28 BAG, \$129. BLANKNYC JACKET, \$199. LEITH PANTS, \$105. CHELSEA28 TOP, \$119. CHARLOTTE TILBURY LIPSTICK IN HOT LIPS, \$39. JEFFREY CAMPBELL SHOES, \$209. TED BAKER LONDON DRESS, \$379. CHLOE SUNGLASSES, \$450. NADRI BRACELET, \$130. DIOR DIORSHOW ICONIC OVERCURL SPECTACULAR VOLUME & CURL MASCARA, \$39.



## Athletic edge

Busy exec Tami Coughlan is always on the move, taking in as much nature as possible in green, bike-friendly Oakville.

On weekends, Tami Coughlan bids goodbye and walking as a family. There are great little to her office wardrobe as the head of sales and shops and restaurants down there, and there are partnerships at the Weather Network in favour also trails along the water. Sometimes we go of athleisure wear. As a mother of two young to a great little pizza place called 7 Enoteca. boys, Tami has to keep up with their level of We usually visit Just an Olde Fashion Butchery energy. Aside from regularly hitting the gym organic butcher shop. Then we head to La Dolce Vita, a great gelato place. Pistachio is the best and attending yoga classes, she loves exploring Oakville's many trails with her family, either on flavour! foot or by bike. Tami loves the city's active lifestyle and the abundance of green spaces. When Favourite restaurant not breaking a sweat in sporty ensembles from "Harper's Landing. It's perfect for an evening Nike or Adidas, Coughlan usually opts for a vibe. They have a great patio, good food and live classic combo of Converse sneakers and jeans entertainment. There's a little bit of everything with her favourite black leather bomber jacket. for everyone in the family. They have a kids'

TAMI'S OAKVILLE BLACK BOOK

## Favourite sporty outing

"Whether it's by myself or with my family, I love to cycle through the city's many bike trails because you could pretty much get across the whole city within the trail system. It's one of the things I love about Oakville. It's definitely a city that has lots to offer by way of active lifestyle."

### Best way to spend a Saturday "We love heading down to the waterfront paths on the weekend and grabbing a coffee or treat

yourself; you have to share, but it's delish. Favourite hair salon "Marco Stefano on Lakeshore. Joanne, my hairdresser, is my bestie. I've been going there for five years, ever since I moved to Oakville. I was

menu, but they also have a great cocktail menu.

There's something different all the time, but

what I love the most—unfortunately—is their

sticky toffee pudding with vanilla ice cream. It

is to die for! You can't eat the whole thing by

looking for a new place, and I happened to be walking along Lakeshore. They were Toronto International Film Festival sponsors at the time,

ON MEADOW: TREASURE & BOND TOP, \$39. TUCKER + TATE PANTS, \$63, TUCKER +

55. FRAME

SAM EDELMAN S

so I thought, 'Oh, it must be good.' It's a great family-run business, too."

Favourite beauty bar "The Ten Spot is right beside my hair salon, so if I need a quick mani-pedi or brow wax, they're right there. They're super effi-

cient and do a great job." Home away from home "We have a pub that we go to regularly together as a family called the Niblick. We'll watch sports games, or we just to hang out, and you always run into somebody that you know. It's nice."

Best thing about Oakville the feel of a smaller town."



## Family life

Fitness instructor and mom Katie Bianchi loves to take in Milton's plethora of parks and Main Street on Saturday.

times even wearing denim feels

like dressing up. The self-pro-

claimed "jeans and a T-shirt kind

of person" likes to keep things on

the casual side, giving the former

family outings with her seven-

fancier occasions, the long-term

Milton resident keeps things pretty

classic, often opting for a little black

dress and pairing it with a versatile

tailored black blazer, the most cher-

ished piece in her closet. Recently,

Meadow has taken an interest in her

mom's stash of Nars beauty prod-

more years.

the pond."

Favourite spa

ucts: still off limits for at least five

KATIE'S MILTON BLACK BOOK

"Rotary Park is located on the Mill

Pond, and it's gorgeous. I take my

daughter there. It's a perfect family

spot. They have a swimming pool,

a splash pad, a regular park and

they have a lot of walking and

biking trails. And you can fish at

"The Blue Room Spa just off Main

Street is amazing. I do my eyebrows

and my nails there. It's full-service:

They have everything from facials,

manicures, pedicures, waxing.

Favourite family outing

### Katie Bianchi spends most of her Favourite gym day in workout gear, so that some-

"My gym, Oxygen Pilates, and Fitness. I would recommend the O-Bar class. It's a fusion between a barre class and a Pilates class. The barre, instead of just being affixed to the wall, is attached to resistance dancer freedom of movement on bands. There are bands that have five pounds of resistance, and there year-old daughter, Meadow. On are bands that have 45 pounds of resistance."

## Favourite ice cream shop

"Jay's Ice Cream on Main Street. There are more than 100 flavours. I love their black cherry, and Meadow likes the cotton candy one.

## Favourite restaurant

"Pasqualino's is fine-dining Italian. The pistachio-crusted lamb is amazing. If I could eat it every day, I would. To die for! It's more of a date place. I would never bring my children there, ever. It's too nice and too expensive. They're not worth it yet! They'd be like, 'Where's the grilled cheese?' 'Oh, God, get them out of here!'"

Best way to spend a Saturday "Pretty much everything in Milton is on Main Street. We start at the farmer's market every Saturday—they shut the whole street down. Then we grab lunch at the Main Street Bistro. They have amazing healthy options, and everything is locally sourced. We take the kids to Rotary Park, and then find a babysitter and go to Pasqualino's for dinner!"



"I love the great family programming in Milton, like motherdaughter fitness classes.

Best thing about living in Milton "I love the sense of community and accessibility to great family programming. The town organizes community events like mother-daughter fitness classes and the libraries have tons of amazing programs for kids. Everyone has everyone's back here."





## **HIGHLIGHT REEL**

These exclusive Nordstrom extras take your shopping experience to the next level.



**COFFEE BAR** When you can't choose between that amazing handbag or those great shoes, take a break to refocus and refuel at the Ebar on Level One. With its delicious coffee, fruit smoothies, pastries, sandwiches and salads—all made fresh daily-it's the perfect spot for a breather or a catch-up with a friend.



**BISTRO DINING** Cap off a successful shopping trip with a meal or specialty cocktail at Bazille, the full-service restaurant and bar on Level Two. The ambiance is casually sophisticated, and the menu features bistro cuisine—think salads, brick-oven pizzas, specialty entrées and housemade desserts, plus great choices for kids.



**PERSONAL STYLING** Excited to shop, but feel like you could use a little expert fashion intel? (You are all of us.) In-store Personal Stylists are available to help with everything from offering style advice to helping you build a whole new wardrobe or find the perfect gift. It's fast, fun, free-and zero pressure. Check in with the Service Bar on Level One.



**IN-STORE TAILORING** On the occasion that a piece of clothing doesn't fit like a glove, you can get professional alterations and tailoring right in store during all store hours. Bonus: For many full-price items purchased at Nordstrom, basic alterations are free!







ROM LEFT: KENDALL + KYLIE BAG, \$258. DRYBAR DETOX DRY SHAMPOO, \$29. NIKE SHOES, \$140. ONZIE SPORTS BRA, \$64. ZELLA LEGGINGS, \$75. YVES SAINT LAURENT 5 COLOUR COUTURE PALETTE, \$68. ADIDAS RESS, \$70. RAY-BAN SUNGLASSES, \$220.



, FROM TOP: **TREASURE & BOND** TOP, \$39. **TRACTR** JEANS, \$55. **TREASURE** ES, \$85. **LOVE TOKEN** JACKET, \$210. **TOO COOL FOR SCHOOL** COCONUT IING GEL, \$23. **BRIXTON** HAT, \$100. **VINCE** TOP, \$475. **MARC FISHER LTD** . **KIEHL'S** CREAMY EYE TREATMENT WITH AVOCADO \$38. **ROBERT** JUMPSUIT, \$455.

## **HOMETOWN PRIDE**

*Three stylish women share what makes their cities—and their own style—unique.* 

## **BURLINGTON BLACK BOOK** Kezia Royer-Burkett, blogger, student

Favourite restaurant "When my family from Mississauga and Toronto comes to Burlington, they love eating at D Hott Shoppe. It's Caribbean, and the owners are from Trinidad and Tobago, which is where my parents were born. My favorite dishes there are the shrimp roti and the jerk chicken dinner."

Best nail salon "My mom comes from Toronto to go to the Twin Nail Salon with me. Their manicures and pedicures include hot rocks massage and sea salt massage. You leave the salon with the fingers and toes of a Greek goddess."

Prettiest spot in Burlington "On a super clear night, I love the Burlington lakeshore. If you climb the staircase to the top, you can see the CN Tower and the Toronto skyline from that point. It's absolutely beautiful."

How would you describe your style? "It's multi-faceted. As a mom and a yogi, I like wearing breathable, comfortable clothing. But when I get a chance to dress up, I want all the bells and whistles and to be elegant, chic and always have a perfect fit for my body shape.

Who are your style icons? "Winnie Harlow, Tracey Ellis Ross and last but not least, Beyoncé."





**KEZIA'S TOP PICKS** OLIVIA BURTON MESH STRAP WATCH \$191. URBAN ORIGINALS MIDNIGHT VEGAN LEATHER FLAP BACK-PACK \$116. LAURA MERCIER PAINT WASH LIQUID LIP COLOUR, \$34.



### VAUGHAN BLACK BOOK Sandra Abballe, chocolatier, chocolate shop owner

Favourite outdoor space. "Boyd Park is my favorite green space in Vaughan. I love walking the trails, being in nature. It helps me reconnect with the things that are important in this life."

Favourite restaurant. "Gelato Gelato is a charming family-owned restaurant and the pizza is amazing just like Italy." Favourite thing about Vaughan. "The support of small businesses.

Favourite brunch spot. "I love popping into Nino d'Aversa to pick up fresh salami and provolone panino for lunch." Prettiest spot in Vaughan. "I love walking in Kleinburg on a summer night.

How would you describe your style? "Simple and elegant with a twist of artistic edginess.'

Who are your style icons? "The Dutchess of Cambridge."

## SANDRA'S TOP PICKS REBECCA MINKOFF

BRAMPTON BLACK BOOK Neromie Sriragurajah, student, dancer

Prettiest spot in Brampton. "Chinguacousy Park is absolutely beautiful and the perfect spot to wander. They have a gorgeous garden, a water park, a trail and much more. The whole aesthetic of the place is wonderful."

Favourite thing about Brampton. "Definitely its diversity. There are so many temples and mosques and churches within this one city, and it's so easy to try food from any culture here. There are many opportunities to learn something new within this city."

Best ice cream. "Marble Slab Creamery. I love the concept of choosing your flavour, adding whatever topping you want and seeing it get mixed together on a marble slab right in front of you!"

How would you describe your style? "Very casual-chic. I love to feel comfortable in whatever I'm wearing but look good at the same time. It's the best of both worlds!"

Who are your style icons? "I actually look up to a local stylist in Toronto. Her name is Esskayji, but she is better known as The Sandy Lions on Instagram."



**NEROMIE'S TOP PICKS** KENDRA SCOTT LYN DROP EARRINGS, \$105. SOLE SOCIETY SHOES, \$105. CHARLOTTE TILBURY BEACH STICK, \$48.

EXTRA PERKS SERVICE BAR: Your one-stop shop: Buy a gift card, join the Nordstrom Rewards program, charge your phone, make a return—and more. UNIONPAY: Nordstrom gladly accepts UnionPay credit and debit cards.



NORDSTROM TO YOU No time to shop? No worries! Nordstrom has put its store on wheels and can bring styling, tailoring, deliveries and more right to your door. Learn more at the Service Bar on Level One.



## NORDSTROM REWARDS

Get rewarded just for shopping! As a Nordstrom Rewards member, you'll earn points whenever you shop at Nordstrom Sherway Gardens. Members earn 1 point per dollar spent, and Nordstrom Rewards Visa® credit cardmembers earn 2 points per dollar spent on eligible purchases at eligible Nordstrom locations. For every 2,000 points you earn, you'll get a \$20 Nordstrom Note to spend on anything at Nordstrom stores in Canada. Plus, get approved for a Nordstrom Rewards Visa® credit card and we'll give you a \$20 Bonus Note with your first eligible purchase at an eligible Nordstrom location. For details, visit nordstrom.com/rewardsca.



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## Table for two

Kristy and Mark Wright love family life in Mississauga (but they do occasionally give the kids the slip for date night).

Like most young parents, Kristy and Mark Wright work hard to juggle their hectic schedules and still find time to go on a romantic date or two. Despite her love of fashion, Kristy, an associate art director at The Kit (currently on maternity leave) admits that it's sometimes hard to break out of "mom mode." When she does, she takes cues from fashion's perennial It girl Olivia Palermo, opting for feminine pieces, with a weakness for high-waisted pants and mini skirts. Dad mode or not, Mark sticks to the classics: khaki and navy trousers paired with buttondown dress shirts, plain tees, golf shirts and sweaters. Thankfully, when heading out on a romantic evening, the stylish couple doesn't have to look further than their own Port Credit neighbourhood in Mississauga, where everything is within walking distance.

### KRISTY & MARK'S MISSISSAUGA BLACK BOOK

## Favourite date spot

Kristy: "We like Port House Social Bar & Kitchen. The menu has such a diverse selection that no matter what you're in the mood for, there's likely something for you. The high ceilings and beautiful lighting make for great views all over the restaurant. It's right in the town, right by the water." *Mark:* "The two yacht clubs (Port Credit Yacht Club and Mississauga Sailing Club) down on the water are nice to stroll around."

## Favourite tacos.

*Kristy:* "We like Hermano's Mexican Grill for tacos. It's a small joint with food that tastes good and is affordable. We pop in here while we're out walking in Port Credit. It's kid-friendly in the sense that you can get food quickly and be back on your way, walking by the water. The options are all delicious; we go for the three-taco combo and mix it up every time."

"In Mississauga, it's nice to be close enough to Toronto if you want to go downtown, but you're also removed enough from the hustle and bustle."

## Favourite cupcakes

*Kristy:* "We get all our cakes and cupcakes from the Social Cupcake. It's a small shop that has a view of the kitchen behind the sweet display counter. It has become our go-to bakery for all our special occasions: birthdays, anniversaries or new babies or the occasional date night. My favou-

rite is the chocolate salted caramel cupcake, and Mark is a vanilla kind of guy!"

## Favourite ice cream

*Kristy:* "We always get ice cream or funnel cakes from Dairy Cream, which I'm obsessed with. It's a landmark in the community and always has a long lineup. It has a real 'mom and pop' feel to it with its original and simple design from nearly 60 years ago. We always get the funnel cake with two scoops of vanilla ice cream topped with raspberries. We share it with the family and eat it fast."







### Best way to spend a Saturday

*Mark:* "There's a little rocky beach in the RK McMillan Park on the waterfront trail. We pack a little picnic; the kids can run around or take a nap. We'll go paddleboarding in the lake. It's walking distance from our house."

## Best thing about living in Mississauga

*Kristy:* "I like the proximity to the water and the highways. We can easily hop on the highway and get to the mall." *Mark:* "It's nice to be close enough to Toronto if you want to go downtown, but you're also removed enough from the hustle and bustle."

TOP, ON MARK: JOHN VARVATOS TOP, \$258. TED BAKER LONDON PANTS, \$225. ON KRISTY: ALICE + OLIVIA TOP, \$430. LEITH PANTS, \$89. TED BAKER LONDON SHOES, \$250. LEFT, ON MARK: RAG & BONE TOP, \$335. TED BAKER LONDON PANTS, \$225. ON KRISTY: JUNE & HUDSON DRESS, \$89.

## **BEAUTY SPOTLIGHT** Connoissaurs and noophytes alike will find much to love in the staller i

Connoisseurs and neophytes alike will find much to love in the stellar beauty offerings at Nordstrom.

First, the goods: The Nordstrom Beauty department offers many of the world's most sought-after makeup, skincare and fragrance brands, including—to name a few—Charlotte Tilbury, M.A.C, Tom Ford, Chanel, Dior, Nars, La Mer, Sisley, Guerlain, Jo Malone and Diptyque. But the beauty experience doesn't stop there—Nordstrom has curated an impressive list of beauty-first special services, including complimentary makeup applications, skincare and fragrance consultations, complimentary lash application with lash purchase, and customized samples so you can test-drive the products that intrigue you. Need help finding that perfect shade or scent? Visit the Beauty Concierge, where you can get expert info on any beauty, fragrance or skincare brands at Nordstrom; or book a consultation with a brand expert or Beauty Stylist. These one-on-one meetings connect you with an in-store beauty expert who will share helpful tips and recommend the best products for you from across the department's sensational product offering. Even better? They'll apply your makeup with a free tutorial. Now that's a win-win.

sticks to casual basics.





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