THEK The Glamour Issue: Live your best luxe life to the hilt with fashion and beauty inspiration galore





Call it ultra indulgence Five destination spas to add to your bucket list PAGE 6

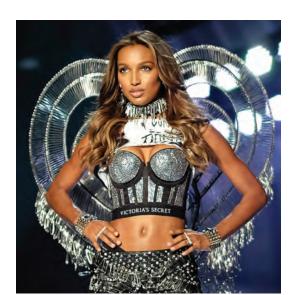
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Fashion dreams are made of this Can a perfect jacket change your life? PAGE 7



**Model behaviour** 

How the Victoria's Secret Fashion Show turned into a platform for power

BY JILLIAN VIEIRA

If you only tune in for the spectacle, the Victoria's Secret Fashion Show is a parade of scantily clad women, subverting their Angel titles with blown kisses and cheeky bottoms. But this year-a year that felt like a tug-of-war on women's rights and voicesthe show offered messages of strong female power. It was a celebration of compelling beauty, one that highlighted a woman's unique heritage, unwavering dedication and inherent strength.

With the stage set in Shanghai, following shows in London and Paris, the VS show took the opportunity to truly highlight our cultural differences and similarities. Liu Wen, who became the first Chinese model to grace the Victoria's Secret runway eight years ago, spoke backstage about her journey from small-town girl to the country's most adored model. "Like some Chinese girls, I was very shy growing up," the Yongzhou native said. "I was tall and very skinny and never thought I could be a Victoria's Secret model. Of course, you will change on the inside as you get older. Sexy is not all about the outside—you have to believe in yourself." The show wasn't without its missteps in this departmentnamely a very misguided, appropriated section called Nomadic Adventure where models sported ethnic "costumes"—though it did present its most diverse Angel roster ever, featuring women from Angola, Portugal, and Ottawa's own Herieth Paul who emigrated from Tanzania at age 14.

**CONTINUED ON PAGE 8** 



A fashionable feast Gifts for the glam bohemian on your list PAGE 3

PHOTO: ANDREW SOULE



HAPPY HOLIDAYS!



nordstrom.com/holiday VANCOUVER CALGARY OTTAWA TORONTO





M. 8. QUO 11. BINU BINU-BINU.COM, \$25 EACH, BINU-BINU.COM, 12. WELL TOLD HEALTH ANTIOX-IDANT BOOSTER, \$40, WELLTOLD.COM, 13. CHANEL ROUGE ALLURE LUMINOUS INTENSE LIP 14. GUERLAIN INTERS. 15. KATE SPADE SUNGLASSES, \$240, EYESTAR. 16. BE HOME TEAK SQUARE SAL

### $\textbf{Stocking stuffers} \ \ \text{The season's most fashionable coffee-table books are also extremely giftable}$



Handbag lovers are serious in their conquests-including designer Monica Botkier. who examines 75 years of handbag history by spotlighting 70 of its most iconic purses, including the Hermès Birkin and Fendi Baquette. In a nice bonus, Botkier also muses on the power of the muse in fashion.





trator Julie Houts sharpened her pencils-and her wit-for Literally Me. a collection of satirical sketches dissecting women's lives: "Lean in. or whatever, you know?" a groomed-to-the-nines woman savs, while literally sitting on her assistant.

Beloved Instagram illus-

LITERALLY ME BY JULIE HOUTS, \$34, BOOKSTORES



himself, walks readers through his eponymous brand's rich photographic archive. His commentary is featured alongside images of Christy Turlington and Brooke Shields and work by Irving Penn and Richard Avedon.





Toronto-born Petra Collins went from snapping dreamy shots of her female friends to directing music videos for Selena Gomez in a few short years. This tome gathers the images that hurtled the 24-vear-old into stardom, plus offers an exploration of women in the photography field.

PETRA COLLINS: COMING OF AGE BY PETRA COLLINS, \$60, BOOKSTORES

### Give a lot, get a lot

Because the holidays are all about give and take, right?

While you're busy shopping this season, don't forget to spoil yourself a little, too. NORDSTROM has the ultimate selection of gifts for everyone in your life, plus covetable presents to add to your own list. (Bonus: Get them wrapped up in a chic silver box for free.) Now that's a win-win.

### 1. Statement decor

Holidays are the perfect excuse to go glam. A sequin pillow adds a just-right sparkly

**LEVTEX** GOLD/SILVER REVERS-ABLE SEQUIN ACCENT PILLOW, \$39.99

### 2. Notice-me necklace A beautiful birthstone

accessory in understated style is elegant enough to wear every day.

**KENDRA SCOTT** ELISA BIRTHSTONE PENDANT NECKLACE, \$65

3. Investment ring The longest relationship you'll have is with yourself: Celebrate your commitment with a gorgeous ring that will make you smile every time you look at it.

LAGOS CAVIAR SPARK DIAMOND BAND RING, \$1,375

### 4. Stylish shades

Classic aviators are the perfect complement to a weekend stroll through a sunny park with a cider in-hand.

**GUCCI** OVERSIZE AVIATOR SUNGLASSES, \$500

### 5. Poppy handbag

Add a pop of red—the season's It colour—to your look with this

punchy handbag.

KATE SPADE CAMERON STREET LOTTIE LEATHER SATCHEL, \$388

### 6. Go-to moto

A quality leather jacket is your BFF over the holidaysthrow it over a cocktail dress to add edge, or use it to dress up a plain white tee.

**BLANKNYC** LIFE CHANGER MOTO

### 7. Classic bangle

An elegant gold bracelet can instantly elevate a simple look.

MANTRABAND "SHE BELIEVED SHE COULD" CUFF, \$35 TO \$49



### THE KIT X NORDSTROM Give This When you're not sure of sizes, choosing a stylish winter accessory takes the guess work out of gift buying. Holiday sugar is a staple for a reason, Spread the sweetness by showing up with a box of Sugarfina treats. Treat someone to the ultimate gift: a good night's sleep

### 1. For the music lover

These wireless headphones are guaranteed to hit a high note for the music lover in your life.

BOSE QUIET COMFORT 35 ACOUSTIC NOISE CANCELLING BLUETOOTH HEADPHONES \$330

### 2. For the haute

hibernator We all have that friend who disappears from November to April. A luxe faux-fur blanket allows for ultimate stylish swaddling.

NORDSTROM AT HOME CUDDLE UP FAUX FUR THROW BLANKET, \$169

3. For the brave A cozy-chic toque is the

perfect gift for those who love winter activities: It adds a hit of glam to the slopes or skating rink.

TREASURE & BOND CHUNKY STITCH BEANIE WITH POM, \$35

### 4. For the latecomer

Drop a not-so-subtle suggestion to your late-foreverything friend as to what her New Year's resolution should be with a chic timepiece.

**OLIVIA BURTON** AFTER DARK MESH STRAP WATCH, \$229

### 5. For the mother-

in-law Nothing says "I'm extremely likeable" like arriving with a sweet box of Sugarfina treats. SUGARFINA THREE-PIECE SWEET & SPARKLING BENTO BOX, \$36.95

### 6. For the dreamer

Help loved ones make the most of those eight hours with an eye mask as whimsical as the REM dreams it will induce.

MAKE + MODEL KNIT EYE MASK, \$35

### 7. For the jet-setter

Know someone who's heading south this winter? First, ask if you can join. Second, send them off in style with this pretty two-piece luggage set.

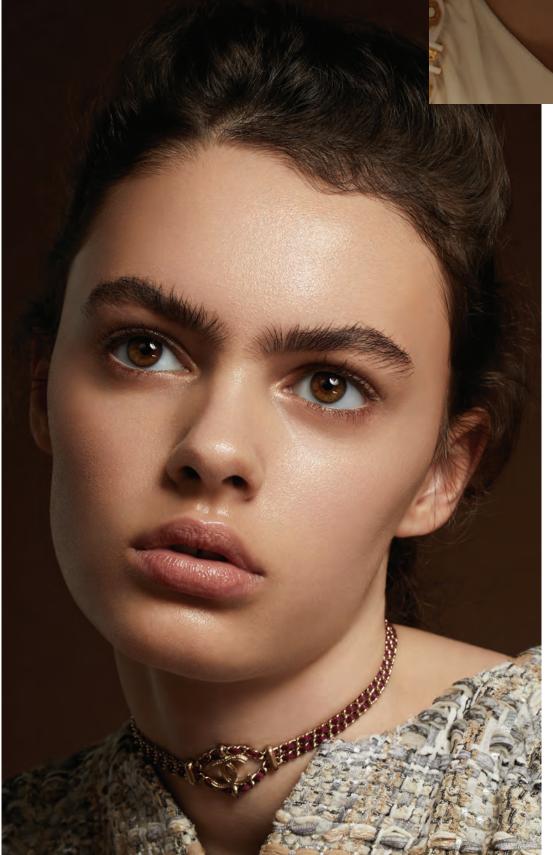
CALPAK AMBEUR 2-PIECE SPINNER LUGGAGE SET, \$360

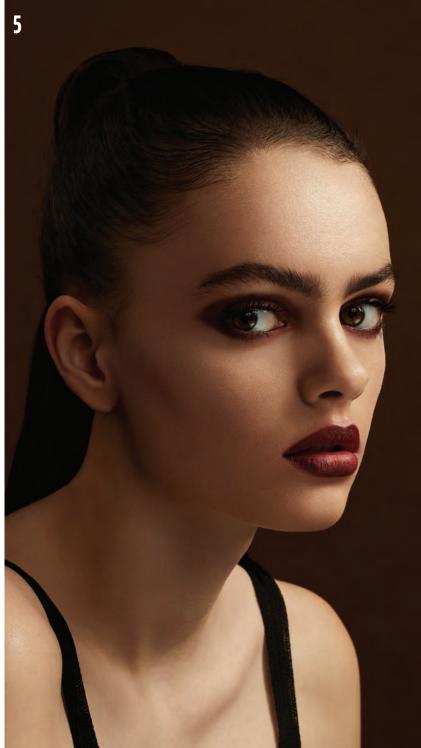
CONTINUED FROM COVER Embrace the rebel spirit of the season and transform yourself with fresh interpretations of holiday glamour

BEAUTY DIRECTION BY RANI SHEEN | PHOTOGRAPHY BY ANDREW SOULE









### 2. THE BOLD ONE

Make a '60s statement with a stroke of sapphire on the lower lash line and mega lower lashes

CHANEL STYLO YEUX WATERPROOF LONG-LASTING EYELINER IN FERVENT BLUE, \$35, LE VOLUME DE CHANEL MASCARA, \$41, CHANEL.CA. CHANEL DRESS, \$4,725, HEADBAND, \$6,200, CHANEL

### 3. THE PURIST

Pare down and bring the spotlight to a classic tomato-red lip and matching nails

CHANEL ROUGE ALLURE INTENSE RED IN NO 4, \$43, LE VERNIS IN ROUGE RED, \$32, CHANEL CA, CHANEL JUMPSUIT, PRICE UPON REQUEST, EARRINGS, \$725, CHANEL

### 4. THE TOMBOY

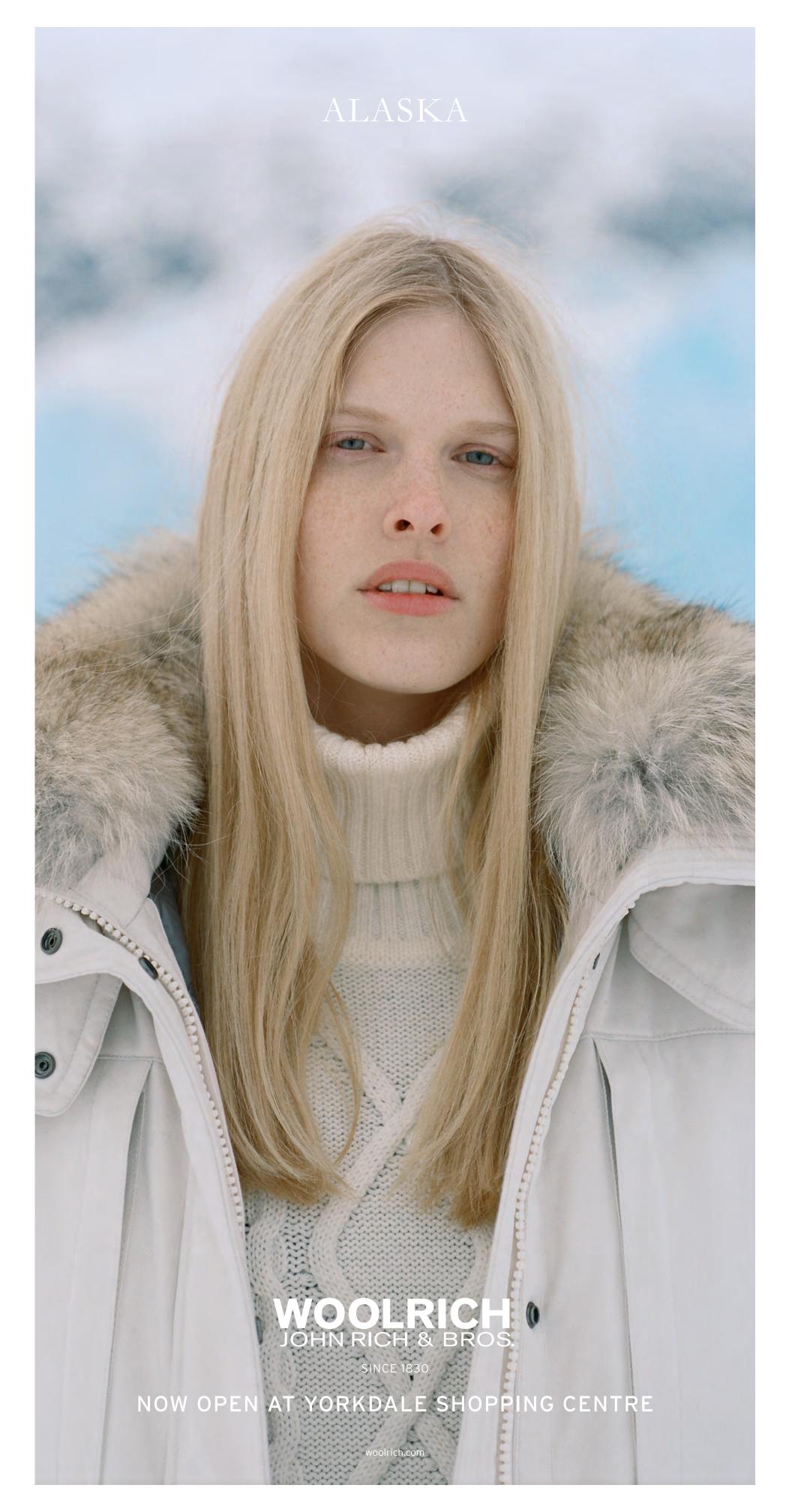
Dewy skin, neutral lips and full, brushed-up brows are a handsome contrast to a cocktail dress.

CHANEL HYDRA BEAUTY FLASH, \$75, LE GEL SOURCILS LONGWEAR EYEBROW GEL IN TRANSPARENT, \$41, CHANEL.CA, CHANEL DRESS, \$8,350, NECKLACE, \$1,100, CHANEL

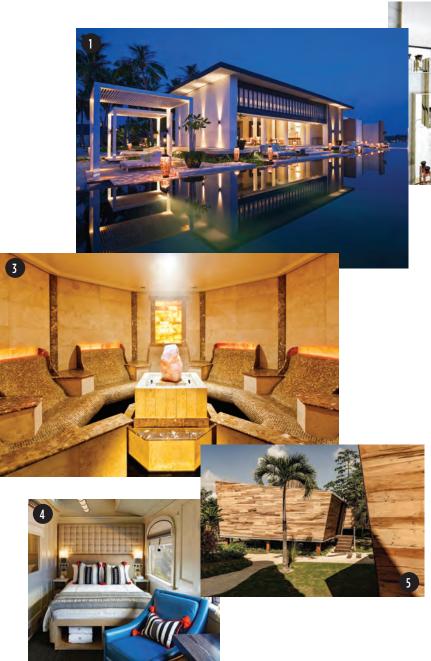
### 5. THE MAKEUP ADDICT

Break the rules with dark eyes and dark lips together—choose a deep burgundy for a sophisticated monochromatic look and keep hair sleek for maximum impact.

**CHANEL** TRAIT DE CARACTÈRE EYESHADOW PALETTE, \$80, ROUGE ALLURE VELVET LUMINOUS MATTE LIP COLOUR IN NIGHTFALL, \$43, CHANEL.CA. CHANEL DRESS, \$3,750, CHANEL







### Take me away

The world's most indulgent spa experiences are more than just a treat—they're an escape from reality. Pack your bags for destination luxury

BY CAITLIN AGNEW

1. Boat-in-only in the Maldives Truly secluded, the Cheval Blanc Randheli hotel's Spa Island is accessible only by dhoni, the traditional wooden sailboat of the Maldives. Designed by the French skincare experts at Guerlain, each treatment takes place in a villa overlooking the hotel's lagoon and can begin or end with a waterside meditation or yoga practice. Sun worshippers should try the exclusive 90-minute Randheli Sun Ritual (\$407), a face and body treatment that prepares skin for sunbathing through gentle exfoliation followed by a massage using Guerlain's Terracotta Huile du Voyageur.

2. The princess treatment in Monaco To unwind as Grace Kelly might have, look no further than the recently opened, marble-filled Givenchy spa housed within Monte Carlo's grand Hotel Metropole, a Belle Époque palace built in 1889 that overlooks the Mediterranean. For \$600, Le Soin Noir Renaissance is a two-hour ritual that preps face and body for the glamorous demands of the French Riviera. Using the algae-enriched products from Givenchy's Le Soin Noir collection, billed as its most precious skincare line, the revitalizing treatment is set to a soundtrack of your choosing curated by French musician Béatrice Ardisson.

### 3. Hay bathing in Switzerland

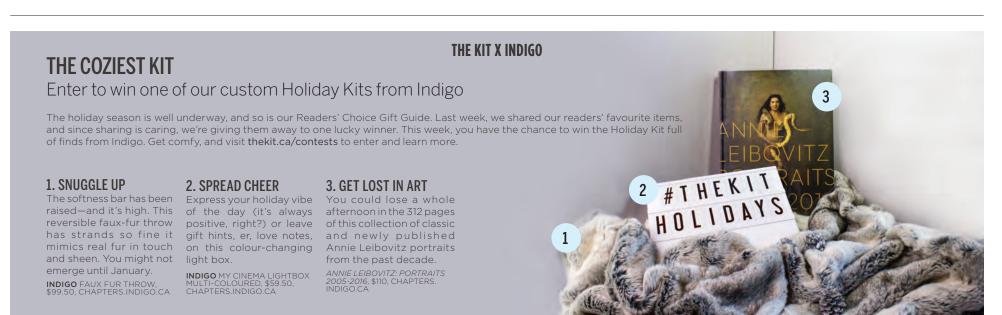
The Swiss Alps have long been an elite destination for wellness and restoration retreats, immortalized in Thomas Mann's 1924 coming-of-age novel, The Magic Mountain. Gstaad's Le Grand Hotel opened in 1912, and its 3,000-square-metre spa has recently been restored to world-class glory. Case in point: the Thermal Oasis, which offers 17 different "wellness zones" to explore, including a Himalayan salt grotto, a laconicum (a dry sweat room) and multiple kinds of saunas. Uniquely Alpine is the Alp Hav Bath treatment, which draws on the centuries-old farming tradition of sleeping in hay after a hard day's work spent cutting grass. For about \$200, you, too, can spend a delicious 45 minutes wrapped in a warm blanket on a bed of local hay, no hoeing experience necessary.

4. Locomotive luxe in Peru

Snakes on a plane? We prefer spa on a train. Next May, the Belmond Andean Explorer, South America's first luxury sleeper train, will introduce its own dedicated spa car. Named Picaflor after the South American hummingbird, it incorporates natural ingredients from the region in treatments designed to rejuvenate and pamper as you watch the Peruvian Highlands passing by. The signature Andean Ritual is a clay wrap made with local flowers and coca leaves followed by an aromatherapy massage using oils harvested from Andean plants, enhanced by the train's soothing rocking on the rails. All aboard.

### 5. Energy healing in Tulum

The ancient healing techniques of the Mayans are harnessed at Tulum's Yäan Wellness Energy Spa, a jewel of this sacred and highly Instagrammable region. Starting with a purifying circuit in water sourced from the area's freshwater cenotes, Yäan's 80-minute Sobada Maya treatment is a traditional massage that uses freshly picked native herbs, copal (an aromatic resin used as incense) and deep massage to heal and cleanse the body. It begins with an abdominal massage to disperse energy and realign the organs before proceeding over the entire body, stretching tendons and unlocking energetic channels. For \$337, you'll depart from the open-air spa feeling liberated, renewed and a little lighter.



### Paradise lost (then found)

In the ultimate gift to her 15-year-old self, **Laura deCarufel** teams up with Ellie Mae, the genius Toronto designer, to recapture her Paris dreams

PHOTOGRAPHY BY LUIS MORA

When I was 15, my family moved to Paris for my dad's six-month sabbatical, and I fell in love with fashion. That was in the '90s, when the City of Lights burned with larger-than-life intensity: supermodels stalked the catwalks, the Concorde zipped across the Atlantic and impossibly elegant women swept through tree-lined arrondissements wearing cropped Chanel jackets in pastel macaron hues—lemon, mint and cotton candy—often paired with jeans, an artfully messy bob and an enigmatic expression.

In the midst of all this je ne sais quoi, I lived with my parents and younger sister, Tracy, in a lovely, light-filled apartment near the Parc de Saint-Cloude. During the day, I took correspondence courses in English and math, but my real subject—honed through magazines, MTV Europe and unblinking people-watching—was the art of style. Frankly, I had a lot to learn. As a teenager, I was touchingly unglamorous: In Paris, my hobbies included reading V.C. Andrews novels, choreographing complicated dance routines to Meatloaf's "I Would Do Anything for Love" and, with Tracy, bellowing passionately off-key show tune duets into a tape recorder. The most French thing about me was that I was tellement fou about Opéra cakes, the crumbs of which glistened lazily in my luxuriant moustache.

When you're starting at the bottom, it's natural to look to the top for inspiration. I set my sights on Chanel as the ultimate arbiter of taste and cool. I wanted to be one of those impossibly elegant women swanning down the Champs-Élysées in a perfectly tailored tweed jacket, en route to meet Karl Lagerfeld and his fan. On side streets in Montmarte, unshaven men in overcoats tried to sell knock-offs of those double Cs, eliciting my righteous indignation: "I would do anything for love, sir, but I won't do that." Then one day, my mother—who couldn't fail to notice my obsession—pointed out a beautiful Chanel-like magenta tweed in a fabric store. "We'll make our own jackets," she said, and I simultaneously felt the warm glow of love and the thrill of possibility.

Then life got in the way. We didn't have a sewing machine in that light-filled apartment, and when we came back to Canada, high school resumed with all its attendant distractions. I went back to wearing Le Château, and the fabric was folded and put into a hope chest until a few months ago, when



my mom rediscovered it. As I held it up, the years fell away. I remembered all that youthful optimism, the desire to be the best version of myself. Could a jacket possibly get me there?

I called Ellie Mae, the renowned Toronto designer, whose fans include Sophie Grégoire Trudeau, and told her my story: Would she be open to collaborating on a custom piece using the fabric? Because she is the sweetest, she said yes right away.

Our first meeting, in the designer's sunny studio, set the tone for the process: Mae stroked the fabric and said in a low voice, "Oh, I looove it." And I loved everything she suggested: the silhouette (longish and a little boxy); the lining (midnight blue); the

fringe detail (so Chanel). At our final fitting, I slipped on the jacket and felt, along with the softness of the fabric and the perfection of the fit, the swell of memory. I imagined my 15-year-old self watching me in this big-time designer's studio wearing a gorgeous jacket made just for me. My dreams have changed as my life has changed—I'm more likely to swan to the playground than the Plaza Athénée—but my love for fashion remains a lifelong commitment. I realized that, as joyful as it is, a jacket can't make you the best version of yourself. It was my mother, a supporter of impossible dreams, who did that. It's her example, not that of the mythical, majestic Parisienne, that I want to follow.





Alvin, an Ellie Mae cutter, sets up the fabric and cuts it by hand.



Maria, an Ellie Mae sewer, sews the sleeve together before it's attached to the jacket body.



Up close and personal with a



The last press of the garment before the final fitting.

### THE KIT X L'ORÉAL PARIS



### 'Tis the season

Don't forget the stocking stuffers! This year, ace Santa duty with the most exciting beauty picks for the holidays

### 1. Lush lashes

Make sure to grab the Holy Grail mascara that will be on everyone's wish list. Lash Paradise checks all the boxes: volume, length and curl courtesy of wavy bristles on an hourglass-shaped brush that captures each lash. Its buildable formula lasts all day. L'ORÉAL PARIS VOLUMINOUS LASH PARADISE MASCARA, \$13.99

### 2. Light fantastic

This universally flattering primer instantly boosts skin's natural luminosity and minimizes the appearance of pores. Texture is smoothed and toned to provide a perfect canvas. Everyone wants that lit-from-within glow, right?

L'ORÉAL PARIS MAGIC LUMI LIGHT INFUSING PRIMER, \$17.99

### 3. Precious metals

Give the gift of glamour with liquefied-metal lipstick shades that wear comfortably and don't dry out. The grooved tip glides easily to apply these high-impact glosses with their unique metallic finish.

L'ORÉAL PARIS INFALLIBLE PAINTS METALLIC LIPSTICK IN GALACTIC FOIL, MOON LUST AND SMOLDERING ECLIPSE, \$12.99

### 4. Shine time

These smooth, comfortable lipsticks with their low-wax gel base are a treat for lips! A universally flattering shade like Enamel Red, in its carved-crystal-like packaging, will be a hit in any stocking.

L'ORÉAL PARIS COLOUR RICHE SHINE LIPSTICK IN ENAMEL RED, \$12.99

### 5. Glossed over

These beautifully bottled polishes provide unparalleled shine and one-stroke coverage. Formulated with four precious oils (rice flower, camellia, rose and argan) for colour intensity and high-gear gloss, they leave a subtle rose scent on nails when dry.

L'ORÉAL PARIS COLOUR RICHE LE VERNIS À L'HUILE IN GLISTENING GARNET AND DIMANCHE APRÈS-MIDI, \$9.99









### Model behaviour

Continued from cover

The bouncy blondes radiating youth were, of course, a casting mainstay, but legacy proved to be an important element in the show's success. Brazilian-born fan favourite Adriana Lima admitted that her veteran status (that would be her 18th show, thank you very

much) has come with some learnings. "You're not wearing much out there, so you have to prepare yourself. But it's also about embracing who you are, including your imperfections," the 36-year-old mother of two said.

> Alessandra Ambrosio echoed her sentiment with a mantra of "we are strong, we are powerful, we rule the world" moments after announcing it would be her last show, ending a nearly two-decadelong career.

This season also marked a return to a more attainable body, at least one that isn't all good genes and crash diets. Vogue favourite and coding campaigner Karlie Kloss, who ran the New York City Mara-



thon just weeks before (with a time of 4:41:49), claimed the prep for the show was more arduous. Long-time Angel and new mother Candice Swanepoel took to Instagram in the year leading up to the show documenting her workout regimen and more importantly, a new appreciation for her body through breastfeeding. As model Martha Hunt noted backstage, "When you're younger, you have this impression of being sexy in just a physical way. I've learned that being sexy is more about finding your voice and knowing who you are, and that takes some experience."



"I've learned that being sexy is more about finding your voice and knowing who you are, and that takes some experience."





**ONE-MINUTE MIRACLE** Editor: Eden Boileau, managing editor **Problem:** The layer of frizz on my hair the day I wash it Quick fix: I've tried them all: smoothing serums, anti-frizz lotions, finishing creams —and until recently, I had yet to find one that I didn't have to reapply at least once on hair-wash day to keep that halo of floating kinky strands under control. Who knew nature had the answer? This hair elixir, comprised of more than 15 organic oils (argan, sea buckthorn, evening primrose, flax seed...), is simply the best I've ever used. A few drops in my palms takes care of the wiry fly-aways on contact, once and for all. Plus, it can be used as a deep conditioner and a heat protectant. And if I didn't love it enough just for that, it also smells divinely of rose.

**THE INNATE LIFE** ROSE HAIR ELXIIR, \$41 (30 ML), THEINNATELIFE.COM



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### HYALURONIC THAT BLURS.

We have done something really special. It sounds like other things but it is very different. In fact, there is nothing like it.

Blurring products promise to scatter light in many directions to hide ores and lines and create a retouched skin finish. There are two types of blurring products on the market: the ones that really work well but don't get along with makeup well (and also aren't suitable for normal to dry skin) and then there are the blurring products that don't work so well but they are compatible with makeup and all skin types (we call such products mediocre—they make everyone happy but no one super

Instead of relying on older silica technologies, HA Blur uses an unusual new form of Hyaluronic Acid powder base for its blurring approach. Hyaluronic Acid has never been used for this purpose before and renders HA Blur compatible with all makeup and all skin types, while the blurring effect is exceptional. In fact, it's so compatible with makeup that you can apply under or over foundation, or mix it with any liquid foundation for an ultra-high-definition skin finish.

By now even cute deep sea blobfish have figured out that models in glossy ads look like they have perfect skin (and everything else) largely because of creative photo retouching. And the most powerful retouching skin and the detail in the surroundings that are not blurred confuses the detail. In contrast to everything else around that shows every detail, HA Blur makes skin look porelessly flawless instantly. The results are really so dramatic that we gave up trying to find some emoji that needs to go

tool to make skin look perfect is the "blur tool" which basically makes things look like they would if you had worse eyesight by allowing less detail to be visible. The contrast between this lack of detail on blurred brain to conclude that the skin is nearly perfect. Hylamide's HA Blur physically achieves this blurring effect in real life with millions of tiny translucent colourless "prisms" that don't allow the skin to show any here! It can be used alone or as a primer with most foundations. It also eliminates excess shine instantly without any drying effect (in fact, it's very hydrating).

YORKVILLE Off Bellair St

hylamide.com

QUEEN WEST

**SQUARE ONE** 

KENSINGTON MARKET

CABBAGETOWN

**EXCHANGE TOWER** 

**ABNORMAL** BEAUTY DECIEM

**DISTILLERY DISTRICT** 

## SCENTS OF THE SEASON FOR HIL

MAKE beautyBOUTIQUE BY SHOPPERS DRUG MART YOUR DESTINATION FOR GIFTING THE GENTS IN YOUR LIFE THE MOST EXCITING FRAGRANCES OF THE YEAR



Aromatic and woody, this new fragrance evokes the energy and excitement of downtown New York.

### 2. Gentleman GIVENCHY Eau de Toilette, 100 mL \$107

This woody fougere floral is a study in contrasts: sweet yet powerful, delicate yet bold.

### **FERRAGAMO** Casual Life Eau de Toilette, 100 mL \$105

Calling all gourmands: This irresistible masculine scent offers a woody aromatic feast spiked with lemon, cardamom and coffee.

### 4. DIOR Sauvage Eau de Toilette, 100 mL \$118

Expertly curated natural ingredients rule this radiant juice. Anchored with ambroxan—derived from precious ambergris—the fragrance is powerful, woody, endlessly alluring.

Strength, sophistication, freshness they all meet in this mineral-forward fragrance, which combines metallic notes of lavender with green citrus and radiant, woody patchouli.

### 6. EMPORIO ARMANI Stronger with You Eau de Toilette, 100 mL \$115

This Oriental fougere offers a youthful yet polished blend of crystallized chestnut accord, cedar wood and kicky pink pepper.

### LAURENT Eau de Toilette, 100 mL \$118

Be bold with this exciting fragrance, which proclaims itself the scent of freedom. That translates to a crisp mix of bergamot, sage and cedarwood—a dark masculine fougere crafted for a new generation of creatives.

SATURDAY DECEMBER 16, 2017



beauty **BOUTIQUE** 

by **SHOPPERS DRUG MART** 

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