



**MOST WANTED  
SWEET TREAT**

*The decadent skin saviour you'll be craving all season*

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**EXCLUSIVE  
HOLIDAY PREP**

*How fashion royalty gets ready*

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# THE KIT

## ULTIMATE SKIN GUIDE

*Tell winter to chill. Take your cues from the runways and go for a glowing, radiant complexion—use our expert tips and must-try products to revamp your beauty routine*

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PHOTO: PETER STIGTER



**SHOPPING  
STAY-WARM STYLE**

*Everything you need to look chic while you cozy up over the holidays*

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STAY CONNECTED

 THEKIT.CA

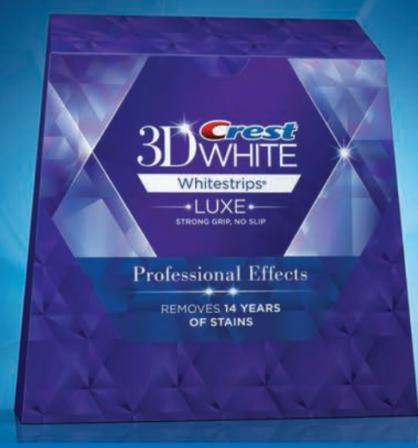
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 THE KIT MAGAZINE



**CREST 3D WHITE PROFESSIONAL EFFECTS WHITESTRIPS**

WHITEN AS WELL AS A \$500 TREATMENT.\*

\*vs. lights/laser

**CREST** Healthy-looking, beautiful smiles for life.



Thank you, Ann Hidalgo, for shopping with us over the past two decades and teaching us the importance of elegance along the way.



Thank you, Dawn Bishop, for shopping with us for 15 years, and trusting us when we said you'd look good in prints. Told you.



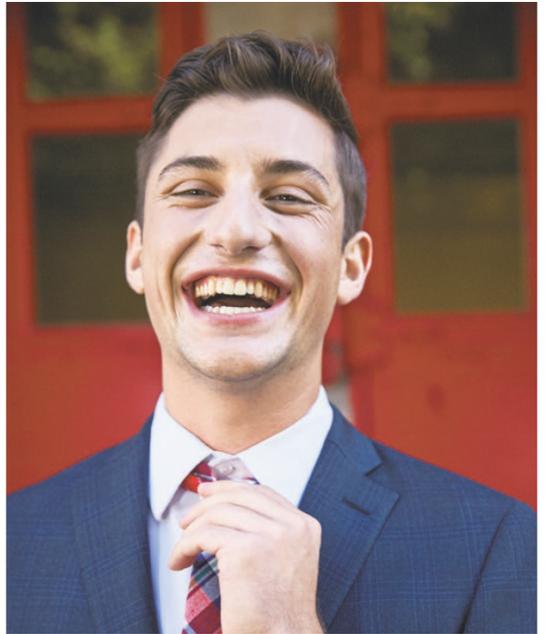
Thank you, Grace Goodson, for being our model, muse and customer, all rolled into one stylish individual.



Thank you, Louisa Meng, for always knowing what's poppin' in Seattle. Looks like it's baby blue this winter.



Thank you, Phoenix Johnson, for coming to us for your high-fashion basics.



Thank you, Matthew Kerr, for trusting us with your first tailored suit. We're happy to hear your internship turned into your first job - not that we're trying to take credit.



Thank you, Oden Sohr, for coming to see us on your 11th birthday, after finally saving up enough to make those slides yours.

Thank you to all of our customers.  
Happy Holidays.  
*Love,*  
**NORDSTROM**

VANCOUVER CALGARY OTTAWA TORONTO



Thank you, Lucius Talley, for becoming a first-time customer at 77 years young.



Thank you, Ivy Vance, for making your mom's 1977 Nordstrom shoe style even cooler the second time around.



Thank you, Emily Nokes, for teaching us how to power clash like a boss.



Thank you, Chiyo Ishikawa, for teaching us for nearly 3 decades that all you need in life is the right attitude and a red lip.



Thank you, Grant, Reid and Parker Kim, for coming to us for all your tiny gentlemen needs.



MOST WANTED  
**Sweet escape**

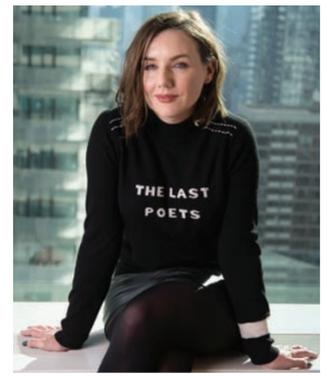
Don't worry about overindulging this season—we've found the perfect calorie-free treat: Clinique's decadent gelato-inspired whipped body creams, sweetened with fruity-floral scents and skin-softening shea butter. Choose from Sugared Petals, a blend of neroli, bergamot, jasmine and gardenia; Berry Blush, a cocktail of mandarin, raspberry, mango blossom and freesia; and Happy, the brand's bestselling citrus-and-floral fragrance. Not only will the creamy formula satiate dry winter skin, but the sherbet-hued packaging and blossoming scents are sure to channel warmer days. Consider them a guiltless pleasure to help lift you out of that cold-weather funk. —*Natasha Bruno. Photography by Hamin Lee*

CLINIQUE HAPPY GELATO CREAMS FOR BODY, \$46 EACH, HUDSON'S BAY



BEAUTY INSIDER  
**VOICE OF REASON**  
*Unarguable beauty truths, according to author Sali Hughes*

BY RANI SHEEN



British journalist Sali Hughes has built a cult-like following around her definitive, no-nonsense beauty column in *The Guardian* (comedy writer Caitlin Moran has said, "If it's on my face, it's because Sali recommended it"). Her second book, *Pretty Iconic*, is a thoughtful and funny tribute to "beauty products that changed the world," including Chanel No. 5 and M.A.C Spice Lip Pencil. We caught up with Hughes on a recent Toronto visit to find out her ultimate beauty opinions.

**Most important skincare step**  
"People spend fortunes on anti-aging creams, and then I find out they take off their makeup with wipes. You can use a cheap cleanser but you cannot skip a proper cleansing ritual. By that I don't mean 12 steps, I mean use a thick cream, oil or balm massaged firmly in to loosen everything; then take a clean washcloth as hot as is comfortable and massage it off."

**Must-have product**  
"Unless you're a newborn baby, you're going to look better with concealer than not. If you can only get one concealer, get a yellowy one that you can use everywhere. Personally, I like a salmon pink corrector with a concealer overtop under the eyes, and then just concealer everywhere else."

**Utterly pointless product**  
"Clear mascara neither lengthens, thickens nor darkens lashes. What it does is allow teenage girls to wear makeup when they're not allowed to wear it and to think that they are beating the man. Cellulite creams and bust creams are also completely useless. And last year I was sent a lip cleanser and was like, 'You found even *my* limit. No.'"

**Best beauty innovation**  
"Shellac has driven many women to go to a salon. It has allowed many women who couldn't wear nail polish to suddenly wear it. That was an amazing innovation that's changed how women look and groom."

**The last three things she bought**  
"I bought a CoverGirl tinted lip balm here in Toronto—we don't have CoverGirl in the U.K. Prior to that, I bought Serge Lutens perfume in Liberty and a L'Oréal root touch-up spray a few days ago—but I forgot to put it on today, so you can probably see my roots!"



COVERGIRL COLORLICIOUS JUMBO GLOSS BALM SHEER IN ROSE TWIST, \$10, DRUGSTORES. SERGE LUTENS DAIM BLOND EAU DE PARFUM, \$155 (50 ML), SAKS FIFTH AVENUE. L'ORÉAL PARIS ROOT COVER UP IN DARK BROWN, \$14, DRUGSTORES

EXCLUSIVE  
**A FASHIONABLE FETE**  
*Seasonal advice from impossibly chic Julia Restoin Roitfeld*

BY CARLY OSTROFF

As the daughter of famed French editor Carine Roitfeld, Julia Restoin Roitfeld has developed her mother's discerning eye. For the New-York-based fashion fixture, identifying "the best of" is nothing new; it's just another Roitfeld-given talent she's cultivated. So we asked the 36-year-old Paris-born model, stylist, mother and Grey Goose ambassador to curate an exclusive list of what to eat, wear and give for the holidays.



**The gift she's planning to buy her mother:** "I'm trying to get her things that she doesn't have time to buy for herself. In New York, we have so many amazing brands of workout clothes that you can even wear out, so I'm getting her a beautiful workout outfit for her ballet and Pilates classes."

**No-fail hostess gifts:** "Some fresh flowers, a bottle of Grey Goose vodka or a scented candle—I love Diptyque's Feu de Bois."

**GREY GOOSE VODKA GIFT BOX, FROM \$45, WHERE LIQUOR IS SOLD. DIPTYQUE FEU DE BOIS CANDLE, \$84, HOLT RENFREW**



**The chicest holiday foods:** "I love the smell of clementines mixed with the smell of the Christmas tree. I also love foie gras. On Christmas Eve, my family does a lot of last-minute shopping and then we like to have a Russian lunch of typical food like smoked salmon. Then we all go back home to do gift wrapping."



**Go-to for cocktail parties:** "High-waisted pants with a beautiful blouse. I also have a Reformation wide leg jumpsuit—it's a cool way to be dressed up and it's easy to dance in."

**REFORMATION JUMPSUIT, \$355, NET-A-PORTER.COM. DOLCE & GABBANA DRESS, \$4,430, MATCHESFASHION.COM. FLEUR DU MAL JUMPSUIT, \$785, FLEURDUMAL.COM**

**Pretty pick for a glam holiday gathering:** "I'll always wear a dress. I have a long velvet Dolce & Gabbana gown that I saved for a holiday party this year."

**Comfy option for entertaining at home:** "I love Fleur de Mal silk pajama jumpsuits. It's nice to host in something that looks like chic loungewear."

BEAUTY  
**SPA DAY**

*You're about to have some much-needed downtime—make the most of it with some DIY pampering*



**MASK MARVEL**  
Try a cool new rubberized mask—you mix the vitamin-C-rich powder with water, spread it over your face, let it dry for 20 minutes and peel off for bright, hydrated skin.

**BLISS MASK A-PEEL MASK, \$38, HUDSON'S BAY**



**SMOOTH MOVER**  
This neat gadget gently epilates delicate areas, shaves legs and massages aching limbs with a kneading attachment.

**PHILIPS SATINELLE PRESTIGE EPILATOR, \$140, SHOPPERS DRUG MART**



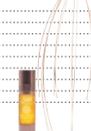
**CLEAN SWEEP**  
This body-cleansing oil should be massaged all over while you're dry, then wiped or rinsed off. Bonus: it won't dry out your skin like foaming washes can.

**PURE + SIMPLE SHOWER LESS BODY OIL, \$25, PURE-ANDSIMPLE.CA**



**HEAVY LIFTER**  
Designed to lift and firm the chin and cheeks (which are the first areas to succumb to gravity), this targeted sheet mask hooks over the ears so it stays in place.

**MAGICSTRIPES CHIN & CHEEK LIFTING SHEET MASK, \$86 (FOR 5), THENATURALCURATOR.COM**



**HEAD SCRATCHER**  
This wire head massager will induce a state of serious bliss by stimulating the nerve endings in the scalp and relieving tension. Get comfy, then hold it above your head and gently slide it down over your scalp. Better yet, get someone else to do it.

**SAJE HEAD MASSAGER (IN HEADACHE DUO, WITH PEPPERMINT HALO ROLL-ON), \$20, SAJE.CA**



**BATH BEAUTIFIER**  
Take a luxurious soak to the next level with a sprinkling of this mineral mixture of pink Himalayan and epsom salts, with lavender, hibiscus and rose petals.

—*Rani Sheen*  
**FARMHOUSE FRESH LAVENDER HIBISCUS BATH SOAK, \$31, FARMHOUSEFRESHGOODS.COM**

**HAPPY HOLIDAYS!**  
THE KIT WILL RETURN ON JANUARY 12

SHOPPING

# Stay cozy, look amazing

The days of resorting to your favourite hoodie are over—cold-weather fashion options have never been chicer. Consider this your guide to modern winter dressing

Feeling put together in the dead of winter is almost as arduous as deciding which Netflix series to binge watch. Luckily, the luxe approach to loungewear seen on the runways of DKNY, Hermès and Blumarine is chock full of stay-indoors-and-never-leave inspiration. The formula is

simple: Choose a knit with special details—think playful collars, textured add-ons and pumped-up sleeves—and pair with breezy bottoms, a piece of delicate hardware and ultra-comfy slip-ons. It's just the snug sentiment the season calls for. —Sarah Cho

TOPS	BOTTOMS	ACCESSORIES
<p>1. CLUB MONACO, \$290, CLUBMONACO.CA. 2. JOHN + JENN, \$135, JOHNANDJENNCOLLECTION.COM. 3. WEEKEND MAX MARA, \$445, HUDSON'S BAY. 4. REITMANS, \$60, REITMANS. 5. REBECCA TAYLOR, \$530, REBECCATAYLOR.COM</p>	<p>1. ADIDAS, \$90, ADIDAS.CA. 2. ROOTS, \$70, ROOTS. 3. M.I.H, \$400, MIH-JEANS.COM. 4. SEA, \$530, SEA-NY.COM. 5. KIT AND ACE, \$68, KITANDACE.COM</p>	<p>1. NEWBARK SHOES, \$378, NEWBARK.COM. 2. CAROLINE NERON NECKLACE, \$275, CAROLINENERON.COM. 3. LARSSON &amp; JENNINGS WATCH, \$630, LARSSONANDJENNINGS.COM. 4. CANTIN BAG, \$360, CANTINTRADITIONS.COM. 5. PORT FRANC SHOES, \$99, PORTFRANC.CO. 6. JENNY BIRD RING, \$95, JENNY-BIRD.CA</p>



PHOTOGRAPHY: PETER STIGTER (RUNWAY)

# POOR PORES.

## #DECIEM



hylamide.com

THE ABNORMAL BEAUTY COMPANY. DECIEM

### PORE DELETE

Ultra-concentrated low-viscosity liquid prisms offer instant super-strength visible blurring of pores, shine and fine lines for a perfect-looking skin surface right away—with or without makeup. Not recommended for very dry skin or for skin types without prominent pores/congestion.

With High-Dose Polymeric Low-Micron Prisms, Fractionated Light Diffusion Spherical Suspension and Purified Polygodial from Tasmanian Mountain Pepper.

### PORE CONTROL

A fast-acting multi-functional serum to reduce the look of pores (number and surface), shine, congestion and dermal impurity.

With Bitter Mushroom Concentrate, Marine Ferments, Pistacia Lentiscus Tree Resin, Surface Balance Peptides, Zinc PCA, Niacinamide and D Panthenol.

### ALSO AVAILABLE:



HA BLUR  
Finisher Series



MATTE 12  
Finisher Series



PHOTOGRAPHY FOUNDATION  
Finisher Series

### THE ABNORMAL BEAUTY COMPANY STORES:

QUEEN WEST  
881 Queen St. W

CABBAGETOWN  
242 Carlton St.

KENSINGTON MARKET  
285 A Augusta Ave.

YORKVILLE  
1240 Bay St.  
Off Bellair St.

DISTILLERY DISTRICT (POP-UP)  
18 Distillery Lane, Building 8  
(Mid November to Late December)

SQUARE ONE  
100 City Centre Dr.  
Mississauga (Coming Soon)



SKINCARE

# Cold comfort

The weather is declaring war on our skin and it's time to marshal the troops. Read on for everything you need to know to get through the season with your glow intact

BY RANI SHEEN

## YOUR SKIN TYPE, DECODED

Find the perfect strategy to suit your cold-weather concerns

**DRY** Layering is the key word if you have dry skin, and you're heading into the most drying season of all. "For really extreme cases, we'll have people apply a face balm at night underneath their moisturizer as an extra level of hydration," says Andrea Scott, co-founder of Skoah skincare line. For mature skin, she recommends adding a few drops of a lipid-based serum or oil to your moisturizer. "With mature skin, the more hydrated it is the better it looks."

**OILY** Oily skin gets just as dehydrated as other skin types in the winter, but because it makes more of its own oil, it's spared the worst of winter dryness. Instead of loading up with heavy creams that may make oilier types break out, drench skin with lighter but hydrating serums or gels. "Use something like our Skoah Hydradew cucumber-skin extract mask weekly or bi-weekly," says Scott. "If your skin feels really dry, you can put it on underneath your moisturizer and just let it work all day—it's transparent so it just soaks into the skin."

**SENSITIVE** Weather-related moisture loss can lead to redness, flakiness and itchiness, and if you have eczema, you might experience more flare-ups in winter. "I personally steam a lot during this time of year because it seems like that hydration really sticks with me," says Kate Somerville of Kate Somerville skincare line, who suffers from eczema and dryness. "Immediately afterwards I use my DermalQuench serum and I seal it in with a heavier moisturizer."

**ACNE-PRONE** If you're prone to acne and fighting it with ingredients such as salicylic acid or benzoyl peroxide, know that these treatments act partly by drying out the skin's excess oil. That may be great in the spring, but uncomfortably drying in the winter. "You might want to back off a little bit and just space out their usage more," says Somerville. "And still exfoliate regularly."

Good news! There is one major skin benefit of winter...

While the sun is at low strength, it's the perfect time to do intense resurfacing treatments, which can make skin UV sensitive. "This is the time to do the work on our skin," says Kate Somerville. "We're doing all of our lasers and peels—we're super busy right now." So get thee to a clinic before the weather heats up again.



### ROOM TO BREATHE

"Putting a humidifier in your room is very good for your skin in the winter," says Dr. Howard Murad. "You have the heat on, which is drying your skin from the outside, so add hydration that way." The international Skin Health Alliance, which works with dermatologists and skin scientists, bestowed the recently launched Dyson humidifier with its dermatological accreditation after researching the effects of dry air—namely scaly dry skin, reduced elasticity and fine wrinkles. As a bonus, the humidifier boasts patented UV-light technology to kill 99.9 per cent of bacteria in the water. **DYSON HUMIDIFIER, \$600, THEBAY.COM**

## CROSS-CANADA COMPLEXIONS

Andrea Scott of Skoah skincare is B.C.-based but has spa locations across North America. "When I travel, I bring totally different products than I use in Vancouver," she says. Here's her breakdown of how winter affects our skin from coast to coast.

### THE WEST COAST

"On the West Coast, we tend to be fine with a light moisturizer. It's humid in Vancouver, so your skin doesn't get as dry."

### THE EAST COAST

"In windy East Coast cities, people deal with a lot of redness and irritation. Ontario and Quebec are in between. Dewlux Face Cream is our most popular there—it's not as rich and it helps control redness."

### THE PRAIRIES

"In Calgary, where it's super dry, we sell our richest moisturizers. We have a face balm that we actually created for Calgary. It's a vegetable-based balm, rather than a petroleum base—it's got rice-bran wax and tons of vitamin E. We tested it on Olympic ski athletes."



## WEATHERPROOF YOUR LIFE

Protect your skin when the mercury drops by adjusting your daily routines with these simple tricks



**SHOWER** If your face feels tight after a hot shower, protect it before you get in by applying a few drops of oil, such as jojoba (remember to remove makeup first). The oil provides a protective layer, so you don't rinse away your skin's own lipids. "Adjust your shower nozzle so the water is not gushing over your face, it's just trickling," says Sharon McGlinchey, founder of MV Organic Skincare, adding that the hardness or softness of the water supply in your area may also be a drying factor. Hard water has a high mineral content, which can leave a film on hair and skin and prevent moisture from absorbing. To help protect moisture, follow a shower with a nourishing cream, balm or oil.



**EAT** As dermatologist Dr. Howard Murad puts it: "Eat your water." He explains that when we're born, our bodies are 70 per cent water. Along the way, we get drier and drier—the average woman is about 50 per cent water. He's a proponent of "internal skincare," which means eating moisture-rich foods like cucumber and watermelon. "Almost any vegetable or fruit is 80 per cent water, which, in the structure of, say, watermelon, is gradually released—and it has antioxidants, phytonutrients and roughage." Also fill your plate with cold-water fatty fish such as cod or salmon, which are rich in omega-3 fats.



**EXERCISE** Aside from the short burst of resolution-fueled fitness in January, exercise routines often suffer in the winter. Try to remain consistent for your skin's sake. "Exercise actually makes you more hydrated because exercise builds muscle," says Murad. "Muscle is 70 per cent water while fat is only 10 per cent water."



**MINGLE** It's the season of hibernation, which can lead to feelings of isolation. "If you're lonely and unhappy, you're just going to sit around and eat junk food. If you're happy, you go out and do exercise, you go meet other people and you'll remember to put on your moisturizer," says Murad. So it's official: The health benefits of social interaction outweigh the negative effects of a couple of glasses of champagne. "Go to the party and have a few drinks! It's okay!" says Murad. "Enjoy yourself—within reason."



### ONE-MINUTE MIRACLE

**Dear Aveeno Absolutely Ageless Nourishing Cleanser:** I'm just going to say it: You're the best thing to happen to my parched winter skin. Usually the changing of seasons makes my skin go ballistic, but your super-dense formulation of moisturizing glycerin and exfoliating citric acid draws water in and drives impurities out, giving me a springtime glow. My once pale and dehydrated complexion now looks baby fresh. I can't resist your silky charms—you make cleansing the best part of my day. *Sincerely yours, Paige Peake*

AVEENO ABSOLUTELY AGELESS NOURISHING CLEANSER, \$10, DRUGSTORES

## HOW TO WINTERIZE YOUR ROUTINE

It's time to give each step of your skincare regimen a tune-up

### CLEANSER

"The very best tip I can give to everybody is stop washing with water." —Sharon McGlinchey, facialist and founder of MV Organic Skincare

It may seem counterintuitive, but exposure to water can be drying for your skin, as it can wash away the natural oils that keep moisture in. So take a break from rinse-off foaming cleansers in the winter and try a hot-cloth cleansing routine: Massage a thick cream, balm or oil cleanser into dry skin, run a washcloth under hot water and wring it out, then hold it against your face and let the steam soften the cleanser—as well as makeup, sunscreen and grime. Wipe everything off gently, rinse your cloth and repeat twice more. "The steam helps to lift surface dead skin cells and activate superficial circulation," explains McGlinchey. "It's like a mini facial every day." No need to rinse afterwards.

### EXFOLIATE

"Dry skin is dead skin cells, so the real key is to exfoliate to keep your skin looking fresh."

—Kate Somerville, facialist and founder of Kate Somerville skincare line

Regular gentle exfoliation is the name of the game in winter if you want to see less irritation and more glow. Choose a chemical exfoliant like a gentle glycolic acid or enzyme peel, a product with very smooth grains to physically buff off dead cells, or one that contains both, such as Somerville's Exfoliate. "If you find yourself really dry during the winter—and I do this—leave it on for 15 or 30 seconds and then rinse," explains Somerville. "I'll do it three or four times a week, as opposed to leaving it on for two minutes twice a week."

### NOURISH

"You need antioxidants even more in the winter because you are exposed to more toxic things when you're sitting inside in the heating and not out in fresh air."

—Dr. Howard Murad, dermatologist and founder of Murad skincare line

Use serums to load your skin up with antioxidants such as vitamin E, vitamin C, green tea or pomegranate extract, which neutralize damaging free radicals caused by external aggressors such as pollution. You might alternate that with a hydrating serum, which will typically contain water-attracting hyaluronic acid or lipid-based ceramides that attract water from the environment and promote a smooth, even moisture barrier. "Instead of the skin looking like Swiss cheese," says Murad, "we want it to look like provolone!"

### MOISTURIZE

"You want a moisturizer that's heavier than what you would use in the summer to protect your skin when you're going in and out of cold weather." —Kate Somerville

A heavier moisturizer means more oil, so look for formulas containing a higher concentration of nourishing plant oils and butters. This helps to preserve the lipids in your skin, which give your complexion its smooth feel. Your moisturizer will also act as an outer barrier to seal in your serum and protect against moisture loss from harsh weather. Use texture as a helpful rule-of-thumb: If you usually use a runny lotion, look for something a little thicker, and if your cream has a gel-like texture, trade up for something more buttery.

### MASK

"If I go skiing, I apply a moisturizing mask first—I even apply it to my kids so they won't get chapped." —Kate Somerville

A cream or gel moisturizing mask is your skin's best friend during the winter—you can apply it as often as you like for a deep treatment and even leave it on overnight. And if your skin is feeling rough or raw from dryness, you can use it as a healing ointment. "We go skiing every year with a group of kids from my son's school, and I put a mask on all of the kids," says Somerville. "Then I get all of these knocks on the door from the moms, going, 'Hey, I heard that you have this mask!'"

**TOOL KIT**  
Our pick of the season's essential skin saviours



### CLEANSER

**MV SKINCARE GENTLE CREAM CLEANSER, \$65, THEDETOXMARKET.CA. CLINIDERM HYDRATING MILK CLEANSER, \$20, MAJOR DRUGSTORES**



### EXFOLIATOR

**MURAD RAPID RESURFACING PEEL, \$44, SEPHORA.CA. BAREMINERALS MIX, EXFOLIATE SMOOTH, \$38, SEPHORA.CA**



### ESSENCE

**BELIF CLASSIC ESSENCE INCREMENT, \$57, THEFACE SHOP. JURLIQUE ACTIVATING WATER ESSENCE, \$69, SEPHORA**



### SERUM

**DR ROEBUCK'S ULTIMATE HYDRATING SERUM, \$80, SHOPPERS DRUG MART. NIVEA QIOPUS ANTI-WRINKLE REPLENISHING PEARLS, \$20, MASS RETAILERS**



### DAY CREAM

**NEUTROGENA DEEP MOISTURE DAY CREAM SPF 20, \$15, MASS RETAILERS. SULWHASOO CONCENTRATED GINSENG RENEWING CREAM EX, \$303, NORDSTROM**



### NIGHT CREAM

**DECIM THE ORDINARY NATURAL MOISTURIZING FACTOR + HA, \$6, ORDINARYS.COM. SKINCEUTICALS TRIPLE LIPID RESTORE 2:4:2, \$140, SKINCEUTICALS.CA**



### OIL

**AROMATHERAPY ASSOCIATES INNER STRENGTH SOOTHING FACE OIL, \$100, SOCIALTHEBEAUTY.CA. DERMALOGICA PHYTO REPLENISH OIL, \$103, BUY.DERMALOGICA.CA**



### MASK

**KATE SOMERVILLE AGE ARREST HYDRATING FIRMING MASK, \$90, SEPHORA.CA. YES TO COCONUT ULTRA HYDRATING FACIAL MASK, \$17, SHOPPERS DRUG MART**



### SHOWER GEL

**MOROCCANOIL BODY SHOWER MILK IN FLEUR D'ORANGER, \$32, SALONS. OLAY ULTRA MOISTURE BODY WASH, \$8, MASS RETAILERS**



### BODY LOTION

**SKINFIX SOOTHING LOTION, \$20, SKINFIX.CA. LA ROCHE POSAY LIPIKAR BAUME AP+, \$33, SHOPPERS DRUG MART**



### HAND CREAM

**L'OCITANE SHEA BUTTER INTENSIVE HAND BALM, \$40, L'OCITANE.CA. LOTUS AROMA INTENSIVE HAND REPAIR CREAM, \$15, DRUGSTORES**



### BALM

**SOAPWALLA THE BALM CONCENTRATED REPAIR BALM, \$78, SOAPWALLAKITCHEN.COM. CV SKINLABS RESTORATIVE SKIN BALM, \$40, CVSKINLABS.COM**

## BEAUTY TREND

## Bare necessities

In search of a holiday beauty shake-up, fashion editor **Jillian Vieira** ditches her makeup armour for something more on-trend: her own face

Everyone has their go-to arsenal of party-ready looks. Mine is a precise liner flick or a matte red lip—or both. I've become reliant on this armour of sorts: It makes me feel put together enough for any occasion—or, more accurately, reassures me that I will fit in anywhere. But this season, after my first time covering the totally intimidating beauty beat at New York Fashion Week, my outlook on party makeup has changed: I'm kind of over it. Allow me to explain.

Amid the backstage chaos, a few constants emerged: gaggles of supersized models hitting up the craft services table for snacks, frantic showrunners urging said models into rehearsals, and hair and makeup artists preaching the merits of beauty "individualism" to anyone who would listen. Gone are the days of the runway clone, said makeup artist Gucci Westman at Rag & Bone, as she gave the lineup of models lightly luminous skin, subtly thickened brows and nothing else (not even mascara). "We're showcasing the fact that we're all different and celebrating that," she explained. Over at Michael Kors, lead artist Dick Page echoed the sentiment. "We don't want to change the girls too much," said Page, who had little more than M.A.C Technakohl Liner in his kit for a personalized touch of navy, brown or black on the eyes. "Nothing we do imposes structure—there's nothing graphic in the

shape of the liner or the brow."

The evidence was growing: If the barest hint of makeup was enough for the runway, surely it could hold up to any of my holiday invites. So I ventured out to a party with just a swipe of clear brow gel and lip balm. As I swayed to vintage Ashanti and Ja Rule, no one remarked that I looked tired (to my surprise). I even caught myself admiring my natural brow shape in the bar mirror, after years of dutifully trying to mask my over-plucking past. I looked like myself and, damn, did it feel good.

## ALTUZARRA

Slightly filled-in brows defined lead artist Tom Pecheux's "street" approach to this look. An ultra-hydrating moisture gel was massaged into the skin to reveal a luminescent finish.

M.A.C MINERALIZE CHARGED WATER MOISTURE GEL, \$48, MACCOSMETICS.CA



## RAG &amp; BONE

Lead artist Gucci Westman wanted to leave her models "looking like the best version of themselves." Light washes of highlighter and mid-tone contouring cream—which lent a natural glow—did the trick.

M.A.C STUDIO QUIKTRIK STICKS IN (FROM LEFT) A LATTE SHEEN/SEMISWEET, BARE END/EARTHNUIT AND SOFTLY DOES IT/TIGHT AND TAWNY, \$37 EACH, MACCOSMETICS.CA

## 3 WAYS TO WORK IT

We compare the looks of nearly barefaced model beauties Frederikke Sofie, Lineisy Montero and Vanessa Moody at three of our fave shows

## MICHAEL KORS

"There is no one consistent element on each girl," says lead artist Dick Page of the minimal look. Perfected skin (using concentrated concealer where needed) and hints of smudged liner let the models "stand on their own."

M.A.C STUDIO FINISH SPF 35 CONCEALERS IN NC30 (LEFT) AND NW25, \$24 EACH, MACCOSMETICS.CA

From left: Lineisy Montero, Vanessa Moody, Frederikke Sofie.

PHOTOGRAPHY: PETER STIGTER (ALTUZARRA, KORS RIGHT, RAG & BONE CENTRE)

(PF).

#DECIEM



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DECIEM

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## NIOD: PHOTOGRAPHY FLUID, OPACITY 12%

PF is a Daily Camera Filter for the Skin with Prism Fractions and Hue Correctors.

A novel approach to creating a foundation for skin that reflects even radiance in life and very specifically through the camera lens, this instant treatment is serum-textured but contains a wide array of light refracting prisms, tone and hue correctors and topical photo-finishing technologies to offer even radiance within seconds. PF can be used lightly on its own or mixed with foundation or hydrators.

PF contains light refraction technologies, a suspension of nano-prismatic gold, a red hue corrector derived from dragon fruit, a hydration carbohydrate and a breathable surface mesh adherence technology.

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**DISTILLERY DISTRICT (POP-UP)**  
18 Distillery Lane, Building 8  
(Mid November to Late December)

**KENSINGTON MARKET**  
285 A Augusta Ave.

**SQUARE ONE**  
100 City Centre Dr.  
Mississauga (Coming Soon)

### ALSO AVAILABLE:



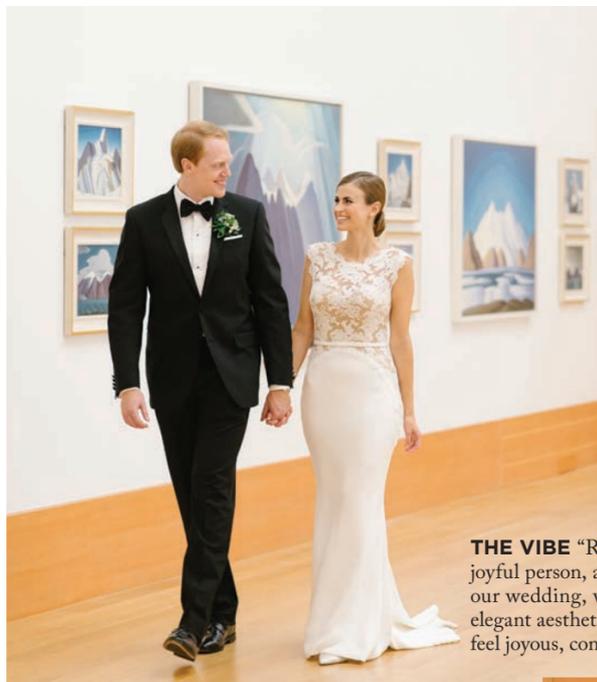
**MULTI-MOLECULAR HYALURONIC COMPLEX**



**LOW-VISCOSITY CLEANING ESTER**



**HYDRATION VACCINE**



**THE VIBE** “Rob is a really positive, joyful person, and it’s contagious! For our wedding, we aimed for a classic, elegant aesthetic, and we wanted it to feel joyous, comfortable and fun.”



**THE VENUE** “The Art Gallery of Ontario is one of our favourite places in Toronto. We went there on one of our first dates (our third date, if I remember correctly!), and we usually go at least once a month for lectures or exhibits. Now we have wonderful memories as soon as we walk through the front doors, like our then two-year-old nephew and ring bearer throwing little packs of raisins into the air like confetti during the ceremony. Friends subsequently dubbed him the ‘raisin ring bearer.’”

## WEDDING STYLE

# AN ARTFUL UNION

Toronto lawyers Bronwyn Roe and Rob Shaw wanted their fall wedding to be inviting with inspiring touches—think roses among fine art. Here, Roe shares the details of her perfect day

PHOTOGRAPHY BY TARA McMULLEN PHOTOGRAPHY



**THE DETAILS** “In lieu of a wedding cake, we served pistachio, chocolate-espresso, and lemon gelato later in the evening from an ice cream cart. And even though we had a fall wedding, I wanted the flowers from Horticultural Design to have a lot of greenery and a loose, garden-picked look.”



**THE PREP** “I got my Reem Acra dress at White Toronto. I don’t typically wear heels, but Rob is very tall so I wore sparkly Kate Spade kitten-heel slingbacks and, right after the ceremony, changed into light pink Giambattista Valli flats. The day of the wedding, my bridesmaids, Rob’s mom and my mom and I had our hair done at Parlour Salon [6 Ossington Ave.] with makeup artists from M.A.C. We had the lower level of the salon—and Rob’s mom brought an amazing breakfast spread.”



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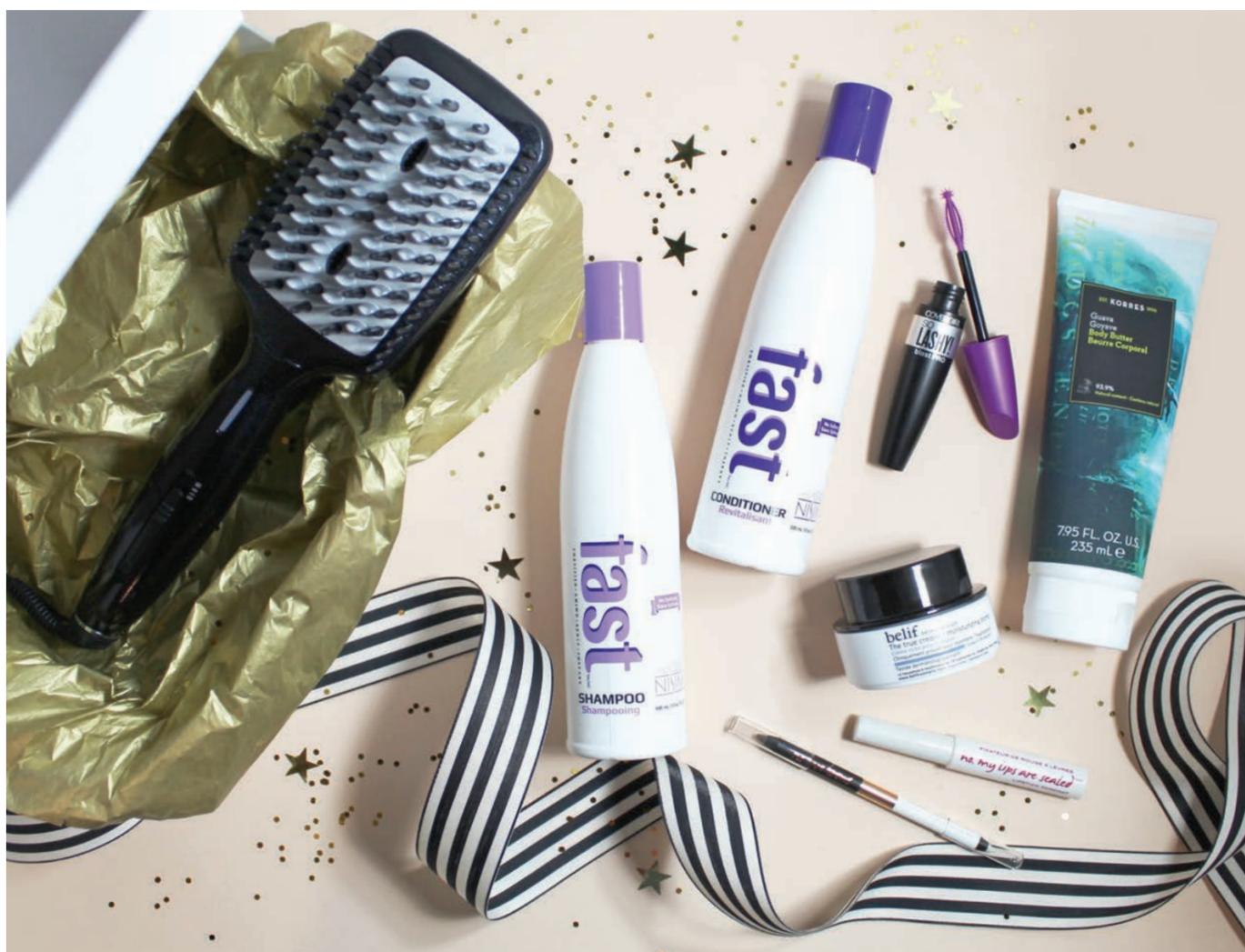
**Editor-in-Chief, Toronto Star**  
Michael Cooke

## HOLIDAY KIT

# GIFT OF GLAM

Get festive with some of The Kit’s favourite beauty products

’Tis the season of sharing and caring, so *The Kit* has wrapped up some of our favourite beauty treats. We’re sending them to our stylish influencers, a squad of 15 savvy women who act as *The Kit*’s well-heeled feet on the ground in cities across the country, and we want to send them to you too! Feel like a part of the team—and have the most beautiful holiday season—by entering to win a covetable holiday kit at [thekit.ca/holiday-kit/](http://thekit.ca/holiday-kit/)



**Winter saviour**  
Packed with hard-working ingredients like comfrey leaf and macadamia oil, this intense hydrator helps skin stay moisturized for up to 26 hours. Tip: To soothe dry winter skin, slather it on as a five-minute emergency mask.  
**BELIF THE TRUE CREAM MOISTURIZING BOMB**, \$47, THE FACE SHOP, FRUITS & PASSIONS AND BELIFCANADA.COM



**Mistletoe magician**  
This clear gel topcoat helps your favourite lipstick stay put, so your crimson lip can actually last past the appetizer course. Simply apply a coat on top of any lipstick, allow it to dry, then sip that prosecco with smudge-free confidence.  
**NO MY LIPS ARE SEALED LIPSTICK TOPCOAT**, \$25, SHOPPERS DRUG MART AND PHARMAPRIX



**Long-hair wish granter**  
Looking to reach great lengths? This vitamin-and-amino-acid-packed shampoo and conditioner duo promises to keep your scalp and hair healthy as you grow out your locks. And since the formula is free of sulphates and parabens, it’s suited to any hair type, including sensitive, textured and colour-treated.  
**NISIM F.A.S.T 2 PACK SHAMPOO AND CONDITIONER**, \$35, NISIMINC.CA



**Soothing stuffer**  
The shea butter in this decadent body cream softens, while vitamin-C-rich guava packs the antioxidants that lacklustre skin craves. To really lock in moisture, massage into damp skin right after bathing, focusing on drier areas like elbows and knees.  
**KORRES BODY BUTTER IN GUAVA**, \$33, SHOPPERS DRUG MART AND BEAUTYBOUTIQUE.CA



**Brow perfecter**  
This does-it-all wonder with built-in sharpener and brush is a must-have for brow perfectionists. A universal brow colour helps fill in your arches, while the waterproof wax shapes and adds definition. Tip: Blondes need just a few strokes, while those with darker hair can build until the colour deepens.  
**NO BARE BROWS UNIVERSAL 4 IN 1 BROW FIX**, \$24, SHOPPERS DRUG MART AND PHARMAPRIX

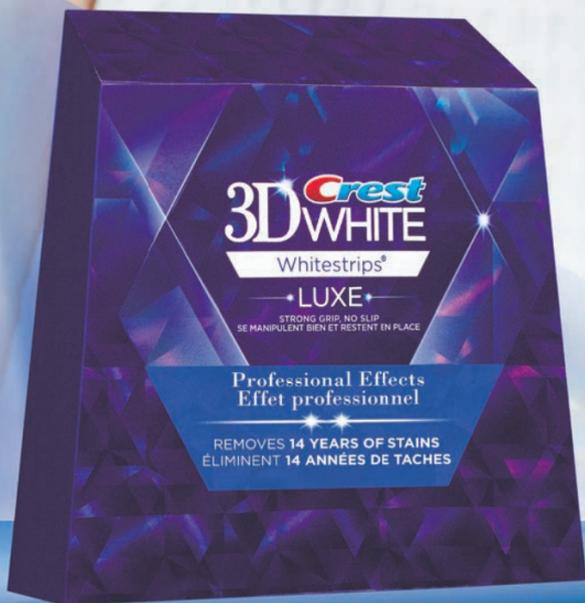


**Lash enhancer**  
The innovative wand on this mascara is a must-try: The curved sides create length and volume, while the nifty ball tip reaches even the tiniest corner lashes. Tip: Work into the base of the lashes first for definition, then pull through to coat the tips for a dramatic, wide-eyed look.  
**COVERGIRL BLASTPRO SO LASHY! MASCARA**, \$13, MASS-MARKET RETAILERS



**Blowout sleekifier**  
This hybrid ceramic hair straightener and brush is the easiest way to get your hair party-ready this season. The genius gadget heats up to 450 degrees in less than a minute and the bristles protect hair from the direct heat, so you end up with more shine and less damage.  
**CONAIR INFINITI PRO IONIC STRAIGHTENING BRUSH**, \$70, SHOPPERS DRUG MART

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