

# THE KIT

## BEST COATS AND JACKETS

*Don't complain about the shorter days and colder nights—they're the perfect excuse to load up on essential fall toppers*  
page 6

PHOTO: PETER STIGTER (ALTUZARRA)



BVLGARI  
ROMA

DIVAS' DREAM  
YORKDALE SHOPPING CENTRE





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BEAUTY DESK

# Garden state

Brighten up cooler days with beauty editor *Rani Sheen's* pick of fall's top crop

PHOTOGRAPHY BY HAMIN LEE

1. BUBBLE BAE

Get on my top shelf now, divinely vintagey bottle of peppery floral-scented bath foam!

MIU MIU BUBBLE BATH, \$52, SEPHORA.CA

2. GILD THE LILY

Supremely portable highlighting sticks in champagne for pink-toned skin or bronze for warm complexions—try them on lids too.

COVER FX CLICK STICK ENHANCE CLICK IN BLOSSOM AND GILDED, \$24 EACH, COVERFX.CA

3. PASS THE BAR

Once you get past the adorable cats on the wrapper, you find a non-drying cleansing bar of French pink clay, rose petals and lavender oil.

MEOW MEOW TWEET PINK ROSE CLAY BAR SOAP, \$14, MEOWMEOWTWEET.COM

4. IT'S A WASH

This shampoo is 99 per cent biodegradable and 70 per cent natural, with 0 per cent sulphates. The bottle and juicy scent 100 per cent remind me of a smoothie.

MATRIX BIOLAGE R.A.W. RECOVER SHAMPOO IN YUCCA + GOJI BERRY, \$25, MATRIXPROFESSIONAL.CA

5. PEARL GANG

Play mad facialist with this serum-mask hybrid. Scoop some apricot oil and hyaluronic acid pearls into the cotton pouch and massage against your face for silky-soft skin.

PHILOSOPHY ULTIMATE MIRACLE WORKER SERUM-IN-PEARL MASK, \$89, HUDSON'S BAY

6. WINK-WINK

Whether you're feeling full glam or no-makeup makeup, adjust your lash look by turning the dial to deliver more or less mascara.

CLINIQUE LASH POWER FLUTTER-TO-FULL MASCARA, \$28, CLINIQUE.CA

7. NEW FILTER

Like Valencia or Crema, this "filter" is meant to go on top of any perfume and blur it, soften it, boost its cottony and musky aspects. By itself it smells like fresh laundry.

MAISON MARGIELA REPLICA FILTER BLUR, \$80 (50 ML), SEPHORA

8. LIP LOCK

I love this wee cardboard pot of tinted gloss that smells minty and moisturizes with coconut, avocado and olive oils.

ROCKY MOUNTAIN SOAP CO LIP QUENCH IN HIBISCUS PINK, \$14, ROCKYMOUNTAINSOAP.COM

9. MIST OPPORTUNITY

A mist a day keeps the dermatologist away, when it's packed with repairing vitamin C and collagen amino acids and slips through makeup via micellar technology.

DR DENNIS GROSS PERFECT SKIN SET AND REFRESH MIST, \$38, SEPHORA.CA

10. BRUSH-OFF

This flat-topped synthetic brush buffs in cream or powder blushes and bronzers and lets you be precise about where your glow goes.

WET N WILD SMALL STIPPLE BRUSH, \$3, WETNWLDBEAUTY.COM



THREE TRENDS, THREE WAYS

## THE BOOTS TO BUY THIS FALL

Round out your footwear collection with the season's must-have styles, whether your budget is limited or luxe



ONE-MINUTE MIRACLE

### Dear Kate Somerville DermalQuench

**Liquid Lift:** I'm not typically perky before coffee, but you've got me bubbling over. Every morning and night, before I apply my moisturizer, I swipe your foamy formula in two stripes across my cheekbones and forehead, and massage it into my skin. Thanks to the plumping effects of oxygen and the major moisturizing benefits of hyaluronic acid, you give my complexion a fresh-from-a-facial glow that's left me looking flushed. What can I say? You make my skin tingle.

*Yours bright and early,*  
*Carly Ostroff*

KATE SOMERVILLE DERMALQUENCH LIQUID LIFT, \$114, SEPHORA



## NEWS GET FIT

This fitness tracker is here to supercharge your step count—and your style

Ever wonder how New Yorkers keep up with the city's hustle? For Public School designers Maxwell Osborne and Montreal-born Dao-Yi Chow, it's all about keeping pace. That's why the duo—also the creative directors at DKNY—was tapped by Fitbit to create two custom wristbands for the company's Alta fitness tracker. The bands, which debuted at the pair's Fall 2016 show, are intended to look chic at the office, the gym or during a night out. To drive home the notion of versatility, Chow and Osborne designed two styles: a high-end bracelet, as well as more casual streetwear option. "The bracelet provides the perfect amount of style to elevate your look," says Osborne. "You can stack it with existing jewellery and watches." As for the sportier unisex tracker, Chow suggests it for structured tailored outfits or oversized sweaters and layers. Working on a global partnership is a huge win for the up-and-coming brand, but Osborne and Chow are taking it all in stride. —Carly Ostroff

FITBIT X PUBLIC SCHOOL FITNESS TRACKERS, \$225 TO \$380, PRE-ORDER FITBIT.COM

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POWER PACKAGE

# How to be brave

Life is beautiful, but it can also be tough. The best way to summon your courage? Get inspired by the strength of others. We asked women to share their stories of power, pain and the politics of nail polish

## MY SECRET IDENTITY

Now a super-successful TV host, **Jessi Cruickshank** reveals she was the office crier—and how she managed to shatter the glass ceiling with a crappy pair of fake glasses

I have an alter ego. Like Beyoncé had Sasha Fierce, Eminem had Slim Shady and Superman had Clark Kent, I, Jessi Cruickshank, have Shoshanna. And I owe most of my success to her. Allow me to make a formal introduction.

At 23, fresh out of university, I was hired as an MTV host. My previous professional experience was playing a Pirate Wench at Canada's Wonderland. While that prestigious job taught me how to fend off horny preteen boys, I never quite learned how to navigate a work environment that didn't smell like funnel cake.

MTV was different. I had a desk! I had a boss! I had a television show that, occasionally, people would watch! There was so much to learn, and I was eager to devour it all. By the end of my first year, I was co-hosting two shows and producing my own segments. I was booking camera crews and pulling music cues, writing jokes and supervising edits. I was no longer just a host, I was a bona fide producer—and one day I worked up the courage to discuss the disconnect with my boss.

I'll never forget the long elevator ride from my basement cubicle to the executive floor where my boss sat in his big, windowed office. As the elevator ascended, my heart pounded through my purple LC by Lauren Conrad dress. I rehearsed exactly what I'd planned to say over

and over again. It was a long, heart-felt speech that addressed how hard I worked, how passionate I felt, how deeply committed I was to our show, and it ended with "and that's why I feel that I deserve a producer credit."

Ding! Executive floor. I took a deep breath and walked into his office. I was ready to prove that I was more than just an on-camera host. I was ready to *lean in*. I was strong and capable...and within three minutes, I was crying. My impassioned speech was inexplicably interrupted by the mortifying sting of tears and, suddenly, the only thing I was leaning into was a box of Kleenex.

I walked back to the elevator without a producer credit or a shred of professional dignity. I couldn't understand why, in that moment—and in almost every challenging workplace situation that followed—my eyes suddenly filled with tears. Was I allergic to standing up for myself?

Then, one afternoon on a work trip to Laguna Beach, I found myself perusing boardwalk kiosks of cheap sunglasses. I threw on a pair of plastic horn-rimmed reading glasses and wiped off the little display case mirror. I was mesmerized by the woman staring back at me. She looked strong, fearless, confident—and for five American dollars, she changed my life forever. Behind the safety of those cheap glasses, I

became Shoshanna.

My alter ego worked like a reverse Superman; with my glasses on, I wasn't a meek journalist—I was unstoppable. I placed them on my nose and Shoshanna marched back up to that executive floor. Without a glint of a tear in her eyes, she asked my boss for a producer credit—and got it. In fact, I got almost everything I wanted when I was Shoshanna. I got raises, I got promotions; I got all the things that are often difficult for women to ask for, even when we've earned them.

For the first time, I had a protective barrier between my real, vulnerable self and every challenge that felt tough to face head-on. Instead of being the sweet, likeable Jessi I was raised to be, I could be Shoshanna—a strong business-woman who knows what she wants and isn't afraid to ask for the recognition she deserves. My cheapest accessory gave me my most valuable asset: power.



FENDI GLASSES, \$550, INDEPENDENT RETAILERS

## POWER DRESSING

Create your own alter ego with a perfect pairing of specs and high-impact suits



COS JACKET, \$175, PANTS, \$135, COSSTORES.COM. CUTLER AND GROSS GLASSES, \$612, CUTLER AND GROSS



BANANA REPUBLIC VEST, \$124, PANTS, \$124, BANANAREPUBLIC.CA. RAY-BAN GLASSES, \$210, LENSCLRAFTERS



PINK TARTAN JACKET, \$595, PANTS, \$325, PINKTARTAN.CA. KAM DHILLON GLASSES, \$95, CLEARLY.CA

double-edged sword filed just so in the reality of power beauty: The work that goes into maintaining a well-executed power look is routinely ignored. The high-octane babes of *The Good Wife* and *Scandal* are shown to be "handling it" (personal and professional disasters, international political intrigue), but the audience is never privy to Alicia or Olivia sitting in the salon waiting for their tips to dry.

Many of the style signifiers of female power come at an enormous secret cost of time, money and emotional labour: shopping, tailoring, grooming, and booking endless appointments. (Compare this with the grooming labour professional men are expected to do.) While nice nails have a great ROI—a manicure is probably the cheapest and most effective pro-beauty undertaking—they are also a tacit requirement to being a real boss bitch in a competitive, corporate environment.

Even if the nude manicure also provides pleasure and connotes a sense of mastery, its primary function is to make a woman seem appropriate to other people, by correcting and perfecting her natural nail, rendering it inhumanly Barbie-smooth. (The same goes for a nude lip.) And of course, "nude" makeup and fashion has long been a conduit for many other wrongs: "nude" bras and stilettos and nail polishes are generally manufactured in beige-peachy pales that refer mostly to Caucasian skin tones. But let's assume here that the term refers to the skin tone of the person wearing it, because nude shades are designed to be there and yet not.

If nude polish is supposed to mute the nail, colour is there to enliven it. Historically, my nail style was red—in bloods and cherries—or black, to

match my forever thing for dressing tidily punk. I came to the power nude in a succession of 45-degree turns: First, in the midst of graduate school, my weekly manicure became a seasonal event. Then, during a period of social isolation when Lana Del Rey was on loop, I needed her throwback '80s-lady nails (way long, almond-shaped, opaque pinky brown), which involved many hours and stupid money. Later, I got married to an actual grown-up (when one of my besties first saw his pic, she said, "That is a man") and went back to work after getting my master's degree. The coalescence of so much seriousness at once revealed to me, finally, that life and work are high-stakes and deserve total attention. I rethought my sartorial cues as a teenage dirtbag, who mostly wore whatever because who cares, and turned to Dior Incognito polish, my platonic-ideal nude, which I read about in a socialite's beauty diary and which now lives in my bag.

These days, manicures are a tight, results-oriented operation where I pay first (and tip well), keep my coat on and listen to podcasts with my eyes closed while my nails are painted in silence. Not participating in extraneous niceties is a power move, too.

The work that goes into maintaining a well-executed power look is routinely ignored.

## POWER POLISHES



FROM LEFT: QUO BY ORLY BREATHABLE TREATMENT + COLOR IN LIGHT AS A FEATHER, \$11, SHOPPERS DRUG MART. TENOVERTEN VERNIS IN MURRAY, \$24, THENATURALCURATOR.COM. SALLY HANSEN COLOR THERAPY IN CHAI ON LIFE, \$12, DRUGSTORES. CND VINYLUX WEEKLY POLISH IN SKIN TEASE, \$13, TRADE SECRETS. AVON TRUE COLOR LACQUER IN INSIDE THE ISABELLE WAY, \$13, CHATTERS.COM. ESSENCE GEL NAIL POLISH IN FREE HUGS, \$3, ESSENCEMAKEUP.COM



## IN THE BUFF

Did you know a nude polish should match your nail bed, not your skin? More on how to nail your perfect nude, with tips from Melissa Forrest, manicurist and Shoppers Drug Mart spokesperson

Take it outside "Always evaluate the colour in natural light. I will quite often walk over to the window with my client to compare nudes before deciding which one to pair with their skin."

Pick the right shade "If you have pink undertones, a pinkier nude polish is best. If your skin has a warmer yellow undertone, go for a warm shade."

Flatten it out "If you want to edge up nude polish, apply a matte topcoat."

Go long or go home "If you're a nail biter, painting your nails with a nude shade will give the illusion of length. Trust me, this works!"

## NAKED AMBITION

Kate Carraway on why nude nails are the ultimate power play

Lately, I've been drawn to the low-key, high-power nude nail—the manicure equivalent of a private Instagram account. It's not that I'm against precision nail art, hothouse neon or the baroque looks typically preferred on Snapchat. It's that the self-assurance of restraint is a more effective power move, demonstrating Coco Chanelegance in its rejection of trends.

A power-nude nail—most often mid-length and semi-sheer—is worn by bosses who can't be observed showing off, like Hillary Clinton, or who just don't need to, like Amal Clooney. But there is a

## SUNDAY NIGHT ME TIME

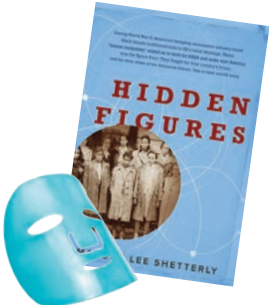
Fortify your mind with these inspiring reads while you supercharge your skin with a mask

BY VERONICA SAROLI



First rule of *Feminist Fight Club*: You must talk about FFC. Jessica Bennett dispenses proactive, take-no-BS advice on sexism in the workplace, alongside quirky cartoons illustrating the issue. Think of it as *The Art of War* for creative girls.

THEFACESHOP CHARACTER MASK, \$4, THEFACESHOP.CA



Hitting theatres next year as a buzzy movie, Margot Lee Shetterly's *Hidden Figures* profiles a group of brilliant black, female NASA mathematicians who helped get man to the moon during the Civil Rights era. The math wasn't the hard part.

FLAWLESS BY FRIDAY 5 DAY FACIAL MASK SYSTEM, \$45, THEBAY.COM



Cleve Jones moved to San Francisco in the 1970s, where he worked under his mentor, Harvey Milk, and went on to become a pivotal and outspoken AIDS and LGBTQ activist. In *When We Rise* (out November 29), he chronicles his personal struggle and triumphs, which became intertwined with his causes.

NANETTE DE GASPÉ YOUTH REVEALED EYES MASQUE, \$110, HOLT RENFREW



# Taking care

How supporting her mother through cancer taught writer *Andrea Janus* the importance of self-care

My mother had cancer three times during the last 20 years of her life. The third time, at age 64, her cancer spread, and suddenly, at age 30, I became the mom—with the added roles of nurse and cancer-care coordinator on top of my full-time job.

This new role came with a new level of intimacy that only caregivers can appreciate. I moved back in and had to learn nursing skills that I felt intimidated by. Seemingly simple things, like dressing an adult, are actually quite difficult—at least the unreasonable amount of time it took me to get my mom’s socks on made her laugh. I learned that pillow positioning is key to helping a bedridden person get a few hours of uninterrupted sleep; that a spoonful of sugar (or juice, or ice cream) does indeed help the medicine go down; that you’re never too old to find comfort in a stuffed animal tucked into your hospital bed. These lessons are familiar to millions of people: In 2012, about three in 10 Canadians were caring for a friend or relative with a chronic health problem, and they were more likely to be women.

As any caregiver knows, being completely focused on someone else’s needs takes you away from yourself. (Paging new parents!) It’s not long before mere fumes fuel you through doctors’ visits, treatment appointments and late-night pharmacy runs, on top of all the usual work and household tasks. So I learned to carve out time for myself via late-night treadmill runs at the gym in the basement of my mother’s condo, cellphone in hand in case of a call for help from upstairs. Signing out the key to the fitness room at midnight elicited funny looks from the security guard at first (he got used to it), but those workouts gave me the physical and mental stamina I needed to get through those two harrowing years, when we were hunkered down through the cancer storm.

After my mother died, I was back to looking out for just me, but I had an entirely new perspective on my own capabilities. I

was heartbroken but empowered, and I decided to make some changes. I quit my full-time job and struck out as a freelance writer, and I turned those late-night gym visits into a part-time job as a fitness instructor.

I also realized the importance of self-care, of thinking about my own needs and well-being as much as I’d thought about hers. Every three weeks, relishing the instant elegance, I treat myself to a shellac manicure. (I wonder what my mother, who sat at the kitchen table and gave herself a manicure every Sunday as far back as my memory goes, would think of nail art.) I’ve never really enjoyed cooking—especially when I was the primary chef for someone who no longer found joy in food—but I came to realize the value of it when trying to eat healthfully. After five years of effort, I’m still not a confident chef, but I do pride myself on making my mother’s (and her mother’s, and her mother’s) meat sauce nearly as well as she did. In fact, I’ve found that the true joy is making it for others. And on a doctor’s advice, I signed up for genetic counselling and regular screenings. While I anxiously await the results each time, I’m not really afraid of what may come. If this terrible disease has taught me anything, it’s that you may be forced to look out for someone else, but you always have to take care of yourself.

Since breast cancer runs in the family, I’m considered high-risk along with 1 to 2 per cent of Canadian women, according to the Canadian Breast Cancer Foundation. That group includes women like me who have about a 25 per cent risk of developing breast cancer, and women with the BRCA 1 and/or 2 mutations, whose risk level can be as high as 85 per cent. I now go for annual MRIs and mammograms as part of Ontario’s high-risk screening program. As unpleasant as both may be, I know they are a key part of my newfound focus on my health.

## COPING WITH STYLE

Toronto makeup artist Michelle Rosen knows all the tricks to make people look great in front of the camera. But when cervical cancer struck, she had a whole new set of aesthetic challenges to deal with. She chronicled some emotional moments, like the self-splintering reality of losing her hair, on Instagram. Here are some of her snaps.



“I still can’t believe I posted this picture on Instagram, but I’m glad I did! Shaving my head was a family affair. My kids took a video, my mom held my hand and my husband did the deed. It was a surreal and huge life-changing moment: It was the day I looked the part.”



“I just didn’t suit the typical ‘cancer scarf’ look. It wasn’t me. So I googled and played around with scarves and liked it better when I tied them turban style. It was perfect for summer. Dare I say ‘cancer-chic?’”



“I knew I wanted to try blonde if and when my hair started to grow back. So as soon as it was long enough, I booked an appointment. All of a sudden, it looked like my hair was on purpose and not because I was in chemo. It may fall out again, but for now I’m sticking with blonde.”

## SUPPORT LINE

When dealing with the symptoms of cancer treatment, a little care can go a long way

**SLEEP TIGHT** Fashion executive Lara Little couldn’t find clothing to help her sister cope with the night sweats and hot flashes that were side effects of breast cancer treatment, so she invented it. Lusomé is a line of sleepwear made with Xirotex, a super-soft fabric with moisture- and odour-control properties.

**FEEL USEFUL** Rethink Breast Cancer, the Canadian organization devoted to younger women with breast cancer, has launched Give-a-Care, its first product line for patients undergoing treatment. There’s lube and lipstick, hand cream, headache balm and more, all with seemingly cutesy names that actually offer information about what patients are going through.

**SKIN SAVER** Canadian skincare brand Thentix’s moisturizer promises to nourish dry, itchy, irritated skin caused by a range of conditions including cancer treatment. Honey is the magic ingredient, and the skin conditioner is paraben- and fragrance-free.

**HEAD FIRST** A mother-daughter duo started Headcovers Unlimited after Carol Galland endured breast cancer treatment with “one itchy wig and one basic surgical cap.” The site, now in her daughter Danielle Galland Yates’s care after Carol’s death, has grown from wigs and head coverings to include makeup and skincare.

**FRESH MAKER** The Canadian Breast Cancer Support Fund aims to help women who are going through breast cancer with practical, everyday challenges, such as paying the rent and getting to appointments. Its personal-care line, Causemetics, includes simple, fragrance-free, non-irritating items, such as this all-natural, effective deodorant made with shea butter and coconut oil.



**LUSOMÉ** TOP, \$88, BOTTOMS, \$88, [LUSOME.COM](http://LUSOME.COM)



**GIVE-A-CARE** LIPSTICK BY AVEDA IN CANA, \$24, [GIVEACARE.CA](http://GIVEACARE.CA)



**THENTIX** A TOUCH OF HONEY SKIN CONDITIONER, \$36, [THENTIXSKINCARE.COM](http://THENTIXSKINCARE.COM)



**HEADCOVERS** SLINKY HEAD-WRAP, \$20, [HEADCOVERS.COM](http://HEADCOVERS.COM)



**CAUSEMETICS** TODAY 100% NATURAL DEODORANT BY LOVEFRESH, \$15, [CAUSEMETICS.CA](http://CAUSEMETICS.CA)



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COAT REPORT

THE WILD  
BUNCH

The season's most  
in-demand toppers—the  
leopard print coat and  
mean moto jacket—came  
served with a serious  
side of attitude



MOTO  
CHICK  
CHIC

LEFT TO RIGHT: GIVENCHY, BLUMARINE, BOTTEGA VENETA, VERONIQUE BRANQUINHO

LEFT TO RIGHT: KENZO, COURRÈGES, COACH 1941, RAG & BONE



HOW TO WEAR IT



HOW TO WEAR IT



LEFT TO RIGHT FROM TOP: ELIZABETH AND JAMES COAT, \$2,795, SIMONS. SCOTCH & SODA COAT, \$399, GOTSTYLE.CA. REBECCA MINKOFF COAT, \$575, SAKS. HELDER DIEGO COAT, \$495, HELDER DIEGO.COM. LONGCHAMP COAT, \$3,235, LONGCHAMP.COM. J.CREW COAT, \$2,160, JCREW.COM. ANDY WOLF GLASSES, \$645, ANDY-WOLF.COM. AMÉLIE PICHARD SHOES, \$775, AMELIEPICHARD.COM. CLYDE HAT, \$560, CLYDE.WORLD. 3X1 JUMPSUIT, \$660, 3X1.US. COMMUNITY TOP, \$98, ARITZIA.COM. LEFT TO RIGHT FROM TOP: REBECCA MINKOFF JACKET, \$698, SAKS. MACKAGE JACKET, \$850, MACKAGE.CA. COACH 1941 JACKET, \$1,720, COACH.COM. WHITE HOUSE BLACK MARKET JACKET, \$450, WHBM.CA. GUESS JACKET, \$158, SHOP.GUESS.CA. REITMANS JACKET, \$100, REITMANS.COM. ALDO BAG, \$65, ALDO-SHOES.COM. ANDY WOLF SUNGLASSES, \$599, G IS FOR GLASSES. EXPRESS SHOES, \$70, EXPRESS.COM. MAISON KITSUNE DRESS, \$690, SHOP.KITSUNE.FR. REITMANS PANTS, \$50, REITMANS.COM

PHOTOGRAPHY: PETER STIGTER (RUNWAY)

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THE CHALLENGE

# Creative spirit

We asked six of the brightest visual artists in Canada to transform a classic Gap 1969 jean jacket into a work of art. The result: totally unique and absolutely inspiring

BY KATHRYN HUDSON | PHOTOGRAPHY BY GEOFFREY ROSS



1. “It’s not in my personality to take big risks, but oddly, I have taken many in becoming an artist,” says Ottawa-born, Toronto-based artist **Emily Filler**. “The desire to create has led me along the way.” Filler certainly isn’t timid in her work: bold floral collages of graphic fabrics and book clippings. “I try to make these gathered fragments into something whole,” she explains. With this project, Filler felt fearless because she was working with denim for the first time. She decided to bleach and embellish the jacket with ribbons and bottle caps: “Things I have thought about experimenting with in my paintings but haven’t quite resolved yet.”



2. “Being a creative person runs in my family,” explains **Kathryn Macnaughton**, whose father, brother and grandmother are also artists. “Also, it was the only thing I was good at.” Now the Toronto-based artist is making a name for herself from London to Miami with her vibrant graphic abstracts. “There is already so much colour in my life from my paintings, so I usually wear black and white,” she says. Here, she stuck to her sartorial inspo and focused on those shades. “I wanted the jacket to have a rebellious punk rock vibe,” she continues. “The spray paint and the nude doodle give it a vandalized feel.”

“You can’t doubt yourself as an artist—that can be the biggest challenge.”  
—Kathryn Macnaughton



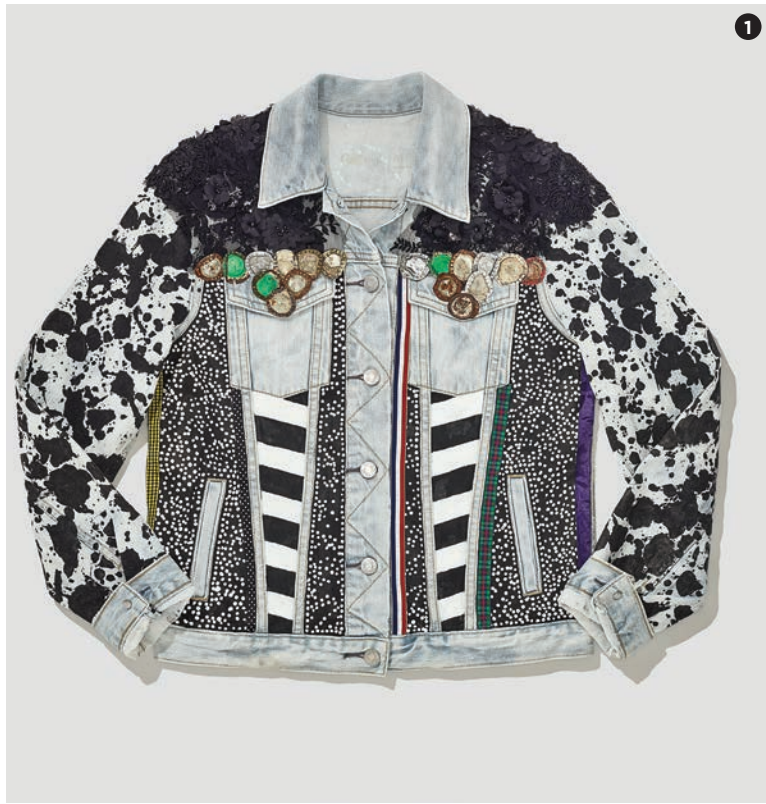
3. “I like to know that I can make a mess in my clothes and that they will hold up,” says Toronto-based artist **Kalpna Patel**, whose Pan Am Games installation was created from 680 kilos of cardboard. “And I like my clothes to reflect that I am a person who makes messes.” That’s why she was so drawn to the idea of rugged denim for this challenge. “Your clothing tells a story. It reminds me of tapestries, which have a meaningful storytelling tradition in folk art.” So Patel turned the back of the jacket into a loom, threading colourful wools and tassels by hand in her signature “children’s picture book meets parade float meets lavish Indian wedding” style. “I want to encourage people to think about the quality and history of the things they choose to wear.”



4. “I’ve always been interested in art—I like working through ideas with material,” says Vancouver artist **Colleen Heslin**, who has been experimenting with dye, linen and second-hand fabrics in her abstracts. “My studio is filled with excess,” she adds. In fact, she collects fabrics to make her works, which have been exhibited in the Musée d’Art Contemporain de Montréal and the Vancouver Art Gallery. Despite the graphic approach she often brings to her art, Heslin admits that when it comes to clothes, she “appreciates some bling.”



5. **Melanie Authier** took a big risk when she quit her day job in 2007. “But,” she says from her Ottawa studio,



“being an artist means being committed.” The leap paid off: Authier’s large-scale work, in which she plays with colour and texture “to create a sense of playful disorientation,” was picked up by the National Gallery of Canada. For this challenge, Authier got “cheeky” and sewed panels of treated linen, which is traditionally used to make canvases, into the jacket. “The excitement was figuring out how to bridge fine art and fashion.”



6. “The thought that I’d never be able to pay rent as an artist never crossed my mind. Is that a bad thing?” asks Mississauga, Ont.-based **Noelle Hamlyn**. Her art can be described in one word: “Lonely.” There are a lot of ghost-like feelings. My work is the remainder, the reminder, the leftover, the memory.” That’s why she often

“I hated fashion. I wanted nothing to do with it in high school. Then I realized its power.”  
—Noelle Hamlyn

works in shades of white and thin skins of paper and felt. Her latest body of work, which is being supported by the Ontario Arts Council, starts with this jacket. “I’m coating garments in plaster and turning them into ‘bricks’ to form a wall of clothing.”



**TREND NOTE**  
Denim packed with personality was all over the runways, from oversized acid wash at Stella McCartney to cropped and sculptural at Balenciaga.





# MELISSA'S *Musts* FOR FALL 16



As much as I loooove my high heels, there are a lot of places and times where a good, comfy, stylish flat is exactly what's needed. **Nicholas Kirkwood, DAVIDS**

When not being worn on a special occasion, I'd wear this with a black cashmere turtleneck. **Alythea, LEMOR**



Mandatory for my upcoming trip to Rome! A stylish crossbody means my hands will be free to eat all that gelato. **TALBOTS**



Date night, check. Bar mitzvah, check. Engagement party, check. Baby shower, check. Wedding, check. First time meeting in-laws, check. BFF's birthday party, check. Night at the opera, check. Christmas dinner, check . . . I could go on (and on) but I think you get the drift. **Cynthia Rowley, HONEY**



**OUR FASHION INSIDER, BAYVIEW VILLAGE MARKETING DIRECTOR MELISSA EVANS-LEE, CHALKS IT UP TO FABULOUS WITH MELISSA'S MUSTS, HER EDIT OF WHAT'S HAUTE FOR FALL.**

**ON MELISSA: Dress, BANANA REPUBLIC  
Selfie 22 jacket, SANDRO • Earrings, SWAROVSKI**



It's funny because I don't own a ton of blouses and yet, this season, I'm alllll about the blouse. I guess I'm just loving the feminine feel this Fall. **Parker, ANDREWS**



I love the versatility of leggings . . . you can dress them up or down, pair with a tee/blazer/sweater/sweatshirt and/or wear with pumps or Pumas . . . it's all good. What I love most of all however is that they are comfortable! **Dutch Blonde, ANDREWS**



Pink, if you can believe it, is one of the hottest hues for Fall. Yes, you heard right . . . pink for Fall! Personally, I love the idea of incorporating this unexpected colour into my (very black and grey) wardrobe. Come February, not only is the blouse guaranteed to brighten your outfit, it'll also help to counteract those February blues. **PINK TARTAN**



Wowsa! This clutch is seriously nothing short of sensational. Something like this of course you'd have forever in which case, it's well worth the investment. **Christian Louboutin, DAVIDS**



Preppy with a regal twist. Plus, who doesn't want to wear a crown at any opportunity?!? **Church's, PINK TARTAN**



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