

# THE KIT



## MODERN MUSE

*Supermodel Adriana Lima brings her signature va-va-voom to Marc Jacobs's luxe new fragrance*  
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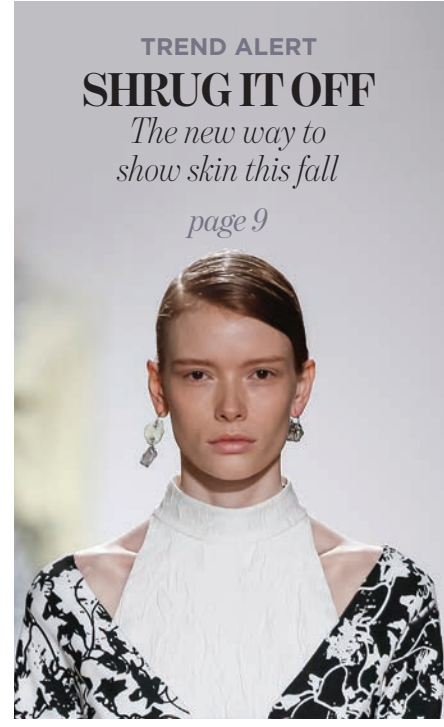
PHOTO: GETTY IMAGES



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*"There is a way to flex our buying power as women and end the cycles of war and poverty."*  
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STAY CONNECTED



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MARC JACOBS  
DIVINE DECADENCE



MOST WANTED

# Modern art

Designers have the mini fur handbag down to a fine art. Embellished with look-at-me details, the elevated accessories were installed on fall runways from Fendi to Ferragamo. Call them modern masterpieces.

—Jillian Vieira. Photography by Hamin Lee

MICHAEL KORS COLLECTION BAG, \$2,000, MICHAELKORS.COM



COACH 1941

FASHION MATH

## HEAD TO TOE

Not going back to school this year (it's been a while for us too), but want to channel that cool collegiate vibe? Pick up this look for less than the cost of textbooks



ZARA JACKET, \$139, ZARA.COM

+



LACOSTE TOP, \$145, LACOSTE.COM

+



JOE FRESH SKIRT, \$29, JOEFRESH.COM

+



TOPSHOP BOOTS, \$160, HUDSON'S BAY

TOTAL: \$473



QUOTABLE

## WHAT WOULD DOLLY DO?

Dolly Parton, country demigoddess (and everyone's favourite person), released her 43rd studio album, *Pure & Simple*, last month. During her 60-stop North American tour, which brings her to seven Canadian cities this month, we caught up with the 70-year-old songwriting legend and style icon to ask for her advice on finding your own style. —Eden Boileau

"I patterned my look after a very trashy looking woman in my hometown, but I thought she was beautiful. I thought, 'That's the way I want to look.' I've always been comfortable with that. You should base [your style] on what makes you feel good. It doesn't matter if you're fashionable or not, because it's fashionable to be real. Even if you look false, you can be real—just be honest with yourself."

## BEAUTY INSPIRATION

The most creative fall beauty looks just happen to echo the buzziest art exhibitions across Canada —Natasha Bruno



Artist Theaster Gates celebrates the black-culture origins of house music with *How to Build a House Museum* at the Art Gallery of Ontario. UNTIL OCT. 30, AGO.NET



Makeup artist Peter Philips swiped on party-ready tangerine lipstick (and fuchsia face dots) at Fendi.

MAKE UP FOR EVER ARTIST ROUGE IN C304, \$27, SEPHORA.CA

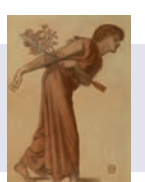


Picasso: *The Artist and His Muses* at the Vancouver Art Gallery is a shout-out to the cubist superstar's female muses. UNTIL OCT. 2, VANART-GALLERY.BC.CA



Picasso's fractured faces inspired makeup artist Tom Pecheux to create the offbeat eyeliner at Altuzarra.

M.A.C FLUIDLINE PEN, \$24, MACCOSMETICS.COM



Feast your eyes on drawings by rebellious young Pre-Raphaelite artists at the Art Gallery of Alberta's *Beauty's Awakening*. UNTIL NOV. 13, YOURAGA.CA

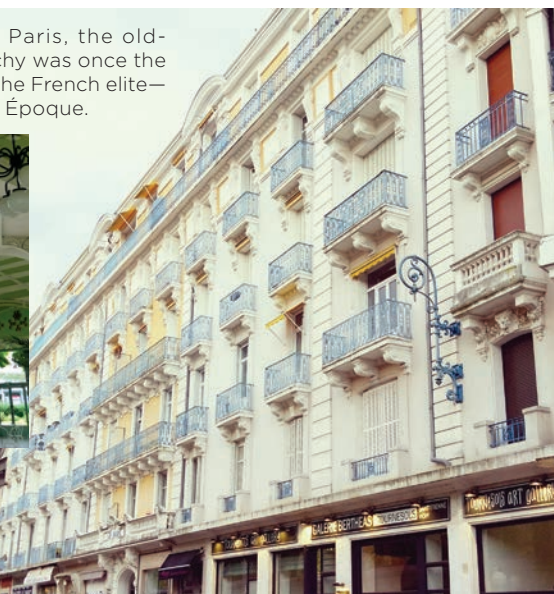


"Victoriana club kid" is how hairstylist James Pecis described the vintage piled-high do at Simone Rocha. NEXXUS MOUSSE PLUS, \$17, DRUGSTORES

1. Three hours south of Paris, the old-fashioned spa town of Vichy was once the hottest vacation spot for the French elite—like the Tulum of the Belle Époque.



2. How beautiful is the Halle des Sources? Built in 1902, this art nouveau structure connects to six hot springs via pipes so people can drink the water for medicinal purposes.



3. These taps deliver a fresh supply of potent water from the Célestins hot spring. This elixir is used for the blissful treatments at the famous Vichy Célestins Spa Hôtel. (Yes, I had one. Yes, it was amazing.)



4. I caught a first-class ride over the chain of 80 now-dormant volcanoes in Auvergne that are responsible for the buffet of thermal waters.



In the hot-spring-filled spa town of Vichy, France, water is more valuable than wine. But not just any H<sub>2</sub>O: the mineral-packed, skin-strengthening thermal water that's in every Vichy product. "It's rich in 15 minerals and free from pollution," Pascale Mora, the scientific communications director of Vichy International, tells me about the superwater born deep beneath the earth's surface. "The minerals rebalance and soothe the skin and help boost cell regeneration." Follow along as I roll into the deep.

BEAUTY ADVENTURE

## WATER WORKS

Associate beauty editor **Natasha Bruno** visited the volcanic Vichy region in central France to hunt water

6. En route home, I fought jet lag with this cooling rollerball illuminator infused with thermal water. It gave my plane-parched skin a soothing boost of moisture (and much-needed glimmer).

VICHY TEINT IDEAL ILLUMINATOR ROLL-ON, \$27, DRUGSTORES

TIFF SPOTLIGHT

# Best dressed list

Hollywood's A-list descended on Toronto for the city's annual film festival. The fashion didn't knock our socks off, but a few stellar looks hit the red carpet. Here, our editors select their favourites



**LUPITA NYONG'O**  
**TIFF movie:** *Queen of Katwe*  
**Why we love it:** Nyong'o accessorized this stunning Carolina Herrera dress with a regal selection of Tiffany & Co. sapphire, diamond and tanzanite jewels—reportedly worth almost \$625,000.



**FELICITY JONES**  
**TIFF movie:** *A Monster Calls*  
**Why we love it:** The British ingenue was a breath of fresh air in this frothy Gucci frock.



**ZIYI ZHANG**  
**TIFF gig:** Jury member  
**Why we love it:** Zhang brought a welcome dose of drama in sweeping Elie Saab.



**JENNIFER CONNELLY**  
**TIFF movie:** *American Pastoral*  
**Why we love it:** Connelly is the epitome of cool in this asymmetrical Louis Vuitton look.



**AMY ADAMS**  
**TIFF movie:** *Nocturnal Animals*  
**Why we love it:** Tom Ford dressed Adams in pure white for the premiere of his film.



**GABRIELLE UNION**  
**TIFF movie:** *Birth of a Nation*  
**Why we love it:** Union proves a cape makes any dress better in a covetable Sophie Theallet outfit.



**ROONEY MARA**  
**TIFF movie:** *Lion*  
**Why we love it:** Mara—a can't-miss style star—rocked equally hot new Parisian label Aouadi on the red carpet.



**NICOLE KIDMAN**  
**TIFF movie:** *Lion*  
**Why we love it:** Kidman mixed metals with a shimmering Nina Ricci dress and Giuseppe Zanotti heels—so precious.



**RACHEL WEISZ**  
**TIFF movie:** *Denial*  
**Why we love it:** This feminine Alexander McQueen gown made our esteem for Weisz's style bloom.

## BLUE CRUSH *Our fave leading men turned heads in statement-making blue*



**Michael Fassbender**  
 Everyone's imaginary boyfriend looked on point in Thom Sweeney.



**David Oyelowo**  
 The riveting *A United Kingdom* actor opted for a cool monochromatic look.



**Jason Sudeikis**  
 The funny actor offset his sharp Ben Sherman suiting with Nike kicks.

ONLINE SEE ALL THE RED CARPET LOOKS AT [THEKIT.CA/TIFF2016](http://THEKIT.CA/TIFF2016)

FRAGRANCE

# Champagne supernova

Inside the glitzy L.A. bash in honour of Marc Jacobs's fizzy new spritz

BY NATASHA BRUNO

A caviar and oyster station, mirror-topped dinner tables descending from the ceiling and free-flowing Ruinart Blanc de Blancs bubbly: Champagne has long been a symbol of luxurious living and celebration, so it was fitting that fashion designer Marc Jacobs threw a star-studded dinner party at a vintage movie house in downtown Los Angeles to toast *Divine Decadence*, his latest champagne-infused perfume. The evening was splashy even by Hollywood standards, with the fragrance's muse and face, supermodel Adriana Lima, serving as party host in a metallic, thigh-high slit dress from the designer's Resort 2017 collection. After cocktails in the lobby, Lima led the way into the French-Baroque-inspired theatre, where guests including Tracee Ellis Ross, Ellen Pompeo, Angie Harmon, Rashida Jones and Ashley Benson were invited to take their seats on the stage and enjoy a menu inspired by notes in the fragrance.

The new floral blend is a more effervescent sequel to the original *Decadence* scent that launched last fall, with top notes of sparkling champagne, orange blossom and bergamot that fade into a white-floral bouquet. At the end of the day (or night), the warmth of saffron, vanilla and liquid amber lingers in the dry-down. Even the distinctive handbag-shaped bottle, complete with gold chain strap, has been updated with a teal, python-print topper and lighter Marc's involvement," says Ann Gottlieb, the fragrance

developer behind many of Jacobs's perfumes.

While liquor-inspired notes are nothing new in the fragrance world, they're not widely used. "A lot of companies and products won't allow the association with booze," explains Gottlieb. The ones that are willing to go there tend to be "a little naughty." In this case, the usage aligns with the unapologetically sexy, adults-only nature of *Decadence*. But alcoholic fragrance notes have a new sophistication, too. "Perfumers have refined them, so they don't take over the fragrance as much as they did before," says Gottlieb. "They're there to add character but they don't dominate."

For Lima, the project meant channelling her inner Old Hollywood star for the sultry ad campaign shot by legendary photographer Steven Meisel. "I was thinking of Elizabeth Taylor, Audrey Hepburn and Sophia Loren but a modern version of these beautiful women," says the 35-year-old model, who rolled around on the floor with abandon wearing a slinky slip dress, a lived-in smoky eye and tousled hair. "I always wanted to perform that way." And celebrating in style comes naturally to her. Asked what her favourite fizz is, when the occasion calls for popping a bottle, she doesn't hesitate: "Moët & Chandon Moët Ice Impérial." Cheers to that.



From left: Tracee Ellis Ross; Adriana Lima; Angie Harmon and Camila Belle.



MARC JACOBS DIVINE DECADENCE EAU DE PARFUM, \$115 (50 ML), SEPHORA.CA



SNIFF TEST

We asked Stephanie Guth, sommelier at the Chase in Toronto, to weigh in on this champagne-based fragrance.

"It makes me think of a wine that's quite perfumed—a Bernier or Condrieu from northern Rhône—in the sense that it's pretty and floral. A wine like a muscat smells like peaches, which is a youthful scent to me, but this fragrance has a little more sexiness and depth. It's like a Bernier, which is quite floral, but has an earthy element as well."



Turtleneck  
\$9.99

**H&M**



# The CHASE

## Vancouver

1.25 oz. Dillon's Rose Gin  
1 oz. Cocchi Americano  
1 oz. grapefruit juice  
0.5 oz. simple syrup  
1 egg white

Dry shake then wet shake and double strain into a coupe. Garnish with dried roses and flowers. Finish with sea salt mist.

## Edmonton

1 oz. El Jimador Tequila  
1 oz. Amaro Nonino  
1 oz. lemon juice  
0.5 oz. Calamansi honey  
1 small handfull coriander  
8 mint leaves

Muddle, shake and double strain into copper mule mug with pearl ice. Garnish with dehydrated citrus and mint.

## Calgary

1.25 oz. Lot 40 Rye  
1 oz. Gurrera Vermouth  
0.5 oz. Amaro Sibillia  
0.25 oz. Briottete Creme de Figue Liqueur  
2 dashes Angostura Bitters

Stir and strain into a coupe.

## Toronto

1 oz. Absolut Vodka  
0.5 oz. St Germain Liqueur  
0.5 oz. cinnamon infused syrup  
0.75 oz. grapefruit juice  
0.75 oz. lemon juice  
2 oz Fever Tree tonic water

Build in wine glass over draft ice. Garnish with grapefruit.

## Ottawa

0.75 oz. J.P Wiser's Deluxe Whisky  
0.75 oz. Capo Capo  
0.75 oz. Tio Pepe Dry Sherry  
0.5 oz. lemon juice  
0.25 oz. maple syrup  
2 dashes Psychauds Bitters

Shake and double strain into rocks glass with draft ice.

## Raise a toast!

To fete the national launch of *Compact*, Canada's most authentic fashion and beauty magazine, *The Kit* turned to the glam team at The Chase in Toronto. Their top mixologists created signature cocktails inspired by the individual flavours of our country's greatest cities. Try a tippie of the tribute to your hometown—or do as we did during the launch party, and cheers your way across the country!

1. The stylish bartenders posed for a live fashion shoot—cocktails in hand, of course—during the launch. 2. Partygoers get into the spirit of the celebration. 3 + 4. Stylish Toronto influencers mingled at the chic event.

PHOTOGRAPHY: KAYLA ROCCA (PARTY); AMBER HICKSON (DRINKS)

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HOLT RENFREW, 50 BLOOR STREET WEST, CONCOURSE

Tickets \$100

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Tickets at <https://www.supportcamh.ca/holtrenfrew>

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Charitable Number: 106932320RR0001

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## BEAUTY INSIDERS

# Passion project

An actor and a fragrance entrepreneur team up to bring scent and social responsibility together in a jasmine-laced juice direct from India

BY EDEN BOILEAU  
PHOTOGRAPHY BY KAYLA ROCCA

Canadian entrepreneur Barb Stegemann has been out to save the world one fragrance at a time since launching her perfume company, the 7 Virtues, in 2010. The main essence in each scent is sourced from farmers in war-ravaged or impoverished regions such as Rwanda and Haiti for a fair price, helping to bring reliable income to communities that are struggling to rebuild. One of the company's first scents, Noble Rose of Afghanistan, helped farmers transition from the dangerous heroin-poppo market to selling rose oil, legally and safely, for twice the profit. In fact, the story of how Stegemann came to start her perfume business after her best friend, a soldier stationed in Afghanistan, was attacked by a Taliban fighter is told in the documentary *Perfume War*, which premiered on September 21 at the Atlantic Film Festival in Halifax, where Stegemann lives.

For her latest fragrance, Stegemann teamed up with Canadian actor and philanthropist Lisa Ray (known for her performance in Deepa Mehta's critically acclaimed *Water*). Together, they created the spicy, intensely floral Lisa Ray Jasmine of India. Stegemann and Ray (who splits her time between India and Hong Kong) met up in Toronto recently, where we talked with them about social responsibility, subverting beauty ideals and why a whiff of jasmine can change your day.

## Why did you choose jasmine to be the foundation of this scent?

**Ray:** "Jasmine is the unofficial flower of India—it is threaded into your everyday life there. It's used to adorn temples. In south India, women thread fresh jasmine flowers into their hair every single day. And in Bombay, when you're caught in one of those death-by-traffic jams, where you're literally sitting there not moving for three and a half hours, there are often women selling jasmine flowers on a thread—we call them gajras. They're weaving in and out of cars in the middle of the stink and the chaos and the sound,

selling these little pristine pops of purity. Everyone is frustrated, grumbling or on their devices, and all of a sudden, you catch this whiff of jasmine. It just brings you back to your senses. I buy gajras and keep them in my bag."

**Stegemann:** "When you splash this fragrance on, it's like you're carrying a bit of jasmine with you. So you don't have flowers in your hair, but you're wearing a real essential oil from India. And the distillery, where they make twice the income from the jasmine as from the next crop, is just two hours from Lisa's home."

## What other notes did you include?

**Ray:** "The top notes are orange and bergamot. But then we've got lovely frankincense, myrrh, those really alluring, exotic, but still timeless, scents."

**Stegemann:** "I think of India and I think of spices like cardamom and ginger, and then fruit, the orange blossom. And of course the jasmine, the sacred flower, that Lisa wore to her wedding."

## Why launch the scent on the International Day of Peace, September 21?

**Stegemann:** "We launch every fragrance on the International Day of Peace to really bring home the message that there is a way to flex our buying power as women and end this cycle of war and poverty. When families have jobs and are not beholden to the Taliban or other

oppressors, they aren't at risk of losing their children, and our troops don't have to go in."

## Why did you want to bring social responsibility to the beauty biz?

**Stegemann:** "We need a cavalry to come and do trade with people rebuilding! That's the only way to end the cycle. The measure [of success] may not be in dollars for us; it's in how we're making change. A lot of young people and social entrepreneurs really connect with the idea of what we are doing as a business: being fair and making sure that everybody does all right—the retailer, the farmer or the supplier, and us. Nobody's making all the money. And that's how we change the world and flex our buying power."

**Ray:** "What strikes me about the model that Barb has created is that it's subverting the beauty counter. There's a lot of debate about the beauty [industry] and how it often ends up chipping away at women's self-image, requiring us to fulfill a particular kind of unrealistic image. So to subvert that and do something that actually becomes an access point for women to come closer to what they want to stand for in the world, and to be part of a movement, that's powerful."

**Stegemann:** "I used to say that the beauty counter frightens and intimidates me. I would rather go to Rwanda or Haiti than the beauty counter!"



THE 7 VIRTUES LISA RAY JASMINE OF INDIA, \$70 (50 ML), HUDSON'S BAY.

Actor Lisa Ray (left) and entrepreneur Barb Stegemann were at Hudson's Bay in Toronto recently to talk about their new fragrance.



GLOBAL GLAMOUR  
Lisa Ray stuns on red carpets from Toronto to Mumbai.

1. At the Costume Designers Guild Award in Beverly Hills, 2007. 2. At a Toronto gala in 2013. 3. At the *Vanity Fair* Oscar party in 2007. 4. On the red carpet in Mumbai in 2015. 5. At the 2005 premiere of her movie *Water* at TIFF.



CHARLOTTE TILBURY  
SCENT OF A DREAM, \$119 (50 ML), HOLT RENFREW

## THE INSPIRATION

Raised in Ibiza by "bohemian" parents, Tilbury always had "an innate fascination with the way that science, spirituality and the laws of the natural world come together." During her trippy upbringing, she studied astrophysics, telepathy and the history of the universe under the guidance of a well-known guru. "He showed me that emotions are our energy centres," Tilbury explains. "So I wanted to create a scent that would ignite the love, positivity, power and sex within the wearer and the people around her."

## THE JUICE

Tilbury tapped fourth-generation perfumer François Robert to execute her vision of perfume nirvana. Prominent notes include peach, black pepper and jasmine, but the most interesting elements were chosen, unsurprisingly, for their supernatural attributes. Violet, for instance, contains the molecule ionone, which plays a ghostly vanishing act on the nose—first you smell it, then you don't. Frankincense, one of Tilbury's non-negotiable requests, acts as "the spiritual portal from this world to another world," she says earnestly. "It takes you to your higher self."

## THE FACE

She's painted the face of pretty much every top model in the game, but Tilbury picked bestie Kate Moss (maybe you've heard of her?) to front her inaugural fragrance. In the campaign videos, Moss spritzes herself with a cloud of Scent of a Dream, demonstrating its innovative vapour technology. "My whole thing is 'Spray the magic way,'" says Tilbury as she liberally mists behind her ears, wrists and ankles. "As you walk through the day, it moves with you."

## THE BOTTLE

For Tilbury, the packaging had to be as mystical as the scent it holds. She looked to old-fashioned potion-bottle design and incorporated nods to medieval symbolism—a spire stopper, an octahedron lid and starburst engravings—to bring the story full circle. "I've always had an affinity with alchemists because I feel that's what I've done with my makeup," she says.

## THE TRAIL

Perhaps by divine coincidence, the scent does seem to leave behind a trail—an impressive feat considering that fragrance experts have had little luck intentionally achieving it. Tilbury says the "sensuous, nuanced" trail drew people to her while she was secretly wearing the fragrance during development. "I've been everywhere from weddings to airports and had men and women run after me saying, 'You can't keep this to yourself!'"

## FRAGRANCE

# Weird science

Star makeup artist Charlotte Tilbury's first fragrance isn't your average celebrity launch

BY JILLIAN VIEIRA | PHOTOGRAPHY BY AMBER HICKSON

"Creating your own destiny is about igniting the psychoactive frequencies and emotional pathways that unite us," declares makeup artist Charlotte Tilbury, known for beautifying (and partying with) the likes of Kate Moss and Penélope Cruz. The eccentric redhead isn't trying to get me to join a cult, but rather discussing her debut fragrance, *Scent of a Dream*, in her eclectic London office. After blending her own perfume for years and attracting attention from anyone within sniffing distance, Tilbury decided to create a brand new category—floral chypre—for a fragrance that's as free-spirited as she is. Read on for the rundown of the scent.

Ariana Grande poses at the Viva Glam Ariana Grande 2 press event; rocking a sweeping Romona Keveza gown at the 2016 Grammy Awards; showing some skin in Atelier Versace at the 2016 Billboard Music Awards.



Q &amp; A

## THE POWER OF LIPSTICK AND HAIRSPRAY

Pop star Ariana Grande is back in the spotlight and ready for her voice to be heard

BY NATASHA BRUNO

Ariana Grande has come a long way since her days as a Nickelodeon teen sitcom star—the title of her latest album is *Dangerous Woman* and it seems like she means it. When we meet in West Hollywood to discuss her partnership with M.A.C Cosmetics' long-running Viva Glam initiative in support of people living with AIDS, the singer has updated her signature waist-length ponytail with sharp new bangs; she's swapped out her signature cutesy outfits for an edgy Alexander Wang top and Au Jour Le Jour jeans; and her demeanour is serious. "The whole point of being on this earth is to change: Life is a process and you're always evolving," she says.

As part of her evolution, the 23-year-old has become more outspoken on issues that matter to her. "Not enough people are talking about HIV/AIDS," she says. "M.A.C helps people recognize that it is okay to speak out about these kinds of things." For her second Viva Glam lip colour collection, Grande designed an electric fuchsia lipstick and shimmery mauve lip gloss—a clear departure from her previous gothic black-plum lipstick. The theatrical campaign image sees the Broadway alum dressed in hair-to-toe pink, lounging in dollhouse-like surroundings. But the best part of this collab is that 100 per cent of

the proceeds goes toward disease prevention and support for people living with AIDS. (The M.A.C AIDS Fund has raised \$430 million to date.) "It's guilt-free shopping: Buy a lipstick, save a life," says Grande.

We sat down with Grande at M.A.C's Los Angeles boutique to chat about fame and fashion.

**You live under constant public attention. How do you manage the pressure to be a role model for young girls?** "What's crazy is I don't feel any pressure. I just try to be myself and not pay attention to negativity. I try to keep chill and just be honest with my fans. To me, being a role model is being as truthful as I possibly can, and trying not to be perfect in order to grow. I'm not perfect at all. I think being honest and embracing what comes your way is the way to go about it."

**Your album *Dangerous Woman* dropped in May. What does the title mean?** "I think the title embodies the album. It's saying be honest, be free and be who you are. It's kind of like saying, 'Hell yeah, here I am!'"

**How would you describe your daily makeup look?** "It all depends on my mood and the day. If I'm feeling sexy or sassy, I'll

do a cat-eye or a really bronzy lid with a fluffy lash. Sometimes I don't even wear any makeup; I just wear my lashes and go."

**What's your favourite makeup trick?** "I love a pink highlighter on my nose and cheeks."

**An extra-long ponytail has become your trademark, and you've worn hair extensions because of past damage. What's the repair process been like?** "I used to have to dye my hair red for a TV show a few years ago, and that really took a toll. But then I switched to wigs, and my hair has since bounced back. My own hair is healthy as heck now and super thick—I'm very grateful."

**What's next for you?** "I'll be going on tour early next year. I'm also going to be in NBC's *Hairspray Live!* musical on December 7, which is very exciting. I get to play Penny, which has been a dream role of mine since I was literally 10 years old. I remember worshipping Kerry Butler, who was the original Penny, and the fact that I get to play this role now is so crazy to me. It's completely separate from the pop world, but such a breath of fresh air—just what my soul needed at this point."



M.A.C COSMETICS VIVA GLAM ARIANA GRANDE 2 LIPGLASS, \$19. LIPSTICK, \$21. MACCOSMETICS.COM



ONE-MINUTE MIRACLE

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INDEED LABORATORIES 10BALM, \$20. SHOPPERS DRUG MART

PHOTOGRAPHY: GETTY IMAGES (GRANDE); GEOFFREY ROSS (SWEAR)

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RAG & BONE

TREND ALERT

# THE COLD SHOULDER

The off-the-shoulder trend established itself as a full-fledged summer movement, but as temperatures begin to dip, the style is evolving into something a touch more refined. With heavier knits featuring peekaboo sleeves and asymmetrical lines popping up at Saint Laurent, Lanvin and Baja East, it's definitely a look we can stand shoulder to shoulder with. —*Veronica Saroli*

SHOP THE TREND



CLOCKWISE FROM LEFT: MARAM DRESS, \$390, MARAMPARIS.COM. TIBI TOP, \$489, TIBI.COM. HIGHLINE TOP, \$89, THEBAY.COM. EXPRESS TOP, \$50, EXPRESS.COM

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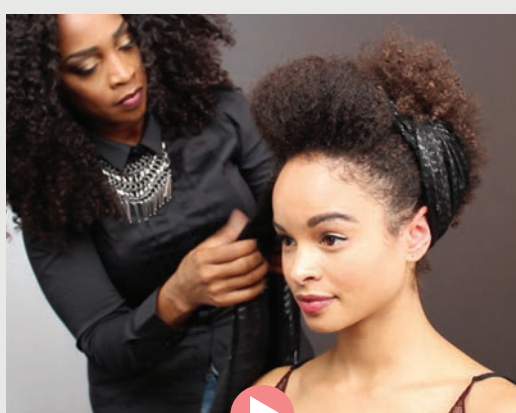
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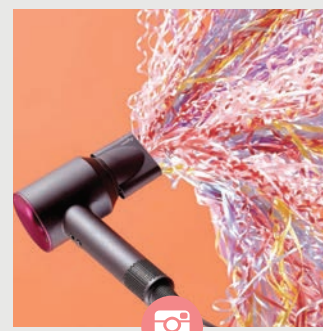
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PHOTOGRAPHY: PETER STIGTER (RUNWAY EXCEPT SAINT LAURENT AND BAJA EAST); GETTY IMAGES (SAINT LAURENT AND BAJA EAST)

# MELISSA'S *Musts* FOR FALL 16

Cozy and chic all wrapped up in one fab sweater. **R/R, TNT THE NEW TREND**



I have a very cute pair of black and white shoes not unlike this that has basically paid for itself 10 times over in compliments. The bad news is that they are getting pretty beat up. The good news is that I found these. See . . . I am a glass half full-type person (or shall I say, shoebox half full!). **NINE WEST**



In my mind, there are closet "basics", "classics" and "showstoppers". This one blurs the lines so I am going to create a new category, "basically fabulous". **PINK TARTAN**



One of the biggest trends this season is also one of my favourites. Think: romantic, Victorian-inspired and very feminine. My pick of the "period pieces" at BV. . . this gorgeous dress from Sandro. **W Les Femmes, SANDRO**



You know what I say about this chic-y, studded lips clutch? Mwah! **3AM Forever, SANDRO**



I think this would be a great addition to my wardrobe . . . the black in the pattern means I can team it with all that black I already have and still add a pop of colour to the outfit mix. **Etro, EMMA**

**OUR FASHION INSIDER, BAYVIEW VILLAGE MARKETING DIRECTOR MELISSA EVANS-LEE, CHALKS IT UP TO FABULOUS WITH MELISSA'S MUSTS, HER EDIT OF WHAT'S HAUTE FOR FALL.**

**ON MELISSA: Paule Ka blouse, TNT THE NEW TREND  
Fur collar, PINK TARTAN  
Earrings, SWAROVSKI**



For the most part, I'm a "dress girl" but there are definitely days when I just want to grab a pair of pants and a pair of flats and get on with my day in a really comfy, yet stylish way. To that end, these would be great to have at the ready. **TALBOTS**



Thanks Kendall and Kylie, these are kute with a capital Kardashian "K". These are definitely going to be making their way into my klosset. **Kendall + Kylie, CAPEZIO**



Sometimes a little furry goes a long way. Here, it takes a somewhat ordinary clutch from 0 to 100. **BROWNS**

I love the idea of this gorgeous, lace-embellished blouse, not just with a skirt, but with jeans, too. **Eureka, SANDRO**

*Bayview Village*

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SEE ALL 45 *Musts* [BAYVIEWVILLAGESHOPS.COM/MELISSASMUSTSFORFALL2016](http://BAYVIEWVILLAGESHOPS.COM/MELISSASMUSTSFORFALL2016)

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### Q & A

## TIME TO REMODEL

*Supermodel Elaine Irwin shares her tips, tricks and philosophies for aging with confidence*

Elaine Irwin was a supermodel in the '90s, the golden age of the supermodel, when first-name-only stars like Cindy, Christy, Linda and Naomi inspired front-page ink and started to command astronomical fees. After years away from the glare, Irwin, 47, is back in front of the camera as the face of Almay's Age Essentials line. We caught up with her on her recent visit to Toronto.

**You've returned to modelling after a long break—what's it like to come back?** "It's been a change—in a good way! I think it's important to continue to challenge yourself and go outside of your comfort zone, and returning to modelling was just that. I feel very lucky to be welcomed with open arms."

**Who are your beauty inspirations?** "These might be obvious choices but Cindy Crawford and Naomi Campbell come to mind right away. Both are stunning, strong women."

**How do you keep your skin looking great?** "I'm a strong believer in keeping things simple. SPF, hydration and a good night's sleep are key."

**How has your makeup routine changed over the years?** "I've learned that less is more. I tend to shy away from strong eye makeup, as it can look harsh on my fair complexion. I've always really liked natural-looking makeup. I look for products that are multi-tasking with skin benefits to simplify my routine. I think that's why I'm so drawn to Almay Age Essentials. It provides great coverage, evens out my skin tone and provides anti-aging benefits like SPF and hydration at the same time. It's like my magic potion."

**What tips have you picked up from makeup artists?** "That certain parts of the face show signs of aging much quicker than others. They've taught me the importance of hydration and to never forget my neck and décolletage. They also remind me to hydrate my lips, as they generally shrink as we age."

**How do you stay healthy?** "Moderation is king. I do generally eat fairly healthy and incorporate a lot of fruits and vegetables into my diet. I also drink a ton of water and work out three to five times per week. I'm not a fan of extreme dieting, as it's not sustainable."



Elaine Irwin (far left) during a 1992 *Vogue* cover shoot, with all the biggest names in the modelling biz, including Cindy Crawford, Claudia Schiffer and Canadian superstar Linda Evangelista.

It's about living a healthy and balanced lifestyle that works for you. I also don't feel guilty about indulging once in a while! Hard work deserves rewards."

**What's your philosophy on aging?** "Aging is a natural process that happens to everyone. I think if you can do things that make you genuinely happy—like getting enough exercise so your energy levels are up, and surrounding yourself with the people you love—you can take aging in stride." —Eden Boileau

ALMAY AGE ESSENTIALS MAKEUP: \$18, CONCEALER, \$14, DRUGSTORES



### ORAL CARE

## SECRETS TO A BRIGHTER SMILE

*Beauty editor Rani Sheen presents a guide to the latest smile-brightening arsenal*

#### AT THE CLINIC

I'd always been curious about pro teeth whitening, but I didn't want an extreme makeover—and I was nervous about the pain factor on my sensitive teeth. So when I heard about the new Philips Zoom QuickPro treatment, I jumped at the chance to try it. A dental hygienist painted on a 20 per cent hydrogen peroxide solution followed by a sealant, which she hardened with UV light. After half an hour, I brushed it off with a toothbrush. My teeth brightened about two shades on the spot—not bad for a suggested price of \$150 (philips.ca), and nary a twinge of sensitivity.

#### AT HOME



A brush-on whitening treatment (no need to rinse) that you can toss in your bag and apply pretty much anywhere.

**GLO SCIENCE GLO POP 3 DAY TEETH WHITENING TREATMENT**, \$35, SEPHORA.CA



Like shampoo and conditioner for your teeth, this duo offers double the cleansing care.

**CREST 3D WHITE 2-STEP TOOTHPASTE**, \$15, DRUGSTORES



Both traditional and sea-anemone-like silicone bristles combine in this high-tech sonic toothbrush.

**FOREO ISSA HYBRID TOOTHBRUSH**, \$230, FOREO.CA



Promising to take you four shades lighter (platinum smile for fall, anyone?), this toothbrush has a click-out whitening pen in its base.

**COLGATE OPTIC WHITE TOOTHBRUSH AND WHITENING PEN**, \$20, DRUGSTORES

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