THURSDAY, MARCH 17, 2016 TORONTO STAR



BEAUTY SPECIAL

# BESTHAIR EVER

Actor Lucy Hale on why her cut makes her confident—plus the hottest looks, straight from the red carpet

page 4

PHOTO: CHRISTOPHER WAHL

STAY CONNECTED



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# PANTERSE STRONG IS GOING TO ANY LENGTH



When your hair is strong, you can go further than you ever thought. The new Pantene shampoo and conditioner system has a PRO-V Formula that micro-targets weak spots, for stronger hair.\* So you can love it even longer.

1111

\*strength against damage vs. non-conditioning shampoo ©2016 P&G

# **MOST WANTED** Spring beauty

Your shopping list starts here: Beauty editor Rani Sheen selects the latest essentials

PHOTOGRAPHY BY ADRIAN ARMSTRONG

# 1. High times

METTRUM ORIGINALS HEMP INFUSED MASSAGE OIL,

\$15, METTRUM-ORIGINALS.COM

2. Extra lime

with lime juice,

grains.

This mojito-esque

face wash polishes

grapefruit peel and

eco-friendly silica

on fingers and dab

on cheeks for a

SEPHORA

2430

COLLECTION

translucent flush.

Made by an Ontario medicalcannabis producer this silky hempbased massage oil leaves skin totally blissed out.

liner, which allows strokes to mimic brow hair.

BROW LINER IN COCOA, \$29, AMATERASU.CA

David Bowie, the patron saint of by frosting your gold-glitter gel.

BEAUTY LAMÉ NOIR MASCARA, \$33, SEPHORA.CA

8. On the nose Pore strips: the most satisfying Spray (yes, spray!) this sheer formula

> sheet mask to clarify. BENEFIT THE

PERFECTION MIST AIRBRUSH BLUSH IN WITH THORNS \$25, SEPHORA.CA

# 4. Salad days

Why don't more fragrances feature veggies? Fennel and carrot blossoms are earthy and fresh; the rose note prevents full primavera.

JO MALONE CARROT BLOSSOM & FENNEL COLOGNE, \$80, JOMALONE.CA

# 5. Real smooth

Work out tumbleweed-sized tangles with this brush's stiff bristles and soft epoxy tips. THE KNOT DR. PHD

\$24, MURALE.CA

6. Next-level brows Meet liquid brow for ultra-fine

AMATERASU LIQUID

# 7. Twinkle eyes

This year, we lost glitter. Pay tribute lash tips with this

MARC JACOBS

ÉMINENCE ORGANICS WASH, \$46, THEFACIALROOM.CA 3. Blush in a can

beauty invention These ones use a serum-soaked

POREFESSIONAL INSTANT WIPEOUT MASK, \$42, SEPHORA.CA

# 9. Let's gel

The new gel-like polish from celeb manicurist Deborah Lippmann is fortified by silk fibres and acrylic glass (better known as Plexiglas).

DEBORAH LIPPMANN GEL LAB PRO POLISH IN PEACHES & CREAM \$24, SEPHORA.CA

# 10. '90s nature

A new take on blockbuster unisex scent CK One hits the streets with notes of cobblestones and wasabi.

CALVIN KLEIN CK2 EAU DE TOILETTE, \$67 (100 ML), THEBAY.COM

# **SKIN TRICK** WAKE-UP CALL

1

Late nights and early mornings are DJ and model Hannah Bronfman's specialty. She tells us how to look great on no sleep

1. Place cold metal spoons over your eyes for a few minutes.

cold water, then spray it with rosewater.

10

2. Splash your face with 3. Apply a little bit of concealer. (Right now she's liking one from Honest Beauty.)

4. Drink "Work," Calvin Harris's "How Deep Is a matcha green tea. Your Love," anything by Fetty Wap.

5. Make an energizing playlist: Rihanna's 6. Use a refreshing, brightening eye cream like Clinique Pep-Start (\$31, sephora.ca).



# Q & A **FINE DRESSING**

Fashion blogger Nicolette Mason opens up about style, stereotypes and her new collab with Addition Elle

BY VERONICA SAROLI

What were your goals when designing the collection? "I tried to think of practical solutions to getting dressed, and there were a few things that were on my list of criteria: You could wear a regular bra; you didn't need very specific shapewear; and you could put it on by yourself.'

Where do the dresses' names come from? "The dresses are named after my best friends [like Janet, modelled by Mason, left]. I'm really lucky to have a group of strong, powerful women around me. I wanted to pay homage to the impact they have on my life, identity and self-esteem.

You also blog about social issues like gay rights and-after your own wedding-marriage equality. Is it difficult to open up? "It was hard to talk about the more personal things at first because there's so much vulnerability, and the internet is a scary place where you can't control what people do with your content. But growing up as a young gay girl, I didn't have media or role models to look up to-I felt disrespected

and isolated. It's important to me to create some sense of visibility.

As someone who wears many hats in the industry, how do you think the "fashion girl" stereotype has evolved? "I went to school for design, knowing I liked fashion, but not thinking I could have a career in it because I didn't fit into that fashion-girl stereotype at all. I never have and I never will. I think that social media has disrupted the idea of what a fashion girl looks like and forced the fashion industry to become democratic. We're playing a lot with the idea of the establishment and what the industry looks like, and that's a really good thing.



NICOLETTE MASON COLLECTION DRESSES, \$ \$170 \$195, ADDITIONELLE.COM

# TREND ALERT GROMMETS

We'll admit that, yes, sometimes fashion deserves its impractical rep (lest we forget each and every Comme des Garçons show). But this season, function came to the forefront. The grommet-known for providing reinforcement on basically every useful item-found new and beautiful purpose on the runways: as the stage for dramatic bows at Proenza Schouler, as biker-babe detailing at J. Mendel and even as raincoat decor at Hunter. (Okay, maybe they're not always practical.)



BEAUFILLE TOP, CHARLES.COM



PAIGE JEAN 425, PAIGE.C



ANN TAYLOR SHOES \$98, ANNTAYLOR.COM



COACH BAG, \$435, COACH.COM



ELLERY SKIRT, \$3,015, ELLERYLAND.COM



GIUSEPPE ZANOTTI DESIGN SHOES, \$1,045 NORDSTROM.COM

# SHOPPING SIMONS ARRIVES IN ONTARIO

The Quebec-based retailer Simons opens its first Ontario location this week at Mississauga's Square One mall. Womenswear buyer Océane Stanislas thinks the Canadian market is ripe for a shakeup. "We don't have an Opening Ceremony, a Dover Street Market or Colette. I think Simons can bring that challenging assortment," says the Paris-born buyer, who loves designer labels like Acne but admits her favourite purchase last season was a plastic clutch accessorized with Lego she picked up for \$10 from the store's in-house brand Twik. "I try to have wearable staples women will love but also add small capsule collections from a roster of designers. Life is short and fashion is all about fun." Look for brands from Balmain to Carven at the two-storey store.

ART DIRECTION:

PETER STIGTER (HUNTER AND SPORTMAX).

MENDEL);

AND

(BRONFMAN

IMAGES

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**RED CARPET HAIR** 

# **Centre stage**

Switch up your look with the sharp middle part that stole this season's red carpets

# BY RANI SHEEN

year's award-show circuit are any indication. "The centre part is always very chic and very strong—it's something that demands attention," says Harry Josh, John Frieda his name styling Gisele's sun-dappled waves. (He also Byrne and Lily Aldridge.) "A side part is more demure, but a centre part is like, 'Boom! Here I am."

For those who have found a poker-straight centre part

What's in a part? An awful lot, if the standout looks on this tering. Adding texture and movement into the hair before parting will keep the look natural and soft. Consider your face shape, too. The centre part has an elongating effect, which might be welcome for a round face (a side part can international creative consultant and the man who made make it look wider) but is less so for a long and narrow visage. "But it doesn't mean it's not going to work," says tends to the stylish red carpet dos of Kate Bosworth, Rose Josh, adding that a little asymmetry can be more forgiving. "We're starting to see parts move slightly, so you can go slightly off-centre."

Whether you go slick, soft or tucked back, here's the inspito be too severe, Josh has a few tricks to make sure it's flat- ration-and information-you need to execute your look.

# Clockwise from left: Emilia Clarke, Alicia Vikander, Kate Winslet and

# **SOFT AND** PULLED BACK This is definitely a softe look," says Josh. "You'll realize no one here has

hard parts—it's a very blurred line." The trick is to put lots of texture into the hair first, and Josh has a star product for that: "I use a ton of mousse on almost everyone; it's the most lightweight styler, he says. Massage more than you think you need into damp hair (he uses at least a softball-sized blob) and diffuse or air-dry. Then part it with your fingers, pull the front panels back gently and pin them at the back. If you have fine hair that falls easily, set the look with finishing spray. Huge bonus: This style has an anti-aging effect. "These looks are like a half-up that you would do on a little kid, so it looks youthful."

PRO TIP: Decide before you part your hair whether you want to let some pieces hang loose to frame your face. The more you want to fall, the less precise the parting line should be





# **LOOSE AND** WAVED Part in the centre, skip the

will do the trick. "Don't fear salt spray and grab a brush that the waves are going for the most modern take to fall," says Josh. "You're on loose body. "What's better off having a curl that different about this look looks natural as opposed versus the beach wave, to a tight ringlet that won't which the 2000s were fall." If you know your hair all about, is that this is doesn't hold a style, try brushed out," says Josh- using a smaller-barrel who helped popularize that curling iron. look with Gisele. "Instead

of scrunching and making **PRO TIP:** Get these waves it rough, we are brushing by wrapping pieces of hair it." Once you've created around a curling wand waves with a diffuser or a or iron, leaving the ends curling iron, smooth them out, and holding for a few with a flat bristle or paddle seconds before letting brush-even your fingers them drop.



blow it out, then flat-iron it. Make a precise centre part with a tail comb. then brush the sides smooth.



spray the tail with hairsprav so it won't slip out. Then keep twisting the tail as you wrap it around the base and pin it. In this scenario, thin hair is an asset, because it's easier to achieve a tight style. **PRO TIP:** If you have very

thick hair, start the day before, says Josh. Flatiron it and sleep on it-the next day, the natural oils will help it to lie flat.

a low ponytail or chignon-

either way, secure a pony

first. "If you twist and pin

it right away, you lose

the tightness," says Josh. If you're creating a bun

**TOOL KIT** Essentials for A-list hair



1. Lightweight mousse JOHN FRIEDA FRIZZ EASE CURL REVIVER MOUSSE, \$1 DRUGSTORES

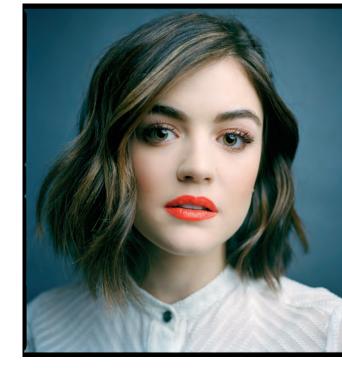
2. Setting spray L'OREAL PROFESSIONNEL INFINIUM EXTREME, \$23,

3. Flat bristle brush BUMBLE AND BUMBLE THE FLAT BRUSH, \$105, SEPHORA Clockwise from top: Priyanka Chopra, Shay

4. Small-barrel waver BIO-IONIC LONG BARREL STYLE PRO CURLING IRON 1 \$185, SEPHORA.CA Mitchell, Sofia Vergara

# PROFILE **CUTLOOSE**

Actor Lucy Hale isn't hiding behind her hair anymore BY LAURA DECARUFEL. PHOTOGRAPHY BY CHRISTOPHER WAHL



In most ways, Lucy Hale is not #justlikeus. She about the new PLL season-"The girls are in stars on the teen smash Pretty Little Liars; she recently wrapped her first film; and when she tweets, her five million followers respond with rhapsodic emojis. Like many women, though, Hale is pretty obsessed with her hair. "I always she says, is firmly on the future, which, in the most have been," says the actor, 26, her voice even softer than on TV, her eyes somehow more enormous and her frame more slight—like a gazelle in leather shorts. At 13, Hale's idea of hair perfection was long I feel like a badass."

and straight. "For years, I'd sleek-iron my hair, and it went halfway down my back," remembers Hale, who is at Hudson's Bay in Toronto for a whirlwind 24 hours to promote Blowpro, the haircare line of which she is the very pretty face. "My dad would do my ponytail, and if there were bumps, I'd be like, 'Um, Dad, we need to start again."" (A 2003 clip from American Juniors shows a teenage Hale with a crisp part and a polished low pony—very Dior Spring 2016.) Then, a few years ago, something changed: "I'd thought of my hair like a security blanket—I'd used it to cover my face—but I suddenly felt the urge to chop it off." She started slowly: first trimming one inch, then three. Now, she has a textured, chin-length

bob that elicits adoration on social media (sample tweet: "You inspired me to cut my hair and I love it so much omg"). "It is addictive," Hale says, laughing. "The cut is edgier and chicer, but it also proved that I had the courage to do it. Really, I'm addicted to being confident.' That daring is mirrored in the hair odyssey of Aria, Hale's popular PLL character. "Over six years, you grow as a person, so I'm trying to be more sophisticated with Aria," she explains. When the show kicked off, Aria's thick hair was streaked with flashes of pink before she turned to a cooler bronde look. "Aria takes risks, so it makes sense that she would be a risk taker with her hair." Hale is visibly excited

turmoil, but different turmoil!"-and about her first major film role, in the indie comedy-drama Dude, which hits screens this spring. "It's a femaledriven movie—like Superbad for girls." Her focus, immediate sense, includes a public appearance in five minutes, where she will meet with hundreds of very excited fans. "I used to get nervous, but I feel different now," Hale says with a grin. "Honestly?

**MY PERFECT DIY BLOWOUT** 

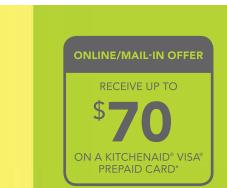
1. "I use leave-in conditioner, then let my hair air-dry about 40 per cent.' 2. "I use a texturizing cream and scrunch the hair, then I twist sections under using a blow-dryer 3. "Once it's dry, I use a straightener to dip and bend. 4. "For second-day hair, I use Blowpro's dry shampoo (\$25. thebay.com). It's hard for brunettes to find good dry shampoo, because it can be very powdery, but this is great: light and very texturizing.

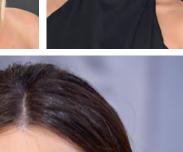




and Jennifer Lawre









BY CARLY OSTROFF

# 7 A.M FIVE MORE MINUTES "I hit the snooze button-at least twice.'

# 7:15 A.M.

THE SWEET LIFE "[My son, Beckett] is not into breakfast. I try to bribe him with good chocolate and granola bars and sometimes that works. When I was growing up, I had a pen pal in France, and they had bread and chocolate for breakfast, and I remember that I was like, 8 A.M 'This is the life."

# 7:30 A.M.

is this Beautycounter foundation play games on my phone, which is tane pump. It's fun and it's crazy." called Dew Skin. It's magic. Then totally annoying because it drains a lip liner from Make Up For Ever, the battery. Then, I work on my way 12 P.M. lipstick from Troi Ollivierre and to the office." Tom Ford eyeliner. Oh, and I have no eyebrows—I draw them. Don't 9 A.M. tell anyone.'

# 7:45 A.M.

GETTING DRESSED "I look at my I do is check in with my assistants phone and see what I have to do Nichole and Kate. They rule my the healthiest thing ever, but so 10 P.M. that day. If I have to be on the life; I'm not kidding. That calendar floor editing the line, I wear super- is on lockdown." comfortable pants and flat shoes, because I can't be in five-inch heels 10 A.M.

and a skirt. If I have to go to some- ALL ON BOARD "I had a conver- 1 P.M. thing for the CFDA [Council of Fashion Designers of America], that who wanted some advice, and then I might alter things, but most days it's had touch-base about the Madewell sparkly shoes."

# **FASHION PHILOSOPHY**

"My style is a mash-up of my East Coast grandmother and my West Coast upbringing in the sense that my favourite things are pleated skirts, cashmere sweaters and classic blazers, but then paired with something that feels very casual like jeans, sun-bleached tees and a requisite sparkly thing."

been the most intense experience for the] day. No breaks for anything. ON THE ROAD "Beckett and I me-his level of enthusiasm and On the days that I have Beckett, read on the way to school. Right excitement for all things design is I leave at 5:45." palpable. It's sort of like going to the now we're reading Spy Camp, and BEAUTY ROUTINE "My obsession we'll look up words. He likes to gas station and going to the high-oc- 9 P.M. **GUILTY PLEASURES** "I binge watch TV. I'd [love to] spend a day under the covers watching all of LUNCH HOUR "I like food. I've Orange Is the New Black or all of probably eaten more than my fair Girls. I'm reading Carrie Brownshare. There's this new [delivery stein's Hunger Makes Me a Modern MORNING JOLT "I basically like service] called Caviar, which I'm Girl-it's so well written. I try really my coffee like I like my ice cream: super excited about. They do a hard not to look at my phone before gigantic and iced. The first thing delivery that's all exotic bacon, my kids go to sleep." egg and cheese sandwiches. Not

> good. It's nice because I used to LIGHT MY FIRE "Before I go to have tomato soup every day! I was bed, I light incense, because I hate probably a little skinnier." waking up if the apartment doesn't smell good. I can't stand it."

sation with another young designer CASTING CALLS "I had a casting 2 A.M.

meeting with the art director, the ALL NIGHT LONG "I love going out. casting agent and the stylist for I love to dance. I'm a night owl. jeans, a sweater and a blazer-and catalogue. After that, I went to J.Crew. For styling, it's about if I You only live once! If I'm with lots of sparkly earrings, and lots of board meeting prep. Working with think it looks cohesive and if the the Public School boys, they stay [CEO] Mickey Drexler has probably story feels tight. That's [the rest of out late!"

**ONE-MINUTE** MIRACLE **Dear Batiste Dark** & Deep Brown dry shampoo: Blondes really do have more fun—mostly because they aren't spending eons trying to brush away pale dry shampoo residue from their golden roots. But you've given this brunette her morning minutes back: Your rice starch and cocoa-coloured tint (not so much that you stain my scalp, but enough to invisibly blend in) revive my two-day-old hair, leaving a light jasmine scent. Now that I've got all this free time and dateready hair; what are you doing this Friday? All my love, Jillian Vieira



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# FRAGRANCE **On the scent**

Kelli Korducki sets out to find the ultimate perfume that smells like her, only better

In my early 20s, I made a friend who was magnetic consideration. Nevertheless, I recently embarked and difficult and smelled incredible. As booze cast a soft focus over our weekly karaoke nights, she careened from table to table leaving invisible trails of Dolce & Gabbana Light Blue while I ached with the inadequacy of my own scentlessness.

Establishing a signature fragrance isn't easy. Body chemistry, olfactory associations and officemate particularities all have to be taken into

on a quest to find a fragrance of my own, one that would lock onto my pheromones and act as an extension of my body. Unfortunately, Light Blue, so bewitching on my friend, smelled like a truck stop car freshener on me. I tried others, but none seemed to achieve the desired effect of amplifying my animal magnetism. Maybe, I hypothesized, my own weak chemistry was at issue. After all, it was

> never *my* menstrual cycle other women's would sync to.

Or maybe I was just going about it the wrong way. To test out a more natural approach, I visited Toronto's new Escents Aromatherapy store. As founder Jacqui MacNeill explained, essential oils have medicinal properties, and their aromas unlock when applied to the bodies that need them most. At her assistant's urging, I tried a combination of blue camomile and geranium to help soothe my psoriatic elbows. But it was scentless, and I wasn't in it for the healing; I was there to smell amazing. MacNeill, a glossy entrepreneur with a nose for customer dissatisfaction, stepped back in. "Let's give you some rose otto," she said. Her assistant mixed it with sandalwood. I rolled it on and roses. My body had become a flower army's site of chemical warfare;

the sandalwood was nowhere to be found. "I like that better than whatever you've been wearing," my boyfriend later remarked. Surely I could do better.

So I hit the perfume counters. I knew what I thought I wanted: something musky, woodsy and just a tad horny. Alaïa Paris by Azzedine Alaïa was sweet and spicy, something your Anaïs-Ninworshipping friend would dig. By Kilian's Intoxicated reminded me of silk dressing gowns worn by film noir heroines, while a dab of Les Absolus 1001 Ouds by Annick Goutal made me feel like the type of woman who would casually own a pet leopard, à la Bringing Up Baby. On my wrists, Jazz Club by Maison Martin Margiela, a malemarketed fragrance, smelled about as cool as a Jazz FM sax solo. Then there was Tobacco Vanille by Tom Ford: Imagine Eartha Kitt purring for a man with a big cigar, and you've got the idea. Finally, I tried on New York Sandalwood by Bond No. 9 and felt like a well-worn leather armchair still warm from the object of my affection.

Each was beautiful, but none felt exactly like me. And maybe, argues perfumer and By Kilian founder Kilian Hennessy, that's just fine. "Like fashion, a fragrance 'dresses' you and tells a facet of your personality," Hennessy told me. "Personally, I believe we should have a wardrobe of scents. I like to play with them the same way I play with any other accessory: shoes, ties, pocket squares, bag. I always choose the perfume of the day last, according to the way I am dressed and the mood I am in."

If you say so, master perfumer. But I'm not so sure my chemical reactions can be as easily swapped in and out as a pair of hoop earrings. I'd like to think my one true fragrance is still somewhere out there, waiting for me.





sniff-drives a rosé-inspired scent

# THE NOSE

Chantelle Gabino, director of wine and spirits at Parts & Labour, Toronto.

# THE SCENT

Juicy Couture Viva La Juicy Rosé Eau de Parfum, \$110 (100 mL), thebay.com

# THE NOTES

Mandarin, fizzy citrus, pear, jasmine sambac, peony, orris

# THE VERDICT

"It gives off really beautiful rose petal notes in the beginning. I'm also getting a lot of citrus. The floral aspectsjasmine, rose, honeysuckle-tend to be the softer notes in rosés. For the most part, rosés take on the characteristics of this scent, with a slightly sweet but acidic body."

A selection of special, personal scents for your consideration

FROM LEFT: AZZEDINE ALAÏA ALAÏA PARIS EAU DE PARFUM, \$122 (50 ML), HOLTREINFREW.COM. DOLCE & GABBANA LIGHT BLUE EAU DE TOILETTE, \$86 (50 ML), SHOPPERS DRUG MART. TOM FORD TOBACCO VANILLE EAU DE PARFUM, \$245 (50 ML), HOLTREINFREW.COM. BOND NO. 9 NEW YORK SANDALWOOD, \$380 (50 ML), NORDSTROM.COM. MAISON MARTIN MARGIELA JAZZ CLUB EAU DE TOILETTE, \$125 (100 ML), THEBAY.COM. ANNICK GOUTAL LES ABSOLUS 1001 OUDS, \$334 (75 ML), THEBAY.COM. KILIAN INTOXICATED EAU DE PARFUM, \$345 (50 ML), HOLTREINFREW.COM.

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"None of the fragrances seemed to achieve the desired effect of amplifying my animal magnetism."

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Elizabeth Arden PREVAGE Anti-Aging Antioxidant Infusion Essence 3 The essence's Hydrachannel Technology™ boosts skin's natural hydration instantly and over time, while a blend of seven powerful antioxidants fights environmental aggressors

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