



THE KIT

BEAUTY SPECIAL

Our editors test-drove hundreds of products and chose these 35 as their absolute faves
page 4



GUCCI



DOLCE & GABBANA



DIOR



FENDI

SPOTLIGHT
SHOES, SHOES, SHOES
Designers share the seven amazing pairs you really, truly need this year. Consider it your spring fashion kick-start
page 7



LANVIN



MAX MARA



MARC BY MARC JACOBS. PHOTOGRAPHY: PETER STIGTER (RUNWAY AND BACKSTAGE)

STAY CONNECTED



Join the beauty all-stars

To celebrate our One-Minute Miracle Special, we're giving away **a miracle kit valued at \$650+**, for one hour each weekday, from Feb. 4 to Feb. 10.

For a chance to win, sign up to The Kit for free, or follow us on social media. Each day, we'll let you know when the contest begins.



thekit.ca/contests/omm-2016/

#oneminutemiracle

NO PURCHASE NECESSARY. OPEN TO CANADIAN RESIDENTS, 18 AND OLDER, EXCLUDING RESIDENTS OF QUEBEC. CONTEST LAUNCHES AT 12:00 AM, FEBRUARY 4, 2016 AND CLOSSES AT 11:59 PM, FEBRUARY 10, 2016. ODDS OF WINNING DEPEND ON TOTAL NUMBER OF ELIGIBLE ENTRIES RECEIVED. ENTRANTS MUST ANSWER A SKILL TESTING QUESTION. APPROXIMATE VALUE OF EACH PRIZE: \$650+. COMPLETE CONTEST RULES AVAILABLE AT WWW.THEKIT.CA/CONTESTS/OMM-2016/



MOST WANTED

Good sport

The throwback athletic jacket is quickly becoming this season's star, with designer heavyweights like Marc Jacobs, Rag & Bone and Fausto Puglisi all getting in touch with their sporty sides. The spring update? Spirited, bold colour and an oversized build—just like your high school boyfriend's letterman.

—Jillian Vieira. Photography by Adrian Armstrong.

ROOTS JACKET, \$388, ROOTS.COM



EXPERT ADVICE

WHAT TO WEAR TO A JOB INTERVIEW

We asked Rachel Zoe, celebrity stylist and fashion designer, for her pro tips

- BY NATASHA BRUNO
- When in doubt, stick to classics.** “No one is ever going to get upset with you for leaning toward being conservative. You can never go wrong with a black tailored suit jacket or a full suit. It could be ivory if you’re interviewing in the spring, summer or even early fall. You could also do a white suit in the winter.”
- Add personality with rich colours.** “A navy or charcoal suit, whether with a skirt or trouser, would be so chic with a great burgundy turtleneck underneath. Or try a mid-length skirt or pant with a great fitted sweater.”
- You’re going to an interview, not on a date.** “One rule that does not change across the board is to not show cleavage or too much skin. That’s just inappropriate.”
- Stay clear of in-your-face patterns.** “Don’t wear something that’s too overpowering, like a super-loud print.”
- Don’t get too complicated with jewellery.** “Keep your jewellery toned down or go for one dramatic piece: an earring, cuff, cocktail ring.”
- Avoid designer overkill.** “I had someone come in head-to-toe in one particular label: massive jewellery, a logo shirt. When someone comes in very flashy and dripping in labels, it’s a little pretentious. I’m not a huge fan.”
- Get mileage out of that standby LBD with a star extra.** “I always like an unexpected accessory. A metallic shoe or a shoe with some kind of beading on it—something really fun—will always add a whole new life to a simple black dress.”



Wardrobe care tricks

- Rachel Zoe lives her life surrounded by gorgeous garments. So it was only fitting to ask her how she keeps her own clothing looking like new
- She knows that not all hangers are created equal.** “I really like thin velvet hangers. I feel like they’re the least damaging to clothes, they take up the least space in your closet, and they make everything look cohesive.”
- She’s careful about how she organizes her closet.** “Never put anything beaded next to something knitted. It will cause pulls.”
- She has a go-to laundry hero.** “With Downy Fabric Conditioner, my clothes aren’t all pill-y, pulled and itchy. It helps them keep their colour and shape.” —Natasha Bruno



GET SORTED 50-PACK FLOCKED VELVET HANGERS, \$35, THEBAY.COM. DOWNY FABRIC CONDITIONER, \$7, DRUGSTORES



FROM THE EDITORS OF THE KIT

compact

Oh, hey, Toronto

The Kit Compact—Canada’s first beauty and style pop-up mag—is back.

#thekitcompact
thekit.ca/compact



Photography by Andrew Soule

@THEKITCA @THEKIT THEKITCA THEKIT

FIND US: FEB. 8-12

Select TTC stations & major intersections, exciting events and Guest Services in Toronto Eaton Centre, Sherway Gardens, Fairview Mall and Markville Shopping Centre. Visit thekit.ca/compact for all location details.

HAIR DYE GUIDE

Powder room pro

Whether you want natural-looking bronde or mermaid pastels, colouring your hair at home is easier than ever with innovative formulas, expanding colour lines—and these expert tips

BY JILL DUNN

1. IDENTIFY YOUR UNDERTONE

Figure out which is more flattering for you: cool or warm tones. “Skin tone and eye colour guide you here,” says Mandy MacFadden, colourist with Pureology Canada. “If you have a pink or red undertone in your skin, with blue or green eyes, cool tones will suit you.” Shortcut: Look for the word “ash” on the box. “If you have a golden undertone with brown eyes, chances are you’ll be a warm tone,” says MacFadden. If the box says “neutral,” you’re probably safe.

2. DO THE PATCH TEST

Hair dye involves a whole lot of chemicals, so rule out allergies before you slather it all over your head—dab a little onto the back of your neck with a cotton swab. “You need to do a skin patch test 24 to 48 hours before you use the product,” says Duffy, a London-based runway hairstylist and Vidal Sassoon’s global ambassador. This also applies if you’re switching to a new brand of dye.

3. STOCK UP

A common cause of patchy colour is simply not using enough product. If you have thick or below-shoulder-length hair, you’ll usually need

two boxes. Have extras on hand so you won’t need to run to the drugstore in mid-dye-job.

4. WAIT FOR DAY-TWO HAIR

Natural oils on the scalp can soften the irritant blow of colour processing, so wait until a couple of days after you wash. But if you’ve got a lot of heavy product in, like hair wax, shampoo it out first. “You’re really going to struggle: first with the application and secondly with the product cutting through it,” says Duffy.

5. PAINT SMALL SECTIONS

Divide dry hair (which will absorb better than wet hair) into one-to-two-inch sections and apply the dye to each one in turn. “That way the colour doesn’t just lie on the top; it penetrates underneath,” says MacFadden. “I always start where hair is most grey because that’s where you want colour to sit a little bit longer.”

6. STICK TO SMALL CHANGES

Stay within three shades of your natural colour and don’t attempt looks that require heavy lifting (going platinum, for instance). If you do have an at-home dye disaster, go to the salon right away and ask for a colour correction. If



Olivia Palermo proves brondes have more fun.

brassiness is an issue, try a toning shampoo before you dye it again.

7. GET A SHOWER CAP

“The one thing that affects colour fade the most is water,” says Duffy. “We always thought it was sun or product or overheating the hair, but if I could give you any kind of trick, leave your hair a little longer between washing it.” When you do shampoo, use one without colour-stripping sulphates, or try a cleansing conditioner.

BOX OF TRICKS

The latest at-home hair dyes are designed to let you colour your hair like a pro



This is a great starter colour if you’re not sure you want to commit. It’s ammonia-free and demi-permanent, so the colour sits on top of the hair and fades out in four to six weeks. The pinpoint tip on the bottle allows you to squeeze and blend liquid colour easily along your hairline and part.

CLAIROL NATURAL INSTINCTS CREMA KERATINA, \$9, DRUGSTORES



This permanent colour achieves blonde without the damage because of a blend of avocado, shea and olive oils stashed in the formula. The cream colour works easily into the hair and doesn’t budge, so there’s no danger of drips.

GARNIER NUTRISSE CREAM LUMINOUS BLONDE COLLECTION IN NATURAL GOLDEN BLONDE, \$11, DRUGSTORES



This permanent dye comes with a brush and mixing tray, so you can apply it like the experts. Paint the formula on the roots, then blend it through the lengths, just like the colourists do.

VIDAL SASSOON SALONIST AT-HOME PERMANENT HAIR COLOUR, \$16, DRUGSTORES



Free of smelly and potentially irritating ammonia, this glossy colour takes just 10 minutes to develop, and it lasts 28 shampoos before fading out.

L'ORÉAL CASTING CRÈME COLOUR GLOSS BY HEALTHY LOOK, \$12, DRUGSTORES

TREND WATCHING

Meet the hottest paint jobs racking up Instagram likes



Rose gold

This sweet hue is a good way for warm blondes like Rita Ora (above) to switch it up. Don’t be afraid to try this one at home: “Mix a teaspoon of pink semi-permanent colour into your conditioner,” says Carolyn Mila, a colourist at Medulla & Co in Toronto. “Apply to towel-dried hair and leave on for 10 minutes. Boom: rose gold.”



Dark all over

RIP beachy faded ends; a solid deep colour looks more modern now. “I haven’t been a fan of ombré for a couple of seasons, and now when I see it on the street, it looks tired,” says Duffy. He suggests going one shade darker and/or warmer, like Lily James (above), especially in winter, when skin is paler. This is an easy DIY dye job.



Oil slick

Just like its namesake biohazard, this look has splashes of indigo, eggplant and ruby that shine in the light against a dark base. It’s a good way for brunettes, like model Irene Kim (above), to have some fun; no need to bleach hair to get the effect. “Vibrant semi-permanent shades are best, like neon yellow, magenta and blue,” says Mila.



Tortoiseshell

This is one for the salon. Colourists are upping their game with écaille balayage, a.k.a. the tortoiseshell technique: painted golden pieces with darker tones throughout (see Jourdan Dunn, above). Pros are even contouring with highlights or babylights: for instance, using lighter hues around the chin and ears to soften the jawline.

PHOTOGRAPHY: GETTY IMAGES (TRENDS AND PALERMO)

Miranda Kerr

Collection from \$85
More to love at SWAROVSKI.COM

ONE MINUTE MIRACLE SPECIAL

Best in class

The super-achieving beauty wonders that stopped our editors in their tracks this past year

ILLUSTRATIONS BY ANA CASTRO

MORNING RUSH

When you've pressed snooze one too many times, there's no room for grooming errors. Here's our pick of multi-tasking time savers that take the stress out of getting ready

1. Wash
Dear Fast Shampoo: Like my best friends, you really showed up for me on my wedding day! With two months to go, I was craving extra length and fullness. Then you entered the picture. You take seconds to lather, but after using you for one month, even my hairdresser commented on my new growth. Your vitamin-B-and-amino-acid-infused formula (which supports the anagen or growth phase of the hair cycle) ensured my bob was the perfect length when I said I do, and I even had to stop using you afterwards, as my hair was growing too quickly. *Forever indebted, Michelle Bilodeau*

FAST SHAMPOO, \$20, NISIMINC.CA

2. Style
Dear Bumble and bumble Don't Blow It: My hair dryer lives a pretty easy life, called upon on the rare occasion when I'm racing to leave the house. I usually stick to an air-dry-only policy, both to minimize damage and to allow my natural wave pattern to emerge. You, a glossy cream made with bounce-en-

hancing polymers and conditioning prickly pear and cactus flower extracts, are designed for me. Raked through damp hair, you lessen frizz, allowing my waves to be their best selves—and leaving my hair dryer with even less to do. *My best, Rani Sheen*

BUMBLE AND BUMBLE DON'T BLOW IT, \$36, SEPHORA.CA

3. Moisturize
Dear Laura Mercier Infusion de Rose Nourishing Oil: They call you a lightweight, but your deeply hydrating benefits are a saviour for dry skin. Every morning, I apply you for a healthy glow and to enjoy the floral scent. With your fast-absorbing formula, you restore moisture to my cuticles and lips and tame my flyaways. A rose by any other name just won't cut it. *Yours, Carly Ostroff*

LAURA MERCIER INFUSION DE ROSE NOURISHING OIL, \$82, HOLT RENFREW

4. Glowify
Dear Body Shop Vitamin C Glow Boosting Moisturiser: Orange, who? I'm all about camu camu now (the Amazonian berry you're made with, which has up to 60 times more antioxidant vitamin C than the citrus fruit). My skin soaks up your light, springy moisturizer, which promises to get me glowing and prevent free-radical damage as the sun starts showing its face. After slathering you on in the morning, I've been heading out the door barefaced, my skin all plump and dewy-looking. I've been relying on OJ during the winter to stave off colds, but

you're my skin's juicy fruit of choice. *Cheers, Veronica Saroli*

THE BODY SHOP VITAMIN C GLOW BOOSTING MOISTURISER, \$25, THEBODYSHOP.CA

5. Protect
Dear SkinCeuticals Physical Eye UV Defense: I didn't realize how much I was neglecting the delicate skin around my eyes until I met you. I'm not given to applying my daily sunscreen right up to my lash lines, yet the adjacent area is ground zero in my wrinkle-prevention efforts, and if there's one thing dermatologists have drilled into me, it's that UVA rays will speed up that crease-ification no end. Your mineral broad-spectrum SPF 50 formula is tinted, so it disguises faint circles, and you come in a silicone base similar to most makeup primers, so you stay put while illuminator and concealer glide on overtop. In a pinch, you also top up the protection on my nose. *Thanks for keeping me covered, Rani Sheen*

SKINCEUTICALS PHYSICAL EYE UV DEFENSE SUNSCREEN BROAD SPECTRUM SPF 50, \$30, SKINCEUTICALS.CA

6. Nourish
Dear Jergens BB Hand Perfecting Hand Cream with Sunscreen: I've long been warned that my hands will show my age more than my face will. While I always massage any leftover serums into my mitts after applying my skin-care, hand creams were about instant fragrant gratification. You, on the other hand (ha), provide longer-term protection



from age spots with your SPF 20, as well as serum-worthy levels of skin-smoothing vitamins C and B3. *Hand on my heart, Alex Laws*

JERGENS BB HAND PERFECTING HAND CREAM WITH SUNSCREEN, \$7, SHOPPERS DRUG MART

7. Lacquer
Dear Hard Candy Lash Ink 4 Day Lash Stain: At first, your promise of four-day wear gave me pause (I often use two types of mascara per application, so I happen to be a bit of a lash connoisseur). But now you've put my mind

at ease. You've taken my lashes to new lengths and you've also proven your stay-put power, lasting through sleeping, a 5K run in the rain and multiple face washes—a few tiny flakes under my eyes were the only sign that you weren't freshly applied. Not only do you save me time in the morning (and nourish my lashes with aloe and vitamin B3), but I can say I really did wake up like this, lashes perfectly defined, five days in a row. *Your doe-eyed friend, Michelle Bilodeau*

HARD CANDY LASH INK 4 DAY LASH STAIN IN INK BLACK, \$8, WALMART.CA



New miracle workers on the block

Complexion perfector
Packed with antioxidants and brightening diamond dust, this creamy powder base won't settle into pores and fine lines. *JAY MANUEL POWDER TO CREAM FOUNDATION, \$38, THESHOPPINGCHANNEL.COM*

Faux lip filler
Plump lips without resorting to the needle. This clear gloss has blood-flow-boosting menthol and peptides that stimulate for a fuller look. *NO THIN LIPS, \$18, SHOPPERS DRUG MART*

Blush rush
For freshly flushed cheeks that pop, try this hydrating gel blush, which delivers buildable, comfy colour that stays put all day long. *YSL FUSION INK BLUSH, \$40, HOLT RENFREW*

Hair tamer
A little of this flexible hairspray provides non-crispy hold without drying out strands, even on very damaged hair. *PANTENE PRO-V AIR SPRAY ALCOHOL FREE HAIRSPRAY, \$6, DRUGSTORES*

Power primer
Blur blemishes, block UV rays and mattify skin with this super-lightweight, foundation-extending formula. *RIMMEL LONDON FIX & PROTECT MAKEUP PRIMER, \$11, DRUGSTORES*



PARTY PREP

Putting a little extra effort into your look for a night out requires a glass of wine, Beyoncé on the speakers and these beauty rock stars

1. Cleanse
Dear Guerlain Mousse de Beauté Gentle Foam Wash: You've transformed the mundane task of washing my face into an invigorating sensory experience. Your nigella-flower-oil-enriched foam feels like a plush pillow; you're antioxidant and anti-inflammatory; and your white tea, musk and jasmine scent is soothing, not overpowering. You cleanse deeply without leaving my face feeling dry and taut. And, when I pair you with my trusty Clarisonic, it's a match made in glowy-skin heaven. *Love always, Natasha Bruno*

GUERLAIN MOUSSE DE BEAUTÉ GENTLE FOAM WASH, \$60, GUERLAIN

2. Polish
Dear Pai Kukui & Jojoba Bead Skin Brightening Exfoliator: Call it what you want—sensitive, reactive, irritable—but one thing's for sure: My odd-couple combination skin can be unpredictable and downright moody. So I'm particularly cautious with my skincare, especially when it comes to abrasive scrubs. But you, dear Pai, couldn't be less abrasive. Your silky round jojoba beads are wrapped in an oil-enriched gel that gently rolls over my skin as it sloughs away dead cells and debris. Plus, you're totally packed with fatty acids and vitamins to help lock in much-needed moisture. Major brownie points for being free of parabens, artificial fragrances, alcohol and detergents. *Forever indebted, Natasha Bruno*

PAI SKINCARE KUKUI & JOJOBA BEAD SKIN BRIGHTENING EXFOLIATOR, \$61, PAISKINCARE.COM

3. Drench
Dear Nivea In-Shower Body Lotion: It's an epic battle between skin and the Arctic freeze (or whatever's to blame for the hell nature doth wring during Canadian winters). Skin. Must. Prevail. You: You are the red wine to my Cersei Lannister, the direwolf to my Jon Snow. Which is to say that you are my best weapon in the war against dry legs. I mean, who'd have thought: a wash-off, in-shower body lotion? Your name lacks flash, yet you succeed where many others fail, giving me smooth, hydrated skin for a full 24 hours. *Loyally, Christine Laureiro*

NIVEA IN-SHOWER BODY LOTION, \$8, DRUGSTORES

4. Plump
Dear Stila Lush Lips Water Plumping Primer: You're just what my parched lips have been seeking. My favourite matte, high-pigment red lipstick tends to dry them out. A swipe of your moisturizing, peptide-packed formula allows for an even coat of lipstick, and your colour-neutralizing pigments make the crimson really pop. *Sincerely, Veronica Saroli*

5. Stash
Dear Hot Iron Holster: At first I was worried you might be a stage-5 clinger, another addition to my cluttering up my life. But I was wrong to judge you so quickly. You've changed the way I store my hot tools. While I get ready with my straightener and wand, your heat-resistant silicone holder magically sticks to my vanity and keeps the tools safely stored until they're cool enough to go back in the drawer. You've got a hold on me. *All yours, Carly Ostroff*

HOLSTER HOT IRON HOLSTER DELUXE, \$30, HOTIRONHOLSTER.COM

6. Bat
Dear CoverGirl the Super Sizer by LashBlast Mascara: I should mention that I'm quite faithful to your partner product, Lash Blast—we're kind of in a long-term relationship. On a whim, I succumbed to the charms of your turquoise tube and promise of 400 per cent more volume(!), and while I'd like to say it meant nothing, that's just not true. Your moulded-plastic wand provides the same smooth, clump-free application and your formula is just as inky and non-flaky, but your slightly angled shape means that you tend to my tiny inner lashes even more attentively. The effect is decidedly more dramatic—more evening affair than weekend brunch—so I think the three of us will just have to enter into a polygamous relationship. Deal? *Kisses, Rani Sheen*

COVERGIRL THE SUPER SIZER BY LASH BLAST MASCARA, \$10, DRUGSTORES

New miracle workers on the block

Texture shifter
Double your lipstick arsenal with this non-chalky clear gel, which instantly gives any creamy lipstick a velvety-matte finish when dabbed overtop. *SMASHBOX INSTA-MATTE LIPSTICK TRANSFORMER, \$26, SEPHORA.CA*

Brow shaper
These chubby pomade sticks give you full-looking brows in a flash with waterproof semi-sheer colour, and the waxy texture keeps hairs in place. *MAYBELLINE BROW DRAMA POMADE CRAYON, \$12, DRUGSTORES*

Brilliant base tool
Harsh foundation lines, be gone! This brush has a teardrop shape and soft, densely packed bristles to mimic a makeup sponge for a streak-free finish. *SEPHORA COLLECTION PRO PRESS FULL COVERAGE COMPLEXION BRUSH, \$45, SEPHORA.CA*

Body builder
Crank up flat, dull-looking hair by applying a few pumps of this shine-and-volume-enhancing serum to damp hair before styling. *STRIVECTIN HAIR MAX VOLUME BODYFIER RADIANCE SERUM, \$35, DRUGSTORES*

Glow maker
You may look like Iron Man while wearing this foil-backed sheet mask, but its superhero hydrating serum will soak in so well that your skin will feel like silk. *ESTÉE LAUDER ADVANCED NIGHT REPAIR POWERFOIL MASK, \$88, HUDSON'S BAY*

New miracle workers on the block

Mood booster
No need for a chill pill. Relax by massaging this blend of sweet orange, white grapefruit and mandarin essential oils onto neck, throat and upper chest. *INTELLIGENT NUTRIENTS INNERCALM, \$55, MURALE.CA*

Split-end mender
Recover and seal broken hair fibres with this treatment infused with red algae and keratin for strands that are frizz-free and glossy all the way to the ends. *DOVE REGENERATIVE NOURISHMENT SERUM-IN-OIL, \$12, DRUGSTORES*

Mane saviour
Swap out your shampoo and conditioner once a week for this cleansing treatment infused with papaya, pineapple and green pea to gently restore moisture. *KEVIN MURPHY RE-STORE ME CLEANSING TREATMENT, \$45, SALONS*

Blonde booster
This purple-toned leave-in spray conditioner neutralizes unwanted brassy, yellow tinges and restores white undertones. *SCHWARZKOPF BLONDE COFFEE CORRUPT-IN-OIL SPRAY CONDITIONER COOL ICE, \$17, SALONS*

Hard-core topcoat
A mani that chips after a day or two is a waste of time. Seal your polish for up to a week with this high-shine topcoat that has self-leveling properties, for a smooth finish. *QUO BY ORLY COLOR AMP'D FLEXIBLE SEALCOAT, \$11, DRUGSTORES*

TRAVEL TIPS

Pack like a pro

When travelling for work, every bit of space counts. We asked three on-the-clock globetrotters to share what makes it into their suitcases

BY VERONICA SAROLI

Kimberley Newport-Mimran

president and design director of Pink Tartan

Home base: Toronto
Destinations: New York at least once or twice a month; Hong Kong and Paris twice a year; and occasionally Miami and Florence.
Carry-on vs. checked bag: “If I’m going for over a week, then I definitely have to check. It’s easier to take a carry-on in summer than it is in winter.”
Packing essentials: “I travel with a lot of Pink Tartan, which has a lot of power stretch, so I can roll it and compact it in the suitcase. If I take my running shoes, I take the really lightweight Nike Air Flyknit, and I stuff my socks inside the shoes to maximize space.”
Travel tip: “I always have a little health kit for the plane with a couple of packs of Emergen-C for energy, and I put Cellfood in my water.”

NIKE FREE 4.0 FLYKNIT RUNNER, \$165, NIKE.COM. PINK TARTAN DRESS, \$45, PINKTARTAN.COM



“I stuff my socks inside my shoes to maximize space.”



Louise Dirks

owner of Gravity Pope



“I keep a second set of everything in my toiletry kit.”

Home base: Edmonton
Destinations: Paris, Milan and New York four times a year; Toronto, Calgary and Las Vegas at least three times a year; and occasionally Los Angeles, London and Montreal.
Carry-on vs. checked bag: “I generally check a bag. Usually I’m gone for six to 10 days.”
Packing essentials: “Footwear is important, of course. I usually bring a total of five or six pairs: two sneakers—white and black—a pair of boots, sandals and ballet flats. In the winter months I bring extra boots.”
Travel tip: “I keep a second set of everything in my toiletry kit: toothbrush, toothpaste, razor, hair products, etc. That way, I never forget anything!”

GRAVITY POPE BOOTS, \$360, GRAVITYPOPE.COM



Candice Best

president of Siren Communications

Home base: Toronto
Destinations: Across Canada, the U.S., Barbados, the Dominican Republic and Marrakesh throughout the year.
Carry-on vs. checked bag: “Up to four days: carry-on. Five or more: definitely checked baggage.”
Packing essentials: “I use Tumi carry-on luggage and I often pack my large soft-sided Longchamp bag, too. I bring a scarf on the plane, which can sub in as a beach wrap. Leaves of Trees’ headache balm is incredible for travel.”
Travel tip: “For women on short-haul trips of three days or less, a professional blowout with lasting power in your home city before departure is a game changer.”

LEAVES OF TREES HEADACHE BALM, \$10, LEAVESOFTREES.COM



“I bring a scarf on the plane, which can sub in as a beach wrap.”



NOW TRENDING

JEAN GENIE

The coolest way to wear denim for Spring 2016: Make it patchwork

RODEBJER



1. DIESEL DRESS, \$330, DIESEL.COM
2. REBECCA TAYLOR JACKET, \$700, SAKS CANADA
3. MICHAEL MICHAEL KORS BAG, \$268, MICHAELKORS.CA
4. CALL IT SPRING SHOES, \$70, CALLITSPRING.COM



2



3



SAINT LAURENT



OFF-WHITE



4

WINTER SKIN

SPA TO THE MAX

Take time out from your weekend Netflix marathon to indulge in one of the most extravagant new facials out there



CAUDALIE

Resveratrol Lift Facial

Best for: Relieving skin that feels dry and sensitive from the ravages of winter. (So basically, everyone in Canada right about now.)

The details: \$175, 60 minutes, Caudalie spas in Montreal and Miraj Hammam Caudalie Spa at the Shangri-La Hotel, Toronto

The lowdown: This is more than just a facial: It leaves no dry limb untreated. After cleansing and toning, the new Resveratrol Lift Firming Serum (a treatment combining hydrating hyaluronic acid and collagen-building resveratrol) is massaged, kneaded and pinched into the skin, to physically plump the facial muscles and allow for deeper penetration. Next, a moisturizing mask is applied, topped with a clay mask, which is left to dry for 15 minutes to allow for full absorption. Meanwhile a neck, shoulder, hand and leg massage soothes away tension. You leave feeling jelly-like, with skin that’s softer and plumper than Saint West’s cheek.

—Alex Lawes



CLÉ DE PEAU

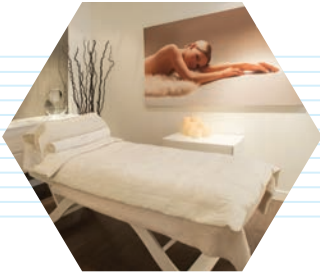
Beauté Soin Synactif Intensive Treatment

Best for: Stimulating sluggish complexions caused by a joyous accumulation of toxins over the holidays.

The details: \$150, 45 minutes, Holt Renfrew Vancouver and Bloor Street, Toronto

The lowdown: Lymphatic drainage isn’t exactly a sexy subject, but in the hands of a Clé de Peau facialist, it’s extremely enjoyable. The treatment begins by inhaling the Rose Synactif scent, followed by deep cleansing as a mechanical sprayer dispenses purifying water. Then lymph nodes on the face and neck are stimulated three ways. First, with varied fingertip pressure. Next, thermal plates are passed over the skin to increase the flow of fluids: warm metal plates boost circulation, then a sheet mask is applied and cold plates are rolled overtop for a sublimely chilling, skin-brightening experience.

—Veronica Saroli



BABOR

Vital 02 Oxygen Treatment

Best for: Brightening dull skin parched from dry airplane cabins or living in a low-humidity city.

The details: \$175, 90 minutes, Babor Beauty Spa, 25-2500 4th St. S.W., Calgary

The lowdown: At the Canadian flagship spa of German skincare line Babor, this 12-step treatment goes a few extra miles. After cleansing and layering of collagen- and moisture-boosting serums, a wand sprays high-pressure oxygen over the face. In two minutes, the serums’ ingredients are said to reach deep into the skin, where cell-regenerating collagen and elastin fibres live. Next, a mask is applied and a full-face oxygen inhaler is placed over you to help the product absorb and give an energy boost. An LED light show is next: red tackles wrinkles and dark spots; green targets redness; blue is for acne. A mist of more oxygen plus antioxidants seals it in.

—Natasha Bruno

MUST-TRY

DIY FACIAL

English facialist and Olay ambassador Anastasia Achilleos is known for face massages that melt tension like a stick of butter. “Every time you touch your skin, it’s connecting to your connective tissue,” she says. “That is more powerful than any machine or gold leaf facial.” We asked her how to recreate a plush spa experience at home.

1. Cleanse like you mean it

Take a full minute to cleanse. “You’re improving circulation and picking up debris, makeup and pollution,” says Achilleos. Apply cleansing oil on dry skin and firmly move your fingertips up, down and horizontally on face, neck and chest.

2. Get up around the eyes

“I’m not afraid to go around the eye area,” Achilleos says. Massage your eye cream in well to increase circulation and instantly de-puff.

3. Keep a serum in your bedroom

Get cozy in bed, then warm a dollop of serum or cream in your hands. “Pinch and press it into the jaw to release tension,” says Achilleos. Sweet dreams indeed.

—Veronica Saroli



PALMER’S SKIN THERAPY CLEANSING OIL, \$8, WALMART. OLAY TOTAL EFFECTS 7-IN-1 ANTI-AGING BOOSTER EYE TRANSFORMING CREAM, \$31, DRUGSTORES. ELIZABETH ARDEN FLAWLESS FUTURE POWERED BY CERAMIDE CAPLET SERUM, \$72, THEBAY.COM.

ACCESSORY SPOTLIGHT

Kick start

Seven designers present the spring styles to step up your shoe wardrobe

BY CARLY OSTROFF

The statement shoe

The designer: Paul Andrew
Why you need it: "Some women shop to find a sensible shoe, maybe in an effort to be economical, but the truth is that buying a statement shoe invigorates your existing wardrobe. It's probably the best investment you can make. Whatever you're wearing, a statement shoe instantly adds life to that outfit."
The 2016 essential from his collection: "My Chrysler Zenadia Pump with the galvanized architectural heel mimics the spire of the Chrysler Building. From the front it's a simple pump silhouette, but from the back it has a statement heel that really feels on trend."
How to style it: "I love the idea of a woman wearing it with jeans on the weekend, and even with a little black dress. It's a shoe that shouldn't be saved for special events."
PAUL ANDREW HEELS, \$1,400, NORDSTROM



The sparkly flat

The designer: Tabitha Simmons
Why you need it: "Flats are a must-have because they are perfect for 24-hour dressing. You can wear them with anything!"
2016 essential: "The Hermione flat in champagne glitter is so feminine and perfect for day to night."
Styling tip: "I'd wear them with a smart black capri pant and white pussy-bow blouse for day and then a black silk dress for night."
TABITHA SIMMONS SHOES, \$830, HOLT RENFREW



The cool sneakers

The designer: Max Svärth, designer and creative director of Axel Arigato
Why you need it: "The time is over when you only wear sneakers for a casual look. Today I see women wearing sneakers for all different occasions."
2016 essential: "One of my favourites is our detailed low-top in nude. It's a minimal sneaker with a slightly thicker sole in the most current colour for spring."
Styling tip: "Wear them with a pair of jeans so the colour of the sneakers pops."
AXEL ARIGATO SHOES, \$290, AXELARIGATO.COM



SOLE SALVATION

One-stop shops to fix even the trickiest of shoe woes

Vancouver: Quick Cobbler
430 W. 2nd Ave., Vancouver, quickcobbler.com

This family-owned shop run by fourth-generation cobblers offers speedy repairs both in-store and through mail order.

Calgary: Conti's Shoe Repair
2101 Edmonton Trail N.E., Calgary, contisbikershop.com

A fixture in Calgary for more than 30 years, this biker shop turned shoe repair joint boasts same-day service and quality repairs.

Edmonton: Downtown Shoe Repair
10150 Jasper Ave. N.W., Edmonton

The cobblers at this downtown shop can solve even the most epic of salt stains (Canada, right?).

Toronto: Shoe Therapy
1108 Bay St., Toronto, shoetherapy.ca
Specializing in leather care and boot calf fittings, this Bay Street shop also does custom Louboutin red sole repairs.

Ottawa: Paris Shoe Repair
609 B Centre St., Ottawa, parisshoerepair.com

One of the longest-serving shoe-repair shops in Ottawa, this quaint store specializes in leather goods, even repairing boots for the RCMP.

Montreal: Carinthia
3412 Rue Saint-Antoine O., Montreal, carinthia.ca

The cobblers at this cordonnerie—run by the same family since 1956—can save even the most destitute of heels.
—Sidney O'Reilly



The classic heel

The designer: Gianvito Rossi
Why you need it: "A pointy-toed stiletto is the perfect shape in terms of silhouette."
2016 essential: "My signature pump is the most classic. In my spring collection, there are a few dark colours: black, tamarind, and a deeper red. I like darker colours for spring."
Styling tip: "The pump is really versatile; think of it like a sneaker. You can wear both [dressed up and down] but it really depends on your moment. Dressing up with a pump is always perfect."
GIANVITO ROSSI HEELS, \$750, HOLT RENFREW



The easy slip-on

The designer: Amy Smilovic of Tibi
Why you need it: "A slip-on means ease and comfort. When a woman is really comfortable, she exudes confidence and it draws people in. There's something about that woman gracefully walking in a slide that is just so refined."
2016 essential: "We did a leather version of a slide that feels very fresh to me."
Styling tip: "You wear it with everything, and just when you think you can't wear it with that thing, you wear it with that thing. That's always the best."
TIBI SHOES, \$550, TIBI.COM



The thigh-high boot

The designer: Stuart Weitzman
Why you need it: "Boots have become a year-round accessory. They can just as easily be paired with jeans as well as shorts when styled appropriately for each season."
2016 essential: "The stretch suede over-the-knee boots silhouette with drawstring closure, giving the illusion of a stocking with how closely they hug the leg."
Styling tip: "They look very chic when paired with long sweaters or dresses."
STUART WEITZMAN BOOTS, \$925, STUARTWEITZMAN.CA

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DAY IN THE LIFE

PAUL ANDREW

Hot off the heels of his Spring 2016 presentation, footwear phenom Paul Andrew takes us through his 9 to 5

BY CARLY OSTROFF

UP & AT 'EM

6 a.m. "I respond to emails from my Italian factories and business partners in Asia and Europe who, due to the time difference, already have a several hours' head start on me in New York."

READ ON

7 a.m. "I typically read *Women's Wear Daily* and *Business of Fashion* to see what's happening in fashion news. Next is a double espresso. I have a fantastic coffee machine at home."

CLOTHES CALL

8 a.m. "I wear a white T-shirt almost every day, and I pair it with a fitted pant and a non-matching fitted jacket, typically from either Dries Van Noten, Paul Smith or Valentino, because I really appreciate their fabric and colour choices. I wear black oxford lace-ups, no socks, with everything, either from Church's or Prada."

STEPPING OUT

9 a.m. "The office is near Central Park South in Manhattan. I always take the subway because it's so much faster than a taxi. I love the people watching, too."

DAY AT A GLANCE

9:30 a.m. to 1 p.m. "The first thing I do is meet with my executive assistant and review my schedule for the day. I work on several freelance projects: to name just a couple, I design the shoes for Diane

von Furstenberg and Vera Wang. I try to meet with those teams in the morning, in order to leave the rest of the day free to meet with my own sales and merchandising, communications and social media teams to see what is happening in the moment."

GRAB & GO

1:30 p.m. "I tend to run out and grab lunch. The Plaza Food Hall is right around the corner, and it has great options. I always eat a salad with grilled fish or sashimi at my desk."

THIS MEANS BUSINESS

2 to 5 p.m. "I'm in meetings all afternoon with the team until I'm ready to leave the office. All of my teams are internal, which allows me to really focus and control everything that's happening in the business."

EAT UP

8 p.m. "Since I'm such a creature of habit, I tend to stick to the same six restaurants: Becco, Giorgione's, I Sodi, La Bonne Soupe, La Esquina and the Odeon. I love to cook but I never seem to have the time. I don't think I could tell you the last time I turned on the oven."

GOING OFFLINE

9 p.m. "I'm really into *Homeland*, *Downton Abbey* and *Penny Dreadful* at the moment. After work it's my time to switch off, so I tend to shut email down just before dinner and



Brit designer Paul Andrew. Below: Lupita Nyong'o and Emmy Rossum wear his footwear designs.

"I always take the subway because I love the people watching."

try not to look again until the next morning."

FACE TIME

10 p.m. "I get home pretty late, so I'm almost immediately washing my face and applying a night cream from La Prairie."

GOODNIGHT MOON

11 p.m. "I get into bed and read a couple pages of whatever book I'm into. I recently picked up Donna Karan's memoir, *My Journey*, and it's very well written."





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