

THE
Kit
BEAUTY &
FASHION

SKIN RX

As temperatures drop,
save your complexion
with our expert tips
PAGE 6

**COZY
CASHMERE**

How to tell which luxe
sweaters will last
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**SWEET
TREATS**

Spoil yourself
with these top
beauty picks
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**METAL
HEADS**

We heart sexy
shimmering
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PAGE 4



Soften Up

Metallic sweaters, the softest cashmere
and moisturizers for every age—we've got the best beauty
buys and coziest wardrobe fixes to beat the cold weather

PAGES 3 TO 6

OUR LATEST BEAUTY OBSESSIONS

TRY THEM & LOVE THEM.



EXCLUSIVE

FRAGRANCE SAMPLER & CERTIFICATE

Sample 10 designer fragrances, then submit your scent certificate for a full-size bottle of your favourite one. Fragrance Sampler & Certificate for Him and Her, \$75



NEW

OUR MOMENT BY ONE DIRECTION

One Direction Our Moment, Eau de Parfum Spray, 50mL, \$54



NEW & EXCLUSIVE

KATY PERRY KILLER QUEEN

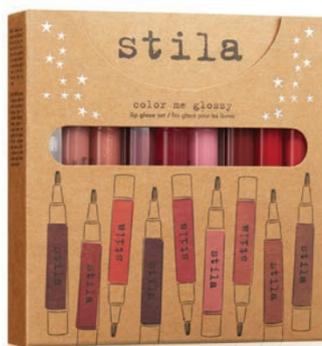
Eau de Parfum, 50mL, Lotion, 75 mL, and Shower Gel, 75 mL
\$65 (\$81.50 value)



EXCLUSIVE

EYE STUDIO SAMPLER & CERTIFICATE

Includes 6 deluxe mini mascaras, a mini eye makeup remover and a certificate for the complimentary full-size product of your choice. Mascara Sampler & Certificate, \$39



STILA COLOR ME GLOSSY SET

9 Lip Glazes, 13.5mL each, \$34



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Receive this sparkling, beauty-filled bag with your purchase of \$50 or more on Lancôme products. In your bag you'll discover: Rénergie Lift Multi-Action, 15mL, Visionnaire, 7 mL, Juicy Tubes in Raspberry Ice, Hypnôse Star mascara, La vie est belle, Eau de Parfum, 5 mL
Estimated value of \$106***

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DRUG MART**



what we want this week

TREAT YOURSELF

This weekend, pass on the candy and indulge in something more worthwhile. From pretty cosmetics to luxurious treatments, these splurges will refresh your routine and make you feel extra-special



1. POLISHED MANI Dressing nails in a classy neutral guarantees sophistication. **Yves Saint Laurent La Laque Couture Nail Polish** in Beige Gallery, \$27, at Holt Renfrew and sephora.ca
2. VANITY WORTHY You'll covet the luxe tube as much as the creamy colour. **Dior Diorific Golden Winter Long-Wearing True Colour Lipstick** in Minuit, \$40, at Dior counters and thebay.com
3. LIQUID MAGIC With this deep, rich formula, you'll draw a perfect line every time. **Lancôme Artliner 24H Bold Colour Eyeliner**, \$37, at Lancôme counters and lancome.ca
4. INSTANT RADIANCE Enriched with moisturizing murumuru seed butter, this lightweight formula is like a mini-facial. **Bobbi Brown Luminous Moisturizing Treatment Foundation**, \$60, at Bobbi Brown counters and bobbibrown.ca
5. HAIR REPAIR Infused with essential oils and shea butter, this mask helps repair hair and protects it from heat styling. **L'Occitane Repairing Mask**,

\$36, at L'Occitane boutiques and loccitane.ca
6. LUMINOUS LOCKS Get shiny, velvety hair in minutes with an exquisite mixture of argan, linseed, and cyperus oils. **Orofluido Mask**, \$19, at Trade Secrets and orofluido.com
7. BATHING BEAUTY Relax with this perfumed cleansing cream scented with a legendary fragrance. **Chanel No 5 The Cleansing Cream**, \$57, at Chanel beauty counters
8. FLORAL AFFAIR Spritz yourself with a heavenly white bouquet of tuberose, gardenia and jasmine. **L'Amour Lalique eau de parfum**, \$124 (50 mL), at Holt Renfrew
9. DIAMOND SHINE This gorgeous palette enhances eyes with shimmering colour and dazzling metallics. **Dior 5-Couleurs Eyeshadow** in Golden Flower, \$61, at Dior counters and thebay.com
10. PRO PICK These multitasking brushes blend powders, blushers and bronzers. **Nars Ita Brush** and **Yachiyo Brush**, \$58 and \$73, at Hudson's Bay and sephora.ca

—NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG



ASK JEANNE

Dear Jeanne, I'm on the hunt for a cashmere sweater, but I know not all cashmere is created equal. How do I tell what's high quality? And where should I start my shopping?
—Hannah

DEAR HANNAH:

Like most of us who have had the luxury of wearing cashmere, I can understand why you're hooked. Nothing is cozier, warmer and chicer than real cashmere. And now the once ultra-precious yarn has become more affordable. But you're right when you say that not all cashmere is created equal. Its quality can differ dramatically.

Right off the bat, make sure that the sweater you're considering feels soft and isn't itchy. Don't be afraid to stretch it a bit. A quality garment will return to its original shape. And there should be only a slight fuzz on the garment. Too much could mean it's poorly manufactured.

You'll also want to check the seams of the garment: in a high-quality cashmere sweater, the seams are knitted together with yarn, not regular thread.

Cashmere, which originated in India's Kashmir region, is spun from the very fine hair from the undercoats of certain goats. Most of our cashmere these days comes from China, and because labour costs in China are relatively low, Chinese-made sweaters usually have good value. However, if you're looking for a top-notch sweater, you might want to look at the products coming out of Scotland, Italy or Japan.

Lord & Taylor cashmere sweaters have been very popular stateside for years and are sold at Hudson's Bay. These fab garments come in a variety of styles and colours and even print designs. There are also several other popular brands of quality cashmere sweaters you might want to check out, including Tse, Vince and J.Crew. Countless e-commerce sites feature untold types of cashmere sweaters. Granted, you may not be able to touch and feel these before you buy, but it's a great way to compare prices and see the range of products available.

Some think that cashmere is a kind of timeless investment, and a quality sweater, if well taken care of, can certainly last a lifetime. You may have to pay more for quality cashmere, but when you think that it takes approximately four years for a goat to produce enough cashmere to make one sweater—well, the price tag is worth it.



Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the *Toronto Star* and host of *Fashion Television Channel*. Follow on Twitter @Jeanne_Beker

LORD & TAYLOR CASHMERE V-NECK SWEATER, \$149, HUDSON'S BAY



VICTORIA'S SECRET

Model editor

It seems there's nothing Kate Moss can't do when it comes to fashion. British *Vogue* recently announced that Moss will be taking on the role of contributing fashion editor this coming spring. Moss, who recently announced her 15th collaboration with Topshop, will be putting her little black book of industry creatives to good use, conceptualizing stories and styling photo shoots. She's appeared on the cover of the magazine 33 times—and now she'll be on the masthead as well. —T.K.

radar

The style news that got us talking this week

Bling and bust

This holiday season comes with extra sparkle—\$10 million extra. This year's Victoria's Secret fantasy bra is designed by world-renowned jeweller Mouawad. It's adorned with over 4,200 gems, including diamonds, and blue and yellow sapphires, all hand-set in 18-karat gold. Model Candice Swanepoel will wear it—and the matching belt—in the retailer's holiday catalogue and in a runway show on Dec. 10. As if she needs extra adornment.
—Tarah Kennedy



KARL LAGERFELD

Professor Karl

Karl Lagerfeld is heading back to school: On Nov. 19, he will begin teaching a master class to students of the Paris Institute of Political Studies on art, creation and his life as a designer. The lecture will be Q&A style, moderated by French newspaper *Libération's* editor-in-chief, Françoise-Marie Santucci. Save us a seat!
—Brooke Halnan



JUSTIN BIEL AND GRASON RATOWSKY

Bare necessities

There are two Justins in Jessica Biel's life, and this time it's not her pop-star husband who's getting the attention. The actor's little bro, Justin Biel, has launched an eco-conscious accessories label called Bare with his best friend, Grason Ratowski. The collection features a unisex backpack, duffel, tote and clutch, made from upcycled coffee sacks from around the world. —B.H.



BARE TACUBA BACKPACK, BAREMADE.COM

the edit

web Get more striking ideas at thekit.ca

SPOTTED

METAL WORKER

In every gradation, from gunmetal to gold, metallics give soft textures a strong presence

—NATASHA BRUNO



METAL WINNER

This gold, silver and bronze tunic knit hits all the hues. For weekend, it's perfect over a white shirt and skinny jeans. On Friday night, wear it with dark tights and heeled booties for a cozy evening look. Olsen sweater, \$220, olsenfashion.com

CHANEL

ANTONIO MARRAS

ALEXIS MABILLE

one minute miracle



CLICK REFRESH

Wake up your skin with a citrus scrub that gets rid of the day's makeup and grime, while naturally brightening your skin tone (thank you, grapefruit!) Bonus: vitamin C and lycopene leave skin soft—and it's free of any parabens or petroleum.

—ASHLEY KOWALEWSKI

Yes to Grapefruit Daily Facial Scrub, \$12, available at Shoppers Drug Mart

OUTFIT ENVY

Kiernan Shipka

How did she grow up so fast? The *Mad Men* star was miles away from Sally Draper's cutesy dresses at the Teen Vogue Young Hollywood Awards

—NATASHA BRUNO

TIP

When wearing a cropped jacket, make sure the layer under it offers full coverage so you don't flash your middle.

why we love it

COAT OF ARMS

This short trapeze jacket is perfect on Kiernan's petite frame. The cropped hemline shows off her waist while elongating her legs.

POLISHED PRINT

A refreshing approach to evening dressing, these iridescent tailored trousers wake up a rather neutral outfit.

COLOUR GIRL

The rich hue of this crystal-embellished handbag adds a chic punch of colour.

ANKLE DEEP

Cropped straight-leg trousers are flattering and perfect for showcasing a knockout shoe.

NOD TO MOD

A pair of T-strap heels finishes off this starlet's look with a dose of retro glamour.



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Caroline Hirons. UK's brilliant beauty blogger. carolinehirons.com



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SKIN CARE

Drink it in

We're officially in the dry season and your skin is thirsty. Read on for pro tips to help it, heal it, quench it

BY DEBORAH FULSANG

Eight glasses of water daily, decaf coffee, limited cocktails and zero stress and pollution. Sound like your life? We didn't think so. (It's not ours, either.)

As we enter this season of temperature drops and indoor heating, extreme weather and holiday entertaining, we asked the pros—aesthetician, dermatologist, scientist and nutritionist—for their advice on how to keep our skin looking its best.



IN YOUR 20s

THE PROBLEM: ACNE

This is many women's main concern, although skin is generally in good shape, says Sarah Gora, scientific and medical relations leader for Vichy Canada.

YOUR RX: "If you have acne-prone skin, use non-comedogenic products [which don't clog pores] and look for ingredients like salicylic acid," says Gora. Drying acne meds and harsh cleansers can sap your skin of essential moisture, so be sure to use a toner and a moisturizer as well.



OUR PICK: Fresh Rose Floral Toner, \$38, fresh.com

THE PROBLEM FINE LINES

The precursors to wrinkles are starting to show. They're caused by dehydration, which environmental factors—like late nights and cocktails—can make worse.

YOUR RX: A light moisturizer will help rehydrate skin. And you can prevent dehydration—and premature aging—with sunscreen. "Don't be fooled into thinking that the sun cures acne," says Gora.

Exfoliation is key to keeping skin hydrated: it helps maximize the active ingredients in your moisturizers. Dermatologists recommend alpha hydroxy acids (AHAs) and salicylic acid (BHA).



OUR PICK: Skinceuticals Hydrating B5 Gel moisturizer, \$80, skinceuticals.com/Canada

IN YOUR 30s

THE PROBLEM: WRINKLES

Your skin is starting to show signs of aging, like fine lines and uneven skin tone. The drying, aging effects of social smoking, alcohol, stress or lack of sleep are showing too.

YOUR RX: Look for products containing hyaluronic acid. It adds moisture to your skin topically and stimulates the body's own hyaluronic-acid production—think moisturizing from the inside out, says Gabriela Madrid, an aesthetician at Glow Medi Spa in Toronto.

Tackle environmental stressors with a two-pronged approach, says Toronto-based dermatologist Julia Carroll, scientific and medical relations leader for Vichy Canada. "Alternate between more humectant [water-attracting] products in the daytime and more occlusive ones at night." Occlusives, she says, contain ingredients such as silicones or plant oils to help reduce water loss.



OUR PICK: Rodial Dragon's Blood Hyaluronic Night Cream, \$72, rodial.com

THE PROBLEM: CHIN ACNE

Fluctuating hormones, related to pregnancy or not, are having their way with your skin, resulting in adult acne, especially around the mouth, chin and jaw.

YOUR RX: Adding an anti-oxidant product to your regime will help keep your skin clear, Carroll says.

OUR PICK: Vichy Normaderm Hydrating Acne Care, \$30.



THE PROBLEM: SENSITIVE SKIN

Skin sensitivities, such as rosacea, are also common, and often brought on by hormonal changes, says Carroll.

YOUR RX: Soothe the rosacea or other extreme dry-skin conditions with calming ingredients such as urea, bisabolol (a by-product of chamomile) and rosewater, Madrid says.

OUR PICK: Philosophy Keep The Peace Super Soothing Serum, \$50, at sephora.ca



philosophy: the more peaceful you are, the more beauty there is to see™
super soothing serum for redness and sensitivity

IN YOUR 40s

THE PROBLEM: DRYNESS

Hormones again: as menopause approaches, estrogen levels drop. "Decreased estrogen can accentuate dehydration, which accentuates the appearance of fine lines," says Carroll. Plus, cell renewal slows, as does fibre and lipid production.

YOUR RX: Continue with products containing alpha and beta hydroxy acids, says Carroll; intensify your treatment with an over-the-counter antioxidant, such as retinol.

Exfoliate regularly, says Gora, and add formulas containing hyaluronic acid and ceramides (fatty molecules in the skin that help retain moisture) to your routine. "They're key ingredients to compensate for water loss and will keep your skin protected," she says.



OUR PICK: RoC Retin-Ox Correxion Intensive Anti-Wrinkle Serum, \$54.

THE PROBLEM: SUN DAMAGE

Your skin is likely showing signs of damage from sun exposure in your teens and 20s. Then there are the environmental stressors to combat—including the after-work glass of vino (or two!).

YOUR RX: Work from the inside out. Drink water (religiously) and eat avocados, says Toronto nutritionist Maria Pawlicka. "The fruit's high water content and omega-9 fats help maintain good moisture levels in the skin. They contain antioxidant vitamin E too, to protect the skin from sun exposure and help to heal after sun damage."

And munch on fermented foods such as Greek yogurt, kefir, miso and spicy Korean kimchi, which are a good source of probiotics, she says. (Probiotics can help fight infections that cause some skin inflammation.)



IN YOUR 50s

THE PROBLEM: SLACKNESS

During menopause, the skin's lipid, or moisture content, depletes, says Gora. "The skin is very dry and the supportive facial tissue slackens." It also becomes more sensitive to environmental stressors, like indoor heating.

YOUR RX: Nourish and hydrate the skin, says Gora. "Use cream-based products containing hyaluronic acid, ceramides, shea butter and other oils, combined with anti-aging ingredients, which work to compensate for lipid loss, dehydration and lack of tissue firmness." And opt for occlusive moisturizers.

Amp up your regimen by committing to high-intensity treatments. Madrid's go-to duo: An exfoliating mask followed by a cream mask; the latter is left on overnight and rinsed off in the morning. For those willing to go with a more aggressive approach, Carroll recommends resurfacing lasers to address thicker, dull-looking skin.

OUR PICK: La Roche-Posay Nutritic Intense Riche, \$29.



THE PROBLEM: SALLOW SKIN

Accumulated solar damage results in leathery skin texture, wrinkles, lack of firmness and sallowness, and untreated conditions such as rosacea and eczema often worsen.

YOUR RX: Make sure you're using an antioxidant (retinoids, retinol or tretinoin) in your skin care, says Carroll—and consider increasing its percentage for more efficiency in treating inflammation and sun-related aging. Pro tip: Serums, generally, will likely have the highest percentage of active ingredients.



OUR PICK: Dermalogica Multivitamin Power Recovery Masque, \$63, dermalogica.com

IN YOUR 60s

THE PROBLEM: DULLNESS

"Skin becomes thinner in this decade," says Carroll, "but there's a buildup of stratum corneum [the outermost layer of the skin] as cell turnover slows," resulting in dry, dull skin.

YOUR RX: An antioxidant is still important, says Carroll, but the best strategy is to reduce its strength or frequency to avoid further thinning the skin.

OUR PICK: Skinceuticals A.G.E. Interrupter, \$162, skinceuticals.com/Canada



THE PROBLEM: THIN SKIN

After menopause, you have fewer sebaceous glands, and they're less numerous, explains Carroll. Skin loses density, and dehydration is directly related to lipid depletion at the skin's surface. Environmental conditions can exacerbate this dehydration.

YOUR RX: You need to compensate for the effects of lower hormone levels, says Gora. "Your skin needs tissue and lipid reconstruction: choose formulas that contain lipids, such as oils or shea butter, and adapt your routine, adding a hydrating mask or balm weekly."

And stay committed to a nighttime regime with an extra-nourishing serum or mask, says Gora. A simple humidifier will also do wonders to prevent the drying cycle of the winter—keep it in the bedroom, so it works while you get your beauty sleep.

OUR PICK: Vichy Aqualia Thermal Night Spa, \$44, vichy.ca



web

For five great tips to get great skin—whatever your age—visit thekit.ca/beauty/face/great-skin/

THE KIT on instagram

Get your behind-the-scenes fix at [instagram.com/the_kit](https://www.instagram.com/the_kit). Catch candid photo-shoot outtakes, in-office antics, events and more!



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Kimberly Newport-Mimran in a pleated leather skirt backstage after her show.



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Alex Laws gets up close and personal with *Cracked's* David Sutcliffe for Mr Kit.



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The Kit team made the most of a fire alarm—and went shopping.



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Colleen Henman takes notes at Beaufile during Toronto fashion week.



CLOSET OF THE WEEK

CLARE VIVIER

FOUNDER & CREATIVE DIRECTOR, LOS ANGELES

BY THE COVETEUR



"When I was 10 years old, I asked my dad what he wanted me to be when I grew up. He said, 'You can be whatever you want to be, baby.' That was the best advice I've ever gotten," Clare Vivier told us. Fast-forward a few years (give or take!) and everyone (and their best friend) are running around town with Clare Vivier handbags: Kelly Oxford, Sophia Bush, Gaby Basora, Jenni Kayne... you get the point. Suffice to say she definitely chose the right path.



TOP TO BOTTOM: Vivier on her porch in a vintage dress; Dolce & Gabbana dress and Dieppa Restrepo loafers; go-to jewellery from various designers; J.Crew shirt and 7 For All Mankind jeans; shoes by Lanvin.



See more of Vivier's style on theCoveteur.com



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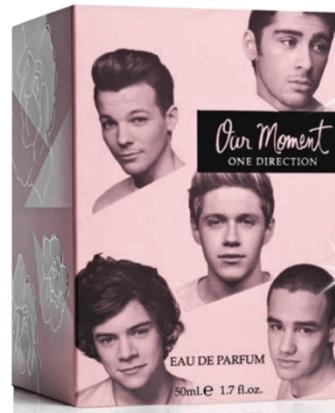
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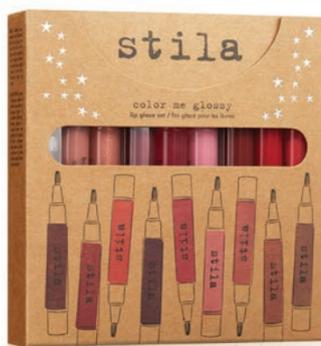
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