

THE Kit

BEAUTY &
FASHION

BIKER CHIC

Pretty, practical purses you
can rock with your wheels

PAGE 2



CAMPING COOL

Adventure
never looked
this good

PAGE 3

HAIR RESCUE

Four steps to sleek, plus the
perfect post-workout do

PAGE 6

WE SOLVE YOUR SPORTS BRA DILEMMAS

PAGE 4

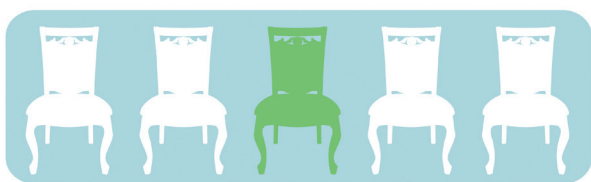


GET ACTIVE

Whatever your outdoor pursuit—hiking, biking or boating—take inspiration
from Rosie Huntington-Whiteley and do it in comfort and style

PAGES 2-4

ROSIE HUNTINGTON-WHITELEY: GETTY IMAGES



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SPOTTED

BIKE-FRIENDLY BAGS

Now you don't have to sacrifice your purse for practicality. Here are our fave hands-free handbags **BY** VANESSA GRANT



POSH PANNIERS
This rugged canvas, leather and stainless steel MEC bag sits on the back of your bike, but can also be carried like a satchel. MEC Audax Roll-Up 28L Pannier, \$65, mec.ca




GREAT SPORT
Lots of room and plenty of pockets make this bag a smart choice, while Stella McCartney's design makes it a chic one. Adidas by Stella McCartney Women's SMC Backpack, \$73, adidas.ca



NEON SPLURGE
This Proenza Schouler satchel can be worn cross-body and out of the way while biking, and is bright enough to get you noticed. PS1 medium leather bag, \$1,695, net-a-porter.com



TRAVEL COMPANION
With enough space for a laptop, makeup bag and more, Matt&Nat's faux leather rucksack will take you places, and works for the office. Matt & Nat chic travel backpack, \$135, simons.ca



PARTY PERFECT
This bright, colour-blocked bag is great for biking to a concert, since it's fun and roomy enough to stash a light layer till nightfall. Meredith Wendell backstroke backpack, \$644, shopbop.com

one minute miracle



POSH REMOVER

Dip, turn and voila! Your nail enamel is history. At-home-mani devotees will love this potion with instant lacquer-eliminating power. Its gentle acetone- and paraben-free formula makes quick work of stubborn sparkles too. More reasons to fall in love: Infused with almond oil, it has a red fruit and vanilla scent, leaving your fingertips smelling sweet, clean and ready for a happy new hue.

—ASHLEY KOWALEWSKI
Bourjois Magic Nail Polish Remover, \$10, Shoppers Drug Mart, bourjois.ca

OUTFIT ENVY

Miranda Kerr

We heart this stylish mom's summer-in-the-city look. The light print, flowy fabric, cheeky buttons and panama hat equal fashion perfection

—NATASHA BRUNO

why we love it

SUN HAT
Kerr's panama gives a hint of glamour and UV defence in one go.

SHAPELY SUNNIES
Hexagon-shaped sunglasses nod toward a retro look.

DAYTIME DEMURE
With its nipped-in waist and light-as-air fabric, Kerr's casual day dress is quietly revealing.

INSTANT UPGRADE
A power purse in a dark shade takes this sunny outfit from uber casual to polished daywear.

ANYTHING BUT FLAT
A pair of flat gladiator sandals provide stylish comfort and just the right amount of edge.



TIP
A sleeveless maxi dress (instead of one with spaghetti straps) is more flattering for a larger bust.

TOP 7 what we want this week

GLAMPING CHIC

These outdoor essentials are fit for any activity, so escape the bustling city and revel in the wilderness



1. COOL DOWN Refresh in a snap with aloe vera and green tea. **Yes to Cucumbers** Natural Glow Facial Towelettes, \$10, at Shoppers Drug Mart 2. LIGHT AS AIR This water-repellent jacket gives you featherweight protection. **Roxy** atmosphere jacket, \$92, roxy.com 3. FUEL UP Stay hydrated in the great outdoors. **Klean Kanteen** bottle, \$20, sportinglife.ca 4. STEP OUT With their durability and breathable design, these lightweight hiking shoes will keep up with you. **Merrell** proterra vim sport in sea shore, \$130, sportinglife.ca 5. BLOCK IT SPF is a must no matter

the weather or where you venture. This paraben-free formula is non-greasy and enriched with vitamin E. **Vichy** Capital Soleil Bare Skin Feel Lotion SPF 60, \$30, vichy.ca 6. DOUBLE DUTY Sunglasses will protect your eyes from the sun's harmful rays and keep your vision crystal clear. **Ray-Ban** Dylan in electric blue, \$115, at Watch It, watchit.ca 7. KEEP ON TRACK Equipped with a timer, two time zone settings and night-light, this water-resistant timepiece will see you through hiking, boating and more, day or night. **Timex** expedition chrono alarm timer, \$65, timex.ca

—NATASHA BRUNO/PHOTOGRAPHY BY ADRIAN ARMSTRONG

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ASK JEANNE

I spend time on my work outfits, but end up in the same old sweater I keep at my desk. How can I dress for the heat outside and chilly aircon inside without hiding my style efforts?
—Alexandra

DEAR ALEXANDRA, The big chill at the office is a big complaint these days. With all the advances in technology, you'd think they'd have come up with climate controlled clothing—wardrobe pieces that adjust to either your body temperature or the conditions you're in. I'm sure scientists and designers are working on that, but in the meantime, we will have to rely on the old layering method when it comes to looking stylish both indoors and out.

It's important to start with a clean and simple base—an elegant day dress with modern lines will be easy to add on to. Make sure your layers are all fairly light.

Now, what's with that "same old sweater" you keep at your desk? Maybe it's high time for an update or two, a couple of new cover-ups you can take pride in, as opposed to reverting to the schlep number you've been stashing in your desk drawer for lord-knows-how-long. A chic featherweight cropped cardigan with a three-quarter length sleeve would be a great staple, either in a neutral shade or something that would add a little punch.

You might also want a longer, lightweight cardigan in an interesting weave or some lovely, soft scarves and a lightweight pashmina. I would keep a small collection of diaphanous scarves at my desk, in a variety of colours and maybe even prints. Whether you're wrapping them around your neck, covering your shoulders, or even using them as a lap blanket under your desk, scarves are always a welcome style punctuation mark. They're also easy to transport, either in your tote, or tied to the handle of your favourite bag.

I also love the idea of a little tailored jacket that can be thrown over a variety of looks. Even a nicely cut cropped jacket will give you a more powerful look than a cozy sweater will. That being said, I'm keen on stylish suits, because you can always carry the jacket, and then toss it on when you're inside. No question that's a look that's always polished.

Also, I know it's strappy sandal season, but you lose 30 per cent of your body heat through your fingers and toes. So you may want to keep a pair of basic pumps under your desk. Little summer booties that are perforated are also a good choice for those who hate the feeling of cold feet.

Send questions to askjeanne@thekit.ca. Jeanne Beker is a contributing editor to the *Toronto Star* and host of Fashion Television Channel. Follow on Twitter @Jeanne_Beker



Olivia Palermo

radar



Dan Levy

DAN LEVY'S LINE OF SPECS

Never seen without a cool pair of specs, it makes sense TV personality and former MTV host Dan Levy has launched his own eyewear line D.L. Eyewear. D.L. Eyewear sells high-quality sunglasses and optical frames at \$95 a pop. Available at The Narwhal, 8 Price St., and Jonathan + Olivia, 49 Ossington Ave., Toronto, and dleyewear.com. —Danielle Drummond

COACH'S NEW COACH

Luxury accessories brand Coach has assigned designer Stuart Vevers to replace designer Reed Krakoff. Vevers is no stranger to fashion design, having started his career at Calvin Klein. He was also a creative director at Mulberry and worked with such brands as Bottega Veneta, Givenchy and Louis Vuitton. —D.D.

THE KIT WILL RETURN

We've gone shopping, but *The Kit* print feature will return the second week of August. Miss us? Download the Summer issue of *The Kit* interactive magazine now at thekit.ca/newissue.



Karl Lagerfeld



James Franco

GUCCI TO LAUNCH NEW FRAGRANCE

Gucci's new fragrance Made to Measure, features James Franco as the face of the campaign. Expected to launch in stores this August, the fragrance is described as intensely masculine and for the most discerning man. It's inspired by the exquisite tailoring of a made-to-measure Gucci suit (my-my). —D.D.

FASHION DESIGNERS COME OUT TO PLAY

Swipe Uncle Karl's sunglasses? We couldn't imagine. But you can try, virtually at least, in a new game from Karl Lagerfeld himself. *Je Veux Les Lunettes De Karl* is a new game for phones and computers, where he taunts you and insults you until you catch his lunettes. —D.D.

ON THE COVER

OVERALL WINNER!
Our pick of the bunch combines comfort and support, and is perfect for a variety of sports. **Champion Sport Comfort** sports bra, sizes 34C-42DDD, \$54, at SportChek, championsportsbras.com

best

SUPPORTING ACT

Whether you're well-endowed or have more of a handful, a good-fitting sports bra is the key to exercising comfortably. We scoured the racks to find the best and polled the experts for top shopping tips

BY VANESSA TAYLOR

We had no idea how much we had to say about sports bras until we sat down in a story meeting and suddenly it all came out. Everybody was unhappy with their performance. From “I wear three to work out” to “I look like a boy,” it was clear we needed a sports bra intervention, so we went to the experts for some uplifting pointers:

1. NOTICE YOUR NIPPLES
“The most important thing is to minimize nipple movement,” says Joelle Michaeloff, lead designer at Lululemon. “Bounce while looking in the mirror and if your nipples are stationary in the bra, you’re good.”

2. STRAPS = SUPPORT
If you have a larger cup size, skip the racer-back style. “Adjustable straight straps hold the weight of your breasts at two points, putting less strain on your ligaments and skin,” says Michaeloff.

3. LOOK AT THE BACK
“Straps should be wide, have minimal stretch in the front, with more of the stretch in the back,” says LaJean Lawson, chief sports bra advisor at Champion Athleticwear.

4. POSITION RIGHT
“Make sure your bra sits in the upper to middle part of your back. If the sides are lifting in the back, then your straps are too tight,” says Sylvie Albaret, sales manager for Shock Absorber.

5. BANISH THE UNI-BOOB
Look for a cup and band size (not small, medium or large), says Shawna Labine, branding specialist at Sporting Life.

6. KEEP COOL
“Sweat ends up in your bra,” says Michaeloff. Mesh and moisture-wicking fabrics are a must. And avoid absorbant 100 per cent cotton as it gets soggy and uncomfortable.

SPORTS BRA DILEMMAS: SOLVED			
 Janet, 32A, yogi	 Erica, 34C, runner	 Stacy, 36DD, spinner	 Sandra, 34B, dancer
CHALLENGE: <i>“Sports bras flatten me out, which isn’t ideal for someone who is lacking in the boobie department. I like a thin (not overly padded) liner for shape and coverage.”</i>	CHALLENGE: <i>“My main issue is that sports bras give me the uni-boob look. I also avoid complicated multiple straps. It’s for a workout, not a catwalk.”</i>	CHALLENGE: <i>“If I’m doing any kind of sports, I need comfortable wide straps—not tiny spaghetti straps that do nothing in the way of lifting (and separating) the girls.”</i>	CHALLENGE: <i>“I go to Zumba class where it’s all about shaking what your momma gave ya, so I don’t want something too tight. I want good coverage so I can wear it as a top.”</i>
IDEAL BRA STYLE: Lightly molded or shaped cups 	IDEAL BRA STYLE: Raceback or separate straps with individual cups 	IDEAL BRA STYLE: Wide comfort-fit straps with separate cups 	IDEAL BRA STYLE: Vibrant, medium support with coverage 
Lululemon Athletica Itty Bracer, sizes 32A, 34A & 36A, \$68, lululemon.com	Shock Absorber Multi-Sports support bra, sizes 32A-40G, \$67, shockabsorber.ca	Champion All-Out Support, sizes 34C-40D, \$54, at SportChek, Running Room	Nike Adjust X-Bra sizes XS-XL, \$60, sportinglife.ca
MOULDED SHAPE A moulded or shaper bra has built-in padding or shaping. “They give smaller busts added lift without squeezing and flattening,” says LaJean Lawson.	DIVIDE AND CONQUER The encapsulated bra has an individual cup for each breast. They look the most like your everyday bras and often come in the same cup and band sizing (such as 38D), making them the best option for larger busts, says Lawson.		COMPRESS Compression styles are made with strong, stretch fabric that restricts bounce by hugging breasts to the body. They give freedom and flexibility to average busts, says Lawson.

bright ‘n’ light

Keep the bounce where you want it—in your feet. These eye-popping kicks will put a spring in your step and pep up your workout gear

best for: **MULTI-TERRAIN**
These sneakers provide grip and support on both pavement and uneven paths so they'll take you from your front door to the trail and back.

Salomon Ladies XR Mission runners, \$120, sportinglife.ca



best for: **NIGHTTIME VISIBILITY**
Whether you're taking the pooch for an evening walk or prefer to jog at dusk, these are for you. Ten minutes of direct light equals two hours of glow-in-the-dark power.

New Balance WR1400DY runners, \$129, newbalance.ca



best for: **SUMMER SWEATS**
These sneakers feature engineered mesh with a tighter weave in areas you need support and a looser one in areas that call for ventilation.

Nike Free 3.0 runners, \$125, nike.com — V.T.



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ANTIPERSPIRANT/DEODORANT



Christian Siriano
Spring 2013

THE FIX

SWEET BUNS

Sleek and glam for a night out, this quick, versatile updo is also a perfect post-workout fix —NATASHA BRUNO

step 1

TIME TO SHINE

Boost your shine before you start with a silky smooth rinse-out treatment. **Tresemme Liquid Gold Shine Therapy**, \$8, shoppersdrugmart.ca



step 2

BEAT THE HEAT (DAMAGE)

For a super chic bun, blowdry and straighten your hair first. Prevent damage by applying this moisture-sealing treatment first. **Pantene Advanced+Keratin Repair 60-Second Therapy Ampoules**, \$16, at mass retailers, pantene.ca

step 3

READY, SET, SHAPE

Create the perfect bun by holding the end of your ponytail in the centre of this shaper and winding ends around. Roll doughnut and hair toward your head, tucking hair under as you go. **Stylize Bun Maker**, \$7, shoppersdrugmart.ca



step 5

FINISHING TOUCH

Add instant sparkle to your updo with decorative pins. **Stylize bobby pins**, \$10, shoppersdrugmart.ca



step 4

SPRAY AND GO

Whether it's slicked back or messy, keep your hairstyle intact with a soft-to-the-touch flexible-hold hairspray. **Dove Style+Care Strength & Shine Flexible Hold Hairspray**, \$8, at mass retailers

SHOPPERS DRUG MART

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Hayley Wickenheiser
Four-time Olympic Medalist Captain - Women's National Hockey Team.

OTTAWA, ON - AUG 24
QUEBEC CITY, QC - SEPT 21
Chantal Petitclerc
21 Paralympic medals (including 14 gold medals), Chef de Mission for the Glasgow 2014 Commonwealth Games.

HALIFAX, NS - AUG 10
Heather Moyse
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A portion of the event proceeds and your pledges and donations will be supporting women's mental health programs in event communities across Canada.

SUMMER BEAUTY

4 HAIR RESCUES

Sun-fried? Chlorine-faded? Not on our watch —VANESSA TAYLOR



APRÈS-POOL DETANGLER

"This brush's soft, flexible bristles don't have balls on the ends, so they glide through the hair instead of ripping it. It gently detangles in layers, so you get less breakage." —Susana Hong, hair & makeup artist, Tresemme/PIM.ca

Goody Tangle Fix, \$8, target.com



DAILY UV BARRIER

"Apply a very light coat of a protective oil with UV filters before leaving the house every morning. This is especially important for colour treated locks. This is sunblock for your hair." —Eric Del Monaco, hair stylist and colourist for L'Oréal Paris Canada

L'Oréal Paris Hair Expertise Color Radiance Precious Oils, \$10, at drugstores



ALL-DAY HAIR MASK

"If you're by the pool or at the beach, comb a hair mask through your hair and braid it. Keep it in all day or all evening. The heat will activate the product, so your hair's not frying in the sun." —Sam McKnight, global ambassador, Pantene Pro-V

Pantene Advanced+Keratin Repair Split-End Fuser, \$16, pantene.ca



FRIZZ REMOVER

"Cleanse your hair after swimming in salt or chlorinated water—both are very drying. Avoid colour fading by using a shampoo that removes these minerals while moisturizing." —Kristjan Hayden, creative director, Aveda Canada

Aveda Sun Care Hair & Body Cleanser, \$26, at Aveda stores, salons, spas



CLOSET OF THE WEEK

Lisa Perry

Owner & creative director, Lisa Perry Style, New York

BY THE COVETEUR

CLOCKWISE
Lisa wears a dress
of her own design;
assorted shoes by
Charlotte Olympia,
Judith Lieber and
Lisa Perry; a vintage
bag and a purple
dress by Lisa Perry;
Audrey Hepburn
graces a purse.



The inimitable Lisa Perry looks like she's arrived straight from a morning at the Factory with Andy Warhol. She wears a mod black-and-white frock with a Peter Pan collar, oversized pockets and half-black/half-white heels. We are back in the swinging 1960s. "I wore only '60s vintage for 20 years, and people loved the style, so I decided to try and modernize the look," says the designer and art aficionado. Perry's passion has created a collector's dream of artful accessories. She's already teamed up with the Warhol, Lichtenstein and Koons foundations and has another collaboration in the works for September 2013.



THE KIT on instagram

Get your behind-the-scenes fix at [instagram.com/the_kit](https://www.instagram.com/the_kit). Candid photo-shoot outtakes, in-office antics and more!



PEANUT BUTTER FIESTA

We wondered if four new flavours from Kraft were necessary. (The answer = yes!)



TIFFANY MOMENT

A big bag arriving at *The Kit* office draws the same sharp intake of breath a small box would.



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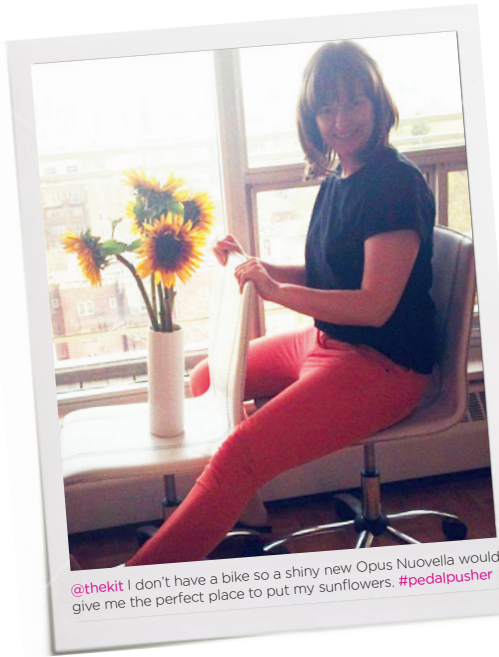
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See more of Perry's style on TheCoveteur.com



GET YOUR BIKE ON!



@thekit I don't have a bike so a shiny new Opus Nuovella would give me the perfect place to put my sunflowers. #pedalpusher

We asked you to show us why you deserve a shiny new Opus Nuovella, (valued at \$995) and, boy, did you!

From over 8,000 inspiring and hilarious entries, Emma Yardley's imaginative shot (left) stole the show. We hope she enjoys her urban retro ride and thank everyone who participated.

FOR MORE CONTESTS, FOLLOW THE KIT



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From this day forward

SOMETHING
BLUE

Oscar de la Renta



HUDSON BAY, HOLT RENFREW, SEARS, SHOPPERS DRUG MART BEAUTY BOUTIQUE