

THE  
**Kit**  
BEAUTY &  
FASHION

*CELEB SKIN  
SECRETS*

Five expert facialists  
share the secret to  
the red-carpet glow  
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*TABOO  
TALONS*

Ceri Marsh tests the  
French manicure and  
gets mixed reactions  
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*HIGH BROW*

The eyes are the window to the soul and your brows  
are the frames. Here are four arch essentials to help  
you put your best face forward

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PETER STICHTER



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# TOP 7 what we want this week

## LA VIE EN ROSE

Shake off the cold-weather blues with a dose of vibrant and flattering pinky-coral



1. BELT IT Create contrast with a bright skinny belt. Wear with your favourite pants, cinch it over a cardigan or dress for a defined waist. **Joe Fresh** belt, \$12, [joefresh.com](http://joefresh.com) 2. BABY STEPS Hesitant about donning neon? Start small with this pick-it-up-and-go purse. **H&M** pleather handbag, \$18, [hm.com](http://hm.com) 3. SHOW YOUR SHOES These flats add flavour to a neutral outfit. Try them with a grey dress or a cream-coloured blouse for the office. When out of office, wear them with casual jeans and a white T-shirt. **Jessica** snake-print with metallic capped toe flats, \$50, [sears.ca](http://sears.ca) 4. PUNCH IT UP Pastels are the new neutrals. For a refreshing twist, mix it with this season's

pale mint green. **Smart Set** beaded multi-row necklace, \$14, [smartset.com](http://smartset.com) 5. SUGAR RUSH Embrace spring's colourful pastels with candy-coloured nails that look juicy enough to eat, like in this creamy coral. **Estée Lauder** Pure Color Nail Lacquer in Coral Cult, \$25, [esteelauder.ca](http://esteelauder.ca) 6. COLOUR ME CORAL This two-in-one cream brightens cheeks and lips for a dewy, healthy-looking glow. **Stila** Convertible Colour Lip and Cheek Cream in Petunia, \$33, [shoppersdrugmart.ca](http://shoppersdrugmart.ca), [murale.ca](http://murale.ca) 7. PRETTY PUCKER Enhance your lips with this punchy gloss for a kiss-worthy pout. **Joe Fresh** Rose Gloss in Coral, \$6, [joefresh.com](http://joefresh.com)

—NATASHA BRUNO/PHOTOGRAPHY BY DANIEL HARRISON

web

Find more colourful fashion and beauty essentials on [TheKit.ca](http://TheKit.ca)



### ASK JEANNE

*"I'm 24 weeks pregnant and petite (five feet tall) and I have to go to a cocktail party with my husband. I want a trendy cocktail dress. What styles would you suggest?" —Victoria*

DEAR VICTORIA:

Maternity wear doesn't look anything like the maternity wear being made years ago. There are so many flattering styles, it's not necessary for you to go to a maternity shop.

Don't wear a muumuu or mini tent just because your belly is bigger. The most comfortable, easy-to-wear fabrics to buy are the matte jerseys—stay away from the clingy, ultra-light variety. Look to some of Canada's designers for great dresses: I saw Ben Mulrone's pregnant wife, Jessica, at a gala wearing a vibrant, simple jersey Greta Constantine dress, and she looked gorgeous. Lida Baday is also known for her stellar jersey dresses. For silhouettes, follow these rules: Look for an A-line cut that will drape, or something stretchy with ruching in a punchy colour. Black never goes out of fashion—and is always slimming.

When I was six months pregnant with my daughter Joey in 1989, I was at the Chanel couture atelier to shoot an interview with Karl Lagerfeld. I was wearing a drab, olive-green, silk outfit from a maternity shop and felt terribly un-chic. Luckily, Lagerfeld's studio head offered to loan me a Chanel outfit for the shoot. I pointed to my pregnant belly and told him it was impossible. He took me into a back room stuffed with old samples. Miraculously, the first dress fit: It was A-line, cap-sleeved, black, with a white satin V-shaped front panel. Karl was so impressed with the way it looked, he gave it to me. I was ecstatic to own my very first Chanel dress, and wore it for another two months during my pregnancy. After I had my daughter, however, I was reluctant to wear it again. Don't make a huge investment, since you may only want to wear your dress for a few months.

Whatever dress you choose, the simpler, the better. Wear a minimalist look and dress things up with the accessories. Try a halter neckline: It's a dramatic yet feminine cut that draws attention to your shoulders. Go for knee-length; anything longer will make you look shorter. Try a platform

shoe with a thicker heel or wedge, but nothing that will make you wobbly. Avoid ankle straps, they make your legs look shorter.

As for colour, try something bright: Coral, turquoise, royal blue or red. Or Pantone's hue of 2013, emerald green. Sunny yellow is always nice: teamed with gold accessories, you'll be simply glowing.

Send your questions to [askjeanne@thekit.ca](mailto:askjeanne@thekit.ca).

Jeanne Beker is contributing editor to the *Toronto Star* and host of Fashion Television Channel. Follow on Twitter @Jeanne\_Beker.



Busy Philipps wears a Gabriella Candela dress at the Screen Actors Guild Awards this year

# radar



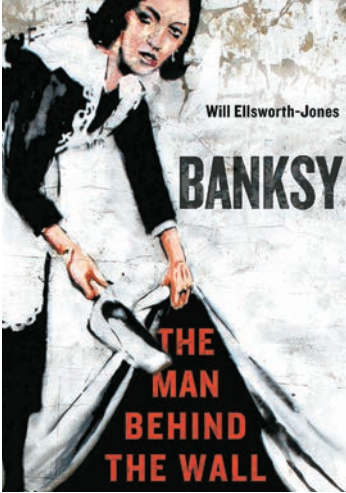
Florence Welch

## JEWELLERY BY FLORENCE

Florence and The Machine front woman (and Karl Lagerfeld muse) Florence Welch has released an art-deco style jewellery collection inspired by her latest album, *Ceremonials*. The *Flotique* line includes rose gold, plated black rhodium, earrings, necklaces, a bracelet and a birdcage ring that mirrors Welch's own birdcage finger tattoo. From \$33 to \$83, *flotique*. [florenceandthemachine.net](http://florenceandthemachine.net). —Janelle Wilson

## H&M'S BIKE LINE

Bike aficionados will love H&M's latest high-style collaboration for men: H&M and London's own **Brick Lane Bikes** have created an eco-friendly, functional and fashionable men's collection inspired by urban cyclers. The 11-piece line uses water-repellent and breathable materials, reinforced crotches and reflective inside leg seams for stylish roll-ups. The collection has been tested on two wheels all around the stylish streets of London. At select Canadian H&M stores March 7. —L.H.



## BANKSY FINALLY REVEALED?

How can one of the world's best-known living graffiti artists also be one we know so little about? In the book, *Banksy: The Man Behind the Wall*, reporter Will Ellsworth-Jones sets out to track the story of the Bristol, England-born, stealthy graffiti artist, revered for political and satirical work. Is it all a hoax? Find out! \$32, at [Indigo.ca](http://Indigo.ca). —Nadine Anglin

## J. CREW MAKES BAGS WITH MONTREAL BRAND

J. Crew debuted a collection of bags by Montreal-based company Want Les Essentiels de la Vie. The fashionable-functional collection made a surprise debut at fashion week in New York (Feb. 7 to Feb. 14). Want Les Essentiels is known for its top quality, and J.Crew collaborated with the brand three years ago on a menswear bag collection that flew off the shelves. The new womenswear creations are stylish leather and organic cotton totes that fold into streamlined clutches, perfect for long days—and nights. The bags are set for select J. Crew stores across Canada in late 2013. —Lauren Harasty





# the edit

web

Want more full-brow grooming tips? TheKit.ca



Thakoon  
Spring 2013

SPOTTED

## HIGH BROW

Strong, full eyebrows are having a moment on runways and red carpets. We saw them at Alexander Wang, Jason Wu and Marc Jacobs, and each model's face was more lovely than the next. Create the illusion of great bone structure with these brow-grooming essentials. —NATASHA BRUNO



### COMPLETE PACKAGE

Perfect your arches with this fully loaded compact, complete with three powder shades, wax, applicator brush and built-in mirror. **Gosh Brow Kit**, \$20, Shoppers Drug Mart



### TRAVEL BUDDY

Get flawless eyebrows with this double-ended, vitamin-enriched wand. The angled waterproof pencil enhances brows. The gel provides a soft hold. **Smashbox Brow Tech To-Go**, \$30, Shoppers Drug Mart, Murale, Sephora, smashboxcanada.com



### THE BROW RAISER

Fill them in and keep them in place with this no-drip and not-too-thick formula. **Lancôme Modèle Sourcils Brow Groomer in Brunet**, \$27, Shoppers Drug Mart, lancome.ca



### TRUE MATCH

Natural-looking lush brows are easy to create with powder duo in your hair colour. Try it in blonde, redhead and brunette. **MAC Brow Duo in Blonde**, \$33, maccosmetics.com

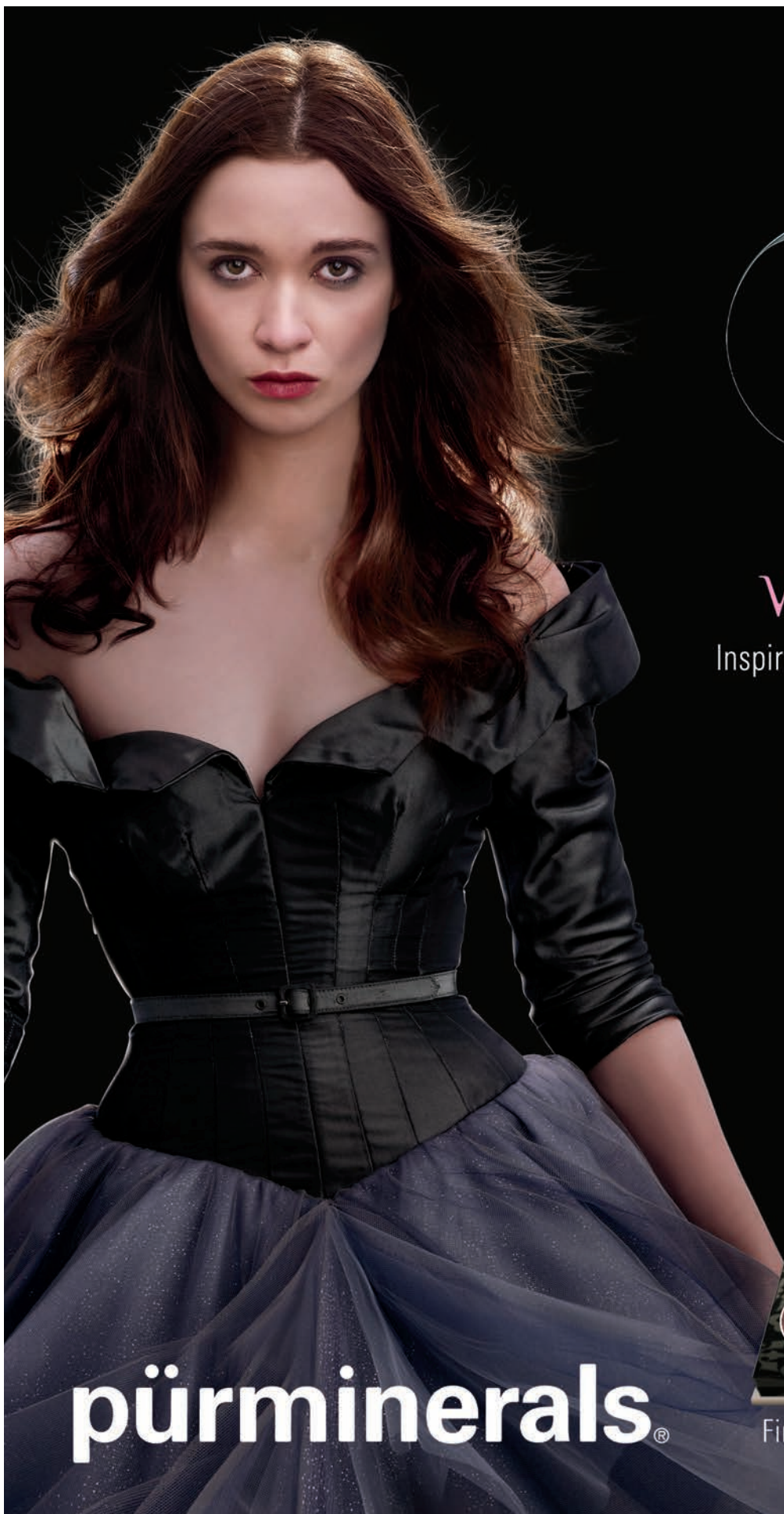
## One minute- miracle



## GLORIOUS GAMS

*Dry legs? You need a good body scrub. This sweet almond oil, peach seed powder, sea salt and sugar medley will make you feel positively buoyed and beaming—ready for your favourite moisturizer.* —DEBORAH FULSANG

**Soap & Glory Flake Away Body Polish**, \$18, soapandglory.com



## Which look will you claim?

Inspired by the film **Beautiful Creatures**, **Pürminerals**, the complexion authority, created this limited edition color collection of otherworldly hues!

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# CELEBRITY SKINCARE SECRETS

There’s a small, trusted circle of skin-care pros that celebs rely on to get red-carpet ready. Here, we profile five experts, whose magic touches and expertise help silver-screen stars put their best face forward during awards season. Get glowing with these insider tips from Hollywood’s most-trusted skin experts **BY** JILL DUNN

## PLUMPED & GLOWING COMPLEXION

**OLGA LORENCIN-NORTHROP** Founder and esthetician at, Kinara Spa, Los Angeles, kinaraspa.com

**CLIENTS:** Halle Berry, Kerry Washington and January Jones

**RED-CARPET PREP:** “The Red Carpet Facial, which I tailor-made for red-carpet appearances is a hit. It has lactic acid and amino acids to exfoliate and purify the skin, while the final step, an anti-inflammatory facial mask, delivers maximum glow.”

**BREAKOUT SOS:** “If a client has a blemish, we send them to a dermatologist to inject cortisone, or ice it. If it’s a broken blood vessel, there is nothing we can do. That’s when their makeup artist steps in to cover it up. There are no quick fixes in skincare.”



Halle Berry



Kerry Washington

## INTENSIVE TREATMENTS

**MILA MOURSI** Founder, Mila Moursi Skin Care Institute and Day Spa, Beverly Hills, Calif., milamoursiskincare.com

**CLIENTS:** Jennifer Aniston, Courteney Cox and Jessica Biel

**RED-CARPET PREP:** “We do a skincare boot camp featuring The Classic treatment once a week, for a month. This two-hour treatment is the ultimate restoration program to detoxify, sculpt and condition the face and body.”

**TIRED-EYE FIX:** “Try a warm milk compress on closed eyes for a couple of minutes in the morning. Then, pat a few drops of argan oil or wheat germ oil around the eye. This hydrates and makes eyes look smoother. For dark circles, apply lemon slices and for puffiness, apply cucumber slices.”



Jennifer Aniston



Jessica Biel

## HI-TECH GLOW

**JOANNA VARGAS** Celebrity facialist and founder of, Joanna Vargas Salon and Skincare Collection, New York, joannavargas.com

**SKINCARE CREDO:** Microcurrent facials and LED light beds to build collagen and elastin

**CLIENTS:** Rachel Weisz, Karlie Kloss and Sofia Coppola

**RED-CARPET PREP:** “It’s all about my Power Peel. I exfoliate with a diamond peel, detox with an organic blueberry peel, and use LED Light Therapy to correct surface damage, build collagen and reduce inflammation.”

**PORE SOS:** “I always do my Power Peel to minimize pores. The blueberry detox peel has paprika to help flush out all the impurities from the skin.”

**SECRET WEAPON:** “Eating for great skin is a must. A green juice a day keeps you hydrated and oxygenated.”



Rachel Weisz



Karlie Kloss

## 90-MIN FACIAL

**CHRISTINE CHIN** Esthetician at, Christine Chin Spa, New York, christinechin.com

**CLIENTS:** Salma Hayek and Gisele Bündchen

**RED CARPET PREP:** “Generally, if a client has clogged pores, I recommend getting a facial a week ahead to give the skin enough time to heal. But if you only have 30 minutes, the best thing to do is cleanse, do a hydration or a clay mask (depending on your skin type), tone the skin, add a serum such as AHA or Retin-A, and moisturize.”

**SECRET WEAPON:** “The Cell Gold Gommage Peeling, combining lactic and glycolic acid, is the one product I recommend to get red-carpet ready.”



Salma Hayek



Gisele Bündchen

## HOLISTIC PEELS

**TERRI LAWTON** Celebrity esthetician, Los Angeles, terrilawton.com

**CLIENTS:** Michelle Williams and Kate Bosworth

**RED-CARPET PREP:** “We are doing a lot of Intracutaneous Oxygen facials. It gives an amazing glow to the skin and can hydrate, soothe and boost the skin.”

**SECRET WEAPON:** “I use organic exfoliants, one being blueberry extract, which helps detox the skin. This helps release not only physical toxins but stress as well, and opens up skin to receive the great ingredients we use.”



Michelle Williams



Kate Bosworth



Bradley Cooper and Jennifer Lawrence at this year’s Screen Actors Guild Awards. Both are nominated for Best Actor and Best Actress at the Academy Awards.

## JOIN US ON OSCAR NIGHT

Hollywood’s biggest award show takes place Sunday, February 24, and we have high style expectations for Jennifer Lawrence, Anne Hathaway, Kerry Washington and Julianne Moore based on their red-carpet entrances at other award shows—especially The Golden Globes. Who will win our vote for best-dressed? Airt at 7 p.m. EST.

Follow us as we live tweet the red carpet @TheKit and read our online wrap-up the next day on TheKit.ca.



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# CLARINS





CLOSET OF THE WEEK

# Caroline Belhumeur

Senior vice-president of women's design,  
Club Monaco; New York

BY THE COVETEUR

We first met Club Monaco's beautiful senior vice-president Caroline Belhumeur when we shot the brand's spring lookbook at her quaint and quirky home in the New York suburb of Mount Kisco. It is the perfect escape from busy and bustling Manhattan. Her home is like something out of a fairy tale, with a white wrought-iron gate, colour-coordinated bookshelves, Le Labo candles, delicate bud vases and an intricate candelabra (which we outfitted with cocktail rings, in typical Coveteur fashion). It's clear her job is the perfect fit for Belhumeur; her closet seamlessly captures the Club Monaco girl, mixing classic silhouettes with contemporary touches. She dished on her most-treasured high-end pieces—her first-ever Gaultier jacket and the cadre of Margiela boots she has collected by buying a new pair each season.



CLOCKWISE: Indian goddess statue (and perfect jewellery stand); antique clock and Jérôme Dreyfuss handbag; Caroline Belhumeur poses for The Coveteur's camera; Maison Martin Margiela perspex and wood wedge shoes; a shelf stacked with colour-coordinated reads.



web

See more of Belhumeur's chic closet on [TheCoveteur.com/caroline\\_belhumeur](http://TheCoveteur.com/caroline_belhumeur)



## TESTING, TESTING

BY CERI MARSH

# FRENCH HANDS

Unlike many fleeting fashion fixations that only insiders wear or even take notice of—here's looking at you, 1980s-shoulder pads and fur shoes—nail art has made its way from the runways to nail salons, drugstore beauty counters and Pinterest pages across the land. You need to be paying attention to keep up with reverse French, empty moon and stiletto manicures.

So it was with much amusement that I watched my Twitter feed explode when classic French manicures were spotted on the Spring 2013 runway for Chanel. My beauty editor pals were sputtering with shock and irritation. Was it ironic? Was it for real? The French had actually popped up the previous season at Alexander McQueen (both McQueen and Chanel shows were under direction of beauty guru Peter Philips). So, perhaps reports of the French manicure's demise were greatly exaggerated? Is it time to give the French another try?

Lesa Hannah, beauty director at *Fashion* magazine, replies with an emphatic no. "A French is wrong because, well, where to begin? It's just so awful looking for starters, because it's thick, long and square and the light pink and stark white tip only serve to emphasize those aspects."

*The Kit's* contributing editor, Chantel Guertin, doesn't buy the French manicure's bad press. "Bring it back! I want it to come back. It's a clean look."

I headed to Ritual Salon in Toronto to give the French an honest try. Owner Maria Cristina insists that it's never really gone away. "The average woman—stylish women—they still ask for it. It looks clean and pretty." Nail technician Heather had the steady hands of a surgeon as she painted the thin white strip on my short nail tips and then covered everything with a pale creamy top coat (Ritual's method for making the manicure's contrast less stark). After many seasons of dark nails in style there's something very fresh about having light, bright nails.

And very noticeable.

The French manicure aims to mimic the natural colour pattern of your nails but in fact it amplifies it. I wasn't quite through the door at my office when a workmate quipped, "Got your nails done?" I was taking off my coat at the end of the day when my babysitter noted, "Oh, you got a manicure!" Even my husband, who thankfully does not keep track of the comings and goings of nail trends, said, "They don't look like your hands." And as much as I liked the clean look of my French manicure, I couldn't stop noticing it in a way that wasn't altogether comfortable. My nails look very nice and should be on someone else's hands. Will the come-back manicure look better in the spring sunshine than in the thin light of winter? Perhaps. For now, I've got an appointment with my bottle of acetone.

*Au revoir*, Franchie.

Ceri Marsh is a best-selling author and co-creator of the food and family website [SweetPotatoChronicles.com](http://SweetPotatoChronicles.com)



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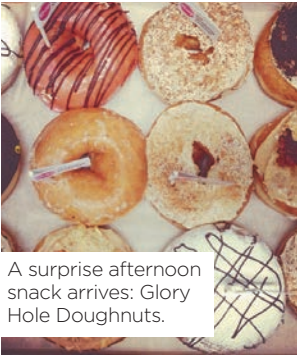
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A surprise afternoon snack arrives: Glory Hole Doughnuts.



Scouting the newest accessories from Banana Republic for spring.



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