



# ONC minutemiracle



### GET RID OF RED

Flushed cheeks? Whether it's winter weather, stress or alcohol (or all of the above) we're sold on the Skin Ceuticals Redness Neutralizer. It reduces the red and the inflammation, and calms sensitivity, while lightly moisturizing and cooling.

-DEBORAH FULSANG \$78, skinceuticals.com THE AGE CHALLENGE

## PLAYFUL POWER FLATS

Welcome warmer weather with a pair of playful shoes as bright as spring sun. Our favourites are flashy, colourful and ultra chic—perfect for you at any age







SPOTTED WILL RETURN

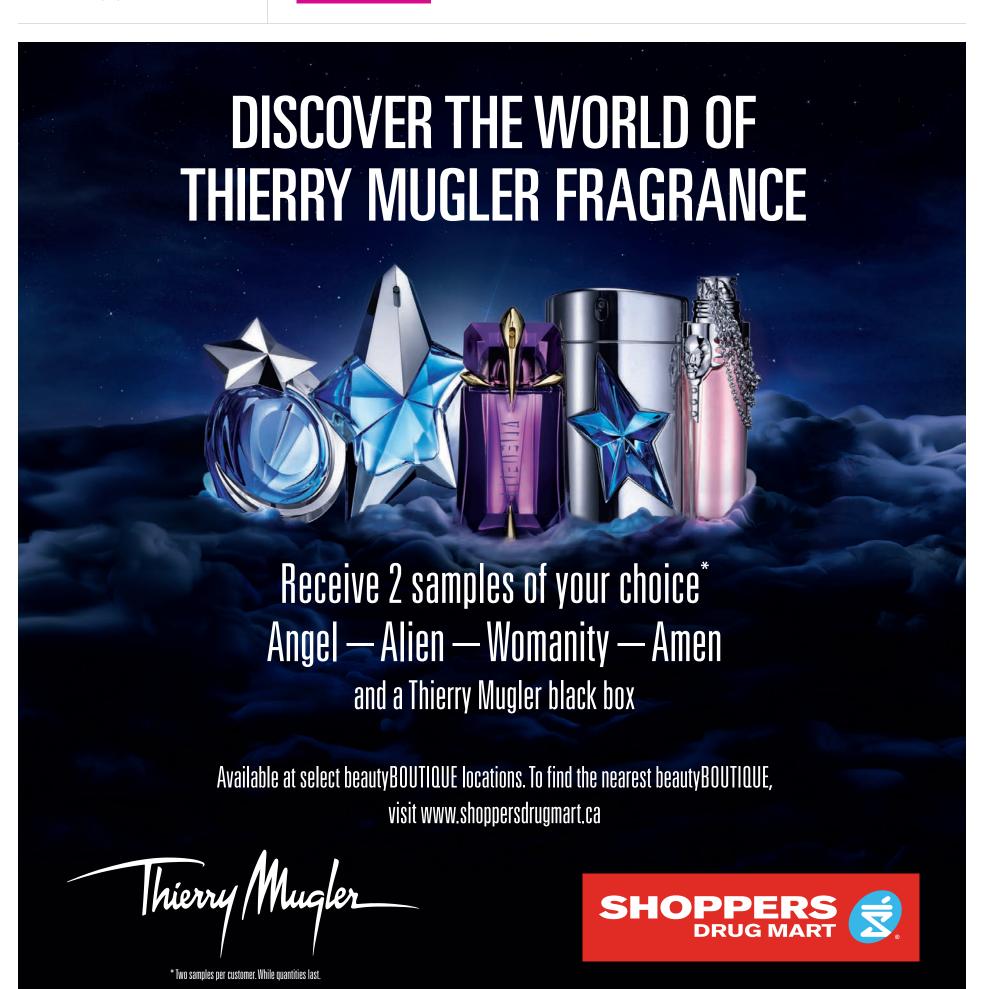
jeans or sleek pants.

Boutique 9 Katelyn

ninewest.ca

glitter, rhinestone and

leather sneakers, \$190,





1. VANILLA PLUS PRALINE Julia Roberts's open smile is the metaphor for this just-sweet-enough chypre-like toilette with notes of vanilla, tonka bean, praline, blackcurrant and pear. Lancôme La Vie Est Belle L'Eau de Parfum, \$95 (50 ml), lancome.ca

2. JASMINE & SANDALWOOD Spicy sandalwood and violet leaf mingle with heady orange blossom and jasmine. The Body Shop Indian Night jasmine eau de toilette, \$25 (50 ml),

thebodyshop.com

3. PEACH & DULCE DE LECHE Notes of peach and guava, berries, vanilla and dulce de leche mix with flowers and warm, sensual musk in this made-for-Valentine's-Day spritz. Bath & Bodyworks Cashmere Glow Fine Fragrance Mist, \$14 (236 ml), bathandbodyworks.com

4. CHOCOLATE & CHILI Satisfy your senses with this gourmand scent, showcasing notes of cocoa absolute, Mexican vanilla, cinnamon and chili. Arquiste Parfumeur Anima Dulcis, \$165 (55 ml), holtrenfrew.com

5. PATCHOULI WITH CARAMEL This floral-woody fragrance's velvety base of sandalwood, patchouli, vanilla, caramel and musk is perfect for getting up close and personal. Coach Love eau de parfum, \$72 (50 ml), coach.com



"Tve had four hairdressers in two years. How do I find one I like?"—Monique

#### **DEAR MONIQUE:**

Well, aren't you a little run-around! I'm joking of course, but I do sympathize with you for not being able to find true love on the salon circuit. Obviously, you're not happy with what any of these stylists have done for you, which is fine. All I can recommend is to keep "dating!"

There are so many talented stylists with so many great personalities. You should be able to eventually find one who makes you look and feel fabulous. Once you do, I'm sure you won't be interested in bouncing around. It can be very disconcerting to constantly be going to different stylists. Not knowing how your hair will turn out can be downright scary.

I've been going to the same hairdresser since 1979. My talented and beloved hairstylist is Gregory Parvatan at Rapunzel Salon in Toronto. He's a gem of a guy who has outlasted all of my love affairs—and even a husband. (Boy oh boy, the stories he could tell!) Gregory not only understands my hair—the best way to treat and style it—but he really gets me and my personal style. He's patient and sensitive toward the style statements I want to make. Find a stylist who can not only execute a great cut or colour on you, but help you get a better sense of yourself and your personal image over time. It's a bit of an audition process, so I encourage you to shop around. I'm not suggesting you commit to a stylist for over three decades the way I have, but a long-term relationship with one hairdresser can be a very beautiful thing.

Then again, I guess I'm just an old-fashioned romantic.

Most of us who do manage to find the coiffeur of our dreams can get pretty hung up. Some remain loyal for years. But all good things eventually come to an end, and when it's time to break up with your stylist, it can be pretty awkward.

A relationship that may have felt so right once upon a time could feel just wrong after a few bad cuts. Then resentment sets in and you certainly don't want that. There are those who simply slink away, gradually, making fewer and fewer appointments until they fall off the radar. Then there are those who feel they have to explain. If that person is you, be gentle. Most hairdressers are artists at heart and can be sensitive. You could send flowers to the stylist you're leaving, thanking them for all their time

Whether you make a big deal out of your goodbyes or not, try not to burn any

bridges. You never know when you might want to rekindle the relationship. Most professionals take it all in stride. After all, fashion is all about change! Send your questions to askjeanne@thekit.ca. Jeanne Beker is contributing editor to the Toronto Star and host of Fashion Television Channel. Follow on Twitter @Jeanne\_Beker.

web Find more sexy scents on TheKit.ca

-NATASHA BRUNO/PHOTOGRAPHY BY DANIEL HARRISON

radar



### *JEWELLERS* RIGHT ON TARGET

Canadian accessories brand Cocoa Jewelry will debut its Mocha Collection this spring exclusively at Target Canada. Look out for 1990s-inspired oversized chain-link and multilayered gold mesh necklaces (think Mr. T, but way chic-er). Pieces range from \$10 to \$35. At Target Canada stores and target.ca -Nadine Anglin

### *BLOG DOG CRUSH*

What hot-blooded woman doesn't love the way Ryan Gosling dresses? We can't get enough of his masculine je ne sais quoi either. It's so effective we've fallen in love with a blogger dog-a New York-based, cuterthan-cute Shiba Inu named Bodhi-whose wardrobe would give any downtown dandy a run for his money. A recent post turns our dapper online dog into Ryan Gosling via a sharp jean jacket inspired by our favourite RyGos film, Drive, #sizzle. Visit mensweardog. tumblr.com. —Glynnis Mapp



### VOGUE OPENS CAFÉ

Luxury media conglomerate Condé Nast, is set to open Vogue magazine-inspired nightclubs and cafés in Singapore, Dubai, and Thailand later this year. Always on the cutting-edge, Vogue's foray into the restaurant business gives the brand a physical location while redefining the lines of content and commerce. Naturally all Vogue restaurants will come with extravagance and glamour: the Singapore nightclub will be located on the 47th floor of a skyscraper, equipped with a 360-degree terrace. Now that's chic. -Lauren Harasty

# AGYNESS DEYN IS BACK WITH DR. MARTENS

Dr. Martens holds a soft spot in our nostalgic hearts—who didn't rock at least one pair of eight-hole lace-ups back in the day? The brand has always embodied a rebel yell DNA and yet manages to shake up its offerings (read: Swarovski-studded high-heeled booties). Now, spunky British model Agyness Deyn is back for the Spring 2013 collection: Eclectic, casual-cool Brit girl pieces. Clothing, shoes and accessories range between \$85 to \$320. Shop at drmartens.com and at Dr. Martens stores. -N.A



# BEST JEANS FOR YOUR BODY

Nothing makes us love our bodies more than a perfect pair of jeans. In a quest to feel outstanding in the most basic of basics, four women tried on piles of pants. Here are the results, the best fits for any body

VANESSA TAYLOR • PHOTOGRAPHY: CARLYLE ROUTH



The Kit. Visit **TheKit.** The Challenge: Finding jeans that showcase Madelaine's frame while defining her curves. The common complaint for shorter women with plussized frames is that clothing tends to be boxy and oversized. By keeping the bottoms skinny in this silhouette, the jeans pair easily with flowy tops and structured blazers. Lengthen the leg line by sticking with dark washes, colours and prints with zero

embellishment—no whiskering, distressing or fading.



Reitmans contrast comfort fit legging jean, \$46,



denim fits for any

body type in the February issue of

ca/newissue

Addition Elle flowerprint skinnies, \$60, Addition Elle stores,



Spanner Allure rose-print capris, \$99, spannerstyle.com

### LEAN & PETITE

The Challenge: Lengthening the body while adding curves to Natasha's petite frame. If you're short, good proportions are key to making you look taller. Skinny jeans in a bold print or bright shade add instant impact. Maximize leg length by wearing tops that hit the waist or just-below—think cropped jackets and fitted shirts. Of course, heels help to add a few inches. Avoid skinny pants that hit above the ankle (or mid-calf), because they will make you look shorter.



Big Blue Kloe brocade jeans, \$89, getplenty.com



Reitmans straight-leg denim cotton-blend pants, \$46, reitmans.com



Hudson Leeloo super skinny crop jeans in Blue My Mind, \$265, 800-335-7268





### CURVY & TALL

The Challenge: Balancing Kathryn's fuller hips and thighs with a smaller top half. This tailored silhouette is fitted around the midsection and skims over thighs before flaring out into a wider leg. The sweep at the hem helps balance out the hips. Try this look in most silhouettes, with anything from a classic boot cut to a wide leg. Stick with unembellished styles free of contrast stitching, jewels and abrasion marks or whiskering if you plan to wear these to the office.



Jones New York Lexington straight in Snake, \$89, thebay.com

Old Navy The Flirt boot cut jeans, \$40, oldnavy.ca

Second Denim Yoga Jeans sky rise boot cut jeans, \$118, secondclothing.com



#### BODY TYPE

### LEAN & TALL

The Challenge: Creating hourglass curves on Marissa's tall, athletic body. This style of denim is meant to be worn with a soft slouch, but shouldn't look sloppy or like it's actually borrowed from a boy. Taller frames can wear a cropped (or rolled up) hem that showcases the ankle.



Joe Fresh boyfriend jeans, \$29, joefresh.com



Paige Denim, Jimmy Jimmy skinny boyfriend jeans, \$259, holtrenfrew.com



Gap low-rise boyfriend jeans, \$80, gapcanada.ca



### ETWEET, TWEET

We know you love denim—you said so! The Kit readers tweet at us about their favourite pairs of jeans

#### JENNIFER LUI

**@jylui** "My first pair of Citizen of Humanity. I think they were called the Kelly? Also MissSixty."

ASH KOWALEWSKI @AshKowalewski "@GapCA Forever Skinny #thebest."

#### LAURA CARINCI @LauraCarinci "Most recently I'm loving all my @JoeFresh

MIRANDA BROADWAY

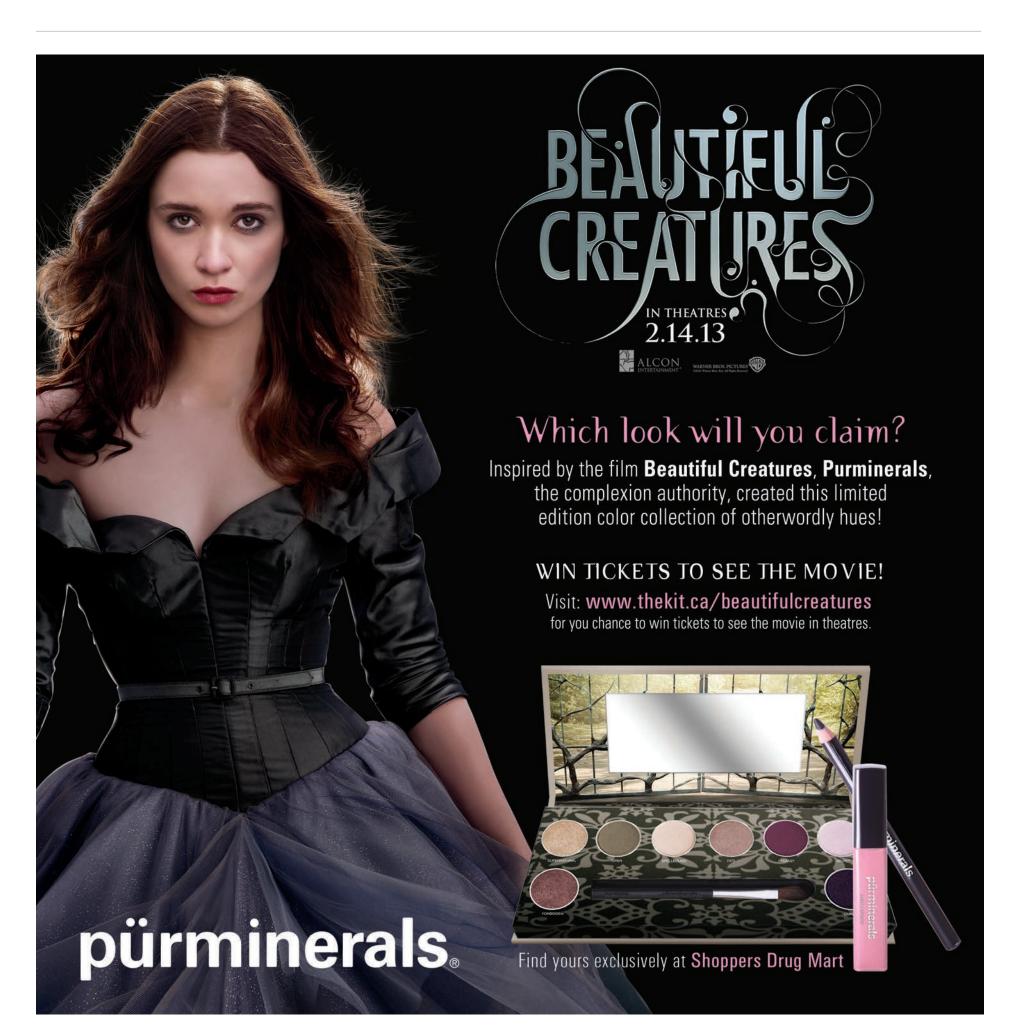
@MirandaBroadway

"BDG and their Roadie Boot

#### CANIDA

@mumeeeee "Lucky Brand-Sweet 'n Low (love the straight and the boot cut)."

Cut jean. It's like denim magic."



# PRIVATE PARTY

Ignite the fires of the heart this Valentine's Day with the power of perfume

DEBORAH FULSANG

"O my Luve's like a red, red rose," opined the poet Robert Burns. One might also suggest she's like musk, jasmine, sultry vanilla and even ooey, gooey caramel.

Love, sex and lust are linked to fragrance. Perfume infuses pop culture, literature, holy books and movies with eroticism. Its aphrodisiac powers have been treasured and used by those with seductive agendas. Likewise, modern-day perfumers celebrate sex-and-scent connection in the-racier-the-better ad campaigns (thanks Calvin Klein, Saint Laurent, Madonna et al). It's little surprise, then, that relationship experts, psychotherapists and aromatherapists advocate strategic perfuming to boost one's love life. What better motivation, we say, especially on this lover's holiday, to visit the fragrance counter?

The aphrodisiac powers of perfume are legendary. In the Bible, perfume metaphors abound. Consider the Song of Songs, writes academic and author Richard Stamelman in *Perfume: Joy, Obsession, Scandal, Sin* (Rizzoli, 2006): "My king lay down beside me/and my fragrance/wakened the night. All night between my breast/my love is a cluster or myrrh." In literature, fragrance appears in classics from Shakespeare—in Anthony

and Cleopatra: "Purple the sails and so perfumed that/The winds were love-sick with them"—to James Bond, where a Christian Dior fragrance co-stars in *Moonraker* (1979).

In popular culture, perfume signals sophistication and sex. Consider the bottle of Chanel No.5 on the dressing table in *Black Swan* (2010) and the elegant, amber flask of Kiehl's Original Musk sitting on Scarlett Johansson's dresser in Woody Allen's *Scoop* (2006).

Before Shakespeare penned his erotic perfume metaphors, it was the 16-century doctor, pharmacist and seer

Nostradamus who wrote of the aphrodisiac potential of fragrance. He believed ambergris—sun-dried sperm whale bile—bolstered a man's seminal fluid production. History books claim that bland foods were flavoured with musk before being fed to Chinese courtesans so that when engaged in The Act, their sweat would emit a sweet perfume.

Victorians acknowledged musk's powers, too; the stuff was so lascivious they banned it, dictating that florals be the only apropos toilettes of the day. And remember Cleopatra, who met her love, the Roman general Antony, in a bedchamber filled with rose petals.

Modern science, however, argues that it could be almost-good-enough-to-eat notes rather than the aura of Cleopatra's almighty rose, that fire our libidos.

Studies by the Smell and Taste Research Foundation in Chicago report that the food notes lavender, pumpkin pie, donuts and black licorice boost blood flow to the penis by nearly 40 per cent. Which proves the old adage: a way to man's heart (and other important parts) is through his stomach.

"The sexiest kinds of smells are those that have associations in food," says Ann Gottlieb, creator of Calvin Klein's Euphoria, CK One, Daisy by Marc Jacobs, Carolina Herrera's Chic and 212, and Dior's blockbuster scent J'Adore. She calls this X-Factor "lick-ability," and says it's a note in many influential—and successful—scents on shelves right now.

The sexiest fragrance in Gottlieb's creative portfolio has a name to match: Obsession, in which she says vanilla is a huge component. "It was always, for me, related to sexiness and this lickable, edible factor."

Sex and scent make powerful bedfellows in advertising, too. Consider the lusty names of Calvin Klein's Encounter, CKIN2U and Euphoria. Then there's Marc Jacobs hit-'em-over-the-head fragrance, Bang, and Dolce & Gabbana's new spritz (out in April) called Desire; Madonna's fol-

"Traditionally, the sexiest kinds of smells are those that have associations in food, something that would go in your mouth."

Ann Gottlieb, creator of CK One, Obsession and Dior J'Adore

low-up to Truth Or Dare (due in March) is called Naked; and Rihanna's Nude features images of the blonde singer wrapped in blush-toned lingerie and a sheer bed sheet, all golden limbs and suggested lust.

Trend-setting perfume house Kilian Hennessey plays on Original Sin with The Garden of Good and Evil, its new trio of scents: Forbidden Games, In The City of Sin and Good Girl Gone Bad.

The sexiness of fragrance ad imagery is notoriously overt. The nude portrait of Yves Saint Laurent for his 1971 men's fragrance is tasteful compared to today's supersexy perfume ads: from the Tom Ford for Men fragrance campaign, where a flacon is wedged between a woman's breasts or her glistening thighs, to Beyoncé's Heat perfume ad, which features a sweaty, sexy suggestive, Beyoncé. It was banned from daytime TV in the UK in 2010. During the winter, however, and on Valentine's Day, we are reminded that we, too, can harness perfume's powers and fire up our love lives.

Jacqui MacNeill, founder of Vancouverbased Escents Aromatherapy, cuts to the chase: "Wearing a favourite fragrance intensifies an orgasm for men and women," she says. Aromatherapy's power, MacNeill says, is about shifting focus. A room diffuser laced with lavender, ylang-ylang or patchouli will calm a busy mind and set a antic mood, she says. Fragrance can become part of a couple's communication," MacNeill says. "Talk about what fragrances you like and then wear them. They increase the intensity of the moment." The sense of smell functions like a lock and key for the brain, she says. "That fragrance unlocks that memory; instantly you're transported back in time, and to the

feeling and the emotion."

The message, then? Whether you need a little ylang-ylang to get you in the mood, a bit of fragrance dessert or something sultry, musky and laced with rose, history and science both suggest you should fully embrace fragrance to truly live up to our erotic human potential.

So then, go ahead, spritz, spritz. Follow @deborahfulsang

# LUST

Lush Lust Soap, \$8,



Escents
Massage and
Bath Oil in
Sensuality
Ylang-ylang,
Patchouli, \$16,
escentsaromatherapy.com



Escents Love Rose Jasmine 100% Soy Wax Candle, \$16, escentsaromatherapy.com

## LOVE Rx

 Lancôme Trésor In Love eau de parfum, \$75 (50 ml), lancome.ca.
 Calvin Klein Euphoria eau de parfum,

\$78 (50 ml), at department stores across Canada. **3. Nude by Rihanna** eau de parfum, \$59 (50 ml),

exclusively at Shoppers Drug Mart.

1. FOCUS ON THE FUN. Get rid of stressors and get in the mood. Lavender and jasmine are known for their calming ability, says Escents Aromatherapy's Jacqui MacNeill.

### 2. CHOOSE ROSE FOR MAKE-UP SEX.

"Rose is calming, it relieves anger," says MacNeill.
"It's a good scent to use if you've had a fight with
your partner." Jumpstart your sex life. "Ylangylang is one of the most powerful aphrodisiacs,"
MacNeill adds. "It increases libido, elevates sexual
energy [and] is great for sexual experimentation."

### 3. CONDITION YOUR MATE

Scent is primal. Use it to elicit a Pavlovian response, says psychotherapist and relationship expert Kimberly Moffit of Toronto. Light your favourite candle before bedroom dates and soon, all you'll need to trigger a lovefest will be the scent of that candle burning.

# STUNNING STONE

Emma Stone on her red-carpet routine and why she loves her makeup artist M JANINE FALCON

If getting dolled up to pose in front of a crowd of hollering photographers is part of your job, you better have a goodnatured, talented team to help you look fabulous. Emma Stone does.

lous. Emma Stone does.

"I've been working with the same hairstylist, makeup artist and stylist the entire time I've had to go to something with a red carpet, so we have

to go to something with a red carpet, so we have a lot of fun, chatting and laughing," says the 24-year-old, who is currently on movie screens in *Gangster Squad*.

Stone's look-great Hollywood team consists of makeup pro Rachel Goodwin, hair stylist Mara Roszak and stylist Petra Flannery. Collectively, they've also worked with Mila Kunis, Kate Beckinsale, Zoe Saldana and Jennifer Lawrence.

With awards-season style under a microscope, especially when said celeb is a funny, in-demand beauty with a coveted cosmetics contract, one might think creating her winning looks takes strategy and careful planning.

But with Stone, it all seems a fairly stress-free affair. Once she emails Roszak and Goodwin an image of her dress, "we try to figure it out together on the day ... I tell them what I'd like and they just do what they want," she laughs.

The latest takeaway from Goodwin? Brows with presence. "She's very into eyebrows, skincare—and confidence," Stone says about her makeup artist. "She gives me pep talks when I'm feeling less than my full-flowering self. Her idea of beauty is so in line with mine. She encourages me to believe in myself and my uniqueness. She makes me feel beautiful."

As for prep, Stone washes her hair and shows up with it wet. The primping process takes about two hours with all of the fun and frivolity.

Although she doesn't wear much on her face when she's not working, Stone, a spokesperson for Revlon, is a makeup fan. "Makeup makes me feel good. I don't always need to wear it, but it's fun to play around with, to try new things," she says. Revlon's newest foundation, Nearly Naked (\$13, at drugstores this month), is a welcome addition to her routine. "It's very cool. It has SPF built in and it's pretty sheer, which I like."

Janine Falcon is head beauty geek at imabeautygeek.com



DATE OF BIRTH: Nov. 6, 1988, as Emily Jean Stone

HOMETOWN: Scottsdale, Az (now lives in L.A.)

HAIR: Blonde. Director Judd Apatow had Emma go red for *Superbad* (2007).

MUSICAL TALENT: Emma can sing and once won a sing-off challenge to snag the Laurie Partridge role in the VH1 talent reality show, *In Search of the Partridge Family*. She can also play the bass guitar; she learned for *The Rocker* (2008).

LOVE INTERESTS: Homeschooled as a kid, Emma has a heart-on for copyediting and grammar. "I love it so much," she once revealed in an interview for an Australian paper. She used to date Kieran Culkin; now her main squeeze is Andrew Garfield, her co-star in *The Amazing Spiderman* (2012).

SOMETHING YOU DIDN'T KNOW: Emma has sensitive dry skin and likes to moisturize with a variety of natural oils, such as grapeseed. "I'm a regular Bill Nye science gal," she says about her approach.



Stone's favourite: Revlon Just Bitten Kissable Balm Stain in Sweetheart Valentine, \$10



We're pretty sure many of you are regular readers of Aimee

Instagram followers—so we can skip the whole recap of her

We arrived at Song's house bright and early, and hit it off

instantly, playing with her adorable puppies, blasting 1990s hip

Though she had just moved into her brand new digs, we would

have never known (did you see those duo barrel chairs?). Song

"My first thought was to start an interior design blog, but

much better reaction, it instantly became a personal style blog,"

Anticipating our arrival, Song quickly built out her walk-

had already decorated the space with personal trinkets. We'll

when I posted one of my outfits as an experiment and got a

have you know, her trade is interior design.

hop and even learning how to C-Walk (this girl's got moves!).

Song's blog, Song of Style, or at least one of her 500,000+





throughout.

in closet (with a little help from her stud boyfriend, Wesley). She had meticulously organized her entire colour-coordinated wardrobe and even gave it The Coveteur touch, creating quirky vignettes (see: shoes on books) throughout. While touring her closet, it became clear why her blog resonates with readers: her clothes are incredibly wearable, a masterful mix of high and low. From her accessories—displayed on empty wine bottles to antique glass heads for hats, Song's expert eye is evident

Can we talk about that hair, though? Her on-point ombre haircolour had us dumbstruck. "You've got to tell us about the hair," our co-founder, Erin Kleinberg, gushed. Song was super modest, insisting it just kind of happened that way and then she turned the tables, admiring Erin's own blonde locks. From the natural beach waves to the spot-on colour, Song's serious mane deserves as much attention as her wardrobe.

for The Coveteur's camera; Finderskeepers skirts and dress, Alexander Wang, Schutz, Zara and 3.1 Phillip Lim shoes; Rachel Roy and Senso shoes, Karen Walker and vintage sunglasses;





Editor-in-Chief

THE KIT ON

We enjoy a lovely lunch

The Kit girls paddle their way through an evening of ping-pong at Spin Galatic.

cold winter day.

. instagram

and go behind the scenes. See our candid pictures from photo shoots, events and more.

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Publisher. The Kit

Chief Content Officer Doug Wallace

Direct advertising enquiries to: Associate Publisher, Advertising Director Kelly Whitelock (kw@thekit.ca)

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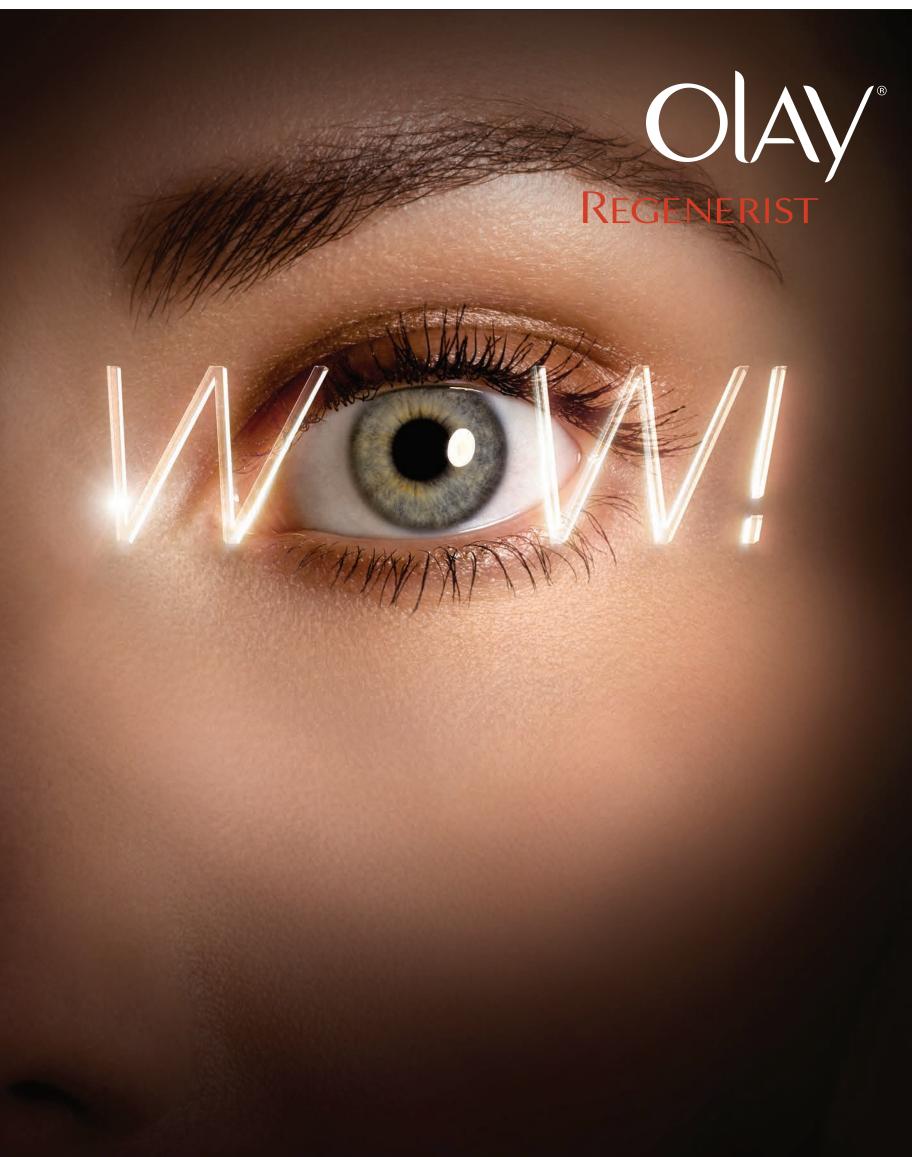
Editorial Advisor

Song says.

resumé, right?

Go inside Aimee's chic closet at thecoveteur.com/aimee\_song





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