

THE **Kit** BEAUTY & FASHION

SHORT & SWEET

Shorts in the winter?
Yes. Ceri Marsh knows
how to wear them
the right way
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COSY UP

Stay warm
and look
chic in
snuggly
separates
PAGE 3

GET HAPPY

To beat the winter blues we looked to our closets,
makeup bags, beloved colours and signature scents
and found 50 reasons to be undeniably happy

PAGE 4

6 what we want this week COSY UP

Seek refuge from the cold with stylish, soothing winter essentials



1. TRENDY TOQUE
Before slipping outdoors, brace yourself against winter's chill with this practical-yet-cute cable-knit beanie. Knit toque with pom pom, \$17, winners.ca

2. MODEL OFF-DUTY
Make a cosy-chic, Canadiana statement with this comfy sweater. Wear it with a plain white T-shirt and your favourite skinny jeans for a knit that's very now. **Roots** wool cardigan, \$98, roots.com

3. R&R 101
Practice the art of massage with this melt-at-the-touch bar made with yummy cocoa and shea butter. You'll love the molten-chocolate-and-honey centre. **Lush** Soft Coeur massage bars, \$9 each, lush.ca

4. TOASTY TOOTSIES
How better to enjoy the great indoors once you've pulled off the winter boots than with a pair of slippers? Arctic-print slipper socks, \$10, winners.ca

5. THAT'S RICH
Battle the dry weather—and heating—with this decadent, all-natural body butter that is oh-so creamy. **Lovefresh** pear body butter, \$24, lovefresh.com

6. SMELL SEASONAL
Fun with fragrance. A spritz or two of these sweet-smelling colognes and cherished childhood memories come flooding back. **Demeter** Cologne Spray in Gingerbread and Snow, \$15 each (30 ml), loblaws.ca

—NATASHA BRUNO/PHOTOGRAPHY BY DANIEL HARRISON

web Get more knubby-knit essentials at thekit.ca



ASK JEANNE

"Many of my girlfriends who are married or engaged have opted for non-traditional rings with gemstones other than diamonds. I love the look, but my fiancé doesn't. Who gets to choose?" —Gabrielle

DEAR GABRIELLE:

First, allow me to congratulate you on your impending nuptials. I'm very happy for you and your fiancé, and think it's very sweet that you're discussing rings. But now, a little tough love: If I were madly in love and about to be engaged or married, I'd be so happy that I'd welcome whatever ring my guy was inspired to give me—even if it came out of a Cracker Jack box! (Cool fake diamond rings came in Cracker Jack as prizes back in my day, dear readers).

Call me corny, but the thought of a man choosing a special ring for his lady to express his love strikes me as terribly romantic. Where has old-fashioned romance gone? The thought of a woman actually asking for a particular type of ring somehow takes a lot of the magic out of things. But maybe that's just me.

I love non-traditional rings. There are some exquisite gemstones that are not only more affordable than diamonds, but also make strong, equally romantic statements. If the ring is coming from your fiancé, I think he should be the one choosing it. If you insist on having your say and if he's still intent on getting you something you've indicated that you don't particularly want, well let me just say that the whole thing doesn't really bode too well for your upcoming union.

Your ring should be a symbol of your fiancé's love for you. If he wants that represented by a traditional diamond, I think you really should accept that.

Try not to be influenced by what your friends are doing. It's difficult to turn a blind eye to how your girlfriends are living their lives, or what rings they're deciding to go for. It's the path that you and your beloved are embarking on that matters most. What's right for your friends may not be right for you. Just because they're sporting rings with gemstones doesn't mean you should be. After all, your fiancé doesn't like the loo k.

If you really want a gemstone ring, why not just buy one for yourself? Wear it on your right hand, and that can be a very meaningful symbol of your independence. The diamond ring on your left hand will stand for the precious partnership you're about to enter into—one that will hopefully last a lifetime.

Please send your questions to askjeanne@thekit.ca

Jeanne Beker is contributing editor to the Toronto Star and host of Fashion Television Channel. Follow her on Twitter @Jeanne_Beker.



Carrie Underwood's yellow diamond ring

radar



Intermix celebrates Rag and Bone

GAP BUYS INTERMIX

Jimmy Choo shoes alongside \$30 Gap crewneck sweaters? For fans of either of these fashion shopping hubs, this is a dream come true. Gap Inc. has purchased Intermix, the multi-brand retailer of luxury and contemporary labels like Rag and Bone, Yigal Azrouël, Yves Saint Laurent and Azzedine Alaïa. The store is popular with A-listers and trendsetters in Los Angeles and New York. There are 32 Intermix stores across North America including one in Toronto's Yorkville neighbourhood. —Nadine Anglin



Livia Giuggioli and Colin Firth

QUEEN OF THE GREEN CARPET

Livia Giuggioli, wife of swoon-worthy actor Colin Firth, told the U.K.'s *The Sun* newspaper that she mends her children's socks instead of buying new ones and makes them wear hand-me-downs from friends. This is no surprise as eco-warrior Giuggioli is creative director of Eco Age boutique in London that features eco-friendly clothing, accessories and housewares. —N.A.

WHITE WEDDINGS IN MONTREAL

Montreal-area brides-to-be take note: White, one of the leading fashion bridal destinations in Toronto has opened up shop in La Belle Province. Owned by stylist Andrea Anastasiou, the store is a staple in Toronto and stocks exclusive bridal collections and accessories, as well as gowns from the likes of Monique Lhuillier, Reem Acra and Marchesa. 105 St-Paul St. W., Montreal, Q.C., 514-507-4296. —N.A.

ISRAEL BANS UNDER-WEIGHT MODELS

Skinny fashion models may be a thing of the past thanks to a law passed in Israel this month that bans the use of overly thin models in advertising campaigns and prevents them from working in the country. This isn't the first ban of its kind. Madrid, Spain and Milan, Italy have banned models with low BMIs from working their respective fashion weeks, too. —N.A.



Israeli model Bar Refaeli appears to have a healthy body.

the edit

web Get more colourful fashion ideas at: thekit.ca/fashion



Carolina Herrera
Fall 2012

SPOTTED

PLUM PICKS

Instead of wearing pastels this spring, turn to the season's breakout tones of vibrant purple. "We love how it punctuates against neutrals," Canadian designer Lida Baday says. **How to wear it?** Pair with black, navy, cream or white. Or go one fashionable step further by adding an envelope clutch in an unusual colour, like citrine or mustard. —VANESSA TAYLOR



SIMPLY MAUVE-LOUS
Meet a cropped top that inspires instant lust, and makes your black leather jacket seem instantly boring. **Soia & Kyo** leather Lizzie jacket, \$195, soiakyo.com



BERRY GOOD MOVE
With shoulder coverage and a drapery faux-wrap fit, consider this your ideal day dress. **Arthur Mendonça** crepe de chine dress, \$995, arthurmendonca.ca



PLUM PACK
On-trend and easy to wear, a bag in the season's hit hue is a smart investment. **Reitmans** Crossbody synthetic leather bag, \$34, reitmans.com



PURPLE REIGN
Use accessories with presence, like stacked heels, to balance out this ladylike silhouette. **Lida Baday** viscose-blend jacket, \$745, lidadaday.com

One minute- miracle



IN THE CLEAR

"I use clear mascara on the eyebrows of men and woman to frame the face and hold the eyebrows in place," says Toronto-based pro makeup artist Laura Scuzs. "It draws the eyes up and makes you look well-rested and younger. It's one of the little magic tools that everyone should have in their kit: inexpensive and a big bang for your buck."

—DEBORAH FULSANG

Maybelline New York Great Lash Clear Mascara, \$7, at drugstores and mass retailers, maybelline.ca

THE BUDGET CHALLENGE

EARN YOUR STRIPES

Stripe separates can take you from the boardroom to running errands. From classic Breton to multicoloured styles—here's how celebs wear this trend

\$24



Our Pick:
Joe Fresh
cotton
boatneck
shirt, \$24,
joefresh.com



Mindy Kaling

CASUAL FRIDAY
The striped sweater is ready for the office with a fitted button-up layered underneath. The skinny jeans are work-ready when paired with simple flats and can be amped up with a heel for after 6 p.m.



Michelle Williams

PRETTY & POLISHED
The typically casual stripe is instantly made dressy with a fitted leather skirt and mega pumps. Try it with either a frilly top or a tailored one, and look just as put-together.



Olivia Wilde

LAYER UP
For weekend chic, an oversize cardigan teamed with this shrunken jean jacket is a great play on proportion. The classic stripe anchors the relaxed look.



Prabal Gurung
Spring 2013

ON THE COVER

50 reasons to be WILDLY HAPPY

Blue Monday—be gone! This year it's time to banish the blahs and celebrate the perfume, the pretty and the posh **BY** DEBORAH FULSANG

Forget Blue Monday—that third Monday after Christmas that has the infamous, most-depressing-day-of-the-year designation. Yes, it's just days away, but don't let the post-holiday credit card bill, bone-chilling weather and hard-to-keep New Year's resolutions get you down. Pshaw.

For us style-loving types, there's much to be happy about. Today, we chronicle 50 fabulous fashion and beauty things that make us smile. So please indulge our pick-me-up list below, and then head over to The Happy Show at the Design Exchange in Toronto, where renowned New York-based graphic designer Stefan Sagmeister showcases his 10-year exploration into all—from pharmaceuticals to retro album covers—that continues to make a busy, modern mind and body happy and beautiful.

1. FINDING THE PERFECT LIPGLOSS that's almost the same shade as your lip colour but better, and the texture is just right—not too sticky-weird but smooth and yummy.

2. KITSCHY NAIL POLISH NAMES. Thanks to the likes of Essie's Miss Fancy Pants lilac to OPI's pink My Chihuahua Bites, we are reminded not to take this beauty stuff too seriously. Polish, \$10 to 11, at salons and retailers, opi.com, essie.com

3. THE CHERRY LIPS AND PERFECTLY LINED EYES at the Jason Wu Spring 2013 show. So feminine. So polished. So modern.

4. A SPA DAY. Especially running away for one with your best girlfriend.

5. THE SOUND OF A STACK OF BANGLES.



Vince Camuto patent bangles, \$38 each, thebay.com

6. FRAGRANCES THAT CAPTURE A TIME AND PLACE. We are smitten with exceptional perfumes that capture bygone romances—from Coco Noir, which distills Coco Chanel's love affair with Venice to Arquiste Parfumeur's Fleur de Louis toilette which captures the air of a 17th-century meeting between a king and his virgin queen. \$195 (55 ml), exclusively at Holt Renfrew, arquiste.com

7. SHELLAC AND GEL NAILPOLISH technology that keeps our mani looking marvelous for a full two weeks—at least.

8. THE NEW MASCARA. Double-Ended Sumptuous Two Tone Eye-Opening Mascara from Estée Lauder has brown on one end and black on the other. All the better to define upper and bottom lashes with. As demurely or dramatically as we so desire. \$32, at Estée Lauder counters, esteelauder.ca

9. MAKEUP REMOVER WIPES. For those late nights and tired days when you don't feel like taking your makeup off before going to bed—but you know you have to.

SPECIAL ADVERTISING FEATURE

Healthy skin starts

Feeling your absolute best starts with soft, smooth skin that looks as amazing as it feels. Particularly at this time of the year, taking control of your all-over skin care regimen is more important than ever. These miracle-workers will have you looking even better than the picture of health in no time at all.



SOAP & GLORY THE RIGHTEOUS BODY BUTTER
Butter yourself up après shower with a soothing rubdown on damp skin, massaging this delectable confection right into your skin. \$18



BALEA EXFOLIATING FACIAL WIPES
Remove makeup fast with these pre-moistened alcohol and oil-free cloths. Get a full-on deep clean compliments of cucumber, aloe and green tea. Exclusive to Shoppers Drug Mart. \$8.99

OLAY REGENERIST MICRO-SCULPTING CREAM
Get complete hydration on an intra-cellular level with this fragrance-free version of best-selling Micro-Sculpting Cream. Firm tough areas most prone to sagging. \$41.99



NIP + FAB DRY LEG FIX
Get super-silky legs with this soothing balm that smoothes dry, flaky skin instantly. The special ingredient is Aquaxyl, which helps skin retain much-needed moisture. Exclusive to Shoppers Drug Mart. \$10.99

10. MULTI-TASKING LIPBALMS. The sheer ones come in the cheeriest colours and most versatile formulas, for use on lips, cheeks—really anywhere you want a little glow. Maybelline New York Baby Lips in Pink Wink, Twinkle and Coral Crush, \$5 each, at retailers.



Gucci Spring 2013

11. FALSE LASHES.



3.1 Phillip Lim Spring 2013

12. OILS. The latest hydrating and restoring oils that soothe our faces, our hair and our limbs—from MoroccanOil's Treatment (\$41, moroccanoil.com) to L'Oréal Professionel's grape seed-infused Mythic Oil (\$24, ca.lorealprofessionel.com) and Dermalogica's calming Stress Relief Body Oil (\$35, dermalogica.com).

13. THE PUNCHY, PRETTY PINK OF LANCÔME'S NEW IN LOVE COLLECTION. That sheer pink lipstick, that Valentine's Day blusher. Swoon. lancome.ca

14. BIG, SEXY, VOLUPTUOUS HAIR. Hair like Rachel Bilson's, like Blake Lively's, like Jennifer Lopez's.

15. ANYTHING THAT MULTITASKS!

16. GETTING A KILLER BLOWOUT.

17. PRINTS!

They energize a wardrobe: Flower prints, Lilly Pulitzer prints, digitized photo prints, geometric prints and retro-cool Marimekko prints.

18. OH, CANADA! Our fair country is known as the home of several beautiful models like Daria Werbowy and Linda Evangelista, Jessica Stam and Coco Rocha.

19. BITE. The newbie beauty line from Susanne Langmuir—she of Susanne Lang fragrances—launched in 2011 and includes lip products made with food-grade ingredients, because we shouldn't have to worry about ingesting our lipstick when there's too much other stuff to worry about in this world. bitebeauty.com

20. THE 7 VIRTUES FRAGRANCE COMPANY which has a mission to build peace in war-torn nations through the manufacture and sale of its top-tier perfumes. Talk about beauty that's more than skin deep. the7virtues.com

21. BEAUTIFUL MAKEUP BRUSHES.

22. CRAZY-BEAUTIFUL PACKAGING. From dazzling eyeshadow quads at Dior to lipsticks that are truly things of beauty at Chanel, Tom Ford and Guerlain, to sculptural perfume bottles—thank you Narciso Rodriguez, Marc Jacobs and Lalique. Little things do count.

23. BIG EARRINGS. AND WE MEAN REALLY BIG EARRINGS.

24. BUBBLE BATH. Especially Kiehl's Lavender Foaming-Relaxing Bath, \$27, kiehls.ca

25. A FRIDAY AFTERNOON PEDICURE at Tips Nail Bar in Toronto. tipsnailbar.ca

26. DIVINELY SMELLING BODY SCRUBS THAT EXFOLIATE YOU BACK TO BEAUTIFUL.



27. NARS ORGASM.

How can you not smile when the name of a whole range of makeup can make you blush?

Nars Blush in Orgasm, \$32, at The Bay, Holt Renfrew, Sephora and Murale, narscosmetics.ca

28. SELF-TANNERS AND BRONZERS that help us feel like a jetsetter. Thank you St. Tropez and Body Bling. Who doesn't want to look like they just returned from the beach? sttropeztan.com, scottbarnes.com

29. JOE FRESH'S CHEAP AND CHICNESS. From ankle-grazing ball skirts to sequin-covered tees and jeans, all priced at a song.

30. HAVING A REASON TO WEAR BLACK TIE.

Story continues on next page



Moschino Spring 2013

here



AVEENO DAILY MOISTURIZING LOTION

Lock moisture into your skin with exclusive an Active Naturals oatmeal formula. Healthier-looking skin is only 24 hours away. \$14.99

JERGENS ULTRA CARE MOISTURIZER

Even the driest skin is no match for this blend of vitamins C, E and B5. Your skin will not only feel healthier, it will look healthier, too. \$8.49

VASELINE TOTAL MOISTURE DRY SKIN

Infuse moisture into the top, core and deep-down layers of your skin with the help of pure oat extract. Leaves your skin feeling and looking healthy, soft and smooth. \$10.99

NIVEA EXTRA NOURISHING BODY MILK

Reduce roughness and shore up your skin's moisture barrier. Rich and creamy, this nourishes with almond oil, leaving skin soft and smooth. \$11.99

Available at



Continued from previous page

31.SPANX.

32. A TAKE-YOUR-BREATH-AWAY BRA AND PANTY SET.

33. A PURSE THAT IS NOT BLACK. Why not a snakeskin minaudière or a tangerine-hued clutch or a tasseled fuchsia satchel? Life is too short to wear all-black, all the time.



Temperley
London
Spring 2013

34. HIGH HEELS THAT ARE COMFORTABLE. Cushy enough so you can walk in them all day. Really.

35. FREE ONLINE SHIPPING FROM ANYWHERE TO WHEREVER WE HAPPEN TO BE.

36.FINDING THAT THE PAIR OF SHOES you’ve been dying for all season have gone on sale and the only size left is yours. Wait, did that one make it into Neil Pasricha’s *The Book of Awesome*? (He’s Canadian, too!) \$17, at Chapters and Indigo, indigo.ca

37. COCKTAIL RINGS ON MORE THAN ONE FINGER.

38. A NEON-COLOURED pencil skirt, jacket, dress, bracelet or bauble that brightens an otherwise all-black outfit.

39. THE LITTLE BLACK DRESS in your closet that you always feel great in no matter the party guestlist.

40. BLACK LULULEMON PANTS. (Yes, we said it).

41. PRETTY-COLOURED PASHMINAS make us happy, too, even if they aren’t really “in.” Because really, how can you not smile when you’re wrapped in a blanket so lightweight and so soft? Toss one on during a cool evening in the spring, over a bikini at the beach, around your shoulders on a chilly, cramped flight. You instantly feel better.

42. CURVY, TAILORED, CANADIAN-MADE SMYTHE JACKETS. In white linen, wool tartan, crepe with black-tie satin lapels. We loved them before Kate Middleton did. Just saying.

43. CASHMERE ANYTHING.

44. A FULL, TWIRL-LIKE-A-GIRL SKIRT.

Paige Denim
Jimmy Jimmy
Skinny, \$259,
eluxe.ca, Holt
Renfrew.



45. JEANS THAT MAKE YOUR BACKSIDE LOOK GOOD.

46. YELLOW DIAMONDS AT TIFFANY & CO. in all of their spectacular, many-carat ridiculous glory. Why? Because they allow us to enter the fashion fairytale and embrace our inner little princesses. Just for a moment.

47. THAT ANIMAL PRINTS ARE ALWAYS IN FASHION IF YOU WEAR THEM THE RIGHT WAY.

48. FLIP-FLOPS. In every colour under the sun, from go-with-everything black to Kelly green to zebra-striped.

49. SUPER-SIZE JACKIE O. SHADES.

50. GRACE CODDINGTON. The 71-year-old carrot-topped, opinionated creative director of *Vogue*, who, in *The September Issue* documentary and now her book, *Grace: A Memoir*, comforts our like-minded fashion-and-beauty-loving souls.



Jonathan Saunders
Spring 2013

COMING SOON

NEW APP JAN.30

The February issue of *The Kit* interactive magazine is a new app with show-stopping interactive features and easy, inspiring ideas for looking great every day—and it’s free! Read it January 30 for:

- Perfect eye and lip colours for Valentine’s Day
- The best tips for wearing patterned pants at any age
- Best bridal trends for 2013

Read it on TheKit.ca or download the app on your Apple, Android or Kindle device. For more sneak previews, read *The Kit* print every week and follow us on Twitter @thekit



CLOSET OF THE WEEK

Stacy London

TV host, author, co-founder of Style For Hire; New York

BY THE COVETEUR



As devout watchers of *What Not to Wear*, we were a little intimidated stepping into Stacy London's Brooklyn digs. Imagine our surprise when, while giving us the grand tour, London explained how she's "getting away from 'rules' in general," and described her taste in 'it bags' being a "little doofus-y." While London's digs seemed ultra-femme at first, a closer look revealed offbeat, kitschy tchotchkes (like her collection of toy dinosaurs) and amazing art, including work by photographer Kanako Sasaki. After chatting about her charity work with animals (and a new book, *The Truth About Style*), we wrapped our shoot with a round of muddled mojitos and a little kitchen karaoke to her then go-to, "Call Me Maybe." Ms. London, you're our kind of host.



CLOCKWISE: London poses for The Coveteur in A.P.C. pants; various bags from her favourite designers; Improvd vest, vintage T-shirt, Alexander Wang shoes and Chanel bag; Alexander McQueen laser-cut stiletto sandals; Isabel Marant dress, Camilla Skovgaard red sandals and Yves Saint Laurent rust boots.



TESTING, TESTING

BY CERI MARSH

SHORT SUIT & SWEET

In the slippery game of Snakes and Ladders that is the fashion world, haute streetstyle designer Alexander Wang has been named the new top chien of Balenciaga. While Balenciaga is the penultimate label of intellectual Parisian chic, Wang rose in fame for bringing a uniform known as "off-duty model"—slouchy white tanks, denim cut offs—to the runways. What will a marriage like this one net? The followers of fashion are watching closely. The fact that you can suddenly find shorts—denim, suiting and leather all year round is undoubtedly the result of Wang's obsession with them.

In honour of his new Parisian postal code, it seemed like a good time to test-drive shorts. But let's face it, most of us are not models, off-duty or on. We need clothes that elevate what nature gave us, not tamp it down with layers of nonchalance.

Luckily, the shorts trend is big enough that you can find them in every corner of the market. But is it a look that a woman north of 30 should be trying? I stopped by the new Ted Baker boutique in Toronto's Yorkdale Mall in my quest for grown-up shorts. The U.K. label is known for its great fabrics, and the first shorts suit I try is a reflection of that: a gorgeous, trim black jacket and shorts with gold polka dots and just a hint of shimmer. It's a suit that would make a great alternative to a cocktail dress. But not exactly what I had in mind. Next, I tried a suit made with cuffed shorts and a capped-sleeve top with a peplum below the waist in a wool blend. It was the most comfortable suit I've ever worn.

After trying a few different variations, I paired my shorts suit with some wooly ribbed tights and a wedge heel. I was off to meet a colleague for lunch—a friend who is so consistently pulled together you make an extra effort for, you know?

When I got up to greet her in the middle of the busy downtown restaurant, she did a sitcom-worthy double take: "Wait, what is that? Is that a skirt? Turn around! Oh, my God, they're shorts! Where are they from? I love it!" And then we sat down, ordered sandwiches and made a plan to conquer the world. Like you do. I felt less confident about making my new look work at my son's holiday concert.

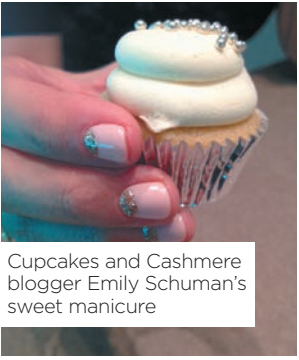
Plus, it was getting chilly, so I slipped on a black cashmere cardigan. It turned out to be a surprisingly appropriate outfit for an evening that combined a festive party with running around after a pre-schooler. Plus, I received a text from another mom later that night. "Were those shorts? Love. Where from?"

TIPS: Menswear fabrics give shorts and shorts suits a sophisticated edge. Seek out these. Always pair shorts with opaque stockings in the winter. Anything remotely sheer will look tacky.

Ceri Marsh is a best-selling author and co-creator of the food and family website SweetPotatoChronicles.com

THE KIT ON instagram

Visit instagram.com/the_kit to join us behind the scenes. See our candid pictures from photo shoots, events and more.



Cupcakes and Cashmere blogger Emily Schuman's sweet manicure



Our office makeover continues with sleek new wallpaper



Great minds dress alike! The Kit staff in white

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