

# THE Kit

BEAUTY & FASHION



PAGE 3  
**PITCH  
PERFECT**  
A heel that's easy  
on the eyes and feet



PAGE 10  
**COLD  
CREAM**  
A moisturizer for  
the cool months



## the bright side of fall

No need to reach for the puffy parka. We're here to rescue you from cold-weather wardrobe boredom. From leather finishes and hits of colour to oversize silhouettes, these coats will keep you cozy as the temperature drops, while carrying you through the season in style, [Page 6](#)

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**Dear Jeanne,**  
**How can I wear leather pants to work without looking like I just stepped out of *50 Shades of Grey*?**—Annabelle  
Dear Annabelle,

Just when we thought it couldn't get chicer, sleeker or sexier, leather is back in a big way. And leather pants are cropping up on all kinds of silhouettes. If you're thinking of investing in a pair, you'll be glad to know that leather—especially colourful leather—will be red hot for next spring, too.

Leather can look too tough if not tempered with softer pieces or the right accessories, making the textile sometimes questionable for some work environments. Still, I believe where there's a will there's a way, and if you're hell bent on wearing leather pants to the office this fall, I'd encourage a little restraint.

Going for an all-leather look could definitely put you in the fetish department. So ditch your biker jacket during the day, and wear your leather pants with feminine tops in silk fabrics or fine knits. Even a soft chunky knit sweater would take the hard edge off your pants.

If your pants are skin tight, you'll want to go with a longer, looser top, maybe even a tunic. Or what about a great tweed, or colourful blazer? That would certainly tone the leather down.

Choosing the right footwear is also essential. I adore a spike-heeled bootie, but wearing them with tight leather pants might not be the daytime look you're after. Better to go with a low-heeled boot, or perhaps a classic riding boot. And simple ballet flats are always good for injecting innocence into an outfit.

One of the hottest new trends is the mixing of leather and fabric within the same garment. Some great leggings combine wool or synthetic knit with stretchy leather or pleather, making for an interesting garment that has a bit of edge, but not too much.

## ask jeanne

# WEARING LEATHER RIGHT



Leather done right at Rag and Bone's Spring 2013 runway show

What about looking for leather pants in burgundy or taupe? Even chocolate brown has a warmer feel. Or dare I suggest a demure shade of grey?

**Dear Jeanne,**  
**How can I discover some new, cool brands? I'm tired of wearing the same shirts and skirts as every other woman I see out for dinner on a Friday night.**—Nina  
Dear Nina,

It is interesting to see that, despite the myriad labels available to women today, many of us still gravitate to the same old tried-and-true brands, and so many of the same pieces resonate with all of us. As a result, we've got a plethora of stylish women out there who look like multiple sets of the Bobbsey Twins!

Imagination is key as far as I'm concerned, and if the shops you frequent aren't satisfying your needs with brands that are a little off the beaten track, you should expand your retail horizons. I think one of the reasons that vintage shopping is so popular is that we're so bombarded with conventional garments that we crave a bit of the exotic, and certainly, as you wrote, the desire to look a little more original than the next gal.

Of course, a lot of that has to do with cultivating a personal style that's unique—whether it's through the way you mix your pieces or the unusual accessories you choose. As I often say, it's not so much about the clothes we wear, but rather how we wear them. It sounds to me like you need to think outside the style closet and start doing some fashion research. There are a growing number of indie brands out there that might satiate your style appetite. Online shopping opens up a whole new realm of possibilities. Try [etsy.com](#) and [modcloth.com](#).

But those are only a couple. Depending on your sensibility and price ranges, the sky is the limit. And don't be shy when you do come across someone whose style you admire: Ask where they shop. They'll undoubtedly be flattered. I'm always amazed when I travel across Canada to find charming boutiques. I just discovered Halifax's Biscuit General Store, with all sorts of new labels I'd never seen before, including some Canadian ones. Simply seek, stylish one, and you shall find.

Jeanne Beker is a contributing editor to the *Toronto Star* and the host of *FashionTelevision Channel*. Send questions to [askjeanne@thekit.ca](mailto:askjeanne@thekit.ca). Follow [@Jeanne\\_Beker](#) on Twitter.

## one-minute miracle

# OPPOSITES ATTRACT

BY INGRIE WILLIAMS



Judith & Charles wool-jersey blend Vermont jacket, \$485, [judithandcharles.com](#)

What's black and white and stylish all over? Meet the graphic jacket. Using the same tried-and-true fashion rule that applies when you add a basic blazer to any outfit, this lightweight jacket makes you look polished while simultaneously raising the sartorial stakes by shaking things up within neutral territory. Crisp white and rich black deliver a stark dose of chic that's also cleverly crafted: note the arm-slimming, waist-defining colour blocking. Your most stylish item this season is spelled out right here, in black and white.

WHAT WE WANT THIS WEEK

# TOP THE KIT LIST



### ROLE REVERSAL

Celebrate 20 years of striking Lalique fragrances—and bottles—with the brand's new Homage à l'Homme. It's for men, but us cologne-loving femmes love the Oriental concoction of violet leaf, chili and pepper, oud and musk. \$95, [lalique-parfums.com](#)

### GRAPHIC PRINT

With its mix of bold horizontal and vertical lines drawing the eyes in all the right directions, this striking dress creates a slimming silhouette. Try it toned down with solid blazer and neutral heels. Clover Canyon printed neoprene dress \$345, [mendocino.ca](#)



### UP, UP & AWAY

For oomph without much effort, rely on Kevin Murphy Anti-Gravity Spray. Spritz while blow-drying with a round brush to achieve vivacious results. \$25, [kevinmurphy.com.au](#)

### SPOTTED CUFF

Ann Taylor puts a fun twist on the much-loved animal print with this hide and leather statement cuff. \$58, [anntaylor.com](#)



### CLEANSING CONVERTS

This luxe Eve Lom Cleanser with its aromatic eucalyptus-clove-chamomile oils leaves skin fully clean. We join Kate Hudson and Katie Holmes as believers. \$88, [evelom.com](#)



### GREY DAYS

This grey textured handbag with edgy hardware makes for easy accessorizing. Pairing well with other neutrals, it's also the perfect hue to help transition summer brights into fall. Smart Set polyurethane bag, \$35, [smartset.ca](#)



### WEDGE BOOTIES

Gear up for cold weather with the right winter armour. Swap your trip-hazard heels for sensible, slip-proof and still stylish rubber wedge boots during the slushy months. Comalapa boots in Cognac, \$70, [globoshoes.com](#)





BEAUTY

# BLACK MAGIC

Swathe yourself in darkness with fragrances that celebrate the mystery of the night: evening-blooming flowers, sultry woods and soul-stirring spices **BY** DEBORAH FULSANG

**FLEUR FATALE**  
Givenchy Dahlia Noir Eau de Parfum Perfumer Francois Demachy laces this floral chypre of rose, iris and mimosa with lush moody notes of tonka bean, patchouli and sandalwood, a sacred wood used throughout history in offerings and rituals. \$104 (50 ml), givenchy.com

**BRILLIANTLY BAROQUE**  
Chanel Coco Noir Inspired by the shadows and sparkle of Venice, Coco Noir channels another time and place via its rich meld of white blooms with sandalwood, vetiver, frankincense, patchouli, vanilla, tonka bean and musk. Classic and new at the same time. \$158 (100 ml), chanel.com



**WOODLAND JASMINE**  
Bulgari Jasmin Noir Eau De Parfum Bulgari celebrates the heady intensity of the brilliant jasmine bloom at night. Rich almond and heliotrope combine with the jasmine, balanced by green sap and a warm, dry base of wood, tonka bean and liquorice. \$105 (50 ml), bulgari.com

**NIGHT BLOSSOM**  
Shiseido Zen Secret Bloom Eau De Parfum Intense Bohemian notes of patchouli, incense and black vanilla mingle with heady jasmine absolute and bright freesia to create a dark, feminine essence that marks the 140th anniversary of the brand. \$68 (50 ml). Limited edition available October 15, at The Bay, Sears and Muraie

**BEWITCHED**  
Marie Saint Pierre B B is for Bois, as in sandalwood and cedar, which mix with notes of maple, honey, caramel, vanilla and cinnamon and floral notes of Turkish rose and violet. It's a delicious fragrance. \$110 (50 ml), sephora.com

**STARLIGHT STARBRIGHT**  
Hermès L'Ambre des Merveilles Master perfumer Jean-Claude Ellena takes the glowing L'Eau des Merveilles and gives it a sensual twist. "I wanted to relate one of the mysteries of amber," he says, "hovering between a delicious treat and sensuality, where vanilla meets the warmth of labdanum, and the moist quality of patchouli." \$120 (50 ml), hermes.com

Want another more dark and moody scent? Visit [kit2it.com/famescent](http://kit2it.com/famescent)

FRAGRANCES: GEOFFREY ROSS

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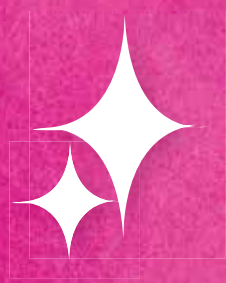
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- Fall Beauty Trend Presentation by Editors from THE KIT
- Presentation by Sherry Abbott, Executive Director of Look Good Feel Better
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Place Ville Marie Avenue, 1 Place Ville Marie, 514-875-1593

**VANCOUVER • OCTOBER 25 at 6 PM**  
Oakridge Mall, 650 W. 41st Ave., 604-264-8035

**CALGARY • OCTOBER 26 at 6 PM**  
Southcentre Mall, 100 Anderson Rd. S. E., 403-278-8302

**EDMONTON • OCTOBER 28 at 2 PM**  
West Edmonton Mall, 8882 170th St., 780-487-2673



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on the cover

# FALL'S BEST COATS

Be bold! Liven up this year's outerwear with striking colour, cocoon shapes and glossy finishes. With these fashionable options, you will be wrapped up (and warm) all winter long **BY** VANESSA TAYLOR • PHOTOGRAPHY BY MAREK SZKUDLAREK

## COLOUR: GET YOUR BRIGHT ON

Shake up the traditionally dark winter wardrobe with a healthy shot of colour. Look for clean silhouettes for a coat you can wear more than one or two seasons. Add a cluster of brooches, switch up the belt or replace the buttons to update your coat instantly.

LEFT: Holt Renfrew Private Label riding cap, \$60, at select Holt Renfrew locations. H&M polyester coat, \$129, [hm.com/ca](http://hm.com/ca). Coach bag, \$198, [coach.com](http://coach.com). RIGHT: Prada gabardine coat, \$1,860, at select Holt Renfrew locations. Aldo Accessories bracelet, \$15, [aldoaccessories.com](http://aldoaccessories.com). Swarovski gold-plated bangles, from \$180, [swarovski.com](http://swarovski.com)



## MILITARY: AT EASE

There is nothing strict about this military style. Looks range from boxy, cropped, double-breasted coats with brass buttons to duster-length styles that call for a wide belt. Look for subtle details, like delicate epaulettes and crisp collars, to hint at this trend.

Le Château angora-blend hat, \$25, [lechateau.com](http://lechateau.com). Diesel wool coat with leather detailing, \$750, email: [canada@diesel.ca](mailto:canada@diesel.ca). Chanel patent-calfskin bag, \$6,725, [chanel.ca](http://chanel.ca). Impress Press-On Manicure by Broadway Nails in Casting Call, \$11, [impressmanicure.com](http://impressmanicure.com)



## CAPE: CRUSADER

If bold prints and bright colours aren't for you, try a new shape. A cape will diversify your winter wardrobe without pushing you too far out of your comfort zone. If you're petite, look for a style that covers your waist and hits no lower than your mid-thigh. If you're taller, go with a longer style that sits above the knee.

Dennis Merotto printed silk blouse, \$425, and organza and silk pants, \$715, [dennismerotto.com](http://dennismerotto.com). Mackage wool-blend cape, \$450, [mackage.com](http://mackage.com). Ann Taylor wool felt hat, \$48, [anntaylor.com](http://anntaylor.com). H&M ring, \$10, [hm.com/ca](http://hm.com/ca). Hermès leather bag, \$10,005, [hermes.com](http://hermes.com)



## SHOP THE SHOOT



The Audrey Hepburn-style collar and cropped sleeves call for a pair of long leather gloves. **Ann Taylor** polyester-wool cape, \$228, [anntaylor.com](http://anntaylor.com)



Yes, fashion and comfort can coexist. Adding that extra height for a feminine finish, these rubber wedge booties provide lightweight support and comfort. **Ecco Adora** wedge boots in Mink, \$230, [eccocanada.com](http://eccocanada.com)

Fit for rugged urbanites and outdoor enthusiasts alike, these sleek leather boots have a waterproof rubber shell that locks out moisture for dry treks. **Sorel Conquest** Carly Short, \$240, [sorel.com](http://sorel.com)



With a roomy cut and removable lining, this is a multi-season piece. **Gap** cotton cape with faux-fur hood, \$128, [gapcanada.ca](http://gapcanada.ca)



**Geox** applies its waterproof and breathable technology to both the surface and sole of this biker boot. The result? An ideal moisture-free climate for your feet. **Ortisei ABX** leather and suede boots, \$280, [geox.ca](http://geox.ca)



This is super-soft with a touch of sheen—big ticket style without the big price tag. **Joe Fresh** faux-leather jacket, \$49, [joeefresh.com](http://joeefresh.com)

Stay dry strolling the high streets. Made with a rubber upper to repel water, these riding boots add a functional edge to a classic style. **Browns Couture** leather and rubber riding boots, \$298, [brownsshoes.com](http://brownsshoes.com)



The buttons and scalloped hem offer plenty of structure, making it perfect for an athletic body. **Soia and Kyo** wool-blend coat, \$395, [soiakyo.com](http://soiakyo.com)

## BEAUTY HAS A THING FOR SCARVES.

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However you dare to wear it, our Soho Scarf is your go-to accessory that's so right now.

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# MOST-WANTED LIST

Revive your makeup kit with these Top Six fall trends.

## GET GORGEOUS HAIR

Silky, shiny hair is always on trend, and this season is no different. Get it with **Avon Advance Techniques 360 Nourish Moroccan Argan Oil**, a leave-in treatment that nourishes and smoothes dry, damaged hair with argan oil, pro-vitamin B5 and vitamin E. \$12.99, 60 ml

## GLAM UP NAILS

Seductive berry nail shades lend a sultry side to classic screen-siren beauty. **Avon Nailwear Pro+ Nail Enamel** introduces the Femme Fatale Collection. For nails that dry in under 30 seconds, try **Avon Speed Dry+ Nail Enamel's** new Urban Rush shades. \$6.99 each, 12 ml

## DEFY YOUR AGE

Anti-aging breakthroughs that work! AF-33, the next big thing since AHA, deactivates collagen blockers and sparks collagen production. (Based on testing done in the U.S. on skin cells.) Find it exclusively in **Avon Anew Clinical Pro Line Eraser Treatment**. \$44.99, 30 g

## ADD LIP LOVE

The red lip trend is here to stay—and the new shades are red hot. **Avon Ultra Color Rich Rubies Lipstick** is infused with real rubies for creamy, moisturizing colour \$9.99, 3 g

## DIAL UP THE DRAMA

Bold lashes add the finishing touch to all the latest runway shows. **Avon Super Drama Mascara** can make your eyes look up to 20% larger with dramatic volume and stunning length. \$9.99, 7 g

## HIT THE HIGH NOTES

Rich florals, heady fruits and deep woods are all part of the fragrance mix this fall. **Avon Unplugged for Her Eau de Parfum Spray** is a floral oriental saturated with plum, black dahlia and creamy wood. \$30, 50 ml **Avon Unplugged for Him Eau de Toilette Spray** is a rich blend of pepper-spiced bourbon, black dahlia and warm cashmere wood notes. Keep an eye out for the face behind this scent—Jon Bon Jovi. \$30, 75 ml

Products featured are available through **Avon Independent Sales Representatives**. To find one near you, call 800-265-AVON or visit [avon.ca](http://avon.ca).

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# news

## THE GAP & GQ



When shopping for new fall things, don't forget your man! Now it's easy to get him designer looks at high-street prices. **The Gap** is rolling out a limited-edition collection this fall designed by the six best new menswear designers in America as determined by GQ magazine. The capsule collection ranges from accessories to outerwear and showcases each rising designer's signature spin on iconic menswear pieces. How much? Pieces go from \$20 for a pair of boxer briefs to \$348 for a leather bomber jacket.—*Nadine Anglin*

## DRESSING THE PRIMA

Style maven Sarah Jessica Parker certainly pulls a lot of weight when it comes to designers. The *Sex and the City* star called upon retired designer—and friend—**Valentino** to create the costumes for the New York City Ballet gala this fall. Notable pieces include beautiful white gowns made of tulle and brightly-coloured layers for a ballet fittingly titled *Bal de Couture*.—*Erin Richardson*



## EMMA'S NEW BAND

As if being an actress and muse weren't enough, **Emma Watson** is adding music to her list of talents. The 22-year-old, who is promoting her latest flick, *The Perks of being a Wallflower*, revealed that she and co-star Logan Lerman—a classical composer—started creating pieces together which eventually led to their band, Octopus Jam. No word on whether the duo plan to release any tracks in the future.—*N.A.*



# GET DRESSED UP



CERI MARSH

People often complain about the vagueness of dress code in modern party invitations. "Creative cocktail," some invites read. Or worse: "Creative black tie." It's confusing for most of us and why the call for creativity, anyway? Would social life really be improved if ladies took these directives to heart and created Etsy-ish dresses for themselves? Well, it would certainly be creative. All you really need to know, now that event season is upon us is the difference between a party and an event. Dinners, parties, cocktails, art openings, book launches—all of these nights out require, at most, a cocktail dress but could also be satisfied by nice jeans and a fitted blazer. Events—and by events I mean nights out that are about something such as The Gillers, Canada's Walk of Fame, The Power Ball, or any kind of haute charity gala—require something more. It's not about the length of the dress, it's about the level of dressiness. Yes, that's a word. If you're going to an event, you should get dressed way up.

Many of the event-circuit regulars turn to Holt Renfrew Bloor Street personal shopper Marlo Szellos for her guidance and discerning eye as we head into this busy season. "I know every event in the city," Szellos laughs over the phone. "I dress people for all of them." Because evening gowns are a bigger investment than something cute and fun you might put on for a night out with girlfriends, Szellos recommends her clients lean toward the classics. "Often these events can be corporate and you want to look chic. And you want a dress that you can pull out of your closet next year or the year after because it's a bigger investment."

Szellos also works with clients to put together every element in their big night look. "I'm really dressing them top to bottom, making sure that the shoes are right, the earrings or the beautiful cuff, the clutch—that they all work. We discuss how they should wear their hair with the dress we've selected. You can really dress up a look just by pulling your hair back." Szellos caps it all off by taking a snapshot of the final look so clients can go home with a blueprint.

Ashleigh Dempster and Amanda Blakely, co-founders of The Society, a private-members arts and culture organization in Toronto, New York City and Miami, are regulars on Toronto's tony event circuit. Running their own business and raising their young families means that stylish comfort is the rule of daytime dressing. Which makes kicking it up for a big event all the more fun. Says Dempster, "We would rather be more fancy dress than less when it comes to a party."

Blakely agrees that the whole look should be considered for a splashier event. "Both of us stick to hair down, neutral makeup with a smoky eye. Ashleigh loves shoes so often her look will work around her shoes, whereas I'm an accessories girl and will throw on some fun costume jewellery to jazz things up."

But not everything on a woman's big night out checklist is sartorial. When asked what a woman headed out to a gala can't forget, Dempster gives us this gem: "After throwing events for six years we have finally figured out that having a hearty meal is the key to lasting the event. Never rely on the food at the event for two reasons: you won't have any fun if you're starving or drinking on an empty stomach."

Ceri Marsh is a best-selling author, former *Fashion* magazine editor and co-creator of the food and family website [Sweet-PotatoChronicles.com](http://Sweet-PotatoChronicles.com)



FASHION

# weekend project: THE PRINTED CLUTCH

With an array of bold prints in stylish new palettes, Ikea’s textile section is not only full of DIY possibilities but also hits on the season’s biggest trends. From geometric prints in black and white to pretty florals in softer hues, these risk-free fabrics (all priced at \$10/yard or under) inspired us to try some at-home projects **BY** VANESSA TAYLOR



### FOR STARTERS

If you’re someone who doesn’t know the difference between a bobby pin and a bobbin, The Sewing Studio’s founder Denise Wild suggests starting with a class. “The beginner garment-sewing classes are our most popular in the Toronto and New York studios. People want to know how to operate a sewing machine, how to hem pants, and how to construct basic garments on their own from start to finish. Once you’ve built a solid sewing foundation, there’s no limit to what you can create.” If you can’t make it to a DIY class, Wild suggests getting the basics from videos, books, magazines and sewing DVDs.

### THE PERKS

Though fast-fashion options are readily available, the real benefit to learning how to sew (and making items yourself) is that “you can get exactly what you want: The perfect fit, the right colour, the best fabric. If you can envision it, it’s yours—and that’s something that doesn’t happen when you shop off-the-rack,” says Wild.

### FOLLOW THESE EASY HOW-TO STEPS

#### BAG & LINING

1. To make the bag, cut one 13” x 21” rectangle from the fabric of your choice, and one 13” x 21” rectangle in a contrast lining of your choice.
2. Pin both rectangles right sides together. Draw the curved outline of the clutch flap across one of the shorter sides of the rectangle. Once you’re happy with your design, trim the excess fabric by cutting along that line.
3. With right sides still together, sew all along all four sides of the clutch, leaving a three-inch gap. Turn right-side out.

#### ASSEMBLY

4. Lying the clutch flat with the lining-side facing you, fold up the bottom third of the rectangle and pin it in place.
5. Edge stitch along the sides and bottom to form the base of the clutch.
6. Edge stitch along the top flap of the clutch as well to provide a uniform, polished look.

#### FINISHING

7. To give your clutch a pop of colour, sew a piece of contrasting piping, edging or ribbon to the underside of the curved flap.

For more info, visit [lovesewing.com](http://lovesewing.com)

### Ikea’s eco strategy

#### Eco-minded Production

With concerns of pesticide use and high dependency on water for cotton production, home decor megastore Ikea (along with big retailers Levi’s, H&M and Wal-Mart) has joined the Better Cotton Initiative to reduce the environmental impact of cotton production along with providing more sustainable solutions. Changes like encouraging farmers to return to more traditional methods using compost and manure have made drastic reductions in pesticide and chemical fertilizer use.

#### Greener Materials

New fabrics like Lyocell (made from cellulose fibres that come from trees) are also being used more and are considered a cleaner option. The production process not only uses less water than cotton, but also reuses the waste water.

#### Less Additives

Ikea eliminated the use of all optical bleaches or brightening agents (often used to give fabrics an extreme white hue), because they aren’t typically biodegradable and end up in wastewater.

CELEBRITIES: GETTY IMAGES; IKEA BAG: GEOFFREY ROSS; OFF-FIGURE STYLING: RODNEY SMITH/JUDY INC.

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BEAUTY

# THE BOD SQUAD

Forget designer duds, these stars captivate us with their celestial complexions. Here's expert advice on how to get your own skin in red-carpet-worthy shape, head to toe **BY** INGRIE WILLIAMS



**YOU WANT:** TO LOOK AS FRESH-FACED AS HALLE BERRY WHEN YOU'RE 40+  
**You need:** Serum. "It's a necessity for mature skin," says Toronto-based makeup artist David Goveia. "Skin loses volume as we age, and a serum is a richer moisturizer that can plump it up." Massage four drops onto face and neck before applying foundation, and you can even pat a drop on for a late-day refresher, says Goveia. **Pro pick:** M.A.C Lightful Marine Bright Formula Essence Serum, \$48. Prep+Prime Skin Brightening Serum, \$48, maccosmetics.com



**YOU WANT:** FAB FEET LIKE CONNIE BRITTON'S  
**You need to:** Commit yourself to a two-step system: slough then seal. Use your favourite scrub once or twice a week, says Linh Khuu of Nails by Linh in Vancouver, then moisturize your whole foot from heel to toes. **Pro Pick:** FarmHouse Fresh Honey Heel Glaze, \$27, beautymark.ca



**YOU WANT:** SMOOTH SHOULDERS LIKE OLIVIA MUNN'S  
**You need:** A high-powered exfoliant that respects your skin, says Heather Vounnou, training manager at The International Dermal Institute. Her choice: Dermalogica Hydro Active Mineral Salts Scrub. "This sea salt scrub will buff away superficial dead skin cells, while papaya and pineapple enzymes eat away at the remaining cells that tend to clog the follicle," she says. "It's a fast-acting solution to lumpy, lizard-like skin on the backs of the arms." **Pro pick:** Dermalogica Hydro Active Mineral Salts Scrub, \$35, dermalogica.ca



**YOU WANT:** A FLAWLESSLY EVEN, JENNIFER LOPEZ-LIKE SKINTONE  
**You need to:** Seek out ingredients designed to refresh skin's outer surface, while slowing the development of dark spots in the deeper layers. Such as? "Salicylic acid can help cell-turnover rates where hyperpigmented cells can accumulate," says Julie Chamoun, scientific and medical relations expert for Vichy Canada. "And it allows for better penetration of other active ingredients, like licorice extract, which helps regulate melanin." **Pro Pick:** Vichy Pro Even Daily Dark Spot Corrector, \$44, vichy.ca



**YOU WANT:** GAMS AS GORGEOUS AS ASHLEY GREENE'S  
**You need to:** Embrace oils. "Adding an essential oil to your bath is one way to combat flaky or cracking skin on legs," says Natalie Gee, co-founder of Gee Beauty in Toronto. "Or you can try applying it when you're just out of the shower or bath, while skin is still damp, to capture surface moisture for an even deeper effect." **Pro Pick:** Rodin Olio Lusso Luxury Body Oil, \$110, geebeauty.com

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BEAUTY

# IN-FLIGHT BEAUTY

Ever wonder how the cabin crew on your flight step off the plane looking so glam while you feel—and maybe, look—jet lagged? The secret is all in your beauty carryon **BY** CHANTEL GUERTIN

CREAM PUFF Look for really heavy creams that are rich in antioxidants, or all-natural salves to combat dry patches. Lise Watier Age Control Supreme La Crème, \$78, lisewatier.ca

CLEAN UP Wipe away your makeup and cleanse your skin at the same time. Neutrogena Makeup Removing Wipes, \$3, neutrogena.ca

NAIL ORDER No time for a mani before you left? Apply real nail lacquer strips while you're watching your in-flight movie. No mess—and everyone around you will be jealous. OPI Pure Lacquer Nail Apps, \$15, opi.com

HAIR PIECE Need a quick hair fix? Twist your hair into a loose chignon, then slip this updo piece in place. Goody Simple Styles Modern Updo, \$7, Wal-Mart and Loblaws.

As seen on *The Marilyn Denis Show*



# THE KIT GIRL

**NAME** Nadine LaRoche  
**CITY** Halifax  
**OCCUPATION** Account Manager at Trampoline Branding (Advertising Agency)  
**DESCRIBE YOUR STYLE** "Quirky, Euro-chic."

Driving around Halifax on her black and white Honda Jazz scooter, Nadine LaRoche makes a fashion statement before you even have a chance to check out what she's wearing. Her firm grip on what was stylish led to her winning a coveted blogging position with a national fashion magazine several years ago. She is a freelance writer for other fashion magazines from time to time.

Her fascination with fashion started young, guided by a love of costume that came from being involved in dance from the age of 3, and having fittings where she was indulged in sumptuous materials.

"I was really tiny when I was younger, so my mother and I would always have to put more effort into finding me clothes. was so petite, the only things that would fit were children's clothes that weren't really appropriate for my age. Everyone else was wearing blue jeans and Gap hoodies and I was still in little velvet dresses or button-down play suits with matching plaid scrunchies," she says, "So, we would go through clothing catalogues and my mother would make me things. Clothing was an active part of my life, so it became a strong interest."

LaRoche relies on street fashion blogs for idea generation and checks in with various apps and online sources, such as The Sartorialist and Pinterest. But most of her inspiration comes from going shopping and finding that one perfect piece, then building an outfit around that. This outfit (pictured), for example, was all built around her Ginger G embroidered lace dress—one of her signature looks.



Nadine's jacket is second-hand from Elsie's, a Halifax vintage store. Her hat is vintage. The dress is from Envy. Socks from Joe Fresh. Booties from Zara.

## the new girl

Nadine LaRoche shows us how to take vintage finds and turn them into real-time fashion gems **BY** LOLA AUGUSTINE BROWN



### BEAUTY SECRETS

Nadine loves bright lipstick, her favourite is Strawberry Suede by Revlon, which has been discontinued, "Which makes my heart hurt," she says. Try: Revlon Super Lustrous lipstick in Coral Berry, \$10, at mass retailers, revlon.ca



### FAVOURITE DESIGNERS

Chloé pleated crepe dress \$1,275, net-a-porter.com. Chloé also at select Holt Renfrew locations



"This ring is my favourite." ToryXO Atmosphere Ring, \$120, torixo.com

# THE KIT.CA



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NO, TOO WILD

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Stars like Jessica Simpson say shampooing your hair infrequently is a good thing. How long could you go without washing? Take our poll! [kit2it.com/dirty-hair](http://kit2it.com/dirty-hair)



## UP WITH UPDOS

Get tips for creating Scarlett Johansson's most recent hairstyle—a messy-chic updo. [kit2it.com/updo-how-to](http://kit2it.com/updo-how-to)



## PERFECTLY IMPERFECT

Here are seven models that catapulted to fame thanks to their perfect imperfections. [kit2it.com/perfectly-imperfect](http://kit2it.com/perfectly-imperfect)

KIT GIRL PORTRAIT: CHRISTIAN ARIES CELEBRITY AND KIT.CA; GETTY IMAGES PRODUCTS (EXCEPT KIT GIRL); GEOFFREY ROSS



### STYLE ROLE MODEL

Zoëy Deschanel



### FAVOURITE SHOP

Sweet Pea Boutique, 1542 Queen St., Halifax, 902-423-0975



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