

BEAUTY IN A BEAT FASHION HEAD TO TOE

THE Kit BEAUTY & FASHION

RIGHT LOOK, RIGHT AGE

SPECIAL ISSUE

Our spring
beauty and
style guide
for women
of all ages

Jennifer Lopez, 42

get SKIN that GLOWS

Learn the secrets of how the stars get beautiful bright skin.
Achieve gorgeous results at every age

BY JANINE FALCON

please see story, page 4



great for
EVERY
AGE

From \$13 to \$20,
physiciansformula.com

beauty kit NIGHT LIGHTS

Check it out: the Physicians Formula pH Matchmaker collection is ideal for your on-the-go makeup kit. The packaging features LED bulbs so you can light up the mirror for en route application after hours. Not only do the blush, bronzer and lipgloss pigments adjust to your pH, they self-adjust so you look great in any kind of light.

WHAT WE WANT THIS WEEK



See the latest
must-haves
on page 3



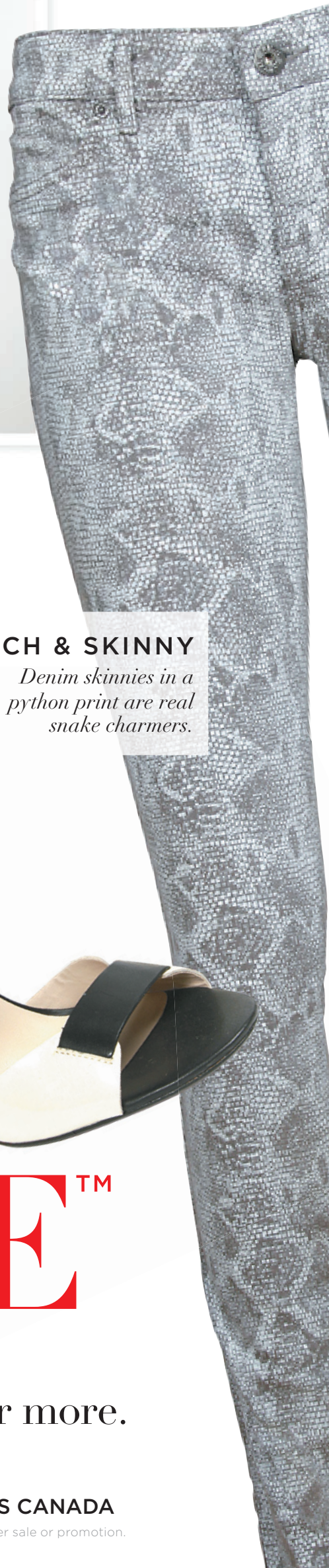
NINE WEST
Watch your style bloom and grow with this happy floral clutch.



VELVET
Super-saturated stripes make this top pop, especially with denim that's bright or white!



BUTTER LONDON
A fresh mani can make your spirits soar! Orange you glad?



RICH & SKINNY
Denim skinnies in a python print are real snake charmers.



SMYTHE
A sculpted jacket that's both girly and sporty is one chic piece.



**KORS
MICHAEL
KORS**
Graphic hi-rise sandals will up your fashion ante to new heights.

Susie's PICKS

SPRING FAVOURITES FROM OUR FASHION DIRECTOR

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ask jeanne

YES, YOU CAN WEAR A MINISKIRT

"Dear Jeanne, when will I be too old to wear a miniskirt? (I'm 31.)"—Caroline, Toronto

Since the first miniskirt rocked the fashion world back in the swinging '60s, thanks to legendary British designer Mary Quant, the on-again off-again trend has been a source of much debate. The shorter lengths were certainly first intended for London's Mod girls—those spirited style-mavens who were such a big part of the "youth quake," the fashion, music and cultural movement of the time. But as the years went by, and miniskirts went in and out of fashion, a wide array of women who wanted to look young and

sexy welcomed the shorter lengths as a great way of showing off their gams. Of course, there have always been those who wouldn't dare wear a mini—either because they don't have the nerve, or the legs for it. But for women with the confidence and the right "pins," a miniskirt can do wonders for the spirit and psyche, and can be liberating. Now, there are conventional minis, and then there are micro minis. For those afraid of going too skimpy, follow this rule: your hemline should be no shorter than the bottom of your fingertips, when your arms are hanging straight by your sides. And while it's great to go barelegged in the summertime, you can team your miniskirt with a pair of opaque tights or a pair of cropped leggings for a bit more modesty. Several international runway collections, including Chanel, proposed the notion of skinny pants worn beneath short skirts for the coming fall season. It makes for a cool layered look, and if you have any reservations about sporting a miniskirt on its own, this might be the way to go.

Personally, I've subscribed to miniskirts since I was a teenager. And now that I recently turned 60 years-young, I still have no plans of giving them up. I love my legs, and just like the legendary Tina Turner, plan on strutting my stuff as long as I'm inspired to. Michael Kors once told me that he didn't think there was such a thing as "age-appropriate" dressing—only "body-type" appropriate dressing. I agree with him.

I'm surprised that you're only 31 years-old, yet already feel like you might be getting too old to sport a mini. Of course, there are various ways of wearing these short lengths, as I mentioned before. You might want to think about the lines your body can handle best. Do you have the kind of knockout shape that can handle a super-tight

little skirt? Or would you be more comfortable in an A-line mini?

The kind of shoes you choose can also make or break your look: A flat shoe is always sporty and fun with a miniskirt, whereas a higher heel will give you a more provocative look. It's cool to rock a mini with a great pair of boots as well—particularly a mid-calf boot (remember Courrèges go-go boots and minis from the '60s?) or a sexy over-the-knee boot. There's also the question of proportions to take into consideration. Generally speaking, short skirts look best teamed with longer jackets.

A word of warning though, for those walking the wild side: you may have to brace yourself for some condescending comments. There will always be judgmental people who think you look a little trashy if they deem your skirt to be too short, and you'll just have to learn to ignore them. Interestingly, it's usually women who give other women a hard time about these sorts of things. If you ask me, some gals are just plain jealous.

At any rate, when all is said and done, we've got to wear what we feel confident in no matter how old we are. And if a statement-making short skirt is going to give you some extra attitude oomph, go for it, girl! I'd never allow a number to dictate my mode of dress. In my experience, if it feels good, it'll likely look good.—Jeanne

Send your questions to askjeanne@thekit.ca. Follow @Jeanne_Beker on Twitter.

Jeanne is a contributing style editor to the Toronto Star. Fashion Television airs Sundays at 5:30 p.m. ET on CTV.



ILLUSTRATION: FREDERICK WATSON

PRODUCTS: GEOFFREY ROSS (EXCEPT DRESS, BAG, SHOE & JEWELLERY); OFF-FIGURE STYLING: BREANNA GOW/JUDY INC.; MIDDLETON: GETTY IMAGES

one-minute miracle

THE AGELESS HANDBAG

BY GLYNNIS MAPP

You want a handbag that's smart-looking but doesn't make you look too young or too old, overdressed or under. Look for one that's sophisticated but not dated: take cues from one of Pippa Middleton's favourite brands. This Modalu London Provence bowling bag has a classy equestrian air but doesn't make you look like you're too-too. Straw and leather bowling bag, \$98, townshoes.com



WHAT WE WANT THIS WEEK

TOP THE KIT LIST

HANDBAG KIT

ANIMAL-PRINT CLUTCH

Get wild! Let this snakeskin-print bag put a reptile revamp into your wardrobe. Club Monaco Rebecca Wristlet, \$120, clubmonaco.com



BODY KIT

BODY CREAM

Clarins interprets the citrus, rose, vetiver and patchouli notes of its smile-inducing Eau des Jardins spritz in a new skin-smoothing body cream ideal for the garden season. \$49, clarins.ca



CLOTHING KIT

POWER DRESS

This structured silhouette is office-appropriate and the slightly higher waist flatters most every figure. Next step? Take over the world. Joseph Ribkoff polyester-blend dress, \$190, josephribkoff.com



FACE KIT

EXFOLIATING CLEANSER

The sun may be up earlier but sometimes mornings are still... oy vey. All-natural Suki Exfoliate Foaming Cleanser wakes you up with zippy lemongrass and skin-smoothing sugar. \$33, ebeauty.ca

HAIR KIT

SELF-CURLER

Don't you just wish your hair tools would actually do the work for you? Rowenta Curl Active is motorized. Snap the end of your hair into the clip and it curls it for you. Seriously. \$179, rowentabeauty.ca



SHOE KIT

BRIGHT WEDGES

Get that much closer to spring sunshine in these sky-high, sunny-hued wedges. They're the perfect antidote to pesky April showers. Strappy wedges, \$40, winners.ca



ACCESSORIES KIT

CHIC JEWELLERY

Tom Binns jewellery, like this cameo necklace with its eccentric mix of chains, crystal, and safety pins, will catapult you into the fashion Zeitgeist. \$2,940, at The Bay.

on the cover GET SKIN THAT GLOWS



FACE
KIT

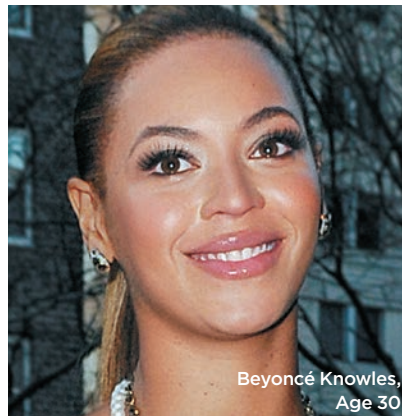
JANINE FALCON

For me, the key to achieving a blemish-free youthful complexion was the discovery that my oily skin needed *beaucoup d'exfoliation*. I'd been plagued with blemishes from my late teens to my early 30s. When I added a daily gentle manual scrub to a routine that already included twice-daily applications of a glycolic acid toner—a chemical exfoliant—magic happened.

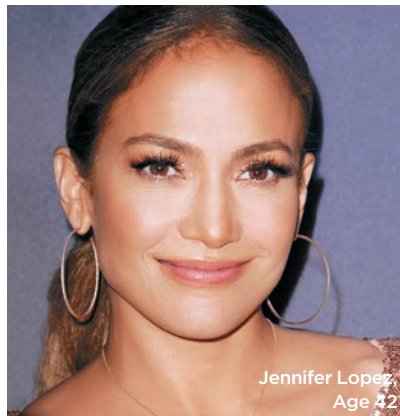
An aggressive routine, however, isn't for everyone. The ideal type of exfoliation and frequency depends on one's individual skin. The right kind translates to a bright complexion. The wrong kind? Irritation and redness are your skin's way of saying "lay off!" And note: exfoliation makes skin more vulnerable to sun damage so diligent SPF use is non-negotiable.



Jennifer Lawrence, Age 21



Beyoncé Knowles, Age 30



Jennifer Lopez, Age 42



Julianne Moore, Age 52

20s

At this collagen-rich stage, the skin that benefits most from regular, gentle exfoliation is skin suffering from uncomplicated or mild to moderate acne. Cleansers, toners or moisturizers containing low-dose salicylic, glycolic or lactic acid can speed the natural shedding process to keep pores clear of blemish-causing debris. Gentle scrubs or textured wipes can also help.

TRY Simple Exfoliating Facial Wipes with pro-vitamin B5, vitamin E and aloe. \$8-11, simpleskincare.ca. Origins Brighter By Nature exfoliating pads with fruit acids and salicylic acid, \$46 for 40 pads, origins.com

30s

Somewhere in your 30s, skin's natural renewal process starts to slow. Hello, dull skin. Now exfoliation becomes about removing dead cells more quickly to stave off fine lines and improve skin's ability to absorb moisture. Daily dates with a gentle cleansing brush could do the trick. Dry skin as well as skin still bothered by occasional breakouts will benefit from glycolic acid.

TRY Clarisonic Mia with round-tipped bristles; a sensitive-skin brush option is also available. \$189, at Sephora and Holt Renfrew. Neostрата Toning Solution Level 1 with 8% glycolic acid and skin-ideal pH (shown). \$27, neostrata.ca

40s

By now dead skin cells are even more reluctant to leave in a timely fashion and natural moisture levels are dropping. A scrub gentle enough to use every other morning (or daily) plus skincare with retinol could be your new go-to team for minimizing fine lines and sparking new collagen and elastin production to replace what you're starting to lose (sorry).

TRY Neutrogena Rapid Wrinkle Repair Night with Accelerated Retinol SA, with hyaluronic acid. \$26-30, at drugstores. Pangea Organics Facial Scrub, with exfoliating enzymes as well as gentle scrubby particles of adzuki bean and cranberry seeds. \$34, pangeaorganicscanada.com

50+

Sometimes skincare is best left to the professionals—so, don't be afraid to see a dermatologist. Occasional dermatologist-administered chemical peels will deliver softer and firmer skin. You'll need gentle maintenance; make sure you don't sensitize skin by overdoing it.

TRY Kiehl's Photo-Age Corrector Deep-Action Exfoliating Cleanser with a gentle grainy texture plus salicylic acid and vitamin C. \$28, kiehls.com. StriVectin Overnight Facial with exfoliating fruit enzymes, sourced-from-willowbark salicylic acid, and a red-algae extract that reduces dark spots. \$68, at Holt Renfrew, Shoppers Drug Mart and Sears.



YOU
SHOULD

CERI MARSH

WEAR LEATHER

Among the party of colour, prints and chiffon that was the Spring 2012 runway collections, another, less expected guest arrived: leather. Unlike the dark, sturdy skins that are known to populate fall-winter fashions, these were light, often bright and

paper-thin. This isn't the stiff leather of your favourite Perfecto jacket. It's soft, pliable, almost silk-like in feel. Skirts at Prada and Marc Jacobs were shapely and touchable, and Givenchy's leathers were almost translucent. It's time to put away the notion of leather as something you only pull out when temperatures drop. You should wear leather this summer.

Barbara Atkin, vice-president of fashion direction at Holt Renfrew, sees leather appearing in all seasons now. "It has become an inherent investment, transcending seasons, becoming a seasonless fabric." And because there is an overarching trend toward seasonless dressing (who wants to put away their whole wardrobe twice a year?), the kind of leather being used is changing.

"In the past, we would see darker colours and heavier-weight leather in the fall, but today coloured and lightweight kidskin leather shows up for both fall and spring, as the customer wants to wear colour regardless of the temperature outside. Lightweight leathers can be worn indoors as one would wear any other fabric," says Atkin.

Clothing Kit editor Vanessa Taylor says this is a trend that will definitely be making its way from the runway to retail. "The stores really went for the idea of summer leather. Think about feather-

weight versions with perforated detailing. I'm not saying this is the ideal outfit for a 40-degree-plus humidity day, but for spring and summer, these are ideal transition pieces." Atkin recommends approaching leather the way you would other year-round classics. "Think about it the way you would cashmere or denim, and mix and match it with anything."

Like so many trends, leather is really best worked in with other fabrics rather than worn head to toe. And it updates some of your less exciting mainstays. A leather shirt, for instance, would give some edge to last year's pencil skirt.

Some of the best spring and summer leather pieces on the market are coming from Canada's own Danier. Toronto-based stylist George Antonopoulos has created a capsule collection for the leather brand, called Object. A trim shift dress, colour blocked in putty and citron, a perforated khaki blouse, caramel shorts—this collection is miles away from leather's biker-chick past. The pieces are streamlined yet classic and quite feminine. "I intentionally went for shapes that work for different body types," he says. His collection is also created from an ultra-thin leather, delicate enough to move with your body, but firm enough to not tear. "I treat leather like it's a fabric, I don't even think of it as leather."

Not that there's anything wrong with the classics. Antonopoulos created his version of the biker jacket in a lightweight ivory-coloured leather. "On a summer night, there's nothing prettier," he says, "than a biker jacket over a print dress and a heel."

LE STYLE



CITY MONTREAL
NAME ESTELLE GERVAIS
AGE 19
WHERE DE LA MONTAGNE
OCCUPATION FASHION BLOGGER
WHAT IS SHE WEARING? Knit sweater, LF shorts, American Apparel knee-high socks, Alexander Wang bag and Stuart Weitzman boots.

INSPIRATION
"I like looks that are equal parts sexy and rock 'n' roll. I work one standout piece (like a bright sweater) and pair it with staples."

BY PHOTOBLOGGER STEPHANIE BORIDY, LECHEAPCESTCHIC.COM

NEWS



FASHION TELEVISION ENDS. BRAND LIVES ON

Canada—and the world—said goodbye to fashion-media institution Fashion Television last week. Jeanne Beker, the show's iconic host and contributing editor for The Kit, has dazzled us for years with her insight, outfits and interviews. "It was so influential because it was the first," says Beker. "It was the first to look at fashion as entertainment, the first to explore the theatricality of the arena—and its production value was so high. We were expert producers, writers, shooters and we knew how to make great TV." Although production has been suspended, the show remains on air, and Beker is hard at work developing new multi-platform projects for the brand. "It was a brilliant ride," says Beker, "but it's time to take fashion coverage to a new plateau."



UVA, UVB, NOW IRA

In addition to UVA and UVB rays, new studies say the anti-aging set must guard against infrared radiation absorption (IRA), too. It seems three types of infrared radiation—A, B and C—make up 54% of sun exposure (UVA and UVB combined total 7%), and that 30% of that 54% is infrared IRA. And IRA penetrates the skin more deeply than UV rays to create free radicals—and accelerate signs of aging. How to deal? With potent antioxidant blends such as the Idebenone + Thiotaine combination in Prevenge Triple Defense SPF 50 Sunscreen Sheer Lotion, \$95, canada.elizabetharden.com; and the vitamins C + E + Ferulic formula in SkinCeuticals C E Ferulic serum. \$152, at select medical spas



TIFFANY LAUNCHES NEW METAL

Your 175th birthday doesn't happen very often. To mark the occasion, the venerable jeweller Tiffany & Co. has launched not a new design, but a new metal. Named Rubedo, the metallurgical debut combines gold, silver and copper: the result possesses a lustre not unlike rose gold. The metal's colour and gloss is also a democratic accessorizing choice: its warm hue flatters a myriad of skin tones and its price point falls comfortably between silver and gold. Visit tiffany.ca



PHILIP SPARKS HANDBAG HITS

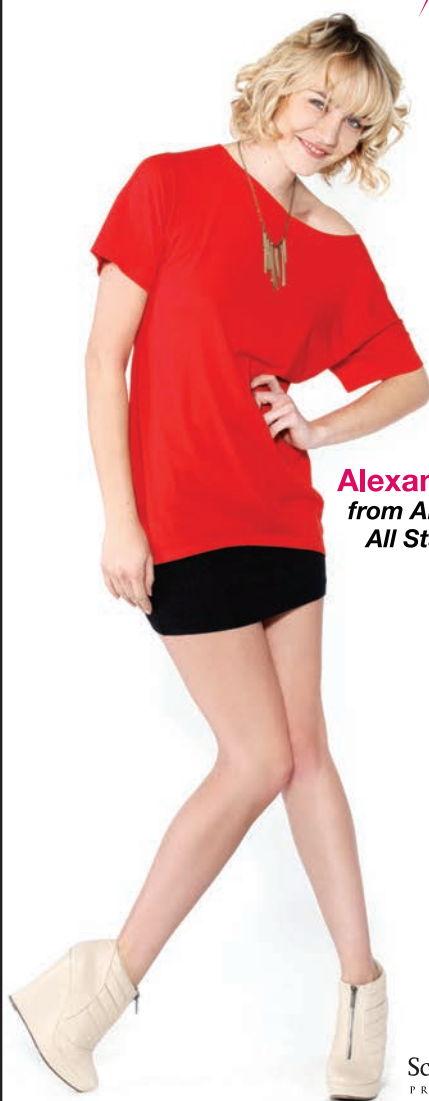
When our favourite menswear designer, Philip Sparks, started making womenswear seasons ago (October 2010 to be exact), we got really excited. Now that he's turning to handbags too, we're thrilled. For Spring 2012, Sparks has created a very sharp-looking set of backpacks, camera bags, travel wallets, satchels and briefcases for Canadian leather purveyor Danier. All with a vintage luggage feel and stylish-yet-practical compartments perfect for the fashionable bon vivant. From \$79-\$400, danier.com

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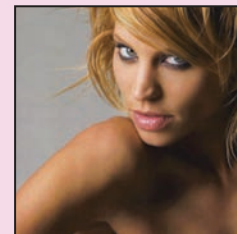
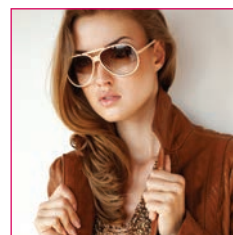
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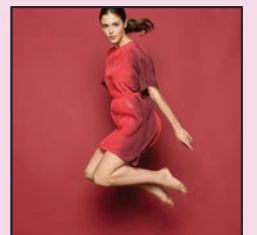
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ANTM All Stars in
Fashion Shows on the
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Headline Performer



Joey Bevan
on the Pandora
Open Catwalk



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SHOPPING



FASHION

NAUTICAL CHIC

Sailor-style stripes and colours are a spring classic. For a twist on the trend, try them on your feet

Seen on the runways of Tommy Hilfiger and Tory Burch, red, navy and white are making waves for spring in the footwear department. Rely on the yachting-world-inspired styles in canvas, cotton and patent leather to freshen up your denim basics. For your preppiest wardrobe pieces, slip on a pair of striped espadrilles or strappy red canvas wedges. And remember: you can opt for deck-style flats, but higher heels put a sexier spin on the new sailor look.

20s



Wear with a striped mini skirt or high-waisted shorts. **Geox Wisdom** boat shoes, \$130, geox.com

40s



Dress up your Breton sweater with royal blue pumps. **Stuart Weitzman** patent-leather peep-toe pumps, \$398, brownsshoes.com

30s



Nautical is office-appropriate with a black pencil skirt. **Le Château** cotton stripe block heel sandals, \$100, lechateau.ca

50s

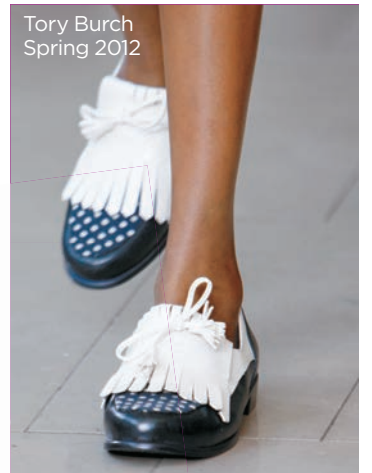


Great with ankle-length jeans or a flow-y midi skirt. **Garriss** sandals, \$40, globoshoes.com

60s



The perfect summer peep-toes for every occasion. **J.Crew Evie Stripe** peep-toe pumps, \$298, jcrew.com



PRODUCTS: GEOFFREY ROSS; KIT GIRL: STEFANIA YARHI; CELEBS: GETTY IMAGES; RUNWAY: PETER STIGTER



BEAUTY

NATURAL SKINCARE FOR EVERY AGE

Whether you're still dealing with blemishes in your 20s and 30s, sensitivity or outright dryness and visible signs of aging in your 50s, there's a natural skincare option for you

20-30 SOMETHING

Pangea Organics Moroccan Argan with Willow & Rosemary Facial Cream soothes annoyed, oily, breakout-prone skin with willowherb and keeps the moisture barrier healthy with a dose of Argan oil. \$38, pangeaorganicscanada.com

Still dealing with occasional spots? In **Neutrogena Naturals Purifying Facial Cleanser**, salicylic acid sourced from willowbark extract nudges skin's exfoliation process to keep blemishes at bay. \$9, drugstores



40S FABULOUS

Skin getting crankier and less supple as birthdays pass you by? A 95% natural-sources formula, **Nivea Visage Pure & Natural Moisturizing Day Care for Dry to Sensitive Skin**, taps comforting aloe vera and lipid-rich Argan oil. \$11, nivea.ca

While you sleep, enjoy a firming, hydrating boost with **Raw Essentials by Carol Alt Night Time Firming and Nourishing Face Moisturizer**. It's rich in good-for-skin olive-leaf and tamanu-seed extracts. \$25, rawessentials.com



50+ FORECAST

Éminence Bamboo Firming Fluid delivers visible anti-aging results via a non-irritating retinol-alternative from chicory root, tightening via tara root, and increased cell longevity via Swiss green-apple stem cells. \$58, eminenceorganics.com

Skyn Iceland Angelica Line Smoother contains a GABA complex (via tomato and ginseng extracts) that reduces wrinkle-forming muscle contractions, plus antioxidants and essential fatty acids help to protect and soften skin. \$72, exclusively at The Bay



this week's TOP TRENDS

ROCK 'N' ROLL



great for EVERY AGE

Banana Republic Heritage Stone Cuff, \$124, bananarepublic.ca

Runways have been rocking lately, such has been the emphasis on jewellery set with big stones. Take **Badgley Mischka's** spring show, for example. Necklaces and bracelets were encrusted with masses of quartz-like nuggets in glittering shades of amethyst and dove grey. Of course, you can take a more polished approach with sculptural chokers and cuffs adorned with glossier cabochon-style stones. Either way, it's definitely a season to rock your look.

BRIGHT EYES

Vibrant hues of purple, pink, yellow and green popped on Spring 2012 runways at **Moschino Cheap & Chic**, **Mary Katrantzou** and **Richard Chai Love**. We especially love a bold stripe of eyeliner in teal, aquamarine or turquoise. It's a playful wink of colour that flatters every eye shade, plus it makes the whites of your eyes look brighter. That's multi-tasking, right? **Make Up For Ever Aqua Cream** waterproof cream colour in #21 Turquoise.



\$25, exclusively at Sephora, makeupforever.ca

THE KIT GIRL

WHAT IS SHE WEARING?

Uniqlo sweater, Maison Martin Margiela skirt and Maryam Keyhani necklace.

NAME
MARYAM KEYHANI
CITY TORONTO
OCCUPATION
JEWELLERY DESIGNER

DESCRIBE YOUR STYLE
"Mood-dependent, minimal, clean and a tiny bit surreal."

Wearing a Maison Martin Margiela trompe l'oeil skirt, Maryam Keyhani is surrealism incarnate. From her flea market finds to her own haute couture refined collection, nothing is extraneous; everything has been finely honed and parsed to a most spectacular essence. Keyhani let The Kit poke around her über-minimalist home in Yorkville, which felt a bit like walking into a Sofia Coppola film set.

Having earned international accolades from *Vogue Italia* and *Harper's Bazaar*, Keyhani's design career trajectory is everything but of this earth. She studied at OCAD and it was through painting that her aesthetic and signature, sculptural neckpieces began to take shape. "I was working in fashion and I started making these necklaces for myself and people started asking me about them," said Keyhani. "A couple months later I was making more money selling necklaces than I was at my job."

Beginning with one-of-a-kind vintage feathers—"that was nice while it lasted," says Keyhani—her meteoric rise over the past three years is testament to her unique vision. One look at her designs and you'll agree that a Keyhani piece seems plucked from a dream; maybe your dream.



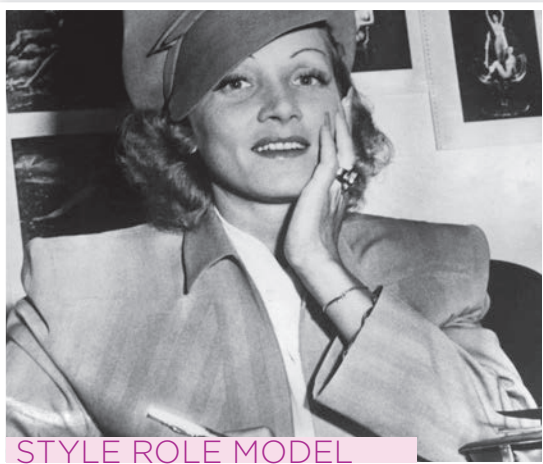
avant-garde

Jewellery designer Maryam Keyhani's artful style oozes head-to-toe elegance

BY STEFANIA YARHI

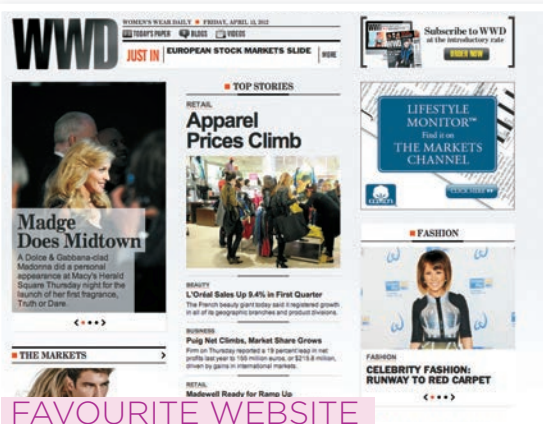
BEAUTY FAVE

Perricone MD No Foundation, \$55 USD, sephora.com



STYLE ROLE MODEL

"I've adored Marlene Dietrich since the first time I watched the movie *Morocco*."



FAVOURITE WEBSITE

WWD.com



SHOE MUST

Yves Saint Laurent Obsession satin and suede pumps, \$1,295, net-a-porter.com. Yves Saint Laurent shoes also available at Holt Renfrew

CLOSET STAPLE

Theory Devyna Wealth fitted cotton-blend shirt, \$215, net-a-porter.com. Theory clothing also at Holt Renfrew.



TOP ACCESSORY

Maryam Keyhani Mademoiselle Riverie rose-gold plated necklace, \$595, maryamkeyhani.com

THE KIT.CA



Rose Byrne, Age 32

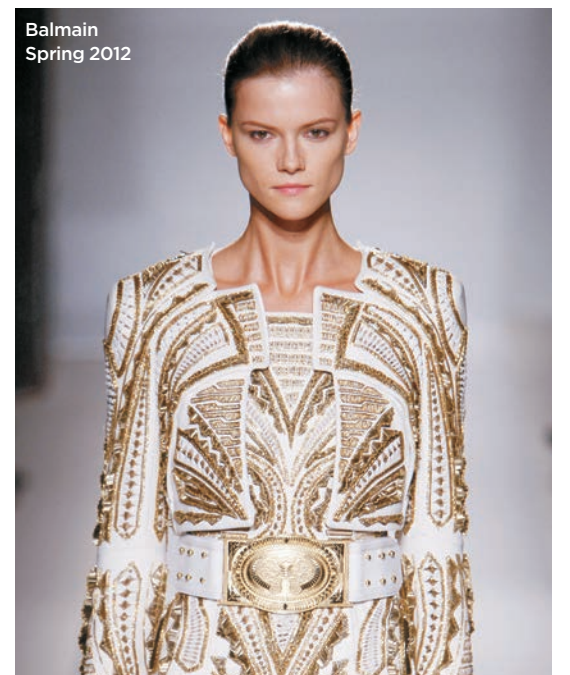
GET ROSE BYRNE'S LOOK FOR LESS

The Bridesmaids star's totally laid-back outfit is easy to achieve. Just combine pieces you already own—dark denim, basic black pumps—with a cute striped tee and beige blazer. See our shopping guide for easy ways to get the look. Check it out at TheKit.ca/fashion/clothing/look-for-less-rose-byrnes-dressed-down-blazer/



CAVIAR NAILS

The hottest new nail trend comes courtesy of a super-luxe delicacy. Take the look of a posh appetizer, add colour and polish and put it on your nails. Sound strange? It's really quite lovely. Go to TheKit.ca/beauty/body/caviar-nails-try-the-newest-nail-trend.



HEAVY METAL

Think metallics are only on-trend for winter? Think again. Heat up your spring wardrobe with our favourite gold, silver and bronze pieces now at TheKit.ca/fashion/clothing/hot-spring-metallic-shoes-dresses-and-more



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