

THE KIT

SOUTH ASIAN EDITION



NOW TRENDING

GOthic GLAMOUR

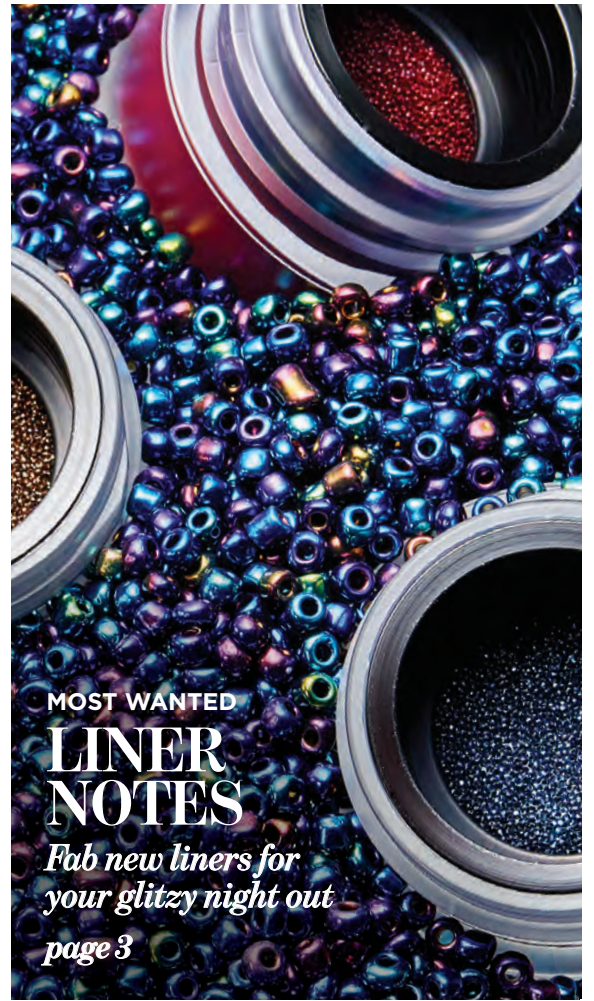
The runways embraced the dark side with gorgeous, Victorian-inspired looks

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A model hits the Sahil Kochhar Amazon India Fashion Week 2015. Photo: Getty Images.



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MOST WANTED

Liner notes

Move over, cushion compact foundations. These liquid liners in a cushion sponge format allow easy brush control, come in highly pigmented jewel tones and will take your cat-eye to another level of drama.
—Rani Sheen. Photography by Adrian Armstrong

STILA GOT INKED CUSHION EYE LINERS, \$36 EACH, MURALE.CA

RADAR STYLE BULLETIN

Need-to-know fashion
and beauty news



FROM LEFT: MIO FUSE WRISTBAND; MAHIRA KHAN FOR PEPE JEANS

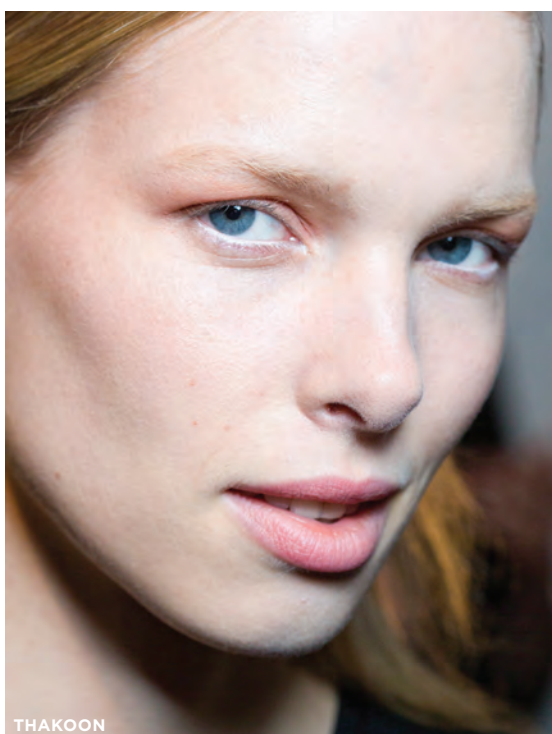
Dark is beautiful
Pakistani model Amna Ilyas dedicated her 2015 Lux Style Award for Best Female Model to "all the dark-skinned girls."

Big bucks
According to Boston Consulting Group, Bangladesh is poised to be one of the fastest-growing markets worldwide. It's likely to become a consumer superpower in the next decade.

Starry campaign
Pakistani actress and Bollywood's latest muse, Mahira Khan, is the new face of Pepe Jeans Pakistan.

Fab fitness
Fitness brand Mio Global has officially entered the Indian market, by inking an exclusive deal with Amazon India.

Christmas wish
Sri Lanka's Embark fashion label recently launched its Christmas campaign, which continues to have a charitable focus on bettering the lives of special needs animals and street dogs in the country.
—Hina P. Ansari



ONE TREND, TWO WAYS

CREAMSICLE EYES

Soft washes of orange and peach make a surprisingly flattering statement

1. Pretty pastels at Thakoon

Taking inspiration from the Northern Lights, makeup artist Diane Kendal used a blush duo on eyes to finish off Thakoon models' softly reflective makeup. After applying the bronze shade all over lids and blending out toward the temples, she amplified the look with a wash of peach, and lined the waterline with a white pencil.

2. Two-tone at Altuzarra

Tom Pecheux channelled Ingrid Bergman's cool beauty and understated elegance when he painted lids in warm pastels at Altuzarra. He used his fingers to blend warm orangey copper around the outer half of the eyes and added pale grey at the inner corners to create a colour-blocked effect.

—Carly Ostroff



NARS EYESHADOW DUO IN MEDITERANEE, \$35, NARSCOSMETICS.COM. M.A.C COSMETICS MACNIFICENT ME EYE SHADOW IN CHEER ME ON, \$19, MACCOSMETICS.CA

SPRING 2016

INSTA INSPIRATIONS

Keep an eye on these designers to watch

1. Pakistan NOMI ANSARI SPRING 2016 @NomiAnsari

The "Tangerine" collection has a very spring-like vibe.

2. Sri Lanka KOCA BY RYAN RESORT 2016 @kocabyrnn

That ruching—beyond. So are the fabrics and hand-painted designs.

3. Sri Lanka G BY GIHAN EDIRIWEERA RESORT 2016 @gihanediraweera

The edgy fabric treatment, layering and colour combo make

this a perfect collection for seasonal transition.

4. India ANAVILA MISRA SPRING 2016 @anavila_m

Misra's collection brings back the classic refinement of the sari with out-of-this-world draping.

5. India SABYASACHI MUKHERJEE SPRING 2016 @sabyasachimukherjee

Mukherjee is a red carpet fave, thanks to the celebrated Benarsi textile in his saris and his strong cultural aesthetic.
—Hina P. Ansari





New romantics

Designers cast a moody spell this season, as gothic Victoriana ruled the runways. The key to pulling it off: Mix fancy fabrics—delicate lace, sumptuous velvet, heart-stopping silk—with edgy unexpected extras

PHOTOGRAPHY BY ANDREW SOULE
FASHION DIRECTION BY VANESSA TAYLOR
STYLING BY FIONA GREEN

JUST DANDY

Max out the regal appeal of a high neckline by combining it with a structured velvet suit. Masculine tailoring and ultra-fem ruffles—talk about a power couple.

THE KOOPLES BLAZER, \$795, PANTS, \$365, TNT, MARSHALLS BLOUSE, \$600, MARSHALLS CAROLE TANENBAUM VINTAGE COLLECTION EARRINGS, PRICE UPON REQUEST, CAROLETANENBAUM.COM



BLANK SPACE

Embellishment teamed with fraying raw edges—in a monochromatic colour palette, the more-is-more rule applies.

CALVIN KLEIN COLLECTION COAT, \$5,925, CALVIN KLEIN MIKHAEL KALE DRESS, \$3,995, HOLY RENFREW, STUART WEITZMAN BOOTS, \$998, STUART WEITZMAN CA WINNERS EARRINGS, \$17, RING, \$30, WINNERS

NOW TRENDING GOTHIC'S NEW GLAMOUR

Fashion has fallen for the dark arts. The current nostalgia for Victorian-inspired pieces takes traditional fabrics and turns them into modern masterpieces

BY AYA MCMILLAN



"I'll stop wearing black when they make a darker colour," said Wednesday Addams. Attagirl. With her rebellious spirit and distinctive personal style, Addams has always been an unofficial spirit animal for the fashion set. Now that moody, broody Victoriana has cast a dark shadow on the Fall 2015 runways, she's set to have a whole new impact on women's wardrobes.

The trend started in New York, with Rodarte's bejewelled velvet frocks finished with flourishes and fishnets and the parade of floor-skimming petticoats and fitted riding jackets at Marc Jacobs. Leave it to Alexander Wang to kit out Kendall Jenner in an inky velvet fluted skirt trimmed with chains for a streetwise-Lolita take on Victoriana that surely never existed circa 1865.

Across the Atlantic, London labels such as Giles, Simone Rocha and Montreal-bred Erdem fashioned swirling capes with bonded patent leathers, unfinished brocades and mohair-mixed guipure lace. In Paris, Givenchy's Riccardo Tisci—the original torchbearer for dark romance—viewed Victoriana through a Latin lens with a nod to the Chola girl: Ethereal frills and lace mixed with the "aggressive aesthetics" cited in Tisci's program notes (think face jewellery that replicated piercings and tattoos). Call it delicacy charged with defiance.

That tension has long defined the Victorian aesthetic. It's covered up but form-fitting, sober in palette but often sensually opulent in detail. "It's a pragmatic look at what it takes to be feminine today," explains Lisa Tant, vice-president of exclusive services at Holt Renfrew. "It's a way of saying, 'I'm a woman, I'm asserting myself, but don't mess with me,' at the same time."

Nikki Wirthensohn, the designer of Toronto label Narcis, understands this

push-pull tension well. Her Fall 2015 collection is full of handcrafted pieces with high necklines belied by flesh-baring organza and lace. "I love that tailored look," she says, "that structure that works with your body."

Part of the allure of Victorian dress is its focus on the craft of fashion. Inside the Narcis atelier, a group of artisans help Wirthensohn tailor, embroider and embellish clothes for hours on end. "The amount of work that goes into each piece—you just can't do it with a machine," says the designer. "It's important for each dress to have all that intricate detailing."

That attention to detail helps distinguish high fashion from fast fashion. "So many things are knocked off the minute they hit the internet," says Tant. "Through special prints or embellishments like beading, cutwork and laser-cut techniques, designers are elevating their looks to a demi-couture level, so the actual construction and the quality are very, very high. They're smart to create pieces that are difficult to copy."

"It's very difficult," concurs fashion historian Valerie Steele. "When fast fashion started really having an impact, a lot of designers started adding couture touches because it was less easy to be knocked off. I think Victoriana can be knocked off, but it looks so...cheesy."

This carefully determined synergy between clothes and craftsmanship may just be the era's lasting legacy—a girl, after all, can't survive on Lululemon alone. "We all need a wardrobe of great basics," says Tant, "but if you want something that really makes a statement you're going to be looking for lace, embellishments, detailing, very finely lasered materials that take [Victorian] to a whole different level." Sometimes, it seems, we need to look back to go forward.



HIGH DRAMA

The LBD isn't going anywhere, but this holiday, try a dress in a softer hue (like this lovely blush) punked up with embellishment.

HERVÉ LÉGER BY MAX AZRIA DRESS, \$10,238, HERVELEGER.COM, EDDIE BORGIO EARRINGS, \$175, HOLT RENFREW, SWAROVSKI NECKLACE, \$459, RING, \$169, SWAROVSKI



SHEER DELIGHT

The exquisite lace on this skirt pairs prettily with a floaty peasant top. Anything see-through requires a completely opaque undergarment. Be strategic and keep the rest of your look subdued, with higher necklines and lower hemlines.

CHLOÉ BLOUSE, \$2,650, HOLT RENFREW, TOME SKIRT, \$395, THE ROOM, FORTNIGHT UNDERWEAR, \$62, LYNN-STEVEN.COM, EDDIE BORGIO EARRINGS, \$225, GIVENCHY BRACELET, \$1,015, HOLT RENFREW

Beauty note

A blackened berry lip is a refined but emphatic punctuation point to a fanciful outfit. Try NARS Velvet Matte Lip Pencil in Train Bleu, \$32, narscosmetics.com



PUNK PRINCESS

The best way to ensure that this ruffled lace dress looks gothic, not girly, is to wear it with edgy footwear. (Or super-edgy footwear, as seen here.) Sparkle, embellishment, bows? Save it for your jewellery.

MARC BY MARC JACOBS DRESS, \$990, SSENSE.COM, STUART WEITZMAN BOOTS, \$1,050, STUART WEITZMAN CA, LANVIN NECKLACE, \$2,290, HOLT RENFREW, EXPRESSION RING, \$14, THEBAY.COM

WALL HANGINGS BY COLLEEN MCCARTEN, HAIR AND MAKEUP BY SHERI STROH FOR PLUTINO GROUP/GREENBEAUTY.CA, CREATIVE DIRECTION BY JESSICA HOTSON

ONLINE GO BEHIND THE SCENES OF OUR SHOOT AT THEKIT.CA/FASHION-FEATURE/



ALDO BOOTS, \$260, ALDO SHOES.COM, SWAROVSKI NECKLACE, \$569, SWAROVSKI.COM, COACH BAG, \$395, COACH.COM, ZARA SANDAL, \$90, ZARA.COM, H&M DRESS, \$99, HM.COM

PHOTOGRAPHY: TORONTO'S TALE (NARCIS); PETER STIGTER (RUNWAY EXCEPT KARIM, INDI); SHOP THE TREND BY HANIA AHMED

WOMEN WE LOVE

PARTY-HAIR PROS

We asked five of Toronto's coolest hairstylists for their tried-and-tested secrets

BY RANI SHEEN | PHOTOGRAPHY BY CARLYLE ROUTH



Jasmine Merinsky, 27, junior stylist, Brennen Demelo Studio, 316 Adelaide St. W.

"My goal is to have a lioness mane," says Merinsky, who is in preservation mode after "getting too greedy" with high-lights. "My hair was breaking, so I looked into protective styling for natural hair and discovered box braids." A whiz at glassy blowouts and subtle balayage, for parties, she piles her braids on top of her head in vintagey victory rolls or topknots. "It's easier than it looks—and it looks really impressive."

FOREVER 21 DRESS, \$35, FOREVER21.COM. TALULA TURTLENECK, \$40, ARITZIA.COM

Lindsey Buro, 30, senior hairstylist, Dat Salon, 984 Queen St. W.

Buro's party-hair strategy revolves around her once-a-week shampooing schedule. If the fete is on wash day, she'll wear it loose with minimal product, so she doesn't have to start all over the next morning. "But," she explains, "if my hair is on the cusp of needing to be washed, then I can just go full on." She's a top-notch colourist; her own yellow pieces are super-bright with dark roots. "In the sunlight, it's like neon."

COS CARDIGAN, \$275, COS. TED BAKER TURTLENECK, \$375, TEDBAKER.COM/CA. JUST BLACK JEANS, \$90, JEANMACHINE.COM

Carolyn Mila, 28, colour tech, Medulla & Co., 809 Queen St. W.

Mila kicked off her career by colouring theatre wigs, but until last year, she had virgin hair. "I started putting in any fun colour I could get my hands on," she says. To dress it up, she'll do a French twist, then pin in earrings and necklaces haphazardly. She's learned the hard way not to spray hairspray over them. "It takes the shine away, especially on precious jewels."

PAIGE DENIM JACKET, \$475, PAIGE.COM. GAP TURTLENECK, \$65, GAPCANADA.CA. PAIGE DENIM JEANS, \$400, THEBAY.COM

Chanel Croker, 32, director, DNS, 163 Sterling Rd.

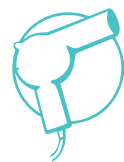
Croker used to be known as much for her bleached crop as for her beyond-hip salon (Day & Night, now DNS). "I'm getting back into natural-looking hair. A grown-out, dare I say awkward effect is more interesting." She'll scrape her hair into a low, tight pony. "I get it to drop, as opposed to looking too erect"—she laughs—"by putting it into a pony while it's wet." For extra jazz, she likes a '90s-style bobby pin with a small pearl on the end.

TALULA TURTLENECK, \$50, ARITZIA.COM. COS SKIRT, \$275, COS

Chanel Cezair, 32, co-owner, Fringe, 67 Portland Ave.

"I consider myself a true blond," quips Cezair, a master of swifty, dance-floor-dominating blowouts. She washes her Afro-textured hair and styles it with a steam straightener once a week. "Left to its own devices, my hair goes crazy with body and curl." Not that she doesn't believe bigger is better. "If I'm looking for something really dramatic, I love going for height! Lots and lots of volume."

LE FOU BY WILFRED SWEATER, \$195, WILFRED SWEATER, \$125, ARITZIA.COM



BEST DRY DOS

When the holidays are in full swing, there's no time for the wash-and-blow-dry shebang. Skip the sink and try a dry style service for party hair in a flash

1. VANCOUVER

The do: Customize an "Uptini" for a special occasion, like a twisted take on a classic chignon.
Where to go: DryBar at Nordstrom, 799 Robson St., thedrybar.com
Price: \$100

2. TORONTO

The do: In under 20 minutes, get a tousled French twist—the hair equivalent of wearing a ruffled Chanel shirt.
Where to go: The Ten Spot Style Bar at Hudson's Bay, 176 Yonge St., the10spot.com
Price: \$25

3. MONTREAL

The do: Sip a "Blôme-mosa" while your hair is woven into a spectacular half-up fishtail.
Where to go: Blôme Blow Dry Bar, 46 McGill St., blome.ca
Price: From \$30

4. CALGARY

The do: Try a polished "high society" topknot that strikes the balance between laissez-faire and formal.
Where to go: Blo Blow Dry Bar, 1317 1st Street S.W., blomedry.com
Price: \$38
—Veronica Saroli

BEAUTY SCHOOL

Updo upgrades

For her first New Year's Eve with natural hair, assistant editor **Natasha Bruno** calls in a pro to take her look from pretty to party

PHOTOGRAPHY BY CARLYLE ROUTH | HAIR BY JANET JACKSON

I started wearing my hair in an Afro last spring, after 15 years of fighting its natural texture with chemicals and hot tools. For a while, I luxuriated in the time saved (my straightening routine ate up two hours a week), but lately I've been suffering from the beauty version of "I have nothing to wear." So I called on hair whiz Janet Jackson to teach me her no-heat updo ways. The owner of JouJou Hair Studio in Etobicoke, Ont., Jackson has worked with Rita Ora and Keshia Chanté, and she was lead hairstylist on Drake's "Hotline Bling" video. As it turned out, I had two big surprises in store: 1. The styles were way easier than they looked, and 2. They made me feel invincible.



CLOCKWISE FROM LEFT: SELF PORTRAIT DRESS, \$625, DEAN DAVIDSON EARRINGS, \$155, HOLT RENFREW; ARDENE SCARF, \$15, ARDENE.COM. NOAM HANAH DRESS, \$1,095, LULU FROST EARRINGS, \$165, HOLT RENFREW. TED BAKER DRESS, \$315, TED BAKER; JENNY BIRD BRACELET, \$95, JENNY-BIRD.COM

THE SCARF WRAP

This scarf-wrapped pompadour is a killer spin on a 1940s pin-up do. Jackson used a tail comb to section off the front of my hair into a square, and raked it up with an Afro pick to create length. She secured the ends in an elastic, rolled the section back into a Janelle-Monáe-like quiff and pinned the ends down. She pinned the sides back, then wrapped a glittery black scarf around my head and over my ears. She knotted the ends and tucked them under, added a few more pins for safety and fluffed out the curls near the top.

Time spent: 11 minutes

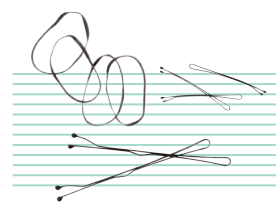
TOOL KIT Everything you need to create updos that work with natural texture, not against it



BLACK DIAMOND RATTAIL COMB, \$4, SALLYBEAUTY.COM. MOROCCANOIL BOAR BRISTLE BRUSH, \$79, MOROCCANOIL.COM. ANTONIOS METAL STYLING PICK, \$4, SALLYBEAUTY.COM



CRÈME OF NATURE WITH ARGAN OIL PERFECT EDGES, \$5, SALLYBEAUTY.COM. DRUIDE ALCOHOL-FREE STYLING HAIR-SPRAY, \$14, DRUIDE.COM. DEVACURL SUPERCREAM COCONUT CURL STYLER, \$37, THEBSO.COM



SCUNCI MIXED SIZES 300 PACK BLACK POLYBANDS, \$4, WALMART. STYLIZE CURVED BOBBY PINS, \$5, SHOPPERS DRUG MART. GOODY PIN IT UP ROLLER PINS, \$3, WALMART



THE FIERCE FAUXHAWK

This cool-girl style demands a killer outfit, but the look is a surprisingly simple combination of ponytails and defined parts. Jackson divided my hair into four large sections, parting it from side to side. "Wherever you start parting on one side, near the ear, you want to make sure that it matches when you get to the other ear," she says. Using a soft-bristle paddle brush, she brushed each section up into ponytails along the centre of my head. "I'm doubling up the elastic bands because I don't want them to pop," says Jackson. To have even more fun with the shape, she pulled the front section down and over for a slight side bang.

Time spent: 29 minutes



THE SIDE-SWEPT AFRO

This look took my go-to side-parted Afro (yawn) up a few edgy notches. After making a deep side part, Jackson divided the left side into three rows using the end of her tail comb. She applied edge tamer along the hairline to smooth it down before flat-twisting each row back, securing the ends with elastics and a bobby pin. For extra drama, she took my bracelet and pinned it over the elastics. When she'd pulled and teased some random curls, my normally tame hair looked wild and pretty damn fabulous. "With curly hair, it's not about being perfect," says Jackson. That's something I'm still getting used to, but I'm closer than ever to total hair confidence. Bring on the mirror ball.

Time spent: 20 minutes

NATURAL BEAUTIES

Party-hair inspo from the red carpet



Lupita Nyong'o, actor
A ribbon bow (or two, or three) makes for a bold and flirty look.



Yaya Dacosta, model/actor
A sleek braided topknot puts a cool spin on a classic ballerina bun.



Brandy, musician/actor
A brushed-out, deep-side-parted Afro lets textured hair take centre stage.



Nicole Ari Parker, actor
This twisted pompadour shows that dreadlocks don't lack versatility.



POETIC BLEND THE TIMELESS OIL, THE GHOST OIL AND THE HERO OIL, \$50 EACH, POETICBLEND.COM

SPOTLIGHT

PURE POETRY

Handmade oils so lovely your skin will want to write them a sonnet

BY RANI SHEEN | PHOTOGRAPHY BY ADRIAN ARMSTRONG

A perfectly balanced, quick-absorbing face oil is a triumph of alchemy. Too much of one nut, vegetable or seed oil and it sits heavily on the skin; the wrong combination of aromatic essential oils and the formula can irritate, not illuminate. Mikayla Tran, 26, approaches the blending process with an "artistic appreciation for how the ingredients harmonize with one another." Tran launched Poetic Blends this year after landing on a recipe of oils that balanced her own oily (yes, that's right) skin. A "lover and student of poetry" who lives in Mississauga, Ont., and works 9 to 5 as a social media manager at a bank, Tran sources her materials from suppliers around the world, selecting those who

don't use chemical crop sprays, preservatives, dyes or fragrances. The three blends target different needs: The Hero Oil is designed to soothe blemish-prone skin with apricot-kernel and calendula oils; the Timeless Oil is made of richer stuff like rice bran and sea-buckthorn oils for dry or aging complexions. The Ghost Oil contains no essential oils, so it smells like nothing and vanishes into irritable skin. The first ingredient in all three is squalane, derived from olive oil. "Squalane oil not only is fast absorbing," says Tran, "but can help transport the nutrients of other oils into the dermis faster, which I find absolutely mesmerizing and even poetically beautiful." We do too.

Artist note To celebrate the union of beauty and poetry, Toronto poet Damian Rogers lent us a verse from her latest book, *Dear Leader* (Coach House Books):

*Are you illuminated?
At the bottom of the Pacific,
microscopic monsters chase every
bioluminescent organism*

*twinkling in the brink.
In my youth,
I too was a magnet,
and I did not dim for decades.*

SKINCARE

Retinol Rx

Find out why doctors hail retinol as a multi-talented skin-improving miracle worker, no matter your age or skin concern

BY JILL DUNN



It's a rare dermatologist who doesn't cite retinol as a #skinwin. "I'd recommend a retinol or prescription Retin-A from 20s until death—most dermatologists do," says Dr. Benjamin Barankin, medical director of Toronto Dermatology Centre. But before you start slathering it on by the bucketload, there are a few things to be aware of. One: It's off-limits during pregnancy because of the risk of absorption. Two: If you're going in for any kind of skin treatment, you should let the staff know you're using it. And three: It can be a lot for your skin to take. Read on for everything else you need to know for retinol to work its magic.

What is retinol, anyway?

It's a vitamin A derivative, part of a class of compounds called retinoids that includes, in order of potency, retinoic acid, retinol, retinaldehyde and retinyl palmitate. The gold standard is retinoic acid (prescribed as tretinoin or Retin-A). "Retinol has to be converted to retinoic acid in the skin to be active," says Dr. Heidi Waldorf, a New York dermatologist and clinical professor at Mount Sinai hospital in Manhattan. "Retinyl palmitate first needs to be converted to retinol, which takes time." That means less of the ingredient gets absorbed but also that it tends to be less irritating. Retinol is generally more consistent in its results, and there is more evidence on its efficacy than on that of the other compounds. But its less potent siblings, properly formulated in high enough concentrations, can be effective. Packaging counts: "Be sure it is in a solid [not clear] container with a small opening—retinol is deactivated by ultraviolet exposure," says Waldorf.

What is it good for?

Barankin describes it as the superhero of skincare, fighting every skin enemy

in its path: "Retinol can help with acne and acne marks or scars. It can help with hyperpigmentation, flat brown sun spots and melasma, and it can help even out skin tone. It gives a nice glow to the skin and improves the feel of it. It can help reduce the appearance of pore size and helps reduce wrinkles by helping make new collagen. It can even help reduce precancerous lesions called actinic keratoses." (Jeez, leave some skincare work for the other ingredients.) Waldorf adds that it's been shown to speed up cell turnover (promoting the breakdown of old collagen and formation of new collagen) and reduce whiteheads and blackheads. Plus, it has been shown to work on skin aged by time as well as skin that's aged prematurely from too much sun exposure.

How should retinol be used?

Take a pea-sized amount and dot it on the forehead, cheeks, nose and chin, and then rub it in. Avoid the upper eyelids but do apply it to the crow's feet area and the lower eyelids. Apply your sunscreen overtop every morning. Start slowly: If you're too intense with your retinol use right away, you could end up with redness and peeling, depending on how sensitive your skin is. "Use it two times a week for one month and then increase by one day per week until [you reach] a level that you can tolerate without too much peeling or irritation," says Dr. Barankin. "If you're irritated by it, you need to take a break for two or three days and don't treat through the discomfort."

To minimize discomfort, layer it with other products. "Apply a moisturizer immediately after, or, if you're very sensitive skinned, apply it beforehand," says Waldorf. In the winter, when the air is drier, retinoids can be harder to tolerate, so listen to your skin and use the product less often.

WHAT TO KNOW IF YOU'RE IN YOUR...

20s

RETINOL RECO: Millennials can recruit retinol to fight breakouts and prevent fine lines. "As long as there is a reason to use it, like acne or pores or sun damage, it can be used," says Waldorf.

WORD OF WARNING: Don't combine retinol and benzoyl peroxide as they could cancel each other out, but salicylic acid is fair game—just watch for irritation. **STRIVECTIN** ADVANCED RETINOL PORE REFINER, \$99, MURALE.CA

30s

RETINOL RECO: As lines and sun damage become more obvious, you might want to step up your exfoliation game with alpha-hydroxy acids (glycolic, lactic or malic acids). While there's no contraindication to using them with retinol, "generally there is no need—you might add irritation without adding efficacy," says Waldorf. **WORD OF WARNING:** If you can't bear to do without your AHAs, use them in the morning and retinol at night, or use AHA products nightly and a retinoid twice a week. **NEUTROGENA** RAPID WRINKLE REPAIR SERUM, \$29, DRUGSTORES

40s

RETINOL RECO: As wrinkles deepen, consider asking for a prescription. "The percentage isn't important but the quality of ingredients and penetration are," says Barankin. "This is best done through medical-grade products." **WORD OF WARNING:** When you see surface creases deepen, the temptation is to layer on more product. "Putting on too much too fast and not moisturizing enough with it are common," says Barankin. Resist the urge. **PHILOSOPHY** HELP ME RETINOL NIGHT TREATMENT, \$59, SEPHORA

50s

RETINOL RECO: Hormonal changes at menopause result in drier skin, so layer rich moisturizers or sleeping masks under and over your retinol. **WORD OF WARNING:** The skin becomes thinner around this age as well. Lessen the frequency of treatment if skin flakes or looks red. **DERMALOGICA** OVERNIGHT RETINOL REPAIR (WITH BUFFER CREAM), \$110, DERMALOGICA.CA

60+

RETINOL RECO: Take out insurance at the creases of the nose, sides of the mouth, chin and by the eyes, which tend to be most sensitive. "Applying moisturizer or even petroleum jelly to those areas before a retinoid can protect them," says Waldorf. **WORD OF WARNING:** Retinol does not lift sagging skin or reshape facial contours. "It's great, but not magic!" says Barankin. **CHANTECAILLE** RETINOL INTENSE, \$140, HOLT RENFREW

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MODEL OF THE MOMENT CATWALK CALLING

The Fall 2015 fashion-show circuit was a breakout one for model Bhumika Arora. The 27-year old former MBA student from Karnal, India, (who was discovered on Instagram!) walked 20+ shows, including Alexander Wang in New York, Gareth Pugh in London, Fendi in Milan and Balmain in Paris. Remember her name. —Hina P. Ansari



BOTTEGA VENETA

JONATHAN SAUNDERS

BALMAIN

VERA WANG

MARC JACOBS

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FENDI

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