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**TORONTO STAR** 

12.09.2021

"AMERICANA



# THE ETERNALS

Legendary ballerina Sonia Rodriguez reflects on her legacy while communing with Klimt

Photography by Ted Belton



# 12 days of beauty gifts

# **GET GREEN**

With soothing oat as the primary ingredient, this volumizing and thickening hair duo also includes refreshing ingredients like cucumber, rosemary and peppermint. Think of it like a green smoothie for hair. AVEENO FRESH GREENS BLEND SHAMPOO & CONDITIONER, \$12.99 EACH, SHOPPERSDRUGMART.CA

**DEEP CLEAN** 

This nourishing and cleansing shampoo and

locking hyaluronic acid to keep the scalp's natural

barrier in tip-top shape.

conditioner set from Neutrogena includes moisture



# **SKIN SAVER**

With ingredients like skin-barrier-repairing Bioceramides and probiotic-rich Life Plankton™, this restorative formula from Biotherm calms irritation, strengthens skin and locks in moisture as we head into frosty temperatures. BIOTHERM CERA REPAIR BARRIER CREAM, \$59, BIOTHERM.CA



**GENTLE WASH** 

Soap up sans the waste with this water-activated and plantbased waterless body wash concentrate from Everist. Pair the bergamot, orange and peppermint-scented paste with the compostable konjac sponge for a sumptuous lather and ultra-hydrated skin. EVERIST WATERLESS BODY WASH CONCENTRATE & KONJAC SPONGE, \$28 AND \$14, HELLOEVERIST.COM



hether you're shopping for a skincare beginner

or a makeup artist in the

making, one thing's for sure: a beauty gift never disappoints. From shine-enhancing hair care to skin-quenching hand creams and the coziest winter candles, these thoughtful finds are sure

to bring a smile to their face.

to spoil your loved ones with.

Here, 12 of the best beauty gifts

replaceable heads for a seriously chic dental hygiene upgrade. BRÜUSH ELECTRIC TOOTHBRUSH, \$99, BRUUSH.COM



# Tender loving comfort

After a year that saw us coming apart at the seams, Olivia Stren launches a cozy offensive



ast week, I saw a good friend I hadn't seen in more than a year, not since Everything Changed. I had missed her and thought of her often, but while we exchanged the occasional text flurry I had failed to find the energy to arrange a proper rendezvous—what with work, parenting and the rumblings of a total nervous collapse keeping me pretty busy. When we finally met up for coffee, she told me a few significant things had changed for her and her family since March 2020: They'd bought a boat and taken up a greater interest in religion. I loved that while some people got into sourdough starter or watercolours, she went for luffing mainsails and Judaism. I scanned my own memory of the past 20 months, trying to remember what new pastimes I had cultivated while locked down with a young child in the nine circles of Hell (I mean, Zoom kindergarten). Sure, I had dabbled briefly in duck husbandry (we fostered two tiny ducklings early in the pandemic), but mainly I dabbled in depression and took up a greater interest in lying in bed. A lyric from Paul Simon's "Slip Slidin' Away" insisted on floating through my mind: "A bad

day's when I lie in bed and think of things that might have been."

beauty, insulating myself from reality.

touching photos of linguine alle vongole.

THE KIT

Editor-in-Chie

Creative Directo

things guilted and patchwork. While the look

Executive Editor

Beauty & Lifestyle

lanaging Edito

Shopping Editor

Associate Editor

Intermediate Art Director Dana Caza

In the Before Times, I preferred to take my names like The Bonnet Dress, standing in mottled afternoon avoidance in the form of air travel, dreaming of sunshine by unfenced wilderness and bottle-green ponds. This sun-drenched beaches and unaffordable hotels. blanket-adjacent bounty is all-consoling nostalgia, a kind of But COVID compelled me to set my sights on protective cotton batting against the assaults of the news ticker. more intimate landscapes: bedrooms bathed in But it also reflects an optimism, a belief that what's torn or buttery morning light and cotton-voile coverlets, injured can be mended and given a fresh shot at life. mapped with reversible muslin quilts in life-af-As much as quilts have been in vogue, so has, alas, an awarefirming shades of watermelon and peony from ness and discussion of collective grief and trauma. To varying Milanese designer Lisa Corti, or delicately screen- extents, most of us have spent the past year and a half quietly

My bed became HQ, a tiny country of comfort and denial—in a global storm.

collection for Mother Denim, distressed jeans are adorned with I've never been particularly adept at channeling patchworks of vintage bandanas and quilts sourced from rag my personal despair into productivity; rather, I tend houses. And given our dystopic reality, where you need to deal to launch a cozy offensive to a crisis. As national with contact-tracing to buy a flat white, patchwork evokes the borders closed and the borders of our lives kept fantasy of simpler times. A pioneer-chic quilted jacket from shrinking, I used whatever little free time I had to Ulla Johnson, made from recycled materials, has a certain Dr. retire to my room, lie under a blanket and stare Quinn, Medicine Woman vibe-if Jane Seymour lived in Fort at my phone, usually at photos of other people's Greene, made her own kefir and hosted a podcast. Meanwhile, perfectly styled bedrooms. Thus layering escapism beloved L.A. brand Doen is divining patchwork frocks of praionto coziness, like heaping fluffy shams and Euros rie-girl dreams, boldly coloured pieces designed for frolicking over cloud-soft duvets, bed became HQ, a tiny in meadows and the Santa Monica farmers market. The Great  $country \, of \, comfort-\!\!\!-\!\!and \, denial-\!\!\!-\!\!in \, a \, global \, storm. \quad features \, models \, in \, baby-wale \, corduroy \, patchwork \, outfits \, with$ 

# **COZY TOWN**

deliver up to 30 hours of burn time. Choose from Maple Latte, Pumpkin Pie and Frosted Balsam, light one up and enjoy the jolly vibes.

with these seasonally scented soy blend candles that LYRD CANDLES, \$35 EACH, AVON.CA

Transform any space into a winter wonderland

# **LUSH LOCKS**

Coconut and macadamia oils join creamy whipped shea butter in this hydrating hair formula that leaves strands looking softer, shinier and healthier than before.

MAUI MOISTURE HEAL & HYDRATE + SHEA BUTTER SHAMPOO & CONDITIONER, \$13.49 EACH, SHOPPERSDRUGMART.CA

# HANDS ON

Thirsty hands are no match for this hydrating 4-piece hand cream set, which includes irresistible scents like lime zest and cypress, coriander and olive tree, sea salt and amalfi lemon and sanguinelli orange and fennel. Slather on and breathe in the magic.



NEUTROGENA HEALTHY SCALP HYDRO BOOST MOISTURIZING HAMPOO & CONDITIONER, \$16.99 EACH, SHOPPERSDRUGMART.CA FRUITS & PASSION CUCINA REGENERATING HAND CREAM SET, \$20, AVON.CA



# **PUCKER UP**

From delicate pinks to rich chocolate hues, this celestial-themed lip gloss set has everything you need to create high-shine looks that leave a lasting impression.

NYX BUTTER LIP GLOSS VAULT, \$75, NYXCOSMETICS.CA

printed bedcovers made from vintage cotton saris coming apart at the seams in a sort of universal psychic shatby designer Jeannette Farrier. I curled up in their tering. Patchwork literalizes our efforts, and need, to put the pieces back together and reimagine the remnants into some-As the state of the world sent us all to our thing new-and, even, maybe, beautiful. There is nothing, it rooms, to our lonesome silos of loss and anxiety, turns out, as unsettling as being confronted with life's utter I thought of how my silo might in fact benefit from randomness. Perhaps a quilt represents our longing for control some new block-printed bed linens. The more I and order on a chaotic storyline.

I know something about grief and trauma, about lossfelt deprived of rest, the more I gazed, covetously, enough to know that it can feel like a rupture, a severing. jealously, at hand-stitched quilts and jubilantly delineating your life according to the Before and the After. All colourful Kanthas that seemed to tease me with the ultimate fantasy of real peace and quiet. And as lives, of course, are shaped according to Befores and Afters, almost everything became virtual, not tactile, the both good and bad: meet-cutes, breakups, marriages, chilfantasy of all things soft and hand-worked grew dren, divorces, diagnoses, deaths. Or global pandemics that ever more enticing. It reminded me of the time I hit everyone at the same time. Part of survival is about intewent on the Paleo diet for a story about 10 years grating the Before with the After, weaving it all together into ago-after several low-carb weeks, I found myself a new narrative using whatever comforting tools we have at flipping lustfully through Italian cookbooks, gently our disposal.

Therapists often talk about grief work in terms of sewing If long-haul COVID has left life feeling flat- a quilt: Consolation comes from integration, from collecting tened and muted, this gluttony of colour and all the broken bits and stitching together the Before and After texture has an almost defibrillating effect, of it all. The etymological root of the word "consolation" is to "combine into one body" or "make whole." (There's a reason reupholstering my interior world. And I don't think I'm alone in my new quilty pleasures. that quilting itself is considered a form of therapy.) The patch-Fashion has lately been, well, blanketed in all work quilt is "post-traumatic growth" set to thread.

I've often resisted, and even resented, the (now fashionable) is an obvious commitment to upcycling and idea of "post-traumatic growth," the concept—the pressure!sustainability, it's also a literal looming together of that awful experiences bring meaning or wisdom or enlightthe disparate and discarded, a repairing of things enment. This from-hardship-comes-strength algorithm seems that seem broken. In Carolyn Murphy's fall capsule facile and suspiciously tidy. I just don't think good always comes from bad (I know, it's no wonder I need to soothe myself with quilts!). But one thing I do find comfort in is that consolation can come from all kinds of sources. One person's toss cushion is another person's Talmud. Whatever floats your boat.

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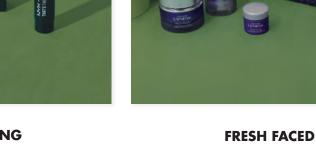


# **BERRY MERRY**

Why choose one lip colour when you can have three? This berry-toned trio offers 16 hours of wear and mattifies lips without cracking, fading or transferring Gift a kit, keep a kit. NYX LIP LINGERIE XXL TRIO KIT, \$30, NYXCOSMETICS, CA

# **EYE CATCHING**

Put all the focus on the eyes with this 2-in-1 shadow and liner set from NYX. Featuring 16 highly pigmented hues and the brand's iconic That's The Point Liner, this festive kit is the go-to for every holiday soirée look. NYX SHADOW & LINER KIT, \$30, NYXCOSMETICS.CA



Renew winter-worn skin with this glow-boosting gift set from

Isa Knox. Including a full-size oil serum, plus a travel-sized dav and eve cream, each product is infused with skin-firming hibiscus extract, soothing cica and rejuvenating peptides to deliver a lifted and refreshed complexion ISA KNOX LXNEW PLATINUM SERUM GIFT SET, \$115, AVON.CA

The Kit created this content; the featured brands funded and approved it

head, the queenly posture. Still, that grace merely hints calls "Beauty." "There's no hiding in that role—it's ballet at at the force of nature that Sonia Rodriguez becomes onstage. its purest. A few moments define a career. For me, that was Having tirelessly prepared and perfected her technique, she one of them." lets go a little and then a little more, bringing her characters Originating the title role of James Kudelka's new Cinderfigures like Sleeping Beauty and Blanche DuBois deeply her; she's not a laidback kind of girl," Rodriguez says with

/ou can tell she's a dancer from the way she rounds a nized the enormity of the opportunity. "I wanted to prove corner or enters a room. It's in the confident tilt of her that I deserved to be there," Rodriguez says of the ballet she

to life with ferocity, humility, emotion. She makes mythic ella was another major moment. "Cinderella has spunk to

OM

Photography by Ted Belton

bout

Performing is one of









Mad

human. Rodriguez doesn't just mesmerize audiences—she a laugh. "She's feisty. I saw a lot of myself in that." Rodrimakes them believe in art. guez brought a similar understanding to originating the role

When Rodriguez retires next March, she will have been of Blanche DuBois, a Southern belle on the brink, in John a professional ballerina for 32 years, all of them with the Neumeier's A Streetcar Named Desire. "It helps to have National Ballet of Canada. "I'm so happy, so full and so some life experience behind you to have a true grasp of that character. She takes the

grateful," she says by phone from her home in Toronto, about her decision to hang up her pointe shoes. "I don't want to go out compromising. I want to go feeling on top."

Rodriguez's path to ballet stardom started early. Born in Toronto, she moved with her family to Spain as a child. At 5, she saw Swan Lake on TV and fell in love. "The women seemed so otherworldly, like they were floating on stage, moving in space," she recalls. "They were free." Rodriguez's entrée into dance was humble: She took lessons at a local gym that also offered martial arts. A few years later, a ballet teacher with an international reputation came to town, noticed her natural talent and became her first mentor. Dance consumed her life. Then, as a teenager,

When Rodriguez steps out on stage for the final time as a principal dancer, it will be in *Streetcar*. This, to her, is perfect. "With [choreographer Neumeier's] ballets, you tap deeper into discovering dancing through an emotional point. You're not moving from A to B. Every step has an emotional intent. It's beyond steps, beyond technique—it's visceral. You see yourself as really strong and powerful." Rodriguez also wanted her last ballet to be as full-length as possible so that she would have most of the company (whom she calls her "beautiful peers") with her: "I want them to share that moment-and that stage-with me." She knows how much she'll miss performing—"It's one of those

reins of the whole ballet."

Rodriguez won an inter-

received an offer to join the company as a member of the can become is so beautiful." corps. She had just turned 17. In a serendipitous twist, Swan Lake was her first ballet as a pro.

23, she landed the titular role of Sleeping Beauty, she recog- -Laura deCarufel

national competition. The head of the jury was Betty rare spaces where you can be fully present"-but the future Oliphant—the co-founder (with Celia Franca) of the National looks strewn with stars. The pandemic offered a glimpse at Ballet of Canada—who invited Rodriguez to audition for the a quieter life, unconsumed by the obsession that has driven company. That Valentine's Day in 1990 set the course for the her for so long. Rodriguez says she looks forward to smallrest of Rodriguez's career. Surrounded by red paper hearts scale dance collaborations and acting ("if it came my way"). in the auditorium, she took the stage, showed her stuff and Mentorship is another passion: "Discovering what someone

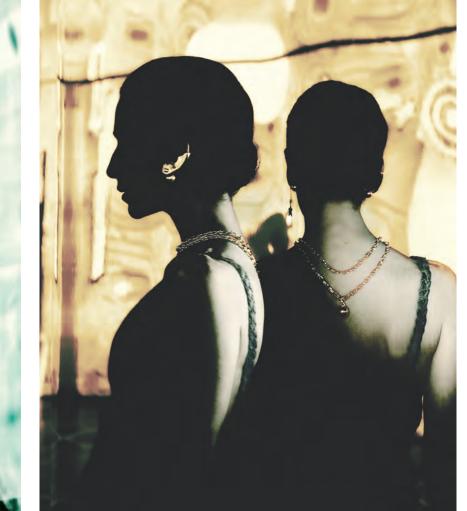
> Now, Rodriguez is focusing on her final months with the company she loves so much. "I've been so fortunate to

Those were exhilarating years. Rodriguez, who lived with have the space to develop so much as an artist. I'm always her godmother and family in Toronto, came home with head- exploring, always discovering." She pauses, thinking. "I aches from concentrating so hard during practice. When, at can't ask for anything more than what I've been given."

Two artists, two legends: Sonia Rodriguez strikes a pose at the Immersive Klimt exhibition in oronto, which runs until March 24, 2021. Known for his opulent use of colour and pattern, Klimt—like Rodriguez—was also a ster of technique.







FACING PAGE (TOP) AND ABOVE: **DIOR** DRESS, \$8,400, EARRINGS, \$710, DIOR BOUTIQUES. **TIFFANY & CO.** NECKLACE, \$22,600, TIFFANY.CA HAIR AND MAKEUP: LEANDRO AVANCO FOR PIM. STYLING: CHRISTAL WILLIAMS FOR PLUTINO GROUP. FASHION EDITOR: RENÉE TSE

# THE KIT X ANCESTRY

In this 1949 photo—part

and Bridget Tichenor put

their cards on the table

"TAROT READER" BY

RVING PENN, PRICE JPON REQUEST, JANE CORKIN GALLERY

The blue-red shade

while the creamy,

CHANEL ROUGE

CHANE

UTIQUES

MILLER

FACE OIL

A cult favourite

at night a treat.

this silky face oil is

fortified with 22 active

botanicals and makes

taking off your face

F. MILLER SKINCARE FACE OIL, \$118 (30 ML

MILLERSKINCARE.CÓ

1 fl.o

VISIBLY BRIGHT HYDRATINC REPAIR CREAM c30 mL 1FL OZ

on the face and neck.

hvdrating formula is

as modern as it gets.

EMBLÉMATIQUE

s perennial perfection,

of a new exhibition-

models Jean Patchett



# Get personal

This year, let them explore their family history

hat do you get for the person on your list who seems to have everything? Using advanced DNA science coupled with the world's largest online family history resource, an AncestryDNA® kit can help your loved ones trace their heritage, bringing the whole family closer together-even after the decorations come down.

Here are four reasons why Ancestry, the global leader in family history, is a unique and personal option for gift-givers this year.

# Discover your family history With the world's largest consumer DNA network,

AncestryDNA can connect you with living relatives you never knew you had. Through DNA matching, you'll get to know family members from all around the world who are part of the AncestryDNA network and learn more about your family history, personal heritage and genetic composition.

## Spark conversation Whether you're gathering

ound the holiday table

The freshwater pearls are hand-cast and the 4-karat gold plating is hand-polished, but it's the sensual shape of these earrings that makes them so desirable. BIKO EARRINGS, \$145, ILOVEBIKO.COM

he American photographer Irving Penn (1917–2009) was an expert at capturing women as many dream of being seen. In his photos, glamour is a given, as is elegance, which his subjects exude even while larking about reading tarot cards. There is a sense of intrigue, mischief and a very cold martini being expertly prepared somewhere outside the frame. But beyond their beauty, Penn's images-which are the subject of a new exhibition at Toronto's Jane Corkin Gallery-are a fascinating document of how dramatically our culture's visual codes have loosened up.

Elegance above all Penn became a star in the 1950s, an era of nipped waists, hats and gloves. Now, it's casual comfort that rules, an aesthetic entrenched by the pandemic. While we're all certainly extremely comfortable in our flats and fleeces, We've been shaken, now it's time to be this holiday, I'm nostalgic for something more exciting. stirred. Editor-in-chief Laura deCarufel Unzipping a garment bag to makes the case for dressing up reveal a dress that thrills you, and the smile you give yourself in the mirror on your way out the door. Clicking down the street in four-inch heels, the swing of an earring against a bare neck. Fashion, like Penn's camera, can help us see ourselves in new ways. It can also be an indelible part of our memories-and I'm ready to make some new ones. You?

> Nothing says glamour like four-inch patent pumps adorned in leather scales CHRISTIAN LOUBOUTIN SHOES, \$995, HOLT RENFREW

Look fresh with this Canadian Possibly the ideal stocking made eye cream, which can be used to treat all signs of aging stuffer for our topsy-turvy times? RADFORD BEAUTY VISIBLY BRIGHT HYDRATING REPAIR CREAM, \$45, RADFORDBEAUTY.COM 10 CORSO COMO

It doesn't get more classic than

a pair of Italian-made Persols.

shape of old-school ski goggles.

This retro style recalls the

PERSOL SUNGLASSES, \$331, SUNGLASSHUT.CA

Slim Aarons made his name

"photographing attractive

things in attractive places,'

make you want to pack up

your bags and head some-

people doing attractive

as he put it. His images

where wonderful.

acation

Snow is highly

reflective of

# Rugged beauty

Fogo Island's weathered landscape and rustic luxury inspires executive editor Rani Sheen's wish list

Makeup artist Gucci Westman

embodies effortless elegance,

and I'd like to channel it with

WESTMAN ATELIER LIT UP HIGHLIGHT STICK IN NECTAR

There are plenty of

spots to ogle in this

transportive volume

*LIVING ON VACATION* BY PHAIDON, \$65, AMAZON.CA

jaw-dropping getaway

LIVING ON VACATION

her sheer gel highlighter.

\$64, SEPHORA.CA

ogo means "fire" in Portuguese, but I think of - quite the opposite when I picture the silver waves, craggy rocks and earthy moss of this 25-kilometre-long island, the largest one off the coast of Newfoundland and Labrador. Possibly, it got the name after 16th-century European explorers spied the warming fires of the Indigenous Beothuk people, who lived on nearby islands, and were declared extinct in 1829. Fogo Island is a place that's as harsh as it is beautiful, with a subarctic climate, hair-whipping winds and the feeling of being located in the middle of the Atlantic. This makes the sharp lines and cantilevered structure

of its crown jewel property, the Fogo Island Inn—just a few months reopened to guests after a 16-month COVID closureall the more astounding. Founded by a local woman, the daughter of a fisherman who made it big in the oil industry, the inn is an initiative of the local charity Shorefast; all profits support the environmental, cultural and economic preservation of its remote home. Staying at the hotel couldn't be more luxurious. I was lucky, so, so lucky, to visit a few years ago, and after the five-leg journey to get there (plane, minuscule plane, car, ferry, car), I was left with lasting, visceral memories: sitting on a perfect wooden chair in a quilt-strewn guest room watching roiling surf crash

directly below the window; bundling up in chunky knits to explore the lunar-like stony shore dusted with algae; sinking into a steaming saltwater-filled wooden hot tub on the rooftop at dusk; sitting down to an elegant dinner as the moon glinted across the bay. And while a return visit tops my wish list, obviously, I'll settle for recreating a bit of its magic at home.

> I'd like to traverse wintry landscapes in these sturdy chelsea boots. MAGUIRE BOOTS \$290, MAGU-RESHOES.COM

The angles of this steel tray (from a dreamy Danish shop) call to mind the Fogo Island Inn's architectural precision. HAY TRAY, \$50, HAY.COM



pearl studs that seem plucked from a woodland sprite's lair. LAURIE FLEMING EARRINGS, \$235 LAURIEFLEMINGJEWLLERY.COM



The gravity

celebrating virtually this year, share your DNA results with family and friends to spark meaningful conversations about where your families once lived. AncestryDNA provides ethnicity estimates from more than 1,500 regions around the world. The kit helps reaffirm those special family stories of generations past that make our history unique.

# Keep the learning going

To continue the discovery, add on an Ancestry Gift Membership, available in six-month or full-year options. The membership allows your friends and family to build their family tree online and discover more about the lives of their ancestors by searching through digitized records online. Each piece of information in census, marriage and birth records, immigration and military papers can tell you more about your family's story.

# Uncover something new

Now available in Canada, AncestryDNA + Traits takes the discovery one layer deeper, combining cuttingedge science with data to discover up to 36 attributes influenced by your DNA. Ever wondered what eye colours are common in your family? Or if you have the sprinter gene? AncestryDNA + Traits can help you find out.

The Kit created this content; Ancestry funded and approved it.

days Beauty & lifestyle director Katherine Lalancette pays homage to that most pleasurable of winter rituals: the art of après-ski

Snow

## hat moment when you click out of your skis, zip open your jacket

and find a nice spot in the sun to A glossy shell in the most savour some refreshments-undoubtedly divine shade of olive, a waist-cinching belt (so one of winter's sweetest joys. We can all chic!) and insulation fill thank the French for coming up with the entirely made from recyconcept. The phrase "après-ski" is said cled plastic bottles NOIZE PUFFER, \$265, NOIZE.COM to have originated in the Alps during the rise of commercial skiing in the mid-20th century. Picture one of those dreamy

Slim Aarons photographs from the '60s: stylish jet-setters sipping bubbly against a sea of white in Aspen or Gstaad or some other swishy place. They are bedecked in the most delightful ensembles: flamboyant snowsuits and fetching hats, or maybe some earmuffs and a pair of oversized sunnies. Everyone seems happy and carefree, unburdened by climate change or a global pandemic or a neverending onslaught of Slack notifications. Everything is just... simple. After last winter's drab months of distancing, we could all benefit from a little après-ski energy this year-even if our plans don't include any actual slopes. I, for one, find myself yearning for colour and kitsch and a calendar full of cottage weekends with friends. There are walks through powdered-sugar snow, cozy nights around a fondue pot and as many Fair Isle knits

> as can fit in an XL Le Pliage. Vive l'hiver!

> > Capture the memories with his very cute instant camera. It prints out square photos with a lovely vintage-y feel to them that makes everything more beautiful. FUJIFILM INSTANT FILM CAMERA, \$160, THEBAY.COM



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